

Point Break

MacMasters Beach SLSC

September
2022



Click on images and links throughout Point Break for extra information, weblinks and more!



President's Report with Alison McNeill

HELLO!

Hi everyone! I'd like to introduce myself as the new President of MacMasters Beach Surf Life Saving Club. It is such an honour and I know I have a lot to live up to with the history of our club and all our past presidents.

I am also the first female president so that might be a big change for many also.

I promise to do the very best I can to serve our club.

THANK YOU ALAN BLACKMAN

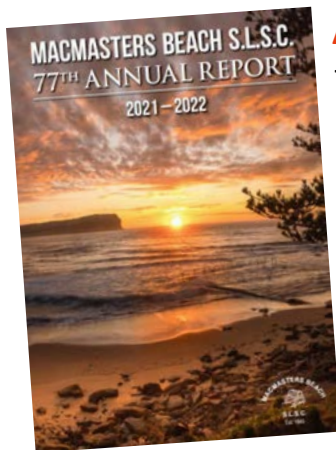
Thank you again to our outgoing President Alan Blackman, who did a wonderful job especially getting us through the pandemic to be in the sound position we are in.

Thank you also to Elaine Hodgkinson for stepping into the Director of Member Services position to allow me to step up. Elaine, you will be awesome!

Welcome back everyone to the 2022/2023 Season - here we go again!!

CAFÉ UPDATE

We are pleased to announce that Macs Beach Café will be starting with us at the end of September! More details will follow over the coming weeks. We are really looking forward to them starting and becoming a much loved part of our community.



ANNUAL GENERAL MEETING

Thank you to everyone who attended our AGM on Sunday 21st August. We adopted the Annual Report including the Directors' reports, financial statements and of course all the achievements of our club during the season. There are copies of the report available at the clubhouse and the electronic version is available on the website.

LIFE MEMBER

At the AGM we also introduced Patricia Roberts as our newest Life Member.

When she returns from her extended trip around Australia, we will add her photo to the Life Member Wall.

Congratulations Pat!



Patrols commence Saturday 24th Sept

Sunday Nippers starts back 9th Oct '22

President's Report continued

REGISTRATIONS AND REQUALIFICATIONS

Branch have informed us that all registrations and requalifications must be done earlier this season! We need everyone paid up and registered prior to the end of October.

- Patrol members **MUST** be financial **BEFORE** stepping onto the beach to patrol for insurance reasons.
- Requals need to be done by the end of November. Please help us by logging into your member portal at members.sls.com.au and then register and complete any online training and certification.

I am looking forward to seeing you around the Club and beach and please know that you can contact me on president@macmastersbeachslsc.com anytime!

Alison McNeill - President



Across the Bar with Di Brown, Bar Manager

FUN AT THE BAR Bar continues to be busy with the rugby league and pizza offerings, we are certainly looking forward to having the cafe back.

LIVE MUSIC! We had another fabulous Club and MOB night with the talented Ethan Cochrane's 'Big Foot and the Falcons' and 'Three of Everything'. Thanks to all the organisers and especially the delicious MOB BBQ. A great team event.

BAR VOLUNTEERS Hoping as always to have some new volunteers for the Summer Season. Please contact myself, Michael Bambridge or Kylie Dickinson. It's usually once every 5 or 6 weeks and you choose whether Friday or Sunday suits. Lots of fun making a contribution to our wonderful club. And you get a "Bar Patrol" Apron.

I'm disappearing for a few weeks, thanks to Michael for continuing on and Kylie for offering to help, and to all the bar volunteers, and to the awesome Board of Directors whose support is very appreciated.



Member Services Report *with Elaine Hodgkinson*

LET'S MEET AT MACS AFTERNOON

After a few weeks of social media blitz it was finally our Open Day on Sunday 28th August. And what a great afternoon it was! It was wonderful to see so many members at the clubhouse, whether to help set up, work on a stand, chat to new families or just enjoy a drink at the bar.

The wonderful weather encouraged people to come down to the beach and I'm delighted we had Nice Cream ice cream van to keep young and old (myself included) happy.

THANK YOU!

To all those who signed up to roles, thank you so much, we'll be in touch. The winner of the Macs Merch Prize will be contacted. It's never too late to volunteer. *The more the merrier.*

There are many people to thank so apologies if I don't mention your name but know that we really appreciate the effort everyone made.

To Lyn, Rod and Jono for the great Education stand. There were mannequins, first aid kits, binoculars amongst the many items on display. They chatted to kids and adults, encouraging them to 'have a go'.

To Matt for setting up the beach patrol tent and flags.

Paula and Amie manned a very busy registrations table working well after 4pm.

Great to see Craig and all the boaties set up one of the boats.

To Val and Kylie for opening the bar early and running it until the early evening.

Also to Nadine, Julia and Alison for all their help before and on the day!

To say Julia and I were overwhelmed by the response is an understatement.

Looking forward to the new season!

Cheers, Elaine



Education and Training with Lyn Drummond, Director of Education

→ REQUAL DATES TBA

Dates for requalifications - Bronze Medallion, SRC, ARTC, IRB will be advised after the patrol roster is finalised.



MacMasters Beach SLSC Training Calendar 2022

Course	Day	Date	Time	Notes
Radio Operations	Saturday	17-Sep	1pm-3pm	Free for members wanting to join a patrol
BRONZE MEDALLION	Saturday	17-Sep	12noon	Course information & enrolments
SURF RESCUE CERTIFICATE	Saturday	17-Sep	12noon	Course information & enrolments
IRB CREW & DRIVER	Sunday	18-Sep	9am-11am	Course information & enrolments
Provide First Aid HLTAID011	Saturday	24-Sep	9am-3pm	Cost- \$70. Call Jono 0411 184 642
Provide Advanced Resuscitation & Oxygen Therapy	Saturday	8th Oct	9am-3pm	Pre- requisite is Provide First Aid HLTAID011
BRONZE MEDALLION	Sunday	16-Oct	11am	Course information & enrolments
SURF RESCUE CERTIFICATE	Sunday	16-Oct	11am	Course information & enrolments
IRB CREW & DRIVER	Sunday	16-Oct	9am-11am	Course information & enrolments
Provide First Aid HLTAID011	Saturday	29-Oct	9am-3pm	Cost- \$70. Call Jono 0411 184 642
Provide Advanced Resuscitation & Oxygen Therapy	Saturday	5th Nov	9am-3pm	Pre- requisite is Provide First Aid HLTAID011
Provide First Aid HLTAID011	Saturday	26-Nov	9am-3pm	Cost- \$70 Call Jono 0411 184 642

For more information, please contact Lyn Drummond
education@macmastersbeachslsc.com
0408 243 306

Mac's Junior Nippers News with Julia Skinner

LET'S MEET AT MACS!

Wow, what a day! Thank you to everyone who came down to our 'Let's Meet at Macs' registration afternoon. We were so busy and loved meeting families old and new, I can't wait for the new Nippers season to start.

START TO NIPPERS - SUN 9TH OCTOBER

The first Nippers is on 9th October, the uniform shop and registration desk will also be open if you didn't manage to get down to Macs, and don't forget it's also super easy to register online.

BOARD TRAINING

We plan to start board training in September so keep an eye on our social media for updates on days and times

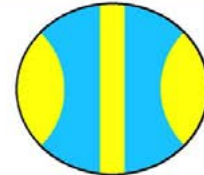
LEND A HAND - VOLUNTEERS

We are still looking for all types of volunteers so please get in touch if you would like to put your hand up for something or to find out more.

See you on the beach really soon!



Macmasters Nippers 2022/23 Season Calendar							
October 2022							
Sun 9th	Sun 16th	Sun 23rd	Sat 29th	Sun 30th			
START - Nippers with Proficiency swims	Nippers	Nippers	Newcastle Permanent R1 U10+	Nippers			
November 2022							
Sun 6th	Sun 13th	Sun 20th	Sun 27th				
Nippers	Nippers	Nippers	Nippers				
U8-U15 Carnival			U8-U15 Team Events Carnival				
December 2022							
Sun 4th	Sun 11th	Sat 17th	Sun 18th				
Nippers	Nippers	All Ages Sand Only Carnival	Twilight Nippers 3pm				
	Club Championships		Santa Visit				
January 2023							
Sat 7th	Sat 14th	Sun 15th	Sat 21st	Sun 22nd	Sat 28th	Sun 29th	
Newcastle Permanent R2 U10+	U8-U15 Carnival	Nippers 8:30 – 10.00	Branch Champs First Aid	Nippers 8:30 – 10.00	Branch Champs Lifesaving Theory	Nippers 8:30 – 10.00	
						Branch Champs Lifesaving Practical	
February 2023							
Sat 4th	Sun 5th	Sat 11th	Sun 12th	Sun 19th	Thur 23rd - Fri 24th	Sat 25th	Sun 26th
Newcastle Permanent R3 U10+	Nippers		Nippers	Nippers	State Carnival U9-U12 Queenscliff		Nippers
	Club Champs back up	Branch Carnival U8-U14				State Carnival U13-U15 Queenscliff	
March 2023							
Sun 5th						Sun 26th	
Last Nippers Presentation U6 & U7						Junior Presentation 2-4pm	
BOARD TRAINING FROM OCTOBER TO APRIL							
Lagoon - Wednesdays U9 – U10 and Beginners with Jan 4.00pm				Keep an eye on Macs FaceBook page for any board training updates			
Beach - Wednesdays & Fridays U10+ with Frank 4.15pm							
To hire a board contact Julia 0432 889664							



24 Hour Row - Gotcha For Life with Nadine Norman

A huge response from our club members and the community with all time slots filled! It's been beautiful to see a mix of rowers, directors, club members of all ages, and the community jump on board this fundraising campaign.

We have plenty of rowing machines setup for the 24 hours, so we would love to see as many extra people as possible jump on for a row in support and to be part of fundraising for a great cause. Feel free to jump on the spare rowing machines at any time, for the amount of time and distance you are comfortable.

Rowing isn't for everyone, which is no worries, we would also love to see as many faces around the club over the 24 hours to support the event and everyone taking part. That's what this is all about!

Our goal is to run a Mental Fitness Program here at Macs for the club and community with the funds raised.

Any help to achieve this is greatly appreciated and [you can donate by clicking here](#).

JOIN TEAM MACS
For the



Our Macs crew, **Julia** (Nippers Coordinator), **Elaine** (Dir. Member Services) and **Nadine** (Dir. Communications) caught up on all the action at the recent state conference for Surf Life Saving NSW. Getting ready for the 2022-23 Macs season!

2022/23 SLSCC SURF SPORTS CALENDAR



<p>Sat 15 Oct SLSCC Nipper Carnival "Traditional"</p> <p>Sun 16 Oct SLSA Coolangatta Gold</p>	<p>Sat 10 Dec SLSCC Surf Slam U14 to Opens - Avoca</p> <p>Sun 11 Dec</p>	<p>Sat 4 Feb CC/Hunter Boats Round 5 Terrigal</p> <p>Sun 5 Feb SLSCC New Perm Iron Series Round 3</p> <p>SLSA Nutri Grain Round 3 (TBC by SLSA)</p> <p>SLSA Nutri Grain "NEXT GEN" (TBC by SLSA)</p>
<p>Sat 22 Oct SLSCC U12-Open Carnival Interbranch Selection</p> <p>Sun 23 Oct</p>	<p>Sat 17 Dec SLSCC Beach Bash Sand Only Carnival All Ages</p> <p>Sun 18 Dec SLSA Nutri Grain Round 1 (TBC by SLSA)</p>	<p>Sat 11 Feb SLSCC Junior Branch Champs U8's to U14's Inclusive</p> <p>Sun 12 Feb Feb 9-12 ASRL Surf Boats (TBC)</p> <p>Summer of Surf Round 4 Northcliffe (TBC)</p>
<p>Sat 29 Oct SLSCC Newcastle Perm Iron Series Round 1</p> <p>Sun 30 Oct</p>	<p>Sat 24 Dec <i>Merry Christmas</i></p> <p>Sun 25 Dec</p>	<p>Sat 18 Feb SLSNSW Championships</p> <p>Sun 19 Feb SLSCC/Hunter Boats Round 6 Swansea Belmont</p> <p>Lifesaving Events Northern Beaches</p>
<p>Sat 5 Nov</p> <p>Sun 6 Nov</p>	<p>Sat 31 Dec HAPPY new year</p> <p>Sun 1 Jan</p>	<p>Thu 23 Feb Thu 23rd - Sun 26th SLSNSW Championships</p> <p>Sun 26 Feb Age Championships - U9 - U14 Northern Beaches</p>
<p>Sat 12 Nov CC/Hunter Boats Round 1 Ocean Beach</p> <p>Sun 13 Nov Krakka Iron Swansea Belmont</p> <p>SLSA Nutri Grain Trials - Option 1 (TBC by SLSA)</p>	<p>Sat 7 Jan CC/Hunter Boats Round 4 Caves Beach</p> <p>Sun 8 Jan SLSCC Newcastle Perm Iron Series Round 2</p> <p>4Jan - 8Jan Trans-Tasman (TBC)</p>	<p>Wed 1 Mar Wed 1st - Thu 2nd SLSNSW Championships</p> <p>Thu 2 Mar Masters Northern Beaches</p>
<p>Sat 19 Nov SLSCC U14 - Open "BISS" Carnival (Board, Iron, SKI, Sw/m)</p> <p>Sun 20 Nov SLSCC Masters Carnival</p> <p>SLSA Nutri Grain Trials - Option 2 (TBC by SLSA)</p>	<p>Sat 14 Jan SLSCC Masters Carnival "Traditional"</p> <p>Sun 15 Jan SLSCC Nipper Carnival "Traditional"</p> <p>SLSA Nutri Grain Round 2 (TBC by SLSA)</p> <p>SLSA Super Surf Teams League</p>	<p>Fri 3 Mar Fri 3rd - Sun 5th SLSNSW Championships</p> <p>Sun 5 Mar SLS - Open Northern Beaches</p> <p>Fri 3rd - Sun 5th SLSNSW Championships Boats Northern Beaches</p>
<p>Sat 26 Nov</p> <p>Sun 27 Nov SLSCC Nipper Carnival "Team Events"</p>	<p>Sat 21 Jan SLSCC Branch Champs First Aid</p> <p>Sun 22 Jan Manly Open Carnival</p> <p>Freshwater Open Carnival</p>	<p>Sat - Sun 11/12 Mar</p> <p>Sat - Sun 18/19 Mar</p>
<p>Sat 3 Dec CC/Hunter Boats Round 2 Scotts Head</p> <p>Sun 4 Dec CC/Hunter Boats Round 3 Scotts Head</p> <p>SLSNSW Interbranch Champs Shelly Beach</p> <p>Fri 2nd/Sat 3rd Summer of Surf Round 2 Sunshine Coast (TBC)</p>	<p>Sat 28 Jan Fri 27 Jan SLSCC Branch Champs Lifesaving Theory</p> <p>Sun 29 Jan Sun 29 Jan SLSCC Branch Champs Lifesaving Practical</p> <p>Branch Champs U15 to Opens and Boats</p> <p>SLSCC Branch Champs Masters</p>	<p>Sat 25 Mar 25 Mar to 2 Apr - SLSA "Aussies" Scarborough and Trigg Island Western Australia (PROGRAM TBC)</p> <p>Sun 26 Mar</p>

Key:

- SLSCC Event** (Yellow)
- SLSNSW Event** (Light Blue)
- SLS Australia Event** (Light Green)
- Other Event** (Pink)

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In the Macs IRB with: Alison McNeill

Each month we catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick. This month we chat to Alison McNeill, long term member, Director and our new Macs SLSC President. Alison is the first female President for Macs SLSC and one of two female presidents on the Central Coast!

How long have you been a member at Macs SLSC?

AMc: I joined the club in 2005 as my kids joined nippers and my husband, Pete, had already started doing patrols.

What first attracted you to Macs Beach SLSC?

AMc: It has always been such a welcoming and friendly place and I wanted to join.

What volunteer role/s have you been involved in at Macs?

AMc: I started helping out with registrations, nippers and the nipper BBQ. I helped organise travel for boat carnivals and helped out at Macs with carnivals we have hosted. I am a Duke of Edinburgh Award Leader. Six years ago, I took on the job of Director of Member Services and now I have stepped up into the role of President.

Strangest place you have swum?

AMc: Not the strangest, but the best - The Red Sea and SCUBA diving in it!

Favourite footy team?

AMc: Newcastle Knights

Favourite SLSC competition event?

AMc: Surf boats

Preferred beverage from the Macs Beach Bar?

AMc: I like the new Vodka, Lemon, Lime and Bitters cans - my new favourite!

What do you enjoy most about Macs?

AMc: Everything! MacMasters Beach is a special place. Our club is a representation of this, being run 100% by volunteers. Everyone pitches in to get things done. It is such a welcoming place and we work hard to keep it like that. *Now you know a little bit more about Alison - have a chat next time you see her around!*



Macs Own Boardriders and Macs SLSC bring live music back to the Club with 'Big Foot and the Falcons' and 'Three of Everything' in August 2022.

Events & Competitions:

All dates/events are subject to current COVID restrictions

SEPTEMBER 2022:

- 10-11 **The 24 Hour Row 2022** @ Macs
- 11 **Macs Maniacs** 9am @ Macs
- 11 **Macs Bar Open** 4pm @ Macs
- 16 **Macs Bar Open** 5pm @ Macs
- 17 **Course - Radio Operations*** 1-3pm @ Macs
- 17 **Course - Bronze Medallion*** 12pm @ Macs
- 17 **Course - Surf Rescue Certificate*** 12pm @ Macs
- 18 **Macs Maniacs** 9am @ Macs
- 18 **Course - IRB Driver and Crew*** 9-11am @ Macs
- 18 **Macs Bar Open** 4pm @ Macs
- 23 **Macs Bar Open** 5pm @ Macs
- 24 **2022/23 Patrol Season starts!**
- 24 **Course - Provide First Aid*** 9am-3pm @ Macs
- 25 **Macs Bar Open** 4pm @ Macs
- 30 **Macs Bar Open** 5pm @ Macs

*refer to MacMasters Beach SLSC Training calendar

OCTOBER 2022:

- 1-2 **25th Professional Weekend of Surf** @ Forster SLS
- 2 **Macs Bar Open** 4pm @ Macs
- 7 **Macs Bar Open** 5pm @ Macs
- 8 **Course - Adv First Aid*** 9am-3pm @ Macs
- 9 **Nippers commences** 9:30am @ Macs
- 9 **Macs Bar Open** 4pm @ Macs
- 14 **Macs Bar Open** 5pm @ Macs
- 16 **Nippers** 9:30am @ Macs
- 16 **Course - Bronze Medallion*** 11am @ Macs
- 16 **Course - Surf Rescue Certificate*** 11am @ Macs
- 16 **Course - IRB Driver and Crew*** 9-11am @ Macs
- 16 **Macs Bar Open** 4pm @ Macs
- 21 **Macs Bar Open** 5pm @ Macs
- 22 **U12-Open Carnival | Interbranch Selection** @ TBA
- 23 **Nippers** 9:30am @ Macs
- 23 **Macs Bar Open** 4pm @ Macs
- 28 **Macs Bar Open** 5pm @ Macs
- 29 **Newcastle Perm Ironperson R1 U10+** @ TBA
- 30 **Nippers** 9:30am @ Macs



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