

Point Break

MacMasters Beach SLSC

December
2023



Click on images and links throughout Point Break for extra information, weblinks and more!



President's Report *with Alison McNeill*

We have had a busy few months kicking off the season so far, with our Nippers in action, competitions, Patrols, requals, new courses, bar nights ... Thank you to everyone to plays a part in our Club - for your dedication and hard work!

CELEBRATE CHRISTMAS - MACS STYLE!

You are all invited to our twilight Nippers this Sunday with our Christmas Carols and drinks for our volunteers.

We hope you can join us!

IMPROVED FIRST AID ROOM

The new and improved First Aid Room has been finished with the addition of the new door and panel. We would like to thank Service NSW for the funding as part of the Storm and Flood Disaster Recovery Small Business Grant.

ENTRANCE UPGRADE

The front entrance has also been given an upgrade as the final part of our Surf Club Facility Grant from the Office of Sport NSW. Our new epoxy floor was done by Brendan at Floorgard - they are great to deal with if you need any work done.

BEHIND THE SCENES

The Board of Directors have also been working tirelessly behind the scenes to identify other needs for the club, further planning on our Club Strategic Plan and keeping all the sections of the club functioning smoothly. If there are any new ideas or suggestions, please send me an email president@macmastersbeachslsc.com

SWIM BETWEEN THE FLAGS

Please help our patrol members over the summer by swimming between the red and yellow flags. If you would like to help to keep our beaches safe, come and see us to find out more.

*On behalf of the Board, I would like to wish you all a safe, fun-filled festive season.
Merry Christmas and have a very happy new year in 2024!*



SUNDAY 17TH DECEMBER 2023
Whats on

- 3pm - 4.30pm - Twilight Nippers
- 4.30pm - 5pm - Santa pops in!
- 5pm - Volunteer drinks
- 5pm - Nippers Sausage Sizzle
- 5.15pm - Jono's rip demonstration
- 6pm - Carols
- ALL WELCOME



Macs Christmas Celebrations - Sun 17 Dec

Prawn & Oyster Lunch - Sat 6 Jan - \$70

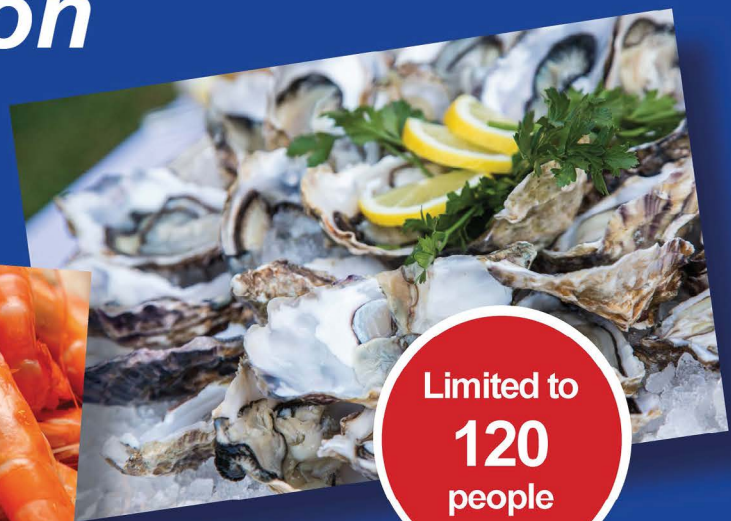
MacMasters Beach SLSC

Our famous...

Prawn & Oyster Function

6th January 2024 - 12pm

\$70 per person



Limited to
120
people

Menu: Prawn & Oyster /Chicken and Salad

Bookings essential, book now via our website...

www.macmastersbeachslsc.com

**International 'prawn peeling' competition*

**Major Raffle Draw*

→ → Cempedak Resort Holiday ← ←

belle

PROPERTY

MACS BAR OPEN!

MacMasters Beach SLSC

*Fridays from 5pm
and Sundays from 4pm*



*Christmas Eve 4pm - 8pm
*New Years Eve 4pm - 8pm
*Australia Day 4pm - 8pm

MACS BEACH CAFE

Summer HOURS

MON 8am-4pm

TUES 8am-4pm

WED 8am-4pm

THURS 8am-4pm

FRI 8am-8pm

SAT 8am-4pm

SUN 8am-8pm

*Christmas Eve 8am-2pm

*Christmas Day CLOSED

*Boxing Day 8am-4pm

*New Years Eve 8am-2pm

*New Years Day 8am-4pm

*Australia Day 8am-8pm



Across the Bar with Diana Brown

SUMMER AT MACS

Make sure you are following us and the cafe on socials:

→ FACEBOOK:

[@macmasters_beach_slsc](#) | [@macsbeachcafe](#)

→ INSTAGRAM:

[@macmasters_beach_slsc](#) | [@macsbeachcafe](#)

VOLUNTEERING IN THE BAR

Do you know a young person (over 18) that would like some bar experience? We are always keen to show the ropes to someone needing bar experience for work prospects. *Get in touch with Di!*



Competition Corner *with Nadine Norman, Director of Competition*

It's been a busy month for the competition arena with almost all sections of the club competing!

JUNIOR NIPPER TEAMS CARNIVAL | 26th November 2023 @ Avoca SLSC

In our second carnival, we had the Teams Carnival held at Avoca. For the U8-U14 we didn't hold Nippers at Macs, to help promote kids getting involved and working as a team, and to give them a chance to see what a carnival is all about. *We had the biggest team of competitors we have had in years!*

Huge thank you to the Nippers, parents, carers and Age Managers for all getting involved with this event.

The teams carnival includes only team events as the name suggests, on both water and sand, and the conditions on the day were great - both on the beach and in the surf.

For the first time in a few years we were able to field a March Past team. Our group looked incredible and we are so proud of them for carrying the Macs flag. Thanks to Belinda for the persistence and coaching here!

Our U8 crew, many of them first time, were AMAZING! Loads of fun working together and great crew of parents getting involved.

Our U9 -U14 competitors worked together to form All Age Relay teams in both the board and sprint, and gave it their all for each event they took part in. The day had a few changes with the order as events moved here and there, but very proud of Macs fielding the teams we did, everyone putting in 110% effort and working together or with other clubs.

I also want to acknowledge Frank and Amanda both giving up their Sunday to officiate and to all the parents and families who got involved and helped us with Water Safety or as Parent Helpers. This makes a huge difference and lets us compete - thank you all!

RESULTS:

March Past Team 🥉 Bronze Medal

U12 Rescue 'n' Resuscitation 🥈 Silver Medal - Miyako and Kirra

U14 Male Board Relay 🥉 Bronze Medal - Henry with Copa Nippers

U12 Mixed Beach Relay 🥉 Bronze Medal - Mason, Adam, Lilliana, Miyako

U8 Female Beach Relay 🥈 Silver



Competition Corner continued *with Nadine Norman, Director of Competition*

NEWCASTLE PERMANENT IRONPERSON SERIES | 11-12th November 2023 @ The Lakes SLSC

Henry was the only competitor to represent Macs at the Newcastle Permanent Ironperson series.

Hotly contested with competitors from throughout the region, and big schedule with four variations of the ironperson event being completed in the two days - from the traditional version of the event, to the new dash for cash.

Huge effort by Henry and thanks for representing Macs.



MASTERS CARNIVAL | 18th Nov 2023 @ Copa SLSC

Our golden oldies, or at least those 30+, jumped back into carnivals on 18th November. The carnival was held at Copacabana SLSC and we had six competitors representing Team Macs!

A few new faces joined the ranks with Jen and Daniel alongside, Lyn, Jan, Sarah and Todd. They might have been a small group but they delivered some solid results for the day!

We can't forget the ultimate cheer squad with Val, Wendy and Warwick on the sidelines to pump up the team. Again, to our MVP Amanda, who officiated on behalf of the club - huge thank you!

The next masters carnival will be at Branch in early February, so plenty of time to get training and a few more involved for the day!



STATE TITLE ENTRIES

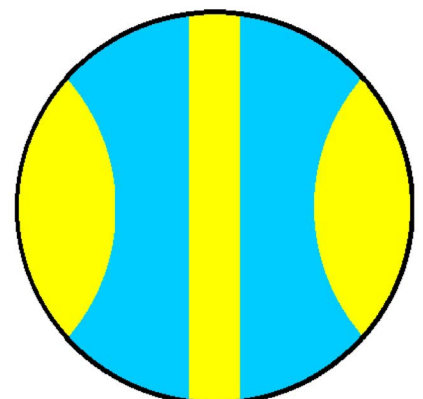
Entries for the NSW SLSC Championships are open for all age groups from Nippers through to Masters.

Please let Nadine (competition@macmastersbeachslsc.com) know if you would like to sign up so that we can get uniforms sorted.

UPCOMING EVENTS

There are still a number of events on the competition calendar:

- Stevens Boat Series Round 5 - January 6th
- Wamberal Junior Ironperson - January 7th
- Traditional Nipper carnival (location TBC) - January 14th
- Macs SLSC Nippers Championships - January 21st
- CC/Hunter Boats (Umina) - January 27th
- CC Branch Championships U8-U14s (Umina) February 4th
- CC Branch Championships Masters (Umina) February 10th
- CC Branch Championships U15s-Opens + Boats (Umina) February 11th



#TeamMacs

Competition Corner *with Brad Norman, Boat Manager*

Our Boat section has had a busy start to the 2023-2024 Season, with 3 crews on the water and racing so far.



Image: Richard Black



Image: Richard Black

CC/HUNTER BOATS CARNIVAL - SERIES 1 | 4th November 2023 @ Ocean Beach

We started the season opener at Ocean Beach on the 4th November, with the Reserve Mens crew, the *Fat Dads*, our U19 Womens, the *Macs Minis* and our new Open Mens crew starting.

Our *Macs Minis*, U19 Womens won the U19 Division and went on to finish 4th in the Reserve Women after rowing two divisions on the day.

Our *Fat Dads*, Reserve Men won the day to get another season off to a strong start for the old fellas.

Our Open Mens, in their first carnival rowed well and put the effort in to finish 2nd overall!

ANNUAL NEWPORT BOAT CARNIVAL | 11th November 2023 @ Newport SLSC

Our second carnival for the season saw both the *Fat Dads* and the Open Mens compete at Newport in Sydney. The *Fat Dads* continuing there strong start to the year, winning the Reserve Mens final. Our Open Men put in a strong performance to finish 5th overall for the day, a 3rd place in the heats behind some very fast Sydney crews - a great result for our young Open Mens crew.

CC/HUNTER BOATS CARNIVAL - SERIES 2 | 18th November 2023 @ Caves Beach

Caves Beach, for the second round of the local series, saw a nice wave on with plenty of action and highlights for the day. Both the *Fat Dads* and the Open Men performed, handling the surf well. The Open Mens finished second overall and the *Fat Dads* continued there strong start winning all 4 races in tricky conditions.

MORE TO COME...

Looking ahead to Christmas, we have both the *Fat Dads* and Open Men travelling to Woolgoolga in early December for the Joint Round with the Local Series and North Coast Crews.

On the weekend of 8th-10th December we have all three crews competing at the Australian Short Course Championships at Swansea Belmont. Last season this event saw the U19 Minis and the *Fat Dads* win Australian Titles, this year both crews aiming to go for back to back titles.

Our Open Mens crew will be starting in both the Short Course Championships and the Australian Team trials on the same weekend gaining some much needed experience for these young men.

→ Connect with us: [facebook.com/macmastersbeachsurfclub](https://www.facebook.com/macmastersbeachsurfclub) and [instagram.com/macmasters_beach_slsc/](https://www.instagram.com/macmasters_beach_slsc/) to see all the action, photos and find out result as they happen.

Goodluck to all crews and club competitors heading into Christmas and the New Year!



Image: Richard Black



Image: Richard Black

In the Macs IRB with: Robert Williams

Each month we catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick. This month we chat to our new Director of Finance, Robert Williams.

How long have you been a member at Macs SLSC?

RW: I have been a member for just a year although I live in Macs and been coming to the club for over a decade.

What first attracted you to Macs Beach SLSC?

RW: I have lots of friends that are involved with the club and have a house nearby so its a natural place to hang out.

What volunteer role/s have you been involved in at Macs?

RW: This is my first volunteer role at Macs! I am also the volunteer Chairman of the children's charity linked to the Dymocks retail group.

Strangest place you have swum?

RW: Not sure about the strangest place, but loveliest place would have to be the Greek Islands.

Favourite footy team?

RW: The red and whites - Sydney Swans and St George.

Preferred beverage from the Macs Beach Bar?

RW: Red wine - looking forward to the 'summer selection' of quality wines down at the Macs bar this Summer.

Favourite menu item on the Macs Beach Cafe menu?

RW: The reuben sandwich

What do you enjoy most about Macs?

RW: Its just a lovely location with lots of great people - fun place to be.



Now you know a little bit more about Robert - have a chat next time you see him around!

Duke of Edinburgh Recognition

On 22nd November in the grounds of Government House, long term Macs member and our Duke of Edinburgh Program Coordinator, Geoff Dominguez was recognised for his commitment and service to the Duke of Edinburgh program.

Officiated by his Royal Highness The Duke of Edinburgh, Prince Edward as the Patron of The Duke of Edinburgh's International Award. Geoff received recognition for 10 years of volunteering and service after organising and leading countless Bronze, Silver and Gold expeditions over his many years.

His Royal Highness then stopped to chat to Geoff and Julie Dominguez and our SLSC President, Alison McNeill about the volunteering landscape in Australia, surf life saving and the involvement of our younger members in the Duke of Edinburgh program. What a wonderful opportunity and experience for all involved!



Events & Competitions:

DECEMBER 2023:

- 15 Macs Bar Open 5pm @ Macs
 - 16 Extended Patrol Hours starts 9am - 6pm @ Macs
 - 16 Macs Patrols AM: Patrol 8 | PM: Patrol 10
 - 17 Macs Patrols AM: Patrol 6 | PM: Patrol 9
 - 17 Twilight Nippers - last session 3pm @ Macs
 - 17 Macs Christmas Celebrations @ Macs
 - 23 Macs Patrols AM: Patrol 12 | PM: Patrol 11
 - 24 Macs Patrols AM: Patrol 7 | PM: Patrol 2
 - 24 Macs Bar Open 4pm-8pm @ Macs
 - 25 Christmas Day - Merry Christmas!
 - 25 Macs Patrols AM: Volunteers | PM: Volunteers
 - 26 Boxing Day
 - 26 Macs Patrols AM: Patrol 3 | PM: Patrol 1
 - 30 Macs Patrols AM: Patrol 8 | PM: Patrol 6
 - 31 New Years Eve!
 - 31 Macs Patrols AM: Patrol 5 | PM: Patrol 4
 - 31 Macs Bar Open 4pm-8pm @ Macs
- ## JANUARY 2024:
- 1 New Years Day
 - 1 Macs Patrols AM: Patrol 10 | PM: Patrol 9
 - 5 Macs Bar Open 5pm @ Macs

- 6 Macs Patrols AM: Patrol 12 | PM: Patrol 6
 - 6 Prawn & Oyster Lunch \$70pp @ Macs
 - 7 Macs Patrols AM: Patrol 1 | PM: Patrol 1
 - 7 Junior Iron Person - Race 1 @ Wamberal
 - 7 Macs Bar Open 4pm @ Macs
 - 13 Macs Patrols AM: Patrol 3 | PM: Patrol 4
 - 14 Macs Patrols AM: Patrol 5 | PM: Patrol 6
 - 14 Nippers returns 9:30am @ Macs
 - 14 Jan: SLSCC Nipper Carnival U8-U14 @TBC
 - 20 Macs Patrols AM: Patrol 8 | PM: Patrol 7
 - 21 Macs Patrols AM: Patrol 10 | PM: Patrol 9
 - 21 Macs Nippers Club Champs 9:30am @ Macs
 - 26 Australia Day
 - 26 Macs Patrols AM: Patrol 2 | PM: Patrol 11
 - 26 Macs Bar Open 4pm-8pm @ Macs
 - 27 Normal Patrol Hours resume 9am - 5pm @ Macs
 - 27 Macs Patrols AM: Patrol 1 | PM: Patrol 12
 - 28 Macs Patrols AM: Patrol 3 | PM: Patrol 4
 - 28 Nippers with Copa SLSC 9:30am @ Macs
- ### COMPETITION LINKS:
- [2023/24 Macs SLSC Nipper Calendar](#)
 - [2023/24 SLSCC Surf Sports Calendar](#)
 - [2023/24 SLSNSW Surf Sports Calendar](#)



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MacMasters Beach SLSC

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