

# Point Break

MacMasters Beach SLSC

September  
2023



Click on images and links throughout Point Break for extra information, weblinks and more!



## President's Report with Alison McNeill

### WELCOME TO THE 2023/2024 SEASON!

The season is about to start and has come around so quickly! We are excited to welcome you all back to the club or to welcome our new members and visitors!

There has been a lot of preparation going on during the winter to enable the start of the season to start smoothly - enjoy!

### NEW DIRECTORS TO THE BOARD

Thank you to our new Directors who have started in their positions following the successful Annual General Meeting held on the 13th August. We farewelled four directors and thanked them for their commitment, service and dedication during their term on the Board of Directors.

### THANK YOU TO OUR SPONSORS

We also could not function without the support of our major sponsor Belle Property, who has signed up again with us for another 3 years. Thank you to our major donor for our boats, Greenstone Partners, we also appreciate all you provide for the boat section of our club.

### ANNUAL REPORT 2022/23

Our Annual Report has been published and is available on the bar and will be added to our website so you can access digitally.

### JOIN THE TEAM

There are many new managerial positions we need to fill this season, so keep an eye on our social media channels as we advertise for volunteers - *many hands make light work.*

### CLUBHOUSE UPGRADES

The clubhouse improvements in the 'off-season' include new epoxy flooring to the clubhouse bar and kitchen areas, and cabinets and shelving in many areas also. We also installed a new larger water tank to fill the gap near the stairwell and to collect more rainwater from our roof to wash all our patrol gear during the season. The hose in the patrol shed uses this water. This is all funded through the Surf Club Facility Program 2022/2023 Grant from the Office of Sport.

There will also be a few new security cameras installed under the Local Sport Grant Program from the Office of Sport to ensure the safety of our club and its members.



**Renew your Macs registration online now!**

**Click here to go to the SLS Members Portal**

## President's Report continued

### FIRST AID ROOM REFURBISHMENT

We have also completely gutted the old flood-damaged First Aid Room and rebuilt using the design from Angus Crowe of True North Architects, with input from our First Aid Manager Rod, WHS Manager Lyn, Club Captain Pete and our Jono.

The tradesmen who were involved were fantastic to work with and ensured that the project will be finished in time for the season opening. Thank you to everyone involved and especially to our own Pete McNeill, Greg Louie and Kel Davey for gutting the room on a Sunday!!

Thanks to Freewater Plumbing, O'Hara Electrical, Floorgard, Ocean Beach Kitchens, Archer Paint & Design.

### GOTCHA4LIFE 24HR ROW

We kick off with our Gotcha4Life 24hr Row on the 9th and 10th September. I'm rowing early on Sunday morning – will you put your name down and join in?

*Let's have a safe, fun-filled season for 2023/2024, Alison McNeill*



### Across the Bar with Diana Brown

Footy season is nearly finished and we are looking forward to daylight savings and our Macs patrol starting back. Before you know it we'll be welcoming summer!

⚽ **MATILDAS!** We had a fun night cheering the Matilda's on the big screen, thanks to everyone who came along and to our fabulous BBQ boys.

**VOLUNTEERING AT THE BAR** Volunteering for the club is fun and there are many opportunities. Please get in touch with either Michael or myself if you would like to know more about being on the bar. Email: [barmanager@macmastersbeachslsc.com](mailto:barmanager@macmastersbeachslsc.com)

It's a fantastic way to meet people, enjoy a night at the club and support our amazing life savers.

*Catch you at the bar!*

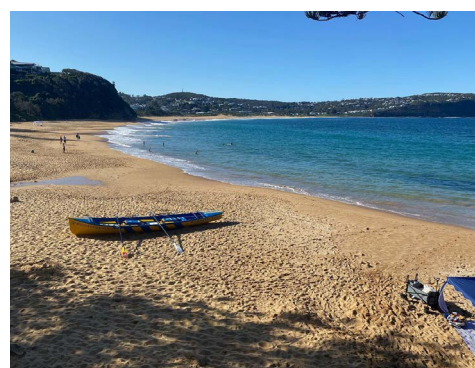
**MACS BAR OPEN!**  
MacMasters Beach SLSC  
*Fridays from 5pm  
and Sundays from 4pm*



# Member Matters *with Elaine Hodgkinson, Director of Member Services*

## MACS OPEN DAY!

A big thank you to everyone who turned up for our Open Day on Sunday 27th August. It was great to see so many of you registering for the upcoming season. Thanks in particular to those clubbies and board members who helped set up, were there to greet people and showed off the club.



## LEND A HAND AND GET INVOLVED

As we enter the new season I would ask members to consider helping out by putting their hand up for one of the many committees or roles needed to run the club:

→ **BBQ manager and/or team** - this is for Sunday Nippers.

If your kids are in the older age groups and don't need you beside them all the time please consider this role. It's a great one to run with a friend. You will get plenty of support. Everyone loves it and it would be a shame to have to limit its availability during the season.

→ **Nippers Water Safety, Officials and Coaches** - this is the best way to see the all the action! These roles have been performed by the same members of the club for several years now, most no longer have kids at the club. **We need you to step up and take on these roles.**

The club has an obligation to provide people to cover these positions so if your child loves going to carnivals please:

👉 chat to Nadine, our Director of Competition

about officials course or email her at:

[competition@macmastersbeachslsc.com](mailto:competition@macmastersbeachslsc.com)

👉 chat to Matt, our new Nipper Coordinator (JAC)

about water safety or email him via:

[memberservices@macmastersbeachslsc.com](mailto:memberservices@macmastersbeachslsc.com)

→ **Social Committee** - we would also love to have a social committee again to run a few events throughout the year. These are great get together especially during the winter season. In previous years we've held fundraisers such as trivia nights and drag queen bingo. If you have some ideas or just love socials please let us know at

[memberservices@macmastersbeachslsc.com](mailto:memberservices@macmastersbeachslsc.com)

*Looking forward to seeing everyone back at club for the upcoming season!*

MacMasters Beach SLSC | Point Break Newsletter | September 2023 | [www.macmastersbeachslsc.com.au](http://www.macmastersbeachslsc.com.au)



## VOLUNTEERS NEEDED!

### NIPPERS BBQ MANAGER



We urgently need a BBQ manager/s to run the nippers BBQ on Sunday mornings.

It's the perfect role to do with a friend or partner, keeps you out of the sun and off the sand. This is the main fundraising for nippers.

Your role will be to bring the food to the club on Sunday morning, oversee the setting up of the bbq area and be ready to feed the hungry masses with help from rostered parents.

Email Elaine at [memberservices@macmastersbeachslsc.com](mailto:memberservices@macmastersbeachslsc.com) or speak to your age manager for more information

# Competition Corner *with Craig White, Deputy President*

## GOTCHA4LIFE 24 HOUR ROW - COME AND ROW FOR MENTAL HEALTH!

We have signed up MacMasters Beach SLSC to be involved with the [Gotcha4Life 24 Hour Row](#) for the second year! The big rowing event is kicks off at 12pm Saturday 9th September and we row right through until 12pm Sunday 10th September - 24 hours of action!

So far we have had a huge response from our club members and the community volunteering to keep the rowing going over the 24 hours but with a few time slots available it is not too late to join in the action. We have a wonderful mix of rowers, directors, club members of all ages, and the community jumping in to support this fundraising campaign.

If rowing isn't for you, don't worry you can still support the rowers by popping in and sharing your encouragement and donating to this worthy cause online.

Last year we had an incredible response from our club and community with each hour covered by over 60 individuals. Macs SLSC community raised over \$14,000 in funds for the Gotcha4Life Foundation, which was above any expectations - *what an incredible achievement!*

For anyone keen to be involved in this year's 24 Hour Row on 9-10 September 2023, please contact Nadine via email at [competition@macmastersbeachslsc.com](mailto:competition@macmastersbeachslsc.com)



# JOIN OUR TEAM TO ROW THE DISTANCE FOR MENTAL FITNESS

12PM AEST 9TH TIL  
12PM AEST 10TH  
SEPTEMBER 2023

# Education and Training *with Andrew White, Director of Education*

## PATROLS START 23 SEPTEMBER 2023

The 2023/24 Patrol season commences on Saturday 23 September, just a few weeks away. Please renew your registration and enrol in e-learning via the SLSA Member Portal → →

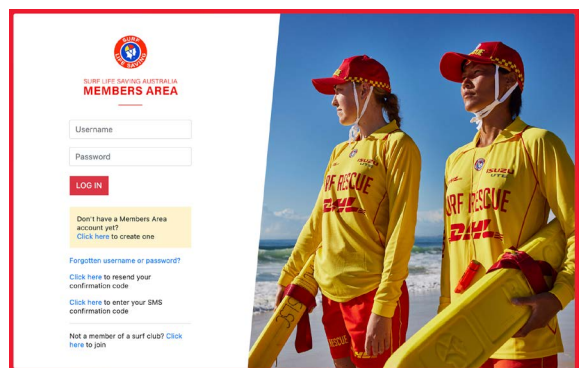
If you have any questions please give Andrew a call on 0412 561 028

## REQUALIFICATIONS AND TRAINING

The 2023/34 Training calendar is out now - [click here](#) or on the image below to access online ↓

Requals for **Bronze Medallion** will be advertised once the Patrol roster has been finalised - look out for emails and posts on our social media.

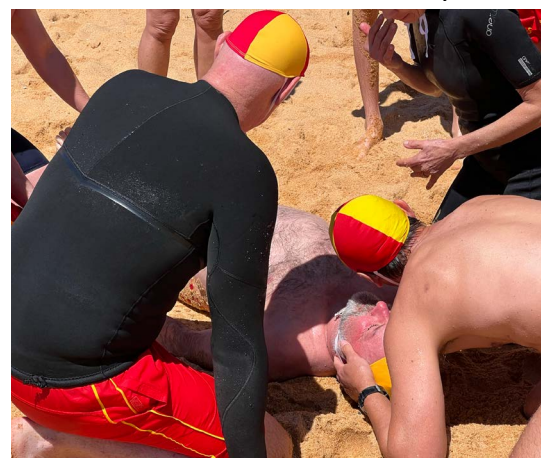
Our **Silver Medallion Patrol Captains** course will run on 21 and 22 October - more details to come.



**First Aid Courses** to be run by Graham Johnson - cost and dates TBA shortly.

MacMasters Beach SLSC Training calendar 2023

Course	Day	Date	Time	Notes
Radio Operations	Saturday	17-Sep	1pm-3pm	Free for members wanting to join a patrol
BRONZE MEDALLION	Saturday	7 Oct	12noon	Course information & enrolments
SURF RESCUE CERTIFICATE	Saturday	7 Oct	12noon	Course information & enrolments
IRB CREW & DRIVER	Sunday	24 Sept	9am-11am	Course information & enrolments Cost- \$70. Call Jono 0411 184 642
Provide First Aid HLTAID011	Saturday	16-Sep	9am-3pm	
Provide Advanced Resuscitation & Oxygen Therapy	Tuesday	12 Sept	7pm	Pre- requisite is Provide First Aid HLTAID011
Provide Advanced Resuscitation & Oxygen Therapy	Thursday	14 Sep	7pm	Pre- requisite is Provide First Aid HLTAID011
Provide Advanced Resuscitation & Oxygen Therapy	Saturday	16th Sept	9am-3pm	Pre- requisite is Provide First Aid HLTAID011
BRONZE MEDALLION	Sunday	16-Oct	11am	Course information & enrolments



# Prawn & Oyster Winner

## OH CEMPEDAK - THANK YOU MACS!

Paul J was the lucky winner of the major prize raffle at the MacMasters Beach Prawn & Oyster fundraiser earlier in the year. The Prize: a luxury holiday at [Cempedak Island Resort](#) donated by Andrew and Julia Dixon. Paul's lovely wife Debbie and her sister have just returned and this is what they had to say:

*WOW! We have just returned from the most incredible holiday ever! Cempedak is certainly the most friendly and relaxing piece of paradise we have ever been and when we had to leave it was so sad.*

*Everything from our luxurious two storey bamboo villa, early morning swim in our private plunge pool, delicious 3 course meals, nightly Pina Colodas in the Dodo bar, our sensational massages in the spa, to our amazing cultural island trip was absolutely incredible and we can't thank you enough for giving us this opportunity.*

*Jimmy and his very many staff treated us like royalty and we were blown away with their hospitality and attention to detail. It was truly the most wonderful holiday we've ever experienced!*

Thank you to Andrew and Julia Dixon for your continued support of MacMasters Beach SLSC through the donation of our major prize raffle. Wonder who will be the winner next year?



# SLS NSW Awards of Excellence

## CONGRATULATIONS - EDUCATION TEAM

The NSW SLS 2023 Awards of Excellence held on Saturday 26 August was attended by nearly 500 people from the far north coast to the far south coast. Macs SLSC was represented by Rod and Chris Jordan and Lyn and Danny Drummond.

Our Macs Community Defib Project was one of the finalists in the Community Education award. The award was won by Tacking Point SLSC who ran a great program for kids with autism. By the end of week 8, all kids involved were confident enough to enter the surf.

Lyn Drummond was also a finalist in Trainer of the Year award. She was up against stiff competition and the award went to a young trainer from Bellambi SLSC - it is wonderful to see an increase in young people becoming trainers across the state.

Have a chat to one of our trainers if you think you might like to become involved in training our members.

The Central Coast SLS won the prestigious Branch of the Year award, thanks to the hard work and commitment of all of us on the Central Coast!



### Trainer of the Year

- Sharah Bowen, Cabarita Beach SLSC
- Glynis Treuer, Woolgoolga SLSC
- Dylan Sainsbury, Wauchope-Bonny Hills SLSC
- Darren Moses, Taree-Old Bar SLSC
- Willow Forsyth, Stockton SLSC
- Lyn Drummond, MacMasters Beach SLSC
- Chris Pienaar, Long Reef SLSC
- Anita Pryke, North Cronulla SLSC
- Jaclyn Percy, Bellambi SLSC
- Steven Reid, Shellharbour SLSC
- Jason Domeny, Broulee Surfers SLSC



2023 Awards of Excellence  
Education Finalists



### Community Education Program of the Year

- The Community Hub, Byron Bay SLSC
- Dippers, Tacking Point SLSC
- Healthy Change Challenge, Merewether SLSC
- Community Defib Project, MacMasters Beach SLSC
- Forest High Beach Program, Dee Why SLSC
- Swim Brothers Program, Wanda SLSC
- Broulee Surfers Sporting Schools, Broulee Surfers SLSC

# Events & Competitions:

## SEPTEMBER 2023:

- 1 Macs Bar Open 5pm @ Macs
- 3 Macs Maniacs 9am @ Macs
- 3 Macs Bar Open 4pm @ Macs
- 8 Macs Bar Open 5pm @ Macs
- 9-10 **Gotcha4Life 24hr Row** @ Macs
- 10 Macs Maniacs 9am @ Macs
- 10 Macs Bar Open 4pm @ Macs
- 12 **Training: Provide Advanced Resus** 7pm @ Macs
- 14 **Training: Provide Advanced Resus** 7pm @ Macs
- 15 Macs Bar Open 5pm @ Macs
- 16 **Training: Provide Advanced Resus** 9-3pm @ Macs
- 16 **Provide First Aid** \$70 9am [Enrol: Jono 0411 184 642]
- 17 Macs Maniacs 9am @ Macs
- 17 **Training: Radio Operation** FREE 1-3pm @ Macs
- 17 Macs Bar Open 4pm @ Macs
- 22 Macs Bar Open 5pm @ Macs
- 23 SLSC Raising of the Flags @ Terrigal
- 23 **2023/24 Patrol Season starts!**
- 24 **Training: IRB Crew and Driver** 9am @ Macs
- 24 Macs Bar Open 4pm @ Macs
- 29 Macs Bar Open 5pm @ Macs

## OCTOBER 2023:

- 1 Macs Bar Open 4pm @ Macs
- 6 Macs Bar Open 5pm @ Macs
- 7 **Training: Bronze Medallion** 12pm @ Macs
- 7 **Training: Surf Rescue Certificate** 12pm @ Macs
- 8 Macs Bar Open 4pm @ Macs
- 13 Macs Bar Open 5pm @ Macs
- 15 **Nippers commences** 9:30am @ Macs
- 15 Macs Bar Open 4pm @ Macs
- 16 **Training: Bronze Medallion** 11am @ Macs
- 16 **Training: Surf Rescue Certificate** 11am @ Macs
- 20 Macs Bar Open 5pm @ Macs
- 21-22 **Training: Silver Med - Patrol Capt** TBA @ Macs
- 22 **Nippers** 9:30am @ Macs
- 22 Macs Bar Open 4pm @ Macs
- 27 Macs Bar Open 5pm @ Macs
- 29 **Nippers** 9:30am @ Macs
- 29 Macs Bar Open 4pm @ Macs

## NOVEMBER 2023:

- 3 Macs Bar Open 5pm @ Macs
- 4 **Nippers** 9:30am @ Macs
- 4 Macs Bar Open 4pm @ Macs



MacMasters Beach  
SURF LIFE SAVING CLUB

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MacMasters Beach SLSC

@macmastersbeachsurfclub - Community organisation

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