

Point Break

MacMasters Beach SLSC

May/June
2023



Click on images and links throughout Point Break for extra information, weblinks and more!



President's Report with Alison McNeill

2022/23 PATROL SEASON

Well done one and all on a successful surf season! Our club had 12 Patrols keeping our beach safe, and for this we would really like to say thank you.

It is the core of our club, the reason for our existence, so consider volunteering with us next season.



ANZAC DAY

The ANZAC Day ceremony was held at 5pm for the 'going down of the sun' and it really is a special time to commemorate those who served. Thank you to Vince and Pat Roberts for organising this special afternoon for us to come together.

JUNIOR CLUB PRESENTATION - NIPPERS!

The Junior Presentation was a great success! Thanks to Elaine and Julia for a wonderful presentation and a fantastic season. Our Nippers enjoyed celebrating their season and each other at presentation. Check out all the details in this edition.

SENIOR CLUB PRESENTATION

The Senior Presentation is coming up on Saturday the 17th June, so come along and celebrate the season.

STRATEGIC PLANNING

We are also running a Strategic Planning Day on the same day to discuss and plan strategically for the future of the club, core business and activities moving forward. We will update you all moving forward.

BOARD ELECTION MEETING

The Election Meeting for available positions on the Board, will be Sunday 7th May at 3pm - please come along, get involved and vote.

'OFF SEASON'

During the winter months, we will be busy spending the money provided to us by the NSW Office of Sport in the Surf Club Facility Grant Program for internal upgrades for epoxy floors, hot water system, sewer pump system and cabinets and shelving. We also need to replace the water tank and pump to clean our life saving gear.

YOUR CLUB

[Send an email to us](#) if you have any ideas to make our club better, to volunteer for something or just to let our life saving volunteers know that they are wonderful!! We welcome input from all our members.



Board Election Meeting - 3pm Sun 7/5/23

Senior Club Presentation - 5pm Sat 17/6/23

MACMASTER BEACH SURF LIFE SAVING CLUB

NOTICE of ELECTION MEETING

Notice is given that the 'Election Meeting' of the Club will be held on:

Sunday May 7, 2023 at the Clubhouse commencing at 3.00 pm

Officers of the Club

Under the Constitution, directors are elected for a two-year term with half their number being elected each year. The meeting is to elect the;

- Deputy President,
- Director of Finance,
- Director Education
- Director of Administration
- Director of Member Services

whose term will commence at the expiration of the 2023 Annual General Meeting.

Nominations are called to fill these vacancies.

Nominations should be submitted writing, with a seconder, and forwarded to the Director of Administration by 5.00pm on Saturday April 29, 2023. Nominations may also be made from the floor of the meeting.

Honorary Officers of the Club

Nominations are also sought for the appointment of the following Honorary Officers of the club for a term of twelve months. Nominations, may be in writing in advance of, or be made at the meeting.

Current holders of those positions are as indicated and who are (with their consent) eligible to continue in that role.

Patron: Alan Brooks
Vice Patron: Don Hamilton and Lynne Forsythe.
Honorary Auditors: Fortunity
Honorary Legal Officer: David White

DATED: Sunday February 19, 2023

Patricia Roberts
Director of Administration
PO BOX 6040; Kincumber NSW 2251
100 Marine Parade; MacMasters Beach
(email): admin@macmastersbeachslsc.com
Mobile - 0420679890

Across the Bar with Diana Brown, Bar Manager

Always a lovely time of the year to enjoy the sunset down at the club. Very much locals time with a footy game or two on as well.

VOLUNTEERS

We do need some more bar volunteers, please get in contact if you're interested and can spare a Friday or Sunday night every 4 to 5 weeks.

We are also keen to offer training for the 18/19 year olds looking to get some work experience and confidence.

Everyone loves knowing how to pour a beer!



MACS BAR OPEN!

MacMasters Beach SLSC

*Fridays from 5pm
and Sundays from 4pm*



Mac's Member Services with Elaine Hodgkinson, Director of Member Services

I can't believe we are now at the end of another surf lifesaving season. It has certainly been a busy one and I would like to say well done to all who patrolled, volunteered, and kept the surf club going as they do every year.

JUNIOR NIPPERS PRESENTATION

We finished March with Junior Presentation, acknowledging all the effort put in by the kids, age managers, parents and many, many helpers for yet another successful season. I hope the kids enjoyed it and well done to all who received an award or a prize. My thanks to everyone who helped put it together including but not limited to Julia, Nadine, Amie, Suzie and Alison.

Our award recipients were recognised on our Facebook and Instagram feeds and you can find a full wrap up of achievements, recognition and awards on the following pages.

THANK YOU JULIA!

I want to personally thank Julia as she steps down as Junior Activity Coordinator after three incredible years during the strangest and most surreal time we may experience in our lives. Julia has coordinated our Junior activities with enthusiasm and hard work over the years and we are very grateful for her dedicated involvement.

2023/24 NIPPER SEASON

Before we start next season we do have several roles to be filled, including a legally required one - Child Safety Coordinator and the all important **Junior Activity Coordinator**. If you would be interested in being involved, on your own or with a friend/partner please contact me at memberservices@macmastersbeachslsc.com

Other roles we need to fill include:

| | | |
|---------------------------|-----------------------------|---------------------------------------|
| Child Safety Coordinator* | Age Managers and Assistants | Board Coach |
| Water Safety & Manager* | Carnival Team Manager | Carnival Entry Assistant (Data Entry) |
| Officials* | BBQ Coordinators | State Competition Committee |
| Patrol Members | IRB Drivers | Social/Fundraising Committee |
| Bar Volunteers | | |

*absolutely have to have these roles filled

As you can see a lot goes into running our great little club but a shared load through many volunteers is what keeps our club great! Please drop me an email at memberservices@macmastersbeachslsc.com for further information or if you have any questions about what skills you can bring.

AUSTRALIAN SLS CHAMPIONSHIPS

At the beginning of April, we have had our boaties represent Macs at the 'Aussies' in Perth, WA. The U19s Macs Minis crew raced well and did a wonderful job in the heats and semis making it through to the top 8! Awesome!

SENIOR CLUB PRESENTATION

As we finish this season, we are busy organising our Senior Presentation to acknowledge all the work everyone has done to make this 2022/23 season safe. Join us on Saturday June 17 for an evening of fun, drinks and congratulations.

We look forward to seeing members from all areas of the club including boaties, patrols, competition and rookies to be acknowledged for all their achievements.

MACS IN THE 'OFF SEASON'

With the Nippers moving on to their winter sports and the patrol season coming to an end for the approaching cooler months, the pace at the club slows down but never stops!

Our winter season continues with Macs Maniacs on Sunday mornings, the café and bar are still open, social events - watch our for *Christmas in July* and there are plenty of people out walking, swimming or running.

THANK YOU!

As I finish my first year unofficially as Director of Member Services I would like to thank the members of the board for welcoming me in and helping. I know I will get my head around all that the role entails but please do not hesitate to contact me if you have any queries.



SAT
24
JUNE

**THE
WALK**

art in the open

includes 30 local & interstate artists (painters, printmakers, photographers, sculptors, ceramicists etc) who create works throughout the 5 Lands, all day, whatever the conditions.



- ART EXHIBITIONS
- CULTURAL PERFORMANCES
- LIVE ENTERTAINMENT
- SPIRITUAL CEREMONIES
- CHILDRENS ACTIVITIES

AVOCA BEACH is a visual arts hub with Ephemera sculptures on the beach and the Connections exhibition in the surf club with exquisite classical music.

Celebrate the music and stories of Middle Europe at the Bulbararong Stage, and take in traditional puppet shows and the Community Fair.



MACMASTERS BEACH celebrates our youth with live performances and the schools' art and photographic exhibitions in the surf club. The Welcome to Country and reading of the Message Stick herald The Beginning, when a Bagpiper and Didgeridoo player lead us along the beach through cleansing ceremonial smoke.

COPACABANA is a Celebration of Life! Come up to the surf club for the Copa Art Exhibition, and soak up the atmosphere as you take in the brilliant local musical talent and take a tour through the village.



NORTH AVOCA Live it up with Australia's First Nations peoples at North Avoca. Dance, sing, relax and enjoy our cultural activities and art. Make a wish upon the Wishing Wall and may your dreams come true.

TERRIGAL Exceptional local songwriters and performing artists take to the Terrigal Live Stage to celebrate the music lines and strings that connect us all.



Busways is proud to provide FREE transport for the walk helping to create a more inclusive and harmonious community on the Central Coast. Busways is an Australian family-owned company, transporting people around the Central Coast since 1990.

PROUDLY SUPPORTED BY

To view the 5 Lands Walk transport options visit: www.5landswalk.com.au/transport-and-parking/



Competition Corner *with Nadine Norman, Director of Competition*

AUSTRALIAN SURF LIFE SAVING CHAMPIONSHIPS | 25 March - 2 April 2022 @ Perth WA

Our U19s Macs Minis boat crew and thier sweep Mick Norman made the trip to Perth for Aussies, the National Surf Life Saving Chapionships. A huge thanks to our friends at Ocean Beach SLSC for loaning us their boat to use in WA and to Avoca Beach SLSC for transporting our oars across the country.

With fantastic skill and rowing in the heats and semis the girls and Mick made the **top 8 for the final**.

An awesome effort for this new team and their sweep - *what an achievement!*



belle

PROPERTY

ANZAC Day with Vince Roberts, Life Member

Our Sunset ANZAC Service was another great success with perfect weather and a great attendance.

Special thanks to the following for being part of the service;

- **Graham McGuiness** for delivering the ANZAC Address
- **Brisbane Water Brass Band** who were again an integral part of our service with special mention to Kindi Smith for the playing of the Last Post and Reveille - hair raising
- **Vivienne McLaren** for her wonderful singing
- **Jade Crowther** for acknowledging Country in language
- **Alison McNeill** reading of the prayer
- **Rod Watson** for delivering the Ode
- **Michael Bambridge** and **Taylor Crowther** raising of the flags

Thank you to club members who assisted with setting up and packing away chairs and equipment with special mention to Pete McNeill, Greg Louie, Noel Walkinshaw and their gang of workers for installing our additional flag pole and modifying the tables and benches so they can be removed for special events, fantastic job! Also to Tim Morris, Spencer Morris, Bruce Kerry and Warren Eames, to Suzie Morris for taking photos and to Di Brown for her assistance with the audio equipment and bar organisation.

New additions to the service included singing of the New Zealand national anthem, our second flag pole, removal of two permanent tables and benches allowing greater space for seating and the poppy garden.

Last but not least to my biggest helper Pat who does so much behind the scenes to make our ANZAC Service so special - from compiling and printing the program, helping with setting-up, poppy displays, sourcing rosemary sprigs, inviting dignitaries and so much more.

Wreaths were laid by;

- Dr Gordon Reid, MP Robertson
- Adam Crouch, State Member Terrigal
- Sinead McGrath and Henry Skinner, MacMasters Beach SLSC
- Jill Danks, Macs Friends Helping Neighbours
- Barbara Wills, MacMasters Beach Progress Association
- Craig Roberts, Captain - MacMasters Beach Rural Fire Brigade
- Daryl Le Strange and Pat Parish, MacMasters Beach Garden Club
- Stephen and Vivienne McLaren
- Zeke Gregory + Carys Powell, School Captains - Kincumber Public School
- Tilly + Maddox Cohen, Riley + Charlotte Coleman, Macs Own Boardriders

Thank you to all who attended this special commemoration.

'Lest We Forget'



Photo: Johnny Reid

ANZAC Day continued



Education and Training with Lyn Drummond, Director of Education

THANK YOU!

Thanks to all our trainers, endorsed delegates and patrolling members for a great season. Your hard work, dedication, training and education has been great. Many beachgoers have expressed their thanks too! While you rest up from a busy season our Education team will be busy making plans for next season.

TRAINING OPPORTUNITIES

Silver Medallion Beach Management (Patrol captain) - the next course is 6 and 7 May 2023

The aim of this course is to provide participants with the skills, knowledge and experience required to manage a beach and a team in emergency and non-emergency situations. The course is aimed at people wishing to be Patrol Captains, Lifeguards and Lifeguard Supervisors.

To do the course you need:

- be at least 17 years of age
- hold the Bronze Medallion award
- be proficient in ONE of the following:
 - First Aid
 - Advanced Resuscitation Techniques
 - Radio Operator
 - Spinal Management

More information: <https://sls.com.au/role/silver-medallion-basic-beach-management/>



Thank you to our Life Savers! with Pete Roden, Director of Life Saving

Our red and yellow flags came down for the last time this season on ANZAC Day, marking the end of the volunteer patrol season at MacMasters Beach

A huge thank you to all our volunteer patrol members, cadets and rookies for keeping our beach safe for locals, visitors and the broader community. Your dedication to training and skill development is outstanding and we are extremely grateful that you are part of #TeamMacs

We are part of Surf Life Saving Central Coast, one of the 15 surf clubs across the Central Coast. Our Macs volunteers are part of the network of 2,359 members who patrolled Central Coast beaches in the red and yellow this season! Across the 29 week life saving season, we contributed to the 86,347 volunteer patrol hours accrued - *what a massive collective effort!*

Catch you at our Senior Presentation on Saturday 17th June at the Clubhouse.



Time to give back to your Club | How will you be involved?

Mac's Junior Nippers Presentation - Major Awards

On 26th March we celebrated the 2022/23 Nipper season with our annual presentation. Congratulations to all award nominees and recipients and to all our Nippers members for a great season of training, learning new skills, teamwork, hard work and loads of fun!



BEACH SPORTS ENCOURAGEMENT AWARD:

Awarded to a Nipper who consistently displays excellent effort and has demonstrated improvement in beach sports.

Radha



WATER SPORT ENCOURAGEMENT AWARD:

Awarded to a Nipper who consistently displays excellent effort and has demonstrated improvement in competitive water sports.

Abel



ALLEN DICKINSON FUND AWARD:

This prestigious honour is awarded to a Nipper who shows dedication and commitment to training and competing, and achieves to a high standard.

Henry



MARK SHERRING FUTURE ACHIEVER AWARD:

An encouragement award for an individual who has shown effort and improvement throughout the season and is likely to achieve even more in the future!

Maison



MOST IMPROVED AWARD:

Awarded to a Nipper who has demonstrated improvement in beach and/or surf skills throughout the season but more importantly life saving skills.

Mila



CONSISTENT EFFORT AWARD:

Awarded to a Nipper who consistently gives 100% effort at Sunday morning activities.

Hugo

→ A HUGE THANK YOU TO OUR MAJOR NIPPERS SUPPLIERS:

Saratoga Quality Meats | Avoca Surf Shop | Sports Coast Trophies



Mac's Junior Nippers Presentation continued



JUNIOR SPORTS PERSON OF THE YEAR AWARD:

Awarded to a Nipper who achieves across all disciplines of the sports involved in Surf Life Saving and whose attitude demonstrates the best qualities of good sportsmanship.

Archer



CARNIVAL COMPETITOR AWARD:

Awarded to a Nipper with the most carnival performance achievements for the season.

Amber

BEACH SPORTS ACHIEVEMENT AWARD:

A competitor who has displayed excellent effort consistently throughout the season and has demonstrated improvement in beach sports.

Olivia H



BOARD COACH AWARD:

Awarded to a Nipper who has demonstrated consistent improvement in board skills throughout the season.

Amber



TEAM OF THE YEAR AWARD:

Awarded to the Nipper team that achieves something special during the season.

***U8 Girls Relay Team:
Vivienne, Olivia, Radha
+ Maeve***



R&R AWARD:

Awarded to the Rescue and Resuscitation team that achieves something special during the season.

***Sinead and Henry
- Bronze at State
Age Champs!***



SPECIAL ACHIEVEMENT AWARD:

Awarded to the Nippers who have achieved something special connected to Surf Life Saving during the season.

***Sophie, Summer +
Poppy - Rookies!***

WATER SPORTS ACHIEVEMENT AWARD:

A competitor who has displayed excellent effort consistently throughout the season and has demonstrated improvement in water sports.

Meredith

Mac's Junior Nippers Presentation continued



← CLUB BOY AWARD:

One of the top awards for Junior Nippers, our Club Boy Award recognises the outstanding qualities of leadership, attitude, commitment and citizenship.

This individual has assisted different age groups and demonstrated exceptional role model qualities for younger children within the Club.

Congratulations Henry

↑ CLUB GIRL AWARD:

One of the top awards for Junior Nippers, our Club Girl Award recognise the outstanding qualities of leadership, attitude, commitment and citizenship. This individuals has assisted different age groups and demonstrated exceptional role model qualities for younger children within the Club.

Congratulations Sinead

JUNIOR AGE CHAMPION AWARDS:

U8 BOYS:

1st: Artley A
2nd: Aaron M
3rd: Cody B

U8 GIRLS:

1st: Olivia H
2nd: Vivienne V-B
3rd: -

U9 BOYS:

1st: Spencer S
2nd: Archer L
3rd: Samuel C

U9 GIRLS:

1st: Alice G + Dylan H
2nd: Savannah A
3rd: Valarie E

U10 BOYS:

1st: Memphis C
2nd: Eli D
3rd: Kady A

U10 GIRLS:

1st: Caroline E
2nd: Isla B

U11 BOYS:

1st: Adam D
2nd: Mason H
3rd: -

U11 GIRLS:

1st: Amber G
2nd: Lilianna M
3rd: Miyako D

U12 BOYS:

1st: Thomas R
2nd: Nick S
3rd: Charlie B

U12 GIRLS:

1st: Anita Mc
2nd: Charlotte C
3rd: -

U13 BOYS:

1st: Henry S
2nd: Noah D
3rd: -

U13 GIRLS:

1st: Sinead Mc
2nd: Sophia D
3rd: Elysha M



U14 BOYS:

1st: Sam B
2nd: Will S
3rd: -

U13 GIRLS:

1st: Poppy G
2nd: -
3rd: -

JUNIOR AGE ENCOURAGEMENT AWARDS:

UNDER 9s:

Michi D and Madia G-K

UNDER 11s:

Rosie G and Hugo W

UNDER 13s:

Digby W and Summer B



MacMasters Beach Ladies Social Club

After over 80 years, the MacMasters Beach Ladies Social Club hung up their hats in March 2023. It was not an easy decision for this long running community organisation but with the impact of COVID, falling membership and the change in demographics in MacMasters Beach, it was inevitable.

The committee thanked the MacMasters Beach Surf Life Saving Club for all their valuable support and long association with the Club over the decades, particularly with providing a space for meetings and fundraising activities such as their Melbourne Cup luncheons.

This is a photo from the Ladies Social Club last meeting and we invite all our members to peruse the display cabinet at the Clubhouse which now contains memorabilia and historical items from the past 80 years.



MACS SENIOR CLUB PRESENTATION

5pm | Saturday 17th June 2023 | Macs Beach SLSC

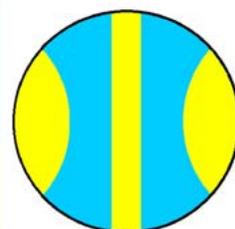


MacMasters Beach | Awards | Champions | Recognition



MACMASTERS SLSC
Strategic Planning Meeting

Saturday 17th May 2023
MacMasters Beach SLSC Clubhouse



Events & Competitions:

MAY 2023:

- 5 Macs Bar Open 5pm @ Macs
- 7 Macs Board Election Meeting 3pm @ Macs
- 7 Macs Bar Open 4pm @ Macs
- 12 Macs Bar Open 5pm @ Macs
- 14 Macs Bar Open 4pm @ Macs
- 19 Macs Bar Open 5pm @ Macs
- 21 Macs Bar Open 4pm @ Macs
- 26 Macs Bar Open 5pm @ Macs
- 28 Macs Bar Open 4pm @ Macs

JUNE 2023:

- 2 Macs Bar Open 5pm @ Macs
- 4 Macs Bar Open 4pm @ Macs
- 9 Macs Bar Open 5pm @ Macs
- 10-11 5 Lands Winter Lights @ Terrigal Haven
- 11 Macs Bar Open 4pm @ Macs
- 12 King's Birthday Public Holiday
- 16 Macs Bar Open 5pm @ Macs
- 17 The Awakening 6am @ Kincumber Mtn
- 17 Macs Senior Presentation 5pm @ Macs
- 18 Macs Bar Open 4pm @ Macs

- 21 5 Nights for 5 Lands Walk @ Terrigal
- 23 5 Lands Opening Ceremony 4:30pm @ Avoca
- 23 Macs Bar Open 5pm @ Macs
- 24 5 Lands Walk starting from MacMasters Beach
- 25 5 Lands Sunday Funday @ various locations
- 25 Macs Bar Open 4pm @ Macs
- 30 Macs Bar Open 5pm @ Macs

JULY 2023:

- 2 5 Lands Winter Festival Finale @ Norah Head
- 2 Macs Bar Open 4pm @ Macs
- 7 Macs Bar Open 5pm @ Macs
- 9 Macs Bar Open 4pm @ Macs
- 14 Macs Bar Open 5pm @ Macs
- 15 Christmas in July Fundraiser @ Macs
- 16 Macs Bar Open 4pm @ Macs



MacMasters Beach
SURF LIFE SAVING CLUB

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MacMasters Beach SLSC

@macmastersbeachsurfclub - Community organisation

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Supporting Macs by keeping
our IRB motors
running smoothly

**JD'S
FAMILY
AUTOMOTIVE**



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to get the most out of our club house

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LooLoo's
with love

**LooLoo's
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& Warehouse**
making our
Boat Crews
and Masters
look even better!

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always
supporting
our great
little club

