

Point Break

MacMasters Beach SLSC

May-June
2024



Click on images and links throughout Point Break for information, links and more!



President's Report *with Alison McNeill*

THANK YOU AS WE DOWN FLAGS

As we wrap up patrols for the season, I would like to give my heartfelt thanks to all our patrolling members, who gave up their time to keep our beach safe.

It is the core of surf life saving and sometimes we forget this as we deal with everything else needed to keep our surf club running smoothly.

We would really love some 'new blood' joining the patrol teams – come along, learn new skills, meet new people and be part something special.

JUNIOR PRESENTATION

Junior Presentation was well attended and our Nippers really loved celebrating their achievements over the season - those who learnt to swim out to our 'lily pad' mat, or learnt to paddle a board or competed for Macs in carnivals. Congratulations to all our Nippers!

Thank you to all our age managers, water safety, carnival officials and helpers without whom we wouldn't have junior activities.

OFFICIALS NEEDED

We have a desperate need for officials. If your child is going to compete next season, you really need to step up and learn to be an official. Our current officials are an amazing group who still officiate at carnivals but haven't had nippers of their own for many years. They need to pass the baton on to others and have a well earned rest! Please contact competition@macmastersbeachslsc.com to find out more and sign up.

SENIOR PRESENTATION

Senior Presentation is on Saturday 25th May and everyone is invited! Please see further details in this newsletter - we can't wait to celebrate with you all.

ANZAC DAY

Our ANZAC Day Ceremony is always so well organised and attended each year. Thank you to Vince and Pat Roberts for their commitment to this special day.

There is nothing quite like our twilight service overlooking the beach - quite poignant. Read more about our ANZAC Day service later in this edition.



Election Meeting - 3pm Sunday 19th May

5:30pm Sat 25th May - Senior Macs Presentation

Presidents Report continued

MACS SEAWALL PROJECT

The seawall project has now progressed on to a coastal engineer to come up with detailed plans in the style preferred by all our local stakeholders. The work was due to start this financial year, but will not be started until July at the earliest. I will keep you updated.

BEHIND THE SCENES

The Board has been working hard keeping the club running behind the scenes. We meet monthly, discussing agenda items within each of our portfolios and getting things done. We have a team of managers within each of our portfolios, who work with us to ensure everything runs smoothly. *Thank you to everyone involved, we couldn't do it all without you.*

MACS ELECTION MEETING

Our wonderful club, MacMasters Beach SLSC is run purely by volunteers. We invite you to come along to our Election Meeting to take a look behind the scenes and how you can become involved.

'On the job' training is provided and there are a fantastic team of people to work alongside you! The Election Meeting is on the 19th May at 3pm at the Clubhouse - details on the following page. We hope to see you there!

Take care and catch you around the club or on the beach!

Alison McNeill - President

MACMASTERS BEACH SLSC 2024 Club Election Meeting



Bellevue

PROPERTY

MACMASTER BEACH SURF LIFE SAVING CLUB

NOTICE of ELECTION MEETING

Notice is given that the 'Election Meeting' of the Club will be held on:

Sunday May 19, 2024 at the Clubhouse commencing at 3.00 pm

Officers of the Club

Under the Constitution, directors are elected for a two-year term with half their number being elected each year. The meeting is to elect the;

- President – Alison McNeill will be re-nominating for a further term
- Director of Life Saving – nominations are called to fill this vacancy
- Director of Competition – nominations are called to fill this vacancy
- Life Member Representative – nominations are called to fill this vacancy

whose term will commence at the expiration of the 2024 Annual General Meeting.

Nominations are called to fill these vacancies.

Nominations should be submitted writing, with a seconder, and forwarded to the Director of Administration by 5.00pm on Saturday May 11, 2024. Nominations may also be made from the floor of the meeting.

Honorary Officers of the Club

Nominations are also sought for the appointment of the following Honorary Officers of the club for a term of twelve months. Nominations may be in writing in advance of or be made at the meeting.

Current holders of those positions are as indicated and who are (with their consent) eligible to continue in that role.

Patron: Alan Brooks
Vice Patron: Don Hamilton and Lynne Forsythe.
Honorary Auditors: Fortunity
Honorary Legal Officer: David White

DATED: Friday March 29, 2024

Roger Mullan

Director of Administration

PO BOX 6040; Kincumber NSW 2251

100 Marine Parade, MacMasters Beach

EMAIL: admin@macmastersbeachslsc.com

MOBILE: 0409 356 590

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Macs Director of Competition

- communicating and coordinating Surf Sport events, carnivals and activities
- responsible for carnival entries
- attending monthly Board meetings | Branch Surf Sports meeting 2/season
- working with club managers on coaching, development, logistics and equipment
- promotion of training courses including Water Safety and Officials courses
- great communication across all ages, ready to engage and build Macs surf sports
- no specialist SLS qualifications or experience required



CONTACT: Nadine at compeition@macmastersbeachslsc.com or 0403 590 718

Volunteer - make a difference @ Macs SLSC



Macs Marketing Manager

- create and publish online/social media initiatives
- promote and report on Club activities via social media
- coordinate, draft and publish Point Break newsletter
- take, organise and access digital images and content
- liaise with members and Macs Board
- digital communication skills would be a bonus

CONTACT: Suzie at media@macmastersbeachslsc.com or 0414 522 409

Volunteer - make a difference @ Macs SLSC



Macs Uniform Manager

- customer service and communication
- stock ordering and control including stocktake
- coordinating the merchandise pop up shop at Club
- liaison with, and purchasing from stocklists
- need varies throughout the season with busy periods
- position lends itself to a shared role | training provided

CONTACT: Alison at president@macmastersbeachslsc.com or 0402 314 542

volunteer - make a difference @ Macs SLSC



partnering
for the future

ANZAC Day Service with Vince Roberts

Our Sunset ANZAC Service was another great success. Perfect weather with an outstanding attendance.

Special thanks to the following for being part of the service;

Jane Rose - for delivering the ANZAC Address.

Brisbane Water Brass Band - an integral part of our service with special mention to Kindi Smith for the playing of the Last Post and Reveille, simply hair raising.

Vivienne McLaren - for her wonderful singing

Jade and Taylor Crowther - Acknowledgement of Country

Alison McNeill - reading of the prayer

Adam Crouch - delivering the Ode

Chad Elliott and Noel Walkinshaw - Raising of the Flags

New additions to the service this year were the ANZAC banners displayed at the club. These were donated by Central Coast Council.

Thank you to club members who assisted with setting-up and packing away chairs and equipment with special mention to Tim Morris, Pete McNeill, Noel Walkinshaw, Michael Bambridge, Val Crowe, Angus Crowe, Graham Johnston and Geoff Dominguez. Thank you to Di and to Tommy, our new Bar Manager in training and all the bar staff who served our large crowd.

Last but not least to my biggest helper **Pat Roberts** who does so much behind the scenes to make our ANZAC Service so special - from compiling and printing the program, helping with setting-up, poppy displays, sourcing rosemary, inviting dignitaries and so much more.

Wreaths were laid by:

Dr Gordon Reid - MP Robertson

Adam Crouch - State Member Terrigal

Sophia Denney and Noah Debenham - **MacMasters Beach SLSC**

Barbara Wills - **MacMasters Beach Progress Association**

Craig Roberts - **Captain MacMasters Beach Rural Fire Brigade**

Amber Griffiths and Julian-Romero-Madigan - **Kincumber Public School**

Nat and Maddox - **'Macs' Own Board Riders'**

Imagine Early Learning Centre MacMasters Beach

Thank you to all who attended this special commemoration.

'Lest We Forget'



Across the Bar with Diana Brown

INTRODUCING OUR NEW BAR MANAGER!

Di will hand over the 'keys' in August with Tommy Gaskey taking on the role of Bar Manager. You can find out more about Tommy in our 'In the IRB with ...' article on page 14.

FOOTY FEVER

We are nearly halfway through the footy season - whatever your code! Get behind your favourite team at the club with televised matches on the big screens.

VOLUNTEERING IN THE BAR

We are always keen for more bar volunteers - you can learn the ropes, gain some bar and service experience, have your qualifications reimbursed and give back by volunteering!

Please contact Di at barmanager@macmastersbeachslsc.com or have a chat at the bar, if you are interested.

MACS BAR OPEN!

MacMasters Beach SLSC
*Fridays from 5pm
and Sundays from 4pm*



MACS BEACH CAFE

MON	7:30am-2pm
TUES	CLOSED
WED	7:30am-2pm
THURS	7:30am-2pm
FRI	7:30am-2pm + 5pm-8pm
SAT	7:30am-3pm
SUN	7:30am-3pm + 4pm-8pm



Located right next door to the Macs Beach Clubhouse overlooking the stunning MacMasters Beach



Our 2024 **Under 6 Nippers** receiving their **Surf Play 1 certificates** and **U6s Nipper medal** at Junior Presentation



Our 2024 **Under 7 Nippers** receiving their **Surf Play 2 certificates** and **U7s Nipper medal** at Junior Presentation.

Ready for action in 2025!

Competition Corner *with Nadine Norman, Director of Competition*

The carnivals are over for the season, and we want to extend a huge thank you to each competitor who represented Macs in the blue and yellow cap.

NSW STATE AGE CHAMPIONSHIPS

To round out the season for Nippers we had the NSW Age State Championships at Queenscliff early March.

Olivia H had her first time competing at the State Titles on the sprint track and made it through to the semi-finals! Olivia has had an incredible campaign this season in all carnivals and we are so proud of her for heading to State - big things ahead!

Henry S competed in his 6th and final State Champs in the junior ranks. Henry is one of our most determined and consistent competitors. Always turning up to training, and attending carnivals, often as the only competitor in his age group. Henry made it through to the semi-finals for both the swim and board events. Thank you for your years as a junior competitor Henry and many more to come in the seniors!

We also had one of our U12s 2 x Person Rescue & Resuscitation (R&R) teams represent Macs. **Miyako D** and **Kirra C** have been training under coach Belinda and competing all season at the local and branch carnivals. The girls have showed incredible discipline and commitment to the R&R event and the effort at training was demonstrated at the State Titles.

Not only did Miyako and Kirra display the most incredible sportsmanship we have seen in a long time, but the girls put in the run through of the season and took points for third place. We are so incredibly proud of the two of you and look forward to seeing what next season will bring.



MACS SENIOR CLUB CHAMPS

Perfect conditions were in play for the Senior Club Champs with just around 25 of our finest getting involved for the day. There was some great surf, good competition in a couple of the divisions and a lot of laughs - with only one injury! Thanks to Penny for keeping us all accountable on the scoresheet and Amanda on the start and finish line.



Competition Corner continued

SLSNSW STATE CHAMPS & SLA AUSSIES CHAMPS

Congratulations to the 3 x crews for representing Macs at State and Aussies and throughout the season.

Congratulations to the **Macs Minnis** for a great campaign at the State Titles to make the final and placing 7th. The girls backed this up with an impressive Top 12 placing at Aussies to round out their season.

The **Fat Dads** maintain their title this season as best off the beach, easily one of the fastest crews from the jump in. A thank you to the boys for being a consistent presence in the boat section for our club.

To the **A Crew**, well done on a season of progression and taking on the A division. Its been brilliant to watch the boys improve as a crew and save some of their best racing and results for Aussies.

Not representing Macs SLSC - congratulations to **Emily Rose** for taking out a 🏅 Bronze Medal at Aussies in the U19 Ski Relay with her Avoca team. Emily has always been a huge part of #teammacs and member of Patrol 1!

JUNIOR CLUB PRESENTATION

What a beautiful afternoon celebrating our Nipper community. It was brilliant to see so many faces in the room to celebrate our end of season.

I want to thank each Nipper and their parents/carers and families for being part of the Macs community. We put the call out for support and volunteers many times this year, and it has been an absolute pleasure to have new faces getting involved and to meet and spend time with you all. *Thank you!*

To our Age Managers, Water Safety, Officials, BBQ team and helpers in any role - thank you again for the huge effort in putting this season together. *It is what makes our club so special.*

A big shout out and thanks to Matt, for his huge first year as JAC and the enthusiasm and initiative he brought to the role. Also, to Amie and Elaine for all the work they do behind the scenes to make our Junior section run smoothly. We celebrate our Nippers achievements and success on the following pages.



ENTRIES OPEN - POOL RESCUE CHAMPIONSHIP

The 2024 Pool Rescue Challenge will be held on Sunday 19th May at Mingara One Aquatic Centre, Tumbi Umbi. Warm up will be open between 8.15am and 8.45am with the event commencing at 9:00am.

Entries Close: Monday 13th May at 5pm | Age Groups: U11s - Masters (2023/24 season)

Click here to access the [SLSCC Branch Pool Rescue Championships entry form](#)

SURF LIFE SAVING WORLD CHAMPIONSHIPS

From 20th August - 8th September 2024 the World Surf Life Saving Championships will be held on the Gold Coast!

This event is open for Youth (15-18 years of age), Opens, Masters and Surfboats. For details of events and more information click here: [2024 SLS World Championships Program](#)

Entries are now open for events. To compete please submit your entry here: [SLS World Titles entry form](#)



2024 LIFESAVING
WORLD CHAMPIONSHIPS



Competition Corner continued

SLSA AUSSIES CHAMPS - BOATS

Last month saw our 3 Boat Crews compete at the Australian Titles at Alexandra Headlands in Queensland. Due to bad weather and rough conditions our crews faced an adjusted program and in true Macs fashion didn't let it bother them with all crews putting in a strong performance both in and out of the boat. All competition had been altered to straight out elimination from Round 1 on.

The Wednesday saw us setting up the boats and tent for the competition week and having our warm ups adjusting to the tricky conditions on offer: shallow sand bars, rocks and decent surf made warm ups and racing tough.

Thursday saw the **Fat Dads** kick off competition for us, the boys put in a strong performance to make it through Round 1 and avoid the Repercharge Rows. A close finish in round 2 with 5 crews hitting the line together saw the Fat Dads eliminated from racing early and setting up in the beach bar to watch the remainder of the days racing.

Our **U19 Minis** competed Friday and due to forecast bad conditions all Junior racing was to be completed on the Friday. The girls experienced their first heavy wipeout in race 1, putting them into the Repercharge Round. The girls shook of the first round rollover to move through the Repercharge and further rounds, missing out in a close finish in the 1st Semi.

A great performance from the girls in there last season of U19s to make the Aussies Semi Final!

Our **Open Men** finally got to start racing on the Saturday. Forecast deteriorating weather and surf, meant all open racing was to be completed on Saturday instead of the usual Sunday finals. They put together there best performance of the year, making it through the early rounds and into the Quarter Final.

The Open Mens divison is as tough and fast as it has ever been and for their first year together, the crew showed true spirit and determination to fight through race after race.

A huge thank you to the club, our committee, sponsors and other members for your valued support. Its been another great season for the Macs Boaties and we look forward to building into next season with a few extra crews.

Finally, keep an eye on the socials and newsletter in the coming months, we are aiming to have some boat crews compete at the **Lifesaving World Titles at Broadbeach, Gold Coast in August**. A great chance to showcase our great little club on the world stage!

See you all on Presentation night on the 25th May!!



Gotcha4Life Kickstarter Workshop

This has been 2 years in the making since we first signed up for the 24 Hour Row and we were proud to partner with the MOB (Macs Own Boardriders) this year.

Vicky Worland and her team joined Macs SLSC, the MOB and members of the community for our initial workshop in March. This was a powerful and insightful workshop into perspective and mental fitness, and everyone that attended took a lot from the session.

We would love to continue with more workshops in the future and look forward to sharing these with you as they are scheduled. If anyone has any type of workshop or discussion you'd love to see at the club, please reach out as this is what we would love to encourage.

In the meantime, check out **Gotcha4Life's Mental Fitness Gym** - an online gym where you'll find tools and inspiration to build your emotional muscles so you're better equipped to navigate life's ups and downs:

www.gym.gotcha4life.org

We are please to announce that we have signed up for the 24 Hour Row on 7th and 8th September 2024, and can't wait to see the numbers on the rowing machines increase again this year.



'The Nugget' Boat Launch

A huge thank you to Jane and Scott Malcolm of Greenstone Partners for their 5th surfboat donated to MacMasters Beach SLSC. The ongoing support is absolutely incredible from **Greenstone Partners** and we are proud of our almost 20 year partnership.

Congratulations to Peter for the well deserve honour of having the boat christened in his name, the **Peter 'Nugget' Norman**. The is in recognition of Pete's upcoming 50 years' service to Surfboats and in particular contribution to the boat section at Macs.

Thank you to Craig and all the boaties who organised the launch and to everyone who attended and played a part in celebrating a great afternoon at the club.



greenstonepartners



Mac's Junior Nippers Presentation - Major Awards

On 26th March we celebrated the 2022/23 Nipper season with our annual presentation. Congratulations to all award nominees and recipients and to all our Nippers members for a great season of training, learning new skills, teamwork, hard work and loads of fun!



BEACH SPORTS ENCOURAGEMENT AWARD:

Awarded to a Nipper who consistently displays excellent effort and has demonstrated improvement in beach sports.

Levi J



BEACH SPORTS ACHIEVEMENT AWARD:

A competitor who has displayed excellent effort consistently throughout the season and has demonstrated improvement in beach sports.

Olivia H



WATER SPORT ENCOURAGEMENT AWARD:

Awarded to a Nipper who consistently displays excellent effort and has demonstrated improvement in competitive water sports.

Maeve G



WATER SPORTS ACHIEVEMENT AWARD:

A competitor who has displayed excellent effort consistently throughout the season and has demonstrated improvement in water sports.

Henry S



MARK SHERRING FUTURE ACHIEVER AWARD:

An encouragement award for an individual who has shown effort and improvement throughout the season and is likely to achieve even more in the future!

Vivienne VB and Darcey McC



MOST IMPROVED AWARD:

Awarded to a Nipper who has demonstrated improvement in beach and/or surf skills throughout the season but more importantly life saving skills.

Mason H

→ A HUGE THANK YOU TO OUR MAJOR NIPPERS SUPPLIERS:

Saratoga Quality Meats | Avoca Surf Shop | Sports Coast Trophies



Mac's Junior Nippers Presentation continued



JUNIOR SPORTS PERSON OF THE YEAR AWARD:

Awarded to a Nipper who achieves across all disciplines of the sports involved in Surf Life Saving and whose attitude demonstrates the best qualities of good sportsmanship.

Lois W



BOARD COACH AWARD:

Awarded to a Nipper who has demonstrated consistent improvement in board skills throughout the season.

Henry S



BOARD ENCOURAGEMENT AWARD:

Awarded to a Nipper who consistently displays excellent effort and has demonstrated improvement in board skills across the season.

Akaash K



MARCH PAST AWARD:

Awarded to a team member who shows consistent dedication, enthusiasm and attendance at March Past training and carnivals.

Mason H



R&R AWARD:

Awarded to the Rescue and Resuscitation team that achieves something special during the season.

Kirra C and Miyako S



SPECIAL ACHIEVEMENT AWARD:

Awarded to the Nippers who have achieved something special connected to Surf Life Saving during the season.

U12 R&R Miyako S and Kirra C

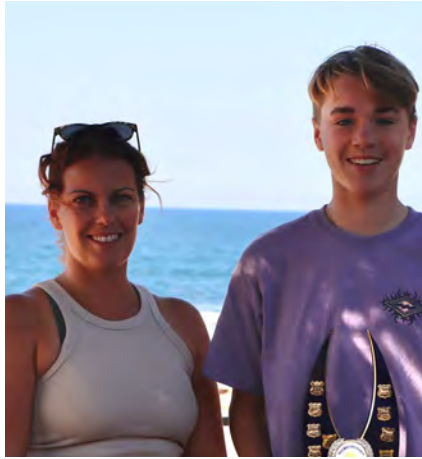
CONSISTENT EFFORT AWARD:

Awarded to a Nipper who consistently gives 100% effort at Sunday morning activities.

Nick S



Mac's Junior Nippers Presentation continued



CARNIVAL COMPETITOR AWARD:
Awarded to a Nipper with the most carnival performance achievements for the season.
Henry S



TEAM OF THE YEAR AWARD:
Awarded to the Nipper team that achieves something special during the season.
U12 Girls Beach Relay Team:
Liliana, Kirra, Miyako & Mila



LONG SERVICE AWARD:
Presented to U14s to have been with Nippers consistently from U8 - U14.
Summer B, Meredith E, Georgia H and Henry S

CLUB BOY AWARD →

One of the top awards for Junior Nippers, our Club Boy Award recognises the outstanding qualities of leadership, attitude, commitment and citizenship. This individual has assisted different age groups and demonstrated exceptional role model qualities for younger children within the Club.
Congratulations Noah D



CLUB GIRL AWARD:

One of the top awards for Junior Nippers, our Club Girl Award recognise the outstanding qualities of leadership, attitude, commitment and citizenship. This individuals has assisted different age groups and demonstrated exceptional role model qualities for younger children within the Club.
Congratulations Sophia D

JUNIOR AGE CHAMPION AWARDS:

U8 BOYS:

1st: Luke E
2nd: -
3rd: -

U8 GIRLS:

1st: Ava Denman
2nd: Darcey McC
3rd: Sophia R

U9 BOYS:

1st: Artley S + Tor P
2nd: Harrison F
3rd: -

U9 GIRLS:

1st: Evie C
2nd: Claudia C
3rd: Olivia H + Vivienne

U10 BOYS:

1st: Archer L
2nd: Spencer S
3rd: Michi D

U10 GIRLS:

1st: Valarie E
2nd: Grace D + Nadia GK
3rd: -

U11 BOYS:

1st: Kaelan W
2nd: Eli D
3rd: Atticus S

U11 GIRLS:

1st: Caroline E
2nd: -
3rd: -

U12 BOYS:

1st: Adam D
2nd: Mason H + Hugo W
3rd: -

U12 GIRLS:

1st: Mila C
2nd: Miyako D
3rd: Ruby G

U13 BOYS:

1st: Nick S
2nd: Thomas R
3rd: -

U13 GIRLS:

1st: Anita McG
2nd: -
3rd: -

U14 BOYS:

1st: Henry S
2nd: -
3rd: -

U14 GIRLS:

1st: Sophia D
2nd: Sinead Mc
3rd: Rory W

HUGE THANK YOU to our Age Managers!

U8s Clare + Andrew
U9s Andrew + Chloe
U10s Ben, Matt + Lucinda
U11s Ben, Matt + Lucinda
U12s Mick
U13s Joel + Lucinda
U14s Joel + Lucinda

and all those who help and support our Nippers!

SPECIAL THANK YOU
to our Junior Activities Coordinator
Matt

In the Macs IRB with: Tommy Gaskey

Each month we catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick. This month we chat to Tommy Gaskey who is in training to take over the Bar Managers role at the Club.

How long have you been a member at Macs SLSC?

TG: My family was members years ago when my children did Nippers, we stopped when they stopped. I think I rejoined in 2018 - definitely pre-COVID.

What first attracted you to Macs Beach SLSC?

TG: Not sure what the first attraction was, but when I decided to get back into swimming I chose the Macs rockpool. Then I started meeting members like John Evans, David White and Noel Walkinshaw (The Silver Fish) and my love for the club grew from there.

What volunteer role/s have you been involved in at Macs?

TG: None - just bar staff at the Club.

Strangest place you have swum?

TG: I once swam in the North Pacific off Vancouver Island. Water was around 8C - it was cold!!!

Favourite footy team?

TG: The Sydney Swans and Manly Sea Eagles

Favourite SLSC competition event?

TG: It's always fun to watch the boat crews. Mick, Pete and Brad Norman do a great job.

Preferred beverage from the Macs Beach Bar?

TG: Kinny Lager

Favourite menu item on the Macs Beach Cafe menu?

TG: Fish Tacos

What do you enjoy most about Macs?

TG: The comradery and feeling of community. It is such a close, little community. I often say that if you are at Macs Bar and somebody walks in, you either know their name or you will know their name before the end of the night. I guess it's like that old sitcom Cheers ... *'You want to go where everyone knows your name.'*

Now you know a little bit more about Tommy

- have a chat next time you see him around at the bar or in the rockpool!



Macs Maniacs - Sundays 9am

Macs Maniacs are back! Every Sunday morning during the winter 'off season', you will find a cross section of active and not so active members gather at the club house at 9am.

We begin with a run, jog or a walk to Copacabana followed by a dip in the water, depending on the surf conditions, off the point, around the buoys or in the pool.

This is followed by a warm coffee and/or scrumptious breakfast at Macs Beach Cafe. The only essential components are that you are a member of Macs and that you get your head wet!

The best way to start a winter Sunday morning, you may be honoured with the title 'Maniac of the Week' for the most notable performance - the prize ... the 'bird' becomes yours for the coming week.

All welcome - we kick off Sunday 12th May 9am!



Events & Competitions:

MAY 2024:

- 12 Happy Mother's Day
- 12 Macs Maniacs 9am @ Macs
- 12 Macs Bar open from 4pm @ Macs
- 25 Macs Senior Presentation 5:30pm @ Macs
- 17 Macs Bar open from 5pm @ Macs
- 19 Macs Maniacs 9am @ Macs
- 19 Macs Bar open from 4pm @ Macs
- 24 Macs Bar open from 5pm @ Macs
- 26 Macs Maniacs 9am @ Macs
- 26 Macs Bar open from 4pm @ Macs
- 31 Macs Bar open from 5pm @ Macs

JUNE 2024:

- 2 Macs Maniacs 9am @ Macs
- 2 Macs Bar open from 4pm @ Macs
- 7 Macs Bar open from 5pm @ Macs
- 9 Macs Maniacs 9am @ Macs
- 9 Macs Bar open from 4pm @ Macs

12 June long weekend - Monarch's Birthday

- 14 Macs Bar open from 5pm @ Macs
- 15 2024 NSW Pool Lifesaving Champs @ SOPAC
- 16 Macs Maniacs 9am @ Macs
- 16 Macs Bar open from 4pm @ Macs
- 21 Macs Bar open from 5pm @ Macs
- 23 Macs Maniacs 9am @ Macs
- 23 Macs Bar open from 4pm @ Macs
- 28 Macs Bar open from 5pm @ Macs
- 30 Macs Maniacs 9am @ Macs
- 30 Macs Bar open from 4pm @ Macs

AUGUST 2024:

→ 20 Aug - 8 Sep 2024 'Worlds' @ Gold Coast QLD

SEPTEMBER 2024:

→ 2024/25 Patrol Season kicks off

COMPETITION LINKS:

- [2023/24 Macs SLSC Nipper Calendar](#)
- [2023/24 SLSC Surf Sports Calendar](#)
- [2023/24 SLSNSW Surf Sports Calendar](#)

Connect with MacMasters Beach Surf Life Saving Club:

→ [website](#)

→ [facebook](#)

→ [instagram](#)

MacMasters Beach SLSC

Our Club Hall Hire Lifesaving Education Activities Competition Membership

Support Your Club, donate online

Make a donation today - Click Here!

Latest News

Point Break Nov 2023

MacMasters Beach SLSC 2,418 followers

MacMasters Beach SLSC 22 hours ago

Our boat crews raced at North Stramie over the weekend for the NSW Selections. We had 3 crews competing with 2 making the final!

A huge congratulations to the Pat Dicks taking out 4th place in the Reserve Men and the U19 Women @macsarena for taking out 5th!

Great effort from our open men in their first year together, some solid

MacMasters Beach SLSC

2K likes · 2.4K followers

The club is a not-for-profit organisation managed 100% by volunteers. Funds raised are for the support of volunteer life saving activities and the upkeep of the club building and surrounds for members and local community groups.

1,029 Posts 1,314 Followers 302 Following

MacMasters Beach SLSC

Community Organization

A Surf Club Established in 1945 on the Central Coast of NSW and operated by volunteers.

100 Marine Parade,, Macmasters Beach

www.macmastersbeachslsc.com

U8-U14 Carnival @ Ter...

MACS BAR OPEN! MacMasters Beach SLSC Fridays from 5pm and Sundays from 4pm

Good luck to our competing Nippers

Sunday 14th Jan Nippers @ Macs Beach

*Christmas Eve 4pm - 5pm *New Years Eve 4pm - 5pm *Australia Day 1pm - 5pm

Nippers is BACK!

MACS SPONSORS AND SUPPORTERS:

Support those who support us!

Click on our sponsor's logos for more information and to connect with them



Supporting Macs by keeping
our IRB motors
running smoothly

**JD'S
FAMILY
AUTOMOTIVE**



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to get the most out of our club house

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with love

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