MacMasters Beach SLSC



Click on images and links throughout Point Break for information, links and more!



Feb-March

2025

President's Report with Alison McNeill

The season has flown and we are now at the end with State and Aussie competitions coming up and our surf patrols back to a 5pm finish.

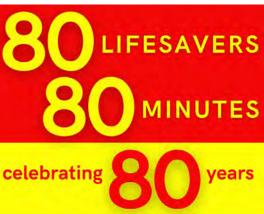
JET SKI IN ACTION

Daniel, our Director of Life Saving, has had the jet ski at the club on loan from our neighbours, Copacabana SLSC to

show our future life savers another pathway. There will be another opportunity to see this in action on our Junior Presentation Day which is also the first of our 80th birthday celebrations.

80 LIFESAVERS | 80 MINUTES | CELEBRATING 80 YEARS

We will also have 80 life savers on patrol for 80 minutes to showcase MacMasters Beach Surf Club. From 12pm on



12pm Saturday 22 March 2025 MacMasters Beach SLSC - register online - Saturday 22nd March we are inviting all Macs life

savers to join us for this celebration of serving our community for 80 years! Any volunteer life savers who have not registered your interest please follow the link: <u>Celebrating 80 Years of lifesaving at</u> MacMasters Beach

CLUBHOUSE SPRUCE UP!

The clubhouse is undergoing a change internally, with new paint throughout, as well as a new timber dance floor and new carpet to complete the works. The bar is open during this time but please be mindful of the work. The signage and Honour Boards will be returned to the walls once complete. It looks so fresh but very bare at the moment! *#watchthisspace*

FILE SAULT

22/3 80 Lifesavers & Life Saving Craft exhibition 22/3 Nipper Presentation & Beach Party!



Presidents Report continued

JOIN THE TEAM - TECHNOLOGY MANAGER

We need someone to keep an eye on our technology to apply updates, deal with supplies, look after the internet if down ... all those things that shouldn't take much time but really helps the rest of us! If you would like to take on the role of Technology Manager, please email me president@macmastersbeachslsc.com

SECURITY AT THE CLUB

Please also be aware of closing roller doors and locking up the club. We have had a few instances lately of people neglecting this. Remember it is a privilege to use the club's equipment, so we ask that you help us to keep things secure.

IMPORTANT DATES:

22nd March - 80 Life Savers for 80 minutes celebrating 80 years! 22nd March - Junior Presentation 24th May - Senior Presentation



Volunteer - make a difference @ Macs SLSC

We hope you're enjoying our 80th year as the best little club on the coast!





MACMASTERS BEACH
 SURF LIFE SAVING CLUB INVITES YOU TO OUR

BEACH PARTY

MARCH 22ND 2025

What's On

80 Lifesavers for 80 minutes from 12 midday

LIFE SAVING CRAFT EXHIBITION FROM 12.45PM

JUNIOR PRESENTATION 2PM - 4PM

FACE PAINTING 2.30PM - 6PM DUNK TANK- Dunk the Age Managers! 2.30pm - 5.30pm

FROM 4PM

LIVE MUSIC & BAR OPEN

FRESHLY MADE PIZZA ONSITE WITH OUR FRIENDS FROM THE SHACK PIZZA.

A RANGE OF DELICIOUS GELATO FROM SPOON BAY GELATO

LIFESAVERS

celebrating

We have had a brilliant response to the 80 Lifesavers for 80 minutes which we were going to hold on January 4th to celebrate our clubs 80th Anniversary.

There has been feedback from multiple members that they would like to be involved and this isn't possible being the holiday season.

To give everyone the best opportunity to be involved, we have decided to reschedule the date for this event.

We will now be hosting the 80 Lifesavers for 80 minutes on Saturday 22nd March 2025! to register your spot - click here

On this date we will also be hosting our Family 80th Anniversary Celebration and lifesaving exhibition - so this became the perfect tie in for both events.

Watch this space as we plan our 80 year celebrations!

Celebrating 80 years of saving lives and serving our community!

vears

Across the Bar with Mick Bambridge RAFFLES - EVERY FRIDAY AND SUNDAY!

with Life Saving Craft exhibition

12pm Saturday 22 March 2025

MacMasters Beach SLSC

Our Friday and Sunday seafood raffles for patrons are pumping along. Why not come down and have a drink or something to eat, buy a ticket and enjoy the atmosphere!

We will always welcome new volunteers with open arms and provide training and support. Please contact Mick at <u>barmanager@macmastersbeachslsc.com</u> or have a chat at the bar, if you are keen.



MACS BEACH CAFE

MON	7:30am-2pm	1
TUES	CLOSED	J
WED	7:30am-2pm	5
THURS	7:30am-2pm	10
FRI	7:30am-2pm + 5pm-8pm	~
SAT	7:30am-3pm	
SUN	7:30am-3pm + 4pm-8pm	

Located right next door to the Macs Beach Clubhouse overlooking the stunning MacMasters Beach

Competition Corner with Nadine Norman

It's been a massive month for Surf Sports with a range of carnivals taking place and TeamMacs amongst it all!









SLSCC Branch Board & Ski Series | **1 February 2025** @ Shelly Beach Trent has competed in all 3 rounds of the series and maintained top positions and some strong racing. In this last round Trent raced against up to up to 50 competitors in the Open Male Board and Ski.

Regional Surf Boat Championships | 1 February 2025 @ Ocean Beach The U19 Female 'Alliance' crew made their debut to a boat carnival. The girls formed a crew this year between 3 clubs - Macs, Killcare and Ocean Beach. In their first carnival the crew raced really well with impressive starts and power. The end result an equal third place 🎽 for the event.

Congratulations to the girls and Peter!

SLSCC Surf Boat Branch Championship | 8 February 2025 @ Ocean Beach We had 3 boat crews in the water at Branch and each taking home a medal! Conditions were very calm and racing was tight across the line. Well done to our 3 crews for their efforts and results at Branch.

Reserve Male Surf Boat: Gold - 'The Fat Dads' *Mark White, James Latham, Craig White, Wade Brooks with Brad Norman (Sweep)*

U19 Female Surf Boat: Silver - 'The Alliance' *Bec Lawer, Eva Sheppard, Makayla Redman, Jess Leivesley with Peter Norman (Sweep)*

Open Men: Weighted Bronze - Campbell Gillies, Alex Halls, Ronan Marks, Brad Norman with Mick Norman (Sweep)

SLSCC MASTERS BRANCH CHAMPIONSHIP | **8 February 2025** @ Umina Beach We had a team of 16 Macs Masters compete at Branch Titles and we had a blast! With loads of individual and team events on offer, the blue and yellow cap didn't stop turning the cans. For the first time in years, we had 3 x double ski teams and 2 x ski relay teams. It was a beautiful day, lot of fun and a great team. TeamMacs came 8th overall!

35-39 Male Surf Race: 🎽 Gold - Trent Martin 35-39 Male Double Ski: 🎽 Gold - Trent Martin and Adam Smith 35-39 Male Single Ski: 🍈 Gold - Trent Martin 35-39 Ironman: 🍝 Gold - Trent Martin 35-39 Male Board Rescue: **Gold** - Trent Martin and Adam Smith 55-59 Male 2km Beach Run: 🎽 Gold - Frank Hodgkinson 55-59 Female Beach Sprint: 🎽 Gold - Valerie Crowe 70-74 Female 1km Beach Run: 6 Gold - Pat Roberts 70-74 Male Beach Sprint: 🎽 Gold - Garron Buttress-Grove 35-39 Male Board Race: 🎽 Silver - Trent Martin **40-45 Male Board Race: Silver** - Adam Smith **40-45 Male Single Ski:** 🍯 Silver - Adam Smith **45-49 Male Single Ski: Silver** - Corey Myers **45-49 Male Board Race: Silver** - Corey Myers **45-49 Ironman: Silver** - Corey Myers 50-54 Female 2km Beach Run: 🎳 Silver - Kylie Dickinson 60-64 Female Board Rescue: Silver - Amanda Queripel and Jan Sillato 60-64 Male Surf Race: 🎽 Silver - Greg Ferguson 70-74 Male Beach Flags: 🎽 Silver - Garron Buttress-Grove

Competition Corner continued

SLSCC MASTERS BRANCH CHAMPIONSHIP CONTINUED

110 Single Ski Relay: Silver - Trent Martin, Corey Myers and Adam Smith
110 Taplin Relay: Silver - Trent Martin, Corey Myers and Adam Smith
110 Male Surf Team: Silver - Trent Martin, Corey Myers and Adam Smith
110 Male Board Relay: Silver - Trent Martin, Corey Myers and Adam Smith
110 Male Board Relay: Silver - Trent Martin, Corey Myers and Adam Smith
110 Female Surf Race: Silver - Trent Martin, Corey Myers and Adam Smith
110 Female Surf Race: Silver - Sarah Waller, Kylie Dickinson and Valerie Crowe
45-49 Male Surf Race: Bronze - Corey Myers
45-49 Male Double Ski: Bronze - Corey Myers and Greg Ferguson
55-59 Female Tube Race: Bronze - Valerie Crowe
70-74 Male 1km Beach Run: Bronze - Garron Buttress- Grove

200 Years Female Beach Relay: Bronze - Kylie Dickinson, Pat Roberts, Valerie Crowe and Nadine Norman

We are all behind our Masters Trent, Adam and Lyn as they compete at State in March. **#TeamMACS**

SLSCC JUNIOR BRANCH CHAMPIONSHIP | 15-16 February 2025 @ Avoca Beach

A decent surf was on offer and our gutsy Nippers jumped into the ocean for the water events on Saturday 15th. Impressive efforts and great team spirit was on show from #TeamMACS. We had some great reults, loads of action, huge support for each other and a great show of sportsmanship.

The Juniors competed in the water and U8s had a full event schedule on the Saturday. Then the U9s-U14s backed up for the beach events on the Sunday - including a 5.45am Marshall for the R&R!

Congratulations to all our competitors who took part in the weekend.

Incredibly proud of the group we have, the improvements they have made throughout the season and how well each and every one represents MacMasters.

U10 Female Beach Sprint: 🍝 Gold - Olivia

2-Person R&R: 🍯 Silver - Miyako and Kirra

U8 Beach Relay: 🎽 Silver - Issy, Poppy, Isla and Ivy

U13 Male Beach Sprint: 🍑 Bronze - Mason

U8 Female Beach Sprint: 🍯 Bronze - Isabelle

U12 Female 1km Beach Run: 🎽 Bronze - Caroline

U12 Female Surf Race: 🍑 Bronze - Caroline

U11 Female Surf Race: 🍑 Bronze - Valerie

U11 2 x 500m Beach Run Relay: 🍑 Bronze - Valerie & Olivia

We have 5 competitors heading to state - Caroline, Valerie, Miyako, Kirra and Olivia and on behalf of the entire club - *Good Luck!*











Competition Corner continued

THANK YOU!

With most Juniors now completing their Surf Sports events for the year, I want to thank to all the parents, helpers, Age Managers, Water Safety and Officials for a fantastic season!

An incredible effort and thanks to Wayne Evans for his support and proactivness in the role as Junior Competition Coordinator. You have made a huge difference!

Also to our coaches, Belinda, Trent and Frank for their time, dedication, and the confidence and skill they have insitlled into our Juniors.

#TeamMACS

ASRL National Surf Boat Championship | 13-16 February 2025 @ Coffs Harbour

We had 3 boat crews head north to Coffs Harbour over the weekend to compete in the ASRL National Surf Boat Title. The entries were huge with most crews in Australia competing at the event!

This is a great weekend of racing with more details on the next page but well done to all 3 crews for the efforts and particularly the 'Fat Dads' for making it through to the elimination round in what was some hard racing.

Sending the best of luck to our boat crews as they head into State Titles next month!

UPCOMING CARNIVALS

Thurs 6 - Sun 9 March: SLSNSW Junior U9-U14 State Champs @ Northern Bchs Wed 12 - Thurs 13 March: SLSNSW Masters State Champs @ Northern Beaches Fri 14 - Sun 16 March: SLSNSW Open + Boats State Champs @ Northern Beaches Sat 22 March: CC Hunter Boat Round 7 @ Terrigal Beach



Have you got your Beach Passport? Test you skills!

Go to <u>https://beachpassport.org.au/h/ocean</u> to complete the Beach Passport and access great resources.



Macs Surf Boats with Brad Norman

Regional Surf Boat Championships | 1 February 2025 @ Ocean Beach

Our U19 'Alliance' Female crew rowed at the Country Championships, for their first hit out of the season in early February at Ocean Beach securing a 🎽 Bronze medal.



SLSCC Surf Boat Branch Championship | 8 February 2025 @ Ocean Beach

February saw our 3 Boat crews compete in the Branch Championships at Ocean Beach. Greeted by extremely flat and smooth conditions all 3 crews rowed well.

Our U19 Alliance Girls team won **Silver** in the U19 Female, Our Open Men ran 3rd, **Bronze** in a close race and the Fat Dads took out the **Gold** in the Reserve Men in another close race.

ASRL National Surf Boat Championship | 13-16 February 2025 @ Coffs Harbour

All 3 crews travelled to Coffs Harbour for the Annual Australian Surf Rowers League Carnival. Rough conditions forced the carnival to be moved into the harbour with multiple schedule changes for racing.

The 'Fat Dads' kicked of racing on the Friday with a 1st and 3rd in the 2 heats, with racing scheduled to recommence on the Saturday morning.

Saturday morning saw both the 'Fat Dads' and U19 'Alliance' crews race the remaining heats of the Round Robin. Both crews rowed well with the U19 Alliance unfortunately not making it to the elimination racing. It was a good experience for the young girls up against the rest of the country!

The 'Fat Dads' continued with another 1st in their last round to make it through to the elimination race. They just missed out in a tough and tight first round elimination.

Our Open Men finally had there first race at 3.30pm on the Saturday afternoon, showing some improvement from earlier in the season. They came back Sunday morning to finish their round robin and rowed another two races before missing the cut for elimination racing in a hotly contested division.



COMING UP in March we have all 3 crews attending both the State Titles at Queenscliff in Sydney and the Australian Titles at Tugun on the Gold Coast, QLD. We wish all crews the very best and good luck at both events.

Duke of Edinburgh - Gold Award

Participants: Ducky (leader), Maya, Carys, Emily and Spencer

Location: Ubud, Bali, Indonesia

For: Residential Project, Gold Level, Duke of Edinburgh Award

What: Teaching kindergarten students in Ubud was a great experience for all - very satisfying and a lot of fun!

Conditions: extremely hot and humid | rainy | hot and sticky!

Highest points: interacting with kindergarten students | seeing the sunrise from the top of Mt Batur (volcano) | climbing the volcano both figuratively and geographically! | top of the volcanos - we climbed around 600m high! | pulling into our driveway!

Lowest point: a very long last day - up at 2am, plane 10:30pm and arrival in Sydney 7:30am - nearly 30 hours later! | catching a virus the last day | climbing the volcanos

Best meal: Nasi Goreng | all the meals at the accommodation | pasta | snake skin fruit | balinese desserts **Worst meal**: Tofu | the lunch first day - not a great start! | toastie on the plane

Handiest item: my map | crayons and paints we took for the kids | poncho | portable charger | our 'ducky' shirts Equipment fail: broken shoes | phone and charger

Wish I had brought: panadol/ibuprofen | a portable fan

Wildlife: lots of monkeys and dogs | dogs and monkeys | monkeys, dogs and cats

Funniest line: anything the young children said in balianese! | hey vlog

Biggest challenge: teaching children in a foreign country | climbing a volcano in the early hours! | hiking up a volcano! | being an Aussie teaching Balinese culture to Balinese students!



In the Macs IRB with: Colleen Cook

Each month we catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick. This month we chat to Colleen Cook who is our Merchandise Coordinator at Macs.

How long have you been a member at Macs SLSC?

CC: I have been a member at Macs for 5 years with my family - husband, Peter and my 8 year old twins Nate and Sophia. We all love Nippers and never like to miss a sunday morning of Nippers!

What first attracted you to Macs Beach SLSC?

CC: I was first attracted to MacMasters SLSC by the friendliness of other members and the beautiful beach where the club is nestled. Peter and I got married on the grounds of the club and had our reception inside the club, so Macs holds a special place in our hearts!

What volunteer role/s have you been involved in at Macs? CC: I volunteer at the club selling merchandise and Nippers gear.

Favourite SLSC competition event?

CC: I love watching the kids at carnival days - the paddle boarding event being my favourite.

Preferred beverage from the Macs Beach Bar? CC: Henkell piccolo champagne - bubbles!

Favourite menu item on the Macs Beach Cafe menu? CC: I enjoy a cheese burger at the cafe but first on the list is coffee!

> Now you know a little bit more about Colleen have a chat - you will find her kitting out our members!





MacMasters Beach SLSC | Celebrating 80 Years | February 2025 | www.macmastersbeachslsc.com.au

Events & Competitions:

MARCH 2025: *Beach Patrols return to 9am to 5pm* 1 Macs Patrols AM: Patrol 6 | PM: Patrol 5 **1-2 SLSNSW Champs - Lifesaver** @ Northern Beaches 2 Macs Patrols AM: Patrol 9 | PM: Patrol 7 2 Macs Bar open from 4pm @ Macs 6-9 SLSNSW Champs - Junior U9-U14 @ Nth Beaches 7 Macs Bar open from 5pm @ Macs 8 Macs Patrols AM: Patrol 10 | PM: Patrol 8 9 Macs Patrols AM: Patrol 2 | PM: Patrol 11 9 Macs Bar open from 4pm @ Macs 12-13 SLSNSW Champs - Masters @ Nth Beaches 14-16 SLSNSW Champs - Boats & U15/Opens @ N/B 14 Macs Bar open from 5pm @ Macs 15 Macs Patrols AM: Patrol 12 | PM: Patrol 6 16 Macs Patrols AM: Patrol 4 | PM: Patrol 3 16 Macs Bar open from 4pm @ Macs 21 Macs Bar open from 5pm @ Macs 22 Macs Patrols AM: Patrol 9 | PM: Patrol 10 22 80 Patrol members for 80 minutes 12pm @ Macs 22 Macs Nipper Presentation from 2pm @ Macs 22 Maca Beach Party from 4pm @ Macs 22 Hunter/CC Boats - Round 7 @ Terrigal 23 Macs Patrols AM: Patrol 11 | PM: Patrol 2 23 Macs Bar open from 4pm @ Macs 28 Macs Bar open from 5pm @ Macs 29/3-6/4 SLSA 'Aussies' @ North Kirra QLD 29 Macs Patrols AM: Patrol 6 | PM: Patrol 8 30 Macs Bar open from 4pm @ Macs

APRIL 2025:

4 Macs Bar open from 5pm @ Macs

5 Macs Patrols AM: Patrol 1 | PM: Patrol 12 6 Macs Patrols AM: Patrol 3 | PM: Patrol 4 6 Daylight Savings ends 6 Macs Bar open from 4pm @ Macs 11 Macs Bar open from 5pm @ Macs 12 Macs Patrols AM: Patrol 6 | PM: Patrol 5 13 Macs Patrols AM: Patrol 8 | PM: Patrol 7 13 Macs Bar open from 4pm @ Macs **18 Good Friday [public holiday]** 18 Macs Patrols AM: Patrol 10 | PM: Patrol 9 18 Macs Bar open from 5pm @ Macs **19 Macs Patrols** AM: Patrol 2 | PM: Patrol 11 **20 Macs Patrols** *AM: Patrol* 12 | *PM: Patrol* 1 20 Macs Bar open from 4pm @ Macs 21 Easter Monday Friday [public holiday] 21 Macs Patrols AM: Patrol 4 | PM: Patrol 3 25 ANZAC Day [public holiday] 25 Macs ANZAC Day 5pm @ Macs 25 Macs Patrols AM: Patrol 6 | PM: Patrol 5 25 Macs Bar open from 5pm @ Macs 26 Macs Patrols AM: Patrol 9 | PM: Patrol 10 27 Macs Patrols AM: Patrol 7 | PM: Patrol 8 *Flags down - last Patrol of the season 27 Macs Bar open from 4pm @ Macs **JUNE 2025:** 7 Macs Beach SLSC Gala Event - 80 Years @ Macs

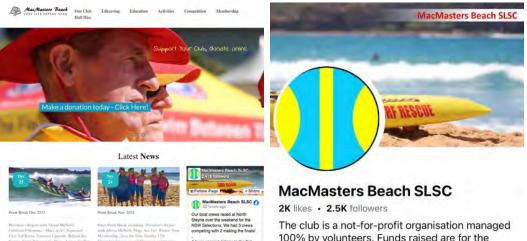
9 King's birthday [public holiday]

COMPETITION LINKS:

→ 2024/25 SLSCC Surf Sports Calendar

→ 2024 SLSNSW Surf Sports and News

Connect with MacMasters Beach Surf Life Saving Club: \rightarrow website \rightarrow facebook \rightarrow instagram



The club is a not-for-profit organisation managed 100% by volunteers. Funds raised are for the support of volunteer life saving activities and the upkeep of the club building and surrounds for members and local community groups.



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314

1.201



Support those who support us! Click on our sponsor's logos for more information and to connect with them

Supporting Macs by keeping True North Architects our IRB motors running smoothly EXPERT DESIGN to get the most out of our club house truenortharchitects.com.au greenstonepartners Australian Government leading independent corporate advisory firm **Beach Safety Equipment Fund** our extraordinary surf boat sponsors reeulo LTD LUMBING PTY Lic No. 161568C **Plumbers - Drainers** Gasfitters - Rainwater Tank Installation MACQUARIE FISHING M: 0410 654 643 CENTRAL COAST E: info@freewaterplumbing.com.au www.freewaterplumbing.com.au LooLoo's from **Coffee Shack** & Warehouse GOLOGE making our Boat Crews with love and Masters look even better! MacMasters & Kincumber RESINC powering our surf boats SOLAR PENINSULA LAW SOLICITORS **CHARTERED ACCOUNTANTS • FINANCIAL PLANNERS** always supporting our great little club Central Coast Counci