

Point Break

MacMasters Beach SLSC

February
2024



Click on images and links throughout Point Break for information, links and more!

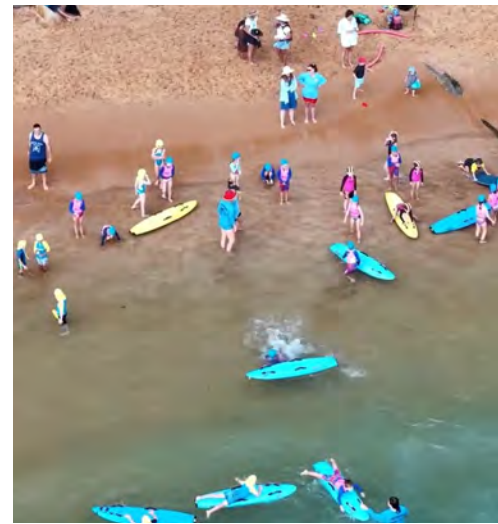


President's Report with Alison McNeill

NIPPER FUN!

We had a wonderful nippers morning last Sunday, combining with our neighbours from Copacabana and Killcare Surf Clubs, at our beach. It was exciting to see the crew from Copacabana walking along the beach to join with us.

The Nippers were all so excited to see each other and it really helped some of our less adventurous kids to all go in the water - *peer pressure in action!*



We had so many comments from parents from all clubs about what a fantastic morning it was. Thank you to all involved in making it happen!

There's another nipper morning at Copa coming up - watch this space :)

URGENT - POSITIONS AVAILABLE

There are a number of vital roles that require your support - here is a brief run down of each:

→ **Director of Education:** monthly Board meeting, Branch meetings, coordinating our trainers to run the courses, paperwork/data entry

→ **Education Officer:** assists the Director, checks the required paperwork for courses, coordinates trainers to run courses and members to attend the courses

→ **Fundraising Manager:** leading a team to devise and organise fundraising events for our club

→ **5 Lands Walk Club Contact:** liaise with the team organising the event to ensure our club's best interests are foremost, monthly meetings at the clubhouse in the lead up to the event

→ **Building Committee:** to future proof our club by identifying major building works needed and how to best utilise our clubhouse space

We are ALL volunteers working for our community club, so please consider helping us – the more the merrier!!

For more information or to discuss how you can assist please contact me anytime at

president@macmastersbeachslsc.com

Catch you around the club or on the beach! Alison McNeill - President



Nippers - return to normal start time 9:30am

Macs Annual Doorknock Appeal - online!



FUNDRAISING GOAL \$10,000

MacMasters Beach SLSC 2024 ANNUAL DOORKNOCK APPEAL

*join our
major fundraiser*

👉 supporting us to support
our local community!

 **SCAN THE QR CODE or visit
macmastersbeachslsc.com
to donate to our annual fundraiser**

Simply set transaction type to 'donation'!
All donations over \$2 are tax deductible and
you will be emailed a receipt.

Cheques: please mail to MacMasters Beach SLSC Club
PO Box is 6040, Kincumber NSW 2251



*Supporting us
to support our
local community!*



believe

PROPERTY

Presidents Report continued



DUKE OF EDINBURGH CAMPS

Our Duke of Edinburgh Award participants and leaders have been busy over the summer ending with a Gold camp in the Snowy Mountains over the Australia Day long weekend. A huge thank you to Andrew Duck for leading these camps. *We couldn't do it without you Duckie!*

We do need more people to get involved with leading the camps, so if you have experience and are willing to get involved, please come and see us. We also need people to get involved with the computer-side of things and supporting the kids to get their logbooks done.

If you can help with this, please let us know.

MACS ANNUAL DOORKNOCK APPEAL GOES DIGITAL!

MacMasters Beach SLSC is a fully self-funded volunteer club, with all revenue coming directly from fundraising, donations, bar revenue and through community grants. Please help us to keep our beach safe and our club active.

Your donation will go directly to:

- supporting our life savers
- training our next generation through our Nipper program
- providing vital equipment for patrols and club activities, and
- continuing to run our Clubhouse

TO DONATE: go to our website: macmastersbeachslsc.com

and click on the blue 'donate' button to access our secure

Gateway payment system. All donations over \$2 are tax deductible and a receipt will be emailed to you.



MacMasters Beach SLSC
2024 ANNUAL
DOORKNOCK APPEAL
Join our
major fundraiser

Supporting us to support
our local community!

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PO Box is 6040, Kincumber NSW 2251

Supporting us
to support our
local community!

Across the Bar with Diana Brown

SUMMER AT MACS: We've had a super busy summer. Michael's 'Summer Selections' were a hit and are still running if you are looking to enjoy an alternative to the regular wine list.

We welcomed a few new bar volunteers and are always grateful for everyone's help especially the glass collectors!

WINNERS ARE GRINNERS: One of the highlights of the season was the fabulous Kasey Chambers winning the seafood raffle. Sue's Seafood (Seacoast Fishing) have been an amazing supporter of the club as always!



MACS BEACH CAFE

MON	7:30am-2pm
TUES	CLOSED
WED	7:30am-2pm
THURS	7:30am-2pm
FRI	7:30am-2pm + 5pm-8pm
SAT	7:30am-3pm
SUN	7:30am-3pm + 4pm-8pm



WE WILL BE CLOSED:

Sunday 11th February in the evening only [open during day]

Sunday 25th February in the evening only [open during day]



Macs Director of Education

- manage the Education program and team
- coordinate trainers and assessors
- communication and data entry
- attend quarterly SLSCC Branch meetings
- attend monthly Board meetings
- no specialist SLS qualifications or experience required



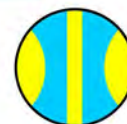
CONTACT: Alison at president@macmastersbeachslsc.com or 0402 314 542

Volunteer - make a difference @ Macs SLSC



Macs Education Officer

- assist the Director of Education
- check required paperwork for courses
- coordinate trainers and assessors for qualifications
- coordinate members for training courses
- communicate with members
- no specialist SLS qualifications or experience required



CONTACT: Alison at president@macmastersbeachslsc.com or 0402 314 542

Volunteer - make a difference @ Macs SLSC

Member Matters with Elaine Hodgkinson, Director of Member Services

NIPPERS: MACMASTERS | COPACABANA | KILLCARE

MacMasters Beach SLSC was honoured to host Copacabana and Killcare Nippers on Sunday 28th January. There was a great turn out from all clubs with Copa Nippers walking across the beach in formation. Fun and games both in and out of the water were followed by a sausage sizzle using our new and well deserved BBQ, generously donated by Mitre 10, Kincumber who also provided us with a voucher for an amazing raffle. Well done to a long time club member Belinda for winning that voucher!

Many thanks to all Nippers, parents, helpers and volunteers who made this a great day. Hopefully this is the start of something big with more cross-community events!

MACMASTERS NIPPERS @ COPACABANA SLSC

MacMasters Beach Nippers have been invited over to Copacabana on 25th February. We will be there to help them celebrate the 60th birthday of Copacabana SLSC - 60 years! It would be great to have as many Nippers, parents and club members over there from 9am.

60 years is a great achievement of community service, congratulations to our neighbours in North Macs!

NIPPERS PRESENTATION

As we near the end of the season, our Nippers presentation will be held on Sunday 24th March at 2pm. A great afternoon to celebrate all that is great about being a Nipper, our skills, achievements and team work throughout the season. We will wrap up proceedings by 4pm when the bar opens.

GOOD LUCK #TEAMMACS

Good luck to all our Nippers competing in the last few carnivals of the season - branch and state and well done parents and age managers for your continued support and encouragement, and for getting them this far!



Competition Corner *with Nadine Norman, Director of Competition*

MACS JUNIOR CLUB CHAMPIONSHIPS | 21st January 2024 @ MacMasters Beach

Our Junior Club Champs were held on Sunday 21st January with lighter numbers due to the school holidays but a great effort by those who were able to compete.

All competitors did well across the beach and when it came to the surf, we had some beautiful water, and some solid sets come through. It meant that we could only hold the U13/U14 Board races on the day.

Conditions also proved challenging for the swim across for the age groups, with a great chance to practice surf skills learnt throughout the season! Thank you to our water safety team, who did an excellent job guiding, reassuring, and assisting when needed.

Really well done to the Nippers who were able to make it around the cans and back to shore confidently.

To those who were a bit shaken, well done for listening to the water safety crew, knowing your limits, and getting back to shore safely.

For the beach events we were able to hold all races including the distance runs, sprints and flags.

A great lead up to the Branch Champs!

COMBINED NIPPERS

What a brilliant day this was! Copacabana and Killcare SLSCs joined our Nippers for a morning full of water and sand activities and plenty of good vibes!

A HUGE thank you to Matt Laffan for putting this day together and to all our Age Managers for running a great morning of Nippers.

After a call out we had a great crew on the BBQ, thanks so much to all, it's a huge help!

Thanks also to Mitre 10 Kincumber, we raised some wonderful funds for the club from the BBQ and the raffle with a \$300 voucher as the prize! Our long time R'n'R coach Belinda won this, which capped off a great morning!



Competition Corner continued with Nadine Norman, Director of Competition

SLSCC BRANCH CHAMPIONSHIPS |

4th February 2024 @ Umina Beach

We had a team of 26 Nippers compete for Macs at the Junior Branch Champs on Sunday 4th at Umina Beach.

A huge thank you to our competitors, parents and supporters for being part of the Macs team #TeamMACS

To our incredible officials who have gone above and beyond this season - especially Frank and Amanda, we can thank you enough!

Also a shout out to Steve and Trent for consistently being part of our Water Safety team and to Kylie for jumping in at this carnival.

With this being the final carnival for most competitors this season, we want to thank you all for the way each competitor represented Macs, for the team spirit, results and above all attitude to getting in and having a go, good time and making some memories!

Here is a quick run down on the results:

GOLD 🏆 U9 Female Sprint - *Olivia*

SILVER 🥈 2 Person R'n'R - *Miyako + Kirra*

BRONZE 🥉 2 Person R'n'R - *Mila + Liliana*

BRONZE 🥉 March Past - *team event*

BRONZE 🥉 U12 Female Beach Relay - *Liliana, Kirra, Miyako + Mila*

→ Our top 10 competitors:

4th U12 Female Beach Flags - *Miyako*

7th U11 Female Surf Race - *Caroline*

7th U10 Female Surf Race - *Valerie*

8th U14 Male Board Race - *Henry*

8th U14 Male Beach Flags - *Henry*

10th U10 Male Surf Race - *Abel*

10th U14 Male Surf Race - *Henry*



Competition Corner *with Nadine Norman, Director of Competition*

BRANCH CHAMPIONSHIPS FOR OPENS AND MASTERS

The Masters and Boats Branch Championships will be held on the 10th and 11th of February respectively. Looking forward to sharing some results from these exciting events.

OUR MACS BOAT CREWS

You'll find a wrap up for the boats in the boat report, but wishing all of our crews heading to Lorne for the Australian Surf Rowers League (ASRL) best of luck and for all crews leading into the SLSNSW State Titles.

SLSNSW STATE TITLE ENTRIES

Entries are open for the SLSNSW State and SLSA Australian Championships if anyone across any age is interested in competing please let me know ASAP via email at competition@macmastersbeachslsc.com

MORE TO COME...

Here's a run-down of what's approaching as we head towards the end of the season:

FEBRUARY:

Sat 10 Feb - Masters Branch Champs @ Ocean Beach

Sun 11 Feb - Opens / Boats Branch Champs @ Ocean Bch

Fri 16 - Sun 18 Feb - ASRL Boat Carnival

Sat 17 Feb - Branch Championships: Lifesaver / Patrol @ Soldiers Beach

Sun 18 Feb - Branch Championships: First Aid @ Soldiers Beach

Sat 24 - Sun 25 Feb - Branch backup weekend if needed

MARCH:

Sat 2 Mar - CC/Hunter Surf Boat Series 5 @ Swansea

Sat 2 - Sun 3 Mar - SLSNSW State Champs: Lifesaving @ Northern Beaches

Thurs 7 - Sun 10 Mar - SLSNSW State Champs: U9-14 @ Northern Beaches

MARCH continued:

Sat 9 - Sun 10 Mar - SLSNSW State Champs: First Aid @ Northern Beaches

Wed 13 - Thurs 14 Mar - SLSNSW State Champs: Masters @ Northern Beaches

Fri 15 - Sun 17 Mar - SLSNSW State Champs: U15-Opens @ Northern Beaches

Sat 23 Mar - CC/Hunter Surf Boat Series 6 @ Terrigal

APRIL:

Sat 13 - Sun 21 Apr - SLSA 'Aussies' @ Sunshine Coast QLD

AUGUST/SEPTEMBER:

20 Aug - 8 Sep - 'Worlds' @ Gold Coast QLD



Macs Fundraising Manager

- coordinate a small team of volunteers
- devise and organise fundraising events
- liaise with members and local community
- liaise with sponsors and supporters
- promote events and share information/details
- no specialist qualifications or experience required



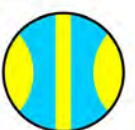
CONTACT: Alison at president@macmastersbeachslsc.com or 0402 314 542

Volunteer - make a difference @ Macs SLSC



5 Lands Walk Club Contact

- liaise with 5 Lands Walk organising committee
- promote Macs Beach SLSC as part of larger event
- liaise with members and local community
- promote event and share information/details
- monthly meetings in lead up to the event
- no specialist qualifications or experience required



CONTACT: Alison at president@macmastersbeachslsc.com or 0402 314 542

Volunteer - make a difference @ Macs SLSC

Competition Corner *with Brad Norman, Boat Manager*

CC/HUNTER BOATS CARNIVAL - SERIES 4 |

27 January 2024 @ Umina Beach

Following on from the State Team Selection round at North Steyne, our U19 *Mac's Minis* competed at Umina on Saturday 27th January for the Central Coast and Hunter Series, winning the U19 Womens and placing 3rd in the Reserve Women!

COLLAROY YOUNG GUNS CARNIVAL |

28 January 2024 @ Collaroy, Northern Beaches

The U19 *Mac's Minis* back up on Sunday 28th January down a Collaroy on the Northern Beaches, for the Collaroy Young Guns carnival which is a stand-alone event for U23s and U19 Age groups. Unfortunately the girls didn't make it through the rounds after a couple of tough results.

MORE TO COME...

Looking ahead in February, we have the Branch Titles at Ocean Beach on the 11th February. We have all crews the *Mac's Minis*, *Fat Dads* and *Open Mens* competing.

Following the branch, we have both the *U19 Mac's Minis* and the *Open Mens* travelling to Lorne, Victoria for the Australian Open, this should be live streamed and keep an eye out for the live stream links when available through our social pages!

SEAFOOD RAFFLES!

Over the summer many of you would have seen our rowers' selling tickets for the seafood tray raffles on Friday and Sunday nights at the club. This has been greatly supported by both club members and the public and we thank you for your kind generosity and support.

A huge thank you to Sue from **Seacoast Fishing at Kincumber** for supplying the raffle trays.

PHOTOS: Malcolm Trees and Richard Black



Duke of Edinburgh - Gold Camp with Andrew Duck



Five of our Macs Gold Duke of Edinburgh Award participants, Emily, Carys, Maya, Spencer and Max recently completed with Gold camp with a trip to the Snowy Mountains. Expertly led by Andrew Duck and Geoff Dominguez and accompanied by Lyn, Vicky and Lian. We are so fortunate to have such wonderful volunteers to allow our younger members to have these opportunities.

Following a delayed start due to weather and a 7 hour drive to Guthega, they walked the 9 km undulating path to camp by the Snowy River at Charlotte's Pass. The sun was shining and the air was crisp and cool.

After a very cold night, they woke up on Saturday morning to minus temperatures and frosty tents! A quick breaky and pack up and they hiked to Blue Lake Kosciusko and Mt Townsend throughout the day to set up camp. Being Australia Day, they listened to the Hottest 100 while climbing Kosciusko, the highest mountain in Australia. Very tired and a little sore, after an 18 km hike it was an early night for all.

How spectacular to wake up to the summit of Mt Townsend, the second highest mountain. From there it was on to Mt Twynam, the third highest peak! They then hiked to the Snowy River at Guthega, long hot day with over 18km hiking was finished off with a cool swim in the river.

Monday morning saw just a short hike of 3 kms to the cars back at Guthega!

In short:

Funniest thing: Ducky's reaction to explicit songs

Funniest quotes: "The worst thing about Ducky...", Ducky: "It's just around the bend - really." and everyone else: "I can't tell whether Ducky is lying!"

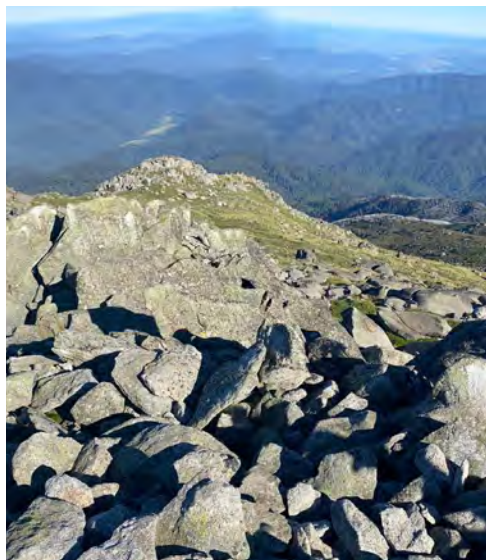
Best meal: anything that Carys had (Strive dehydrated meals) - especially the pesto pasta - and the cafe on the way home!

Lowlights: every single hill, the cold and the heat!

Wish I had brought: gloves

The best item packed: the sound box /speaker

The biggest equipment fail: Max's drink bottle and on the hottest day!



Events & Competitions:

FEBRUARY 2024:

- 9 Macs Bar Open 5pm @ Macs
- 10 Macs Patrols AM: Patrol 12 | PM: Patrol 10
- 10 SLSCC Branch Champs - Masters @ Copa
- 11 Macs Patrols AM: Patrol 7 | PM: Patrol 1
- 11 Nippers 9:30am @ Macs
- 11 SLSCC Branch Champs - U15-Opens @ Ocean Beach
- 11 SLSCC Branch Champs - Surf Boats @ Ocean Beach
- 11 Macs Bar Open 4pm @ Macs
- 16-18 ASRL Boat Carnival @ TBC
- 16 Macs Bar Open 5pm @ Macs
- 17 Macs Patrols AM: Patrol 6 | PM: Patrol 5
- 17 SLSCC Branch Champs - Lifesaver/Patrol @ Soldiers
- 18 Macs Patrols AM: Patrol 4 | PM: Patrol 3
- 18 Nippers 9:30am @ Macs
- 18 SLSCC Branch Champs - First Aid @ Soldiers Beach
- 18 Macs Bar Open 4pm @ Macs
- 23 Macs Bar Open 5pm @ Macs
- 24 Macs Patrols AM: Patrol 11 | PM: Patrol 2
- 24/25 SLSCC Branch Champs BACK UP @ TBA
- 25 Macs Patrols AM: Patrol 8 | PM: Patrol 7
- 25 Combined Nippers with Copa 9:00am @ Copa SLSC
- 25 Macs Bar Open 4pm @ Macs

MARCH 2024:

- 1 Macs Bar Open 5pm @ Macs
- 2 Macs Patrols AM: Patrol 10 | PM: Patrol 9
- 2 CC/Hunter Surf Boat Series 5 @ Swansea/Belmont
- 2-3 SLSNSW State Champs: Lifesaving @ Northern B

- 3 Macs Patrols AM: Patrol 2 | PM: Patrol 11
- 3 Nippers 9:30am @ Macs
- 3 Macs Bar Open 4pm @ Macs
- 7-10 SLSNSW State Champs: U9-14 @ Northern B
- 8 Macs Bar Open 5pm @ Macs
- 9 Macs Patrols AM: Patrol 12 | PM: Patrol 1
- 10 Macs Patrols AM: Patrol 4 | PM: Patrol 3
- 10 Nippers - final for the season 9:30am @ Macs
- 10 Macs Bar Open 4pm @ Macs
- 9-10 SLSNSW State Champs: First Aid @ Northern Bch
- 13-14 SLSNSW State Champs: Masters @Northern Bc
- 15 Macs Bar Open 5pm @ Macs
- 15-17 SLSNSW State Champs: U15-Opens @Nthn Bch
- 16 Macs Patrols AM: Patrol 8 | PM: Patrol 6
- 17 Macs Patrols AM: Patrol 7 | PM: Patrol 5
- 17 Macs Bar Open 4pm @ Macs
- 22 Macs Bar Open 5pm @ Macs
- 23 Macs Patrols AM: Patrol 9 | PM: Patrol 10
- 23 CC/Hunter Surf Boat Series 6 @ Terrigal
- 24 Macs Patrols AM: Patrol 11 | PM: Patrol 2
- 24 Nippers Presentation 2pm @ Macs
- 24 Macs Bar Open 4pm @ Macs
- 29 Macs Patrols AM: Patrol 4 | PM: Patrol 1
- 29 Good Friday - Public Holiday
- 29 Macs Bar CLOSED
- 30 Macs Patrols AM: Patrol 12 | PM: Patrol 3

COMPETITION LINKS:

- [2023/24 Macs SLSC Nipper Calendar](#)
- [2023/24 SLSCC Surf Sports Calendar](#)
- [2023/24 SLSNSW Surf Sports Calendar](#)

Connect with MacMasters Beach Surf Life Saving Club:

→ website

→ facebook

→ instagram

MacMasters Beach SLSC website navigation: Home, Our Club, Lifesaving, Education, Activities, Competition, Membership.

Support Your Club, donate online.

Make a donation today - Click Here!

Latest News:

- Point Break Dec 2023
- Point Break Nov 2023
- MacMasters Beach SLSC 2023-24 Nippers
- MacMasters Beach SLSC 2023-24 Nippers

MacMasters Beach SLSC

2K likes · 2.4K followers

Our boat crews raced at North Steyne over the weekend for the NSW Selections. We had 3 crews competing with 2 making the final!

A huge congratulations to the Pat Danks taking out 4th place in the Reserve Men and the US19 Women @macs arenas for taking out 5th!

Great effort from our open men in their first year together, some solid

MacMasters Beach SLSC

Community Organization

A Surf Club Established in 1945 on the Central Coast of NSW and operated by volunteers.

100 Marine Parade, Macmasters Beach

www.macmastersbeachslsc.com

1,029 Posts, 1,314 Followers, 302 Following

U8-U14 Carnival @ Terrigal

MACS BAR OPEN! MacMasters Beach SLSC Fridays from 5pm and Sundays from 4pm

Good luck to our competing Nippers

Sunday 14th Jan Nippers @ Macs Beach

Nippers is BACK!

Christmas Eve 4pm - 5pm, New Year Eve 4pm - 5pm, Australia Day 4pm - 5pm

MACS SPONSORS AND SUPPORTERS:

Support those who support us!

Click on our sponsor's logos for more information and to connect with them



Supporting Macs by keeping
our IRB motors
running smoothly

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