

Point Break

MacMasters Beach SLSC

January
2025



Click on images and links throughout Point Break for information, links and more!



President's Report with Alison McNeill

THANK YOU TO OUR VOLUNTEERS!

We are well into the swing of Summer with so many visitors to our beautiful beach. It has been wonderful to see all the activity in the water, on the sand and around the Club.

A huge thank you to ALL our volunteers from those in red and yellow patrolling our beach safe each weekend, to our educators and trainers who keep us up-to-date with the latest techniques and skills, to our administrators doing the paperwork and keeping things ticking, to our Age Managers who are training and encouraging our younger generation, to our bar staff and managers for ensuring our Clubhouse is functioning for

our members. **Thank you for your continued dedication and commitment to the best little club on the coast!**

FEBRUARY/MARCH - SURF CLUB CLOSED | BAR OPEN

Our Clubhouse will be closed for renovations from early February 2025 to the end of March. The bar will remain open during this time. We will reopen on the 22 March 2025 for our Junior Presentation and Celebrating 80 Years Community Event - watch this space for further details to come.

The Clubhouse renovations will involve internal painting, laying new carpet and new timber flooring.

We look forward to our new and improved digs reopening at the end of March!

PRAWN AND OYSTER LUNCH - HUGE SUCCESS!

Our Annual Prawn and Oyster Lunch was a huge success and thoroughly enjoyed by all who attended.

Once again Jono and his team did a marvellous job pulling it all together and we thank everyone involved for their contribution.

Special thanks to all our sponsors and donations of prizes - see details on pages 4 and 5.

A wonderful community fundraising event to kick off 2025!

Catch you at Macs!

Alison McNeill - President



Celebrating 80 years of MacMasters Beach SLSC

22/3 Family + Community Event | 7/6 Gala Dinner

Happy New Year

Happy New Year from Belle Property Central Coast!

As we welcome 2025, we want to take a moment to thank our incredible clients and the MacMasters Beach community for your ongoing trust and support. Being part of this vibrant and close-knit community is a true privilege, and we're grateful for the relationships we've built with so many of you over the years.

We're also proud to continue our sponsorship of the MacMasters Beach Surf Life Saving Club. Their dedication to keeping our beaches safe and supporting local families is something we deeply admire, and we're thankful to play a small part in supporting their important work.

The new year brings fresh opportunities for growth and connection. Whether you're thinking about a change of scenery, embracing new opportunities, or simply looking to make the most of what you already have, we're here to support you. It's all about being part of a community that values connection, growth, and shared success.

Here's to a year filled with new opportunities, strengthened connections, and continued success for us all. Wishing you and your families a joyful, prosperous, and Happy New Year!

Text **Lifestyle** to 0488 883 840 to receive your free copy of the latest edition of *Central Coast Life & Style Magazine*. Don't miss out on the best of the Central Coast in 2025!

For a chat, or to get in touch, feel free to contact **Cathy Baker** on 0414 241 005 or **Olivia Starr** on 0424 884 144 from Belle Property Central Coast Team.

Best wishes,
Belle Property Central Coast



Across the Bar with Mick Bambridge

THE BAR WAS PUMPING!

The bubbles and beer were flowing at the recent Prawn and Oyster Lunch - thank you to our volunteers for all your hard work!

RAFFLES - EVERY FRIDAY AND SUNDAY!

With the bar open every Friday and Sunday evening - we also have delicious seafood raffles for our patrons. So come down and have a drink or something to eat, buy a ticket and enjoy the atmosphere.

SURFCLUB CLOSED BUT BAR REMAIN OPEN!

Part of the surfclub will be closed from early February to the end of March for renovations and upgrades - however the bar will remain open! We will always welcome new volunteers with open arms and provide training and support. Please contact Mick at barmanager@macmastersbeachslsc.com or have a chat at the bar, if you are keen.



MACS BEACH CAFE

MON	7:30am-2pm
TUES	CLOSED
WED	7:30am-2pm
THURS	7:30am-2pm
FRI	7:30am-2pm + 5pm-8pm
SAT	7:30am-3pm
SUN	7:30am-3pm + 4pm-8pm



Located right next door to the Macs Beach Clubhouse overlooking the stunning MacMasters Beach

Celebrating 80 Years! with Nadine and Nerida

80 LIFESAVERS
80 MINUTES

celebrating **80** years
rescheduled

11am Saturday 22 March 2025
MacMasters Beach SLSC
- register online -

We have had a brilliant response to the 80 Lifesavers for 80 minutes which we were going to hold on January 4th to celebrate our clubs 80th Anniversary.

There has been feedback from multiple members that they would like to be involved and this isn't possible being the holiday season.

To give everyone the best opportunity to be involved, we have decided to reschedule the date for this event.

We will now be hosting the
80 Lifesavers for 80 minutes
on Saturday 22nd March 2025!

On this date we will also be hosting our Family 80th Anniversary Celebration and lifesaving exhibition - so this became the perfect tie in for both events.

We will share more details over coming weeks and after the Christmas break.

Prawn & Oyster Lunch 2025

MacMasters Beach SLSC hosted it's annual *Prawn and Oyster Lunch* in early January - and it's getting bigger and better each year! This sold out event was full of the freshest seafood - with prawns and oysters on the menu and a room full of conversation, laughter and a few shenanigans!

The food was glorious with 60kgs fresh cooked prawns from [Seacoast Fishing](#) plus 20kg green prawn skewers expertly cooked by head chef Jeff, assisted by Garron and a whopping 120 doz Sydney Rock Oysters from [Graham Barclay Oysters](#).

The competition was tight for the 2025 International Prawn Peeling Competition, with ten worthy competitors, fingers at the ready and the prawn shells went flying!

For the third year in a row, Dave Ryan was announced the 2025 International Prawn Peeling Champion! He expertly peeled 10 delicious prawns in just 1:07:77, just short of his 2024 record of 1:06, leaving no trace of exoskeleton attached to satisfy the scrutineers!

Thank you to Hunter, the Prawn Review System 'committee' and the video referee for 'overseeing' the event.

Congratulations Dave and there are rumours of Brisbane 2032!



A huge thank you to all our generous sponsors for your donations and support of our biggest fundraiser - so many happy winners of our raffles and auctions:

- [Cempadak Private Island](#) - Cempadak Island exclusive accommodation package
- [Veriu Hotels & Suites](#) - Veriu apartment accommodation package
- [Avoca Beach Theatre](#) - cinema ticket package
- [Bells at Killcare Boutique Hotel, Restaurant & Spa](#) - voucher
- [Bunnings Warehouse, Erina North](#) - beach fun hamper
- [Fresko Fruit at Kincumber](#) - fruit and vegetables hamper
- [Kincumber Homewares](#) - homewares vouchers
- [Kincumber Mitre 10](#) - Jumbo Joe Weber BBQ
- [Saratoga Quality Meats](#) - voucher and seasoning pack
- [Spoon Bay Gelato](#) - gelato voucher
- [Volvo Trucks Australia](#)



Prawn & Oyster Lunch continued

- A very special thank you to **Jono** for his organisation, leg work, running about and energy that went into making our Prawn and Oyster Lunch a huge success!
- Also to his **team of volunteers** who all do their part to pull off this huge event!
- Thank you to our **Rookies and Cadets** for rolling up their sleeves and helping with prep, service and clean up.
- Thank you to our **volunteer bar staff** for keeping everyone well hydrated!

Thank you to everyone who came along and supported MacMasters Beach SLSC at our major fundraiser - what an awesome community!



Competition Corner *with Nadine Norman*

Everyone has had a nice break over Christmas and we are gearing up for the pointy end of the Surf Sports season.

NORTH STEYNE SURF BOAT CARNIVAL | 11-12 January 2025 @ North Steyne

The Boats came back in season with our two mens crews, The A's and Fat Dads, dusting off the cobwebs at North Steyne in the second week of January for a solid hit out. Some positive racing for the crews, with the A crew feeling good with their progression in the season.

The Boat section has a busy schedule in Feb with some local and major carnivals in play.

MACS FEMALE BOAT CREWS

We have two U19 female crews about to start their competitive rowing career, The Alliance and Drifters. Great to have these young rowers in the boat and looking forward to watching both crews compete over the next few months.

SLSCC JUNIOR TEAMS CARNIVAL | 12 January 2025@ Killcare SLSC

The Nippers were back in action at Killcare SLSC for the Teams Carnival. We love the camaraderie between clubs and how we partnered up to form teams on the day.

Being holiday season we were a little lighter for numbers but that didn't stop our crew from throwing everything at it. Nice clean surf was a good challenge for our Juniors as they got amongst it. Incredibly proud to watch the improvement of our Juniors in the water. The extra confidence and enthusiasm to give it a go, able take a few hits and keep going has not gone unnoticed. Congratulations to you all!

The day was filled with brilliant teamwork and a lot of fun - a quick day on the beach enjoyed by all. To top it off we had some brilliant results from Team Macs.

RESULTS:

2 x Person R&R - Gold: *Miyako D and Ruby G*

U9s Female Beach Relay: *Luca W, Ava D, Tilly C* and 1 x Wambie competitor

U11s Bronze: Male Board Relay: *Abel M, Levi J and Michi D*

U11s Silver: Mixed Beach Relay: *Olivia H, Michi D, Levi J and Archer L*

U12s - Gold: Female Brace Relay Swim Team: *Caroline E and Valerie E*

Huge thanks to our officials, parents, water safety and Nippers for being part of the carnival! [#TeamMACS](#)

BRANCH CHAMPIONSHIPS - FEBRUARY | ENTRIES OPEN NOW

February has our last local carnivals for Juniors, Masters and Opens with the Branch Championships. Entries are open for anyone looking to compete.

STATE AND AUSSIE TITLES - ENTRIES OPEN NOW

State and Australian Titles entries are now also open for any members keen. Best of luck for the month ahead to all our competitors.

Have fun and thanks for representing [#TeamMacs](#)



Duke of Edinburgh - Gold Award

Four of our Macs Cadets are currently in Ubud, Indonesia undertaking their GOLD Award - Residential Project. Under the guidance of long time club member and DoE Coordinator 'Ducky', Carys, Emily, Maya and Spencer will spend the week volunteering in a local Kindergarten and exploring this fascinating part of the world.

To earn the DoE Gold Award, participants complete at least 12 months of voluntary service, skill development, physical recreation, adventure journeys and a weeklong Residential Project. Fundraising has been a big part of their trip preparation and you would have seen them behind the BBQ or selling raffle tickets at the Club on various occasions.

Thanks to Ducky and the MacMasters Beach SLSC for creating these opportunities for our DoE participants - part of an adventure they all will never forget! We will catch up with them in the next edition of Point Break.

If you would like more information on the [Duke of Edinburgh Award in Australia click here](#) and then email us at memberservices@macmastersbeachslsc.com to see how you can get involved at Macs.



Become a Lifesaver
#lifesavingskills
#teamMACS

Duke of Edinburgh - Silver Award

In December, Silver camp leaders Ducky and Lyn led our Silver DoE crew, Jake, Charlie, Ronan, Sinead, Max and Will on a hiking and kayaking expedition in Marramarra National Park.

Over 2 nights the team camped, kayaked on Ironbark Creek from Spencer to Gentleman's Halt, hiked along Canoelands Ridge and then back along Ironbark Creek.

Here are some of their takeaways:

Conditions: Humid, rainy, sunny, overcast, hot

Start Location: Ironbark Creek

Finish Location: Ironbark Creek but we went to Gentleman's Holt and Canoelands Ridge.

Highest Point: views from the hike | catching fish | eating flathead

Lowest Point: paddling my arms off! | tick bite on the head

Best Meal: freeze dried strawberries | dehydrated honey soy chicken

Worst Meal: hot cheese and crackers

Handiest Item: fishing rod | camelbak for constant water drinking

Equipment Fail: no gloves to stop blisters from paddling

Wish I had Brought: aircon | more fishing rods

Wildlife: goanna, fish, birds, eel, crabs, jellyfish

Funniest Line: too hot to be funny

Biggest Challenge: 10km kayak | climbing up rocks on the bushwalk

An awesome couple of days expertly led by Ducky and Lyn - nothing quite like being out in bush, out for your comfort zone and challenging yourself!



Events & Competitions:

JANUARY 2025:

26 Australia Day

26 Macs Patrols AM: Patrol 10 | PM: Patrol 9

26 Nippers combined - **early** 8:30am @ Macs

26 Macs Bar open from 4pm @ Macs

27 Macs Patrols AM: Patrol 6 | PM: Patrol 5

31 Macs Bar open from 5pm @ Macs

FEBRUARY 2025:

1 Macs Patrols AM: Patrol 2 | PM: Patrol 11

1 SLSCC Branch - First Aid @ Soldiers Beach SLSC

1 SLSCC Branch Board & Ski U14-Opens @ Shelly

2 Nippers - **normal time** 9:30am @ Macs

2 Nippers Club Champs #2 9:30am @ Macs

2 Macs Patrols AM: Patrol 1 | PM: Patrol 12

2 SLSCC Branch - Lifesaver @ Soldiers Beach SLSC

2 Macs Bar open from 4pm @ Macs

7 Macs Bar open from 5pm @ Macs

8 Macs Patrols AM: Patrol 3 | PM: Patrol 4

8 SLSCC Branch - U15/Open & Boats @ Ocean Beach

9 Nippers 9:30am @ Macs

9 Macs Patrols AM: Patrol 5 | PM: Patrol 6

9 SLSCC Branch - Masters @ Umina SLSC

9 Macs Bar open from 4pm @ Macs

14 Macs Bar open from 5pm @ Macs

15-16 SLSCC Branch Champs - Junior @ Avoca SLSC

15 Macs Patrols AM: Patrol 12 | PM: Patrol 9

16 Nippers 9:30am @ Macs

16 Macs Patrols AM: Patrol 7 | PM: Patrol 10

16 Macs Bar open from 4pm @ Macs

21 Macs Bar open from 5pm @ Macs

22 Macs Patrols AM: Patrol 1 | PM: Patrol 8

22 Hunter/CC Boats - Round 6 @ Caves Beach

23 Macs Patrols AM: Patrol 3 | PM: Patrol 4

23 SLSCC Branch Champs - Inclusive @ Toowoon

23 Macs Bar open from 4pm @ Macs

28 Macs Bar open from 5pm @ Macs

MARCH 2025: *Beach Patrols return to 9am to 5pm*

1 Macs Patrols AM: Patrol 6 | PM: Patrol 5

1-2 SLSNSW Champs - Lifesaver @ Northern Beaches

2 Macs Patrols AM: Patrol 9 | PM: Patrol 7

6-9 SLSNSW Champs - Junior U9-U14 @ Nth Beaches

8 Macs Patrols AM: Patrol 10 | PM: Patrol 8

9 Macs Patrols AM: Patrol 2 | PM: Patrol 11

12-13 SLSNSW Champs - Masters @ Nth Beaches

14-16 SLSNSW Champs - Boats & U15/Opens @ N/B

15 Macs Patrols AM: Patrol 12 | PM: Patrol 6

16 Macs Patrols AM: Patrol 4 | PM: Patrol 3

22 Macs Patrols AM: Patrol 9 | PM: Patrol 10

22 **80 Patrol members for 80 minutes** @ Macs

22 **Macs Nipper Presentation** @ Macs

22 Hunter/CC Boats - Round 7 @ Terrigal

23 Macs Patrols AM: Patrol 11 | PM: Patrol 2

29/3-6/4 SLSA 'Aussies' @ North Kirra QLD

29 Macs Patrols AM: Patrol 6 | PM: Patrol 8

JUNE 2025:

7 **Macs Beach SLSC Gala Event - 80 Years** @ Macs

COMPETITION LINKS:

→ [2024/25 Macs SLSC Nipper Calendar](#)

→ [2024/25 SLSCC Surf Sports Calendar](#)

→ [2024 SLSNSW Surf Sports and News](#)

Connect with MacMasters Beach Surf Life Saving Club:

→ **website**

→ **facebook**

→ **instagram**



MacMasters Beach SLSC

2K likes • 2.5K followers

The club is a not-for-profit organisation managed 100% by volunteers. Funds raised are for the support of volunteer life saving activities and the upkeep of the club building and surrounds for members and local community groups.



1,201 posts

1,378 followers

314 following

MacMasters Beach SLSC

Community Organization

Celebrating 80 Years

A Surf Club Established in 1945 on the Central Coast of NSW and operated by volunteers.

100 Marine Parade, Macmasters Beach

www.macmastersbeachslsc.com

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