

# May/June 2022











Click on images and links throughout Point Break for extra information, weblinks and more!



## President's Report with Alan Blackman

#### **ELECTION MEETING**

The Club's annual election meeting was well attended on Sunday 22nd May. Thank you to all those members who attended.

The meeting endorsed the following new appointments to come into effect at our August annual general meeting:

Alison McNeill - President

Nadine Norman - Director of Competition

Congratulations to Alison and Nadine. I am sure they will both do an exceptional job. Alison has done a fantastic job over recent years as Director of Member Services and Nadine has been an active patrol and competition member of our Club for most of her life.

Michael Norman was re-elected as Life Member Representative and Peter Roden as Director of Life Saving.

Thank you to Peter and Michael for your ongoing service to our Club.

#### **REVETMENT WALL UPDATE**

Council has recently advised that further planning and design work is required on the proposed revetment. This will be carried in the new financial year with construction now targeted for winter 2023. We are getting closer.

#### AWARDS, AWARDS

The Club's annual Presentation Night was held on Saturday 28th May. See the results in this edition.

Congratulations to all who achieved recognition, especially those who obtained 100% patrol attendance.

The Branch Awards of Excellence will be held at Mingara on Saturday 11th June. Our Club has several nominees, Good luck to our members.

#### **ANZAC DAY 2022**

The Clubs sunset ANZAC Day service had a large attendance was a beautiful tribute to those who have served our country. See the report in this issue.





Thank you to all our patrol members!

Five Lands Walk 25th-26th June

### President's Report continued

#### **SMART DRUM LINES ON THE COAST AND AT MACS**

Smart drum lines are now in place along the Central Coast, you will see the orange bouys off our beach. The drum lines are fitted with a transmitter that signal when a shark is caught. The fisheries contractors then have 30 minutes to respond. White, Tiger and Bull sharks are tagged, towed to sea and released. Other species are released on the spot.



#### **CONTACT THE PRESIDENT**

With over 500 members, it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club.

So if there is something you would like to talk to me about you can always drop me an email on <a href="mailto:president@macmastersbeachslsc.com">president@macmastersbeachslsc.com</a> or phone me on 0418 331 649.

Stay safe and enjoy Macs! Cheers, Alan - President

### Vale Tony Hollis

#### **LIFE MEMBER - TONY HOLLIS**

Tony joined MacMasters Beach in 1975 gaining his Bronze Medallion.

He was an Active Patrol Member from 1975 - 1986 and Long Service 1986 - 1994.

Tony served on the MacMasters Beach SLSC Board as;

Club Secretary - 1975 to 1978 and 1980 to 1987,

Club Treasurer - 1979 to 1982, 1987 to 1998, 1992 to 1994 and 1998 to 1999,

Club Deputy President - 1984 to 1988 and 1994 to 1996, and Club Registrar - 1989 to 1996

He was honoured with Life Membership 1993.

Tony passed away November 2021.

Tony's contribution to our small club is greatly appreciated.



The Barefoot Cafe is the ideal choice for members, locals and visitors

BAREFOOT CAFE

MACMASTERS BEACH

delicious menu | casual dining | great service | amazing views



of celebrations across 5 Lands of the Central Coast











MACMASTERS BEACH Infusing Aboriginal and Scottish cultures.

COPACABANA Celebrate Pasifika and view the Schools Art

Exhibitions in the club house.

AVOCA BEACH The Roaring 2020's jazz, art and sculpture.

NORTH AVOCA Celebrate life with Australia's First Nations peoples.

TERRIGAL Exceptional local songwriters and performing artists.

ART IN THE OPEN Artists creating works all day outdoors along the walk



#### Kincumba Mountain • 6am

Gather around the fire at first light of the Morning Star and bless the 5 Lands Walk.

Just as a candle cannot burn without fire, man cannot live without a spiritual life

-Buddha

#### Avoca Beach • 4.30pm for 5pm

The OPENING Ceremony will showcase the magnificent landscape and musical talent of our region as it heralds in the arrival of The Guardian of the Message Stick. Featuring:

- · Ephemera Choir and Ensemble.
- · Aboriginal and multi-curtural singers and dancers.

BYO Beach Chair and Refreshments.





Register via the QR code online to be in the draw to WIN a long weekend for two at Star of the Sea Apartments.\*

5landswalk.com.au

\* Conditions apply.



### Across the Bar with Di Brown, Bar Manager

The bar has been busy with events including the Kings of the Coast and Macs Senior Presentation night.

Winter trading continues and it's always fun seeing who's following which footy team. Catch it all on the big screen!

#### **BAR TRADING HOURS:**

Fridays from 5pm Sundays from 4pm

See you at the bar!





#### MACMASTERS BEACH

Encapsulating Aboriginal and Scottish cultures. The program starts your journey with "The Beginning Ceremony", where you'll witness the *Welcome to Country, Reading of the Message Stick*, along with local school children performing.

Walkers begin by following a Bagpiper and Didgeridoo player, together leading the crowd along the beach where they'll walk through the cleansing smoke of the ceremony as well as viewing the "Sculpture of Good Intentions".

Take a journey back in time as you wander through an outdoor gallery of beautiful MacMasters Beach in historical images. All this whilst listening to musical performances from rising local artists.



#### COPACABANA

Copacabana will be a destination of electric entertainment and activity as we celebrate Pasifika.

Take a tour and experience the sounds, arts and diversity on the cultures of our South Pacific neighbours and support the vision that the Central Coast is a vibrant, creative and culturally diverse destination.

The Central Coast schools' art and photographic exhibition will take place in the surf club and we finish the day with on-stage performances from local artists.

#### AVOCA BEACH

It's 100 years since the Roaring 20's and Avoca will be alive with music from the Jazz Age! Bring the kids to our Community Fair with the Avoca Beach Scouts, 5 Lands Friendship Rocks and more. And there will be the usual feast of the arts with the Connections exhibition in the Surf Club and Ephemera sculptural installations on the beach.

#### NORTH AVOCA

"Our spirituality is a oneness and an interconnectedness with all that lives and breathes, even with all that does not live and breathe." Mudicoloo

Celebrate life and 'live it up' with Australia's First Nations peoples at North Avoca, Dance, sing, relax and enjoy our cultural activities and art. Make a wish upon the Wishing Wall and may your DREAMS come true.



#### TERRIGAL

Terrigal will be a hive of activity again this year. Explore ideas of community through music, as exceptional local songwriters and performing artists take to the Terrigal Live Stage to celebrate the music lines and strings that connect us all.







Busways is an Australian family owned company which has been transporting people around the Central Coast for the last 29 years.

Proud to be associated with the 5 Lands Walk, Busways will provide free transport for walkers on the day as their contribution to creating a more inclusive and harmonious society on the Central Coast.

### Macs Beach Senior Club Presentation

Congratulations to all our winners of the major awards, the recipients of the National Medals, National Patrol Service and Long Service Awards. A full list of award winners will be included in the 2021/22 Annual Report.



National Patrol Service Medal 10 years | 15 years



National Patrol Service Medal 25 years



**Club Person of the Year** 



Club Worker of the Year



Club Worker of the Year



**Duty Manager Awards** 



**Education - Bronze Medallion** 



**Education - Silver Medallion** 



**Education Mental Health First Aid** 



**Education - IRB Crew** 



Education - Provide first aid and Provide advanced resuscitation

### Macs Beach Senior Club Presentation cont'



Youth of the Year Award Surf Boats U19 Womens Crew



Competitor/Team of the Year Surf Boats Reserve Mens Crew



Surf Boats Boaties Boatie



Surf Boats
Crab of the Year Award



**Bar Fly Award** 



**Most Improved Lifesaver** 



**Encouragement Award** 



**MacMasters Beach SLSC Life Members** 



**IRB Flip Award** 



**MacMasters Beach Recognition Awards** 

### Macs Beach Senior Club Presentation cont'



Club Champion Award U19 Female



Club Champion Award Open Male



Club Champion Award U40 Female



Club Champion Award U60 Male 2nd



Club Champion Award U60 Female 2nd



**Point Score Board and Swim** 







MacMasters Beach 100% Patrol

### **ANZAC Day** with Vince Roberts

Our Sunset ANZAC Service was another great success. Fortunately, the rain held off until the service had finished. Special thanks to;

**Peter Mace** for delivering the ANZAC Day address. He recited three of his poems that were all incredibly moving. 'What a Price a VC' that had him tear up, 'A Veteran at 25' a poem about Chad Elliott a former member of our own Surf Club and 'Lost with All Hands' a poem of about the sinking of the HMAS Sydney II.

The **Brisbane Water Brass Band**, again an integral part of our service with special thanks for the playing of the Last Post and Reveille - hair raising.

Coast Opera Australia - Vivienne McLaren

Jade Crowther - Acknowledgement of Country

Alison McNeill - reading of the prayer

Alan Whelpton - delivering the Ode

Bruce Kerry - Raising of the Flag

**Geoff Dominguez, Graham Johnston, Angus Crowe, Sammy Boesen and Danny Drummond** for assisting with setting up and moving furniture, and to the club members who assisted on the day with setting up, packing away and cleaning the club forecourt.

Last but not least to my biggest helper, **Pat Roberts** who does so much behind the scenes to make our ANZAC Service so special. In addition to the many behind the scenes tasks from compiling and printing the program, helping with setting-up, poppy displays, sourcing rosemary, inviting dignitaries and much more.

Wreaths were laid by;

- Adam Crouch - State Member Terrigal

- Lucy Wicks former MP Robertson
- Dr Gordon Reid on behalf of Senator Deborah O'Neill
- Alan and Helen Whelpton
- Emily Rose and Sonny Elliot MacMasters Beach SLSC
- Barbara Wills MacMasters Beach Progress Association
- Helen Waterhouse and Evelyn Fabri MacMasters Beach Ladies Club
- Craig Roberts Captain MacMasters Beach Rural Fire Brigade
- Daryl Le Strange and Pat Parish MacMasters Beach Garden Club
- Hamish Mark and Carys Nevin Kincumber Public School School Captains

Thank you to all who attended this special commemoration.

#### 'Lest We Forget'



### **Education and Training** with Lyn Drummond, Director of Education

It's great to be able to congratulate all our award recipients for Bronze Medallion, Surf Rescue Certificate, Provide First Aid, Provide Advanced Resuscitation, Radio Operator, Silver Medallion Beach Management and Mental Health First Aid.

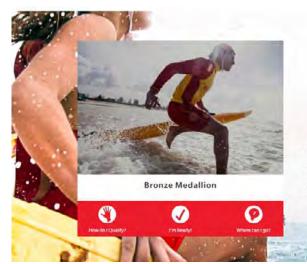
#### IRB Driver Assessments

Training continued in May with 2 more members doing IRB driver assessments in favourable conditions.

#### **TRAINING OPPORTUNITIES**

Check out these links if you are thinking about doing some training with us next season:

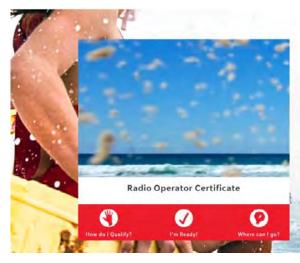
# → BRONZE MEDALLION



#### ABOUT BRONZE MEDALLION

The Bronze Medallion course provides participants with the skills and knowledge in order to be able to participate in Surf Life Saving patrol operations. This is the core award to be a surf lifesaver in Australia.

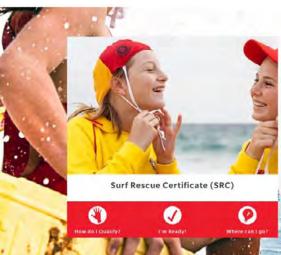
# → RADIO OPERATOR



#### ABOUT RADIO OPERATOR CERTIFICATE

The Radio Operators Certificate provides participants with the skills and knowledge to operate communications systems and equipment in surf lifesaving operations.

# → SURF RESCUE CERTIFICATE



#### UT SURF RESCUE CERTIFICATE (SRC)

This course provides participants with skills and knowledge of surf awareness, aquatic rescue operations and resuscitation in order to participate in lifesaving operations and act in the role of Water Safety Personnel.

### Competition Corner with Craig White, Boat Captain

#### **AUSSIE SURF LIFE SAVING CHAMPIONSHIPS | 6th April 2022 @ North Kirra QLD**

The season came to an end for our boat crews at the Aussie Titles early April. We had 4 crews travel to Queensland for the titles: Reserve Mens - *The Fat Dads*, U/23 Mens - *The Whippets*, U/23 Mens - *Mongrels* and U/19 Womens - *The Minis*.

There were a few changes to the week with the venue moved from Broadbeach to North Kirra for the boats. The program also changed due to the expected weather conditions and big surf coming through. This saw the younger divisions and 3 of our Macs crews row down to the medals on the Thursday.

**The Minis**: What a gutsy crew we have here. By the afternoon block the surf had increased but our Minis didn't bat an eyelid. Swept by Mick, the crew had an eager willingness, which impressed us all, to take on the ocean and caught the wave of the day from the turning can in their last race. The girls missed the cut by a cruel one point, but no doubt a crew to watch in seasons ahead.

**The Whippets:** This crew put in a solid effort on and off the water. Harsh cuts were in place to get through the revised/shortened program and the testing conditions made it a tough day on the water and the boys were unlucky to miss out on a place in the Quarter Finals.

**The Mongrels:** In the same situation as the Whippets, the boys were up against it on the Thursday and unlucky to make a quarter finals berth. Hats off to the crew for taking on the conditions and giving themselves every chance to progress.

With their campaign wrapped up on the Thursday these crews, their parents a supporters had incredibly early nights, not one inkling of a night out and barely touched a drink...

Which brings us to the B Crew ... who believe it or not almost did stick to the above sentence (bar a couple over dinner) thanks to an amended program taking them straight into finals day.

**The Fat Dads:** A tricky run up to Aussies with a few isolations, and unluckily losing Wade less than 24 hours before they left to covid. Brad, after a 3 year hiatus from rowing, jumped from sweeping at the back of the boat into the front to cover for Wade in the bow. The boys first row was on Sunday morning and they rowed well moving through the elimination rounds and into the quarter finals.

Thank you to the rowers, sweeps, parents and supporters who made the trip with us all. The location change meant we were reliant on transport and appreciate those who not only helped out with transport but supported under the tent at Aussies and to all those throughout the year.

Congratulations to all our crews for the season, for the efforts training, competing, fundraising & on the beach supporting each other.

With the end of the season upon us, I would also like to thank each of our sponsors who contribute to the boat section, we are all very grateful for the support and relationship with you and look forward to catching up in the near future.

I must also mention the Sisters of St Joseph for giving us the space for the boat shed and access to train in such a great location, thanks from all the boat section.







### Competition Corner with Kylie Dickinson, Director of Competition

#### MACS SENIOR CLUB CHAMPIONSHIPS | 24th April 2022 @ MacMasters Beach SLSC

April 24th was not only the last Sunday of patrols for the 2021-22 season, it was also the last time our Seniors were able to show off their skills in competition on the beach and in the water. Holidays, broken bones and disease may have kept the numbers low, but spirit and morale were high in those that made it and we were keen to show all on the beach, that despite our lack of training, we could all still perform when it came down to it.

Very things are more beautiful than Jan sprinting along the track, or more fun to watch than the competition for the flag in the 50-59 male category. In the water, the highlight was definitely Fergo absolutely nailing the ride in on the ski, and it is always nice to finally get in front of an U18 on a board when, in the past, she has out-paddled you in every race you have had together.

The final results will be included in our Macs Annual Report after they were announced at last weekend's Senior Presentation. But you should all know, for the first time in a long time, we have a new age champion! We missed all members that weren't there. Who knows, maybe next year some age groups may have more than one competitor - but only if you give it a go!









### Nipper News with Julia Skinner, Junior Nippers Coordinator

#### **NIPPERS AWARDS AND END OF YEAR CELEBRATION**

For me the Nippers Presentation is bitter sweet. I love celebrating the end of another successful season but also sad that another year has come to an end!

I love seeing all the Nippers, Age Managers and parents coming together to share stories, wins and achievements. We don't only celebrate those who have won age champs or competed at carnivals, we celebrate and encourage those who have tried their best, turned up every week with a smile on their face and shown improvement and courage. *Well done to everyone who participated in the 21/22 season!* 

#### **THANK YOU!**

I would also like to thank those parents and volunteers who have helped us run nippers every week, supported at carnivals and brought their children down to Nippers every Sunday morning. We value all your hard work and

couldn't do it without you!

#### **LEND A HAND 2022/23**

If you would like to be an Age Manager, get qualified as a carnival official or help with water safety next season please email me at

#### nippers@macmastersbeachslsc.com

We are already busy planning the 2022/23 Nipper season at Macs and can't wait for registration to open next month and to see you all back down the beach in October. Follow us on social media to see all the registration and season details - facebook and instragram



### Macs Junior Nippers Presentation - Major Awards

On 27th March we celebrated the 2022/23 Nipper season with our annual presentation. Congratulations to all our Nippers members for a great season of training, learning new skills, teamwork, hardwork and loads of fun! Congratulations to all award nominees and recipients - well done a great season!



**CONSISTENT EFFORT AWARD:** 

An individual who consistently gives 100% effort at Sunday morning activities.

#### Charlee D



WATER SPORTS
ACHIEVEMENT AWARD:

A competitor who has displayed excellent effort consistently throughout the season and has demonstrated improvement in water sports.

#### Adam D and Amber G



### BEACH SPORTS ENCOURAGEMENT AWARD:

A non-competitor who has displayed excellent effort consistently throughout the season, particularly at Sunday Nippers and has demonstrated improvement in beach skills.

#### Nadia G-K



MARK SHERRING FUTURE ACHIEVER AWARD:

An individual who has shown effort and improvement throughout the season and is likely to achieve even more in the future.

### Henry S



### WATER SPORT ENCOURAGEMENT AWARD:

A non-competitor who has displayed excellent effort consistently throughout the season, particularly at Sunday Nippers and has demonstrated improvement in water skills.

#### Meredith E



**MOST IMPROVED AWARD:** 

An individual who has demonstrated general improvement in beach and/or surf skills but more importantly with their life saving skills.

#### Owen T

**BEACH SPORTS ACHIEVEMENT AWARD:** A competitor who has displayed excellent effort consistently throughout the season and has demonstrated improvement in beach sports. **Archer Laffan** 

### Macs Junior Nippers Presentation continued:



CARNIVAL COMPETITOR AWARD:

The individual with the most carnival performance achievements.

#### Amber G

**U8 BOYS:** 

3rd: Sinead McG



The individual with the most carnival performance achievements.

Liliana M and Anita McG



**BOARD COACH AWARD:** 

The individual displaying the greatest commitment and achievement in board training and board events.

#### Amber G



#### **LONG SERVICE AWARDS:**

For long serving nipper members from the U8 to U14s.

Ruby Aitchison, Ben Ho, Isaac Ho, Sophie Hoskin, Caius White and Holly Whormsley.



CLUB GIRL AWARD: One of the top awards for Junior Nippers, our Club Girl Award recognise the outstanding qualities of leadership, attitude, commitment and citizenship. This individuals has assisted different age groups and demonstrated exceptional role model qualities for younger children within the Club.

#### Emily Rose - Central Coast Junior Life Saver of the Year

U11 BOYS: 1st: Charlie B 2nd: Owen T

3rd: Thomas R U11 GIRLS:

1st: Charlotte C 2nd: Jacqueline H

#### **JUNIOR AGE CHAMPION AWARDS:**

1st: Spencer S	1st: Cooper O'Br and	1st: Adam D
2nd: Archer L	Jack McFadgen	2nd: Jarrah F
3rd: Michi D	2nd: Kadyn A	3rd: Marcos M-R
U8 GIRLS:	U9 GIRLS:	U10 GIRLS:
1st: Alice R	1st: Isla B	1st: Charlotte C
2nd: Valerie E	2nd: Mia F	2nd: Liliana M
3rd: Dylan H	3rd: -	3rd: Amber G
Siu. Dylali H	31u. <del>-</del>	Sid. Ailibei G
U12 BOYS:	U13 BOYS:	U14 BOYS:
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U12 BOYS:	U13 BOYS:	U14 BOYS:
U12 BOYS: 1st: Henry S	U13 BOYS: 1st: Sam B	U14 BOYS: 1st: Isaac H
U12 BOYS: 1st: Henry S 2nd: Noah D	U13 BOYS: 1st: Sam B 2nd: David S	U14 BOYS: 1st: Isaac H 2nd: Ben H
U12 BOYS: 1st: Henry S 2nd: Noah D 3rd: Digby W	U13 BOYS: 1st: Sam B 2nd: David S 3rd: Riley C	U14 BOYS: 1st: Isaac H 2nd: Ben H 3rd: Caius W

3rd: -

U9 BOYS:

3rd: -

U10 BOYS:



### In the Macs IRB with: Craig White

Each month we catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick. This month we chat to Craig 'Bunks' White, our Boat Captain and long time members and life saver.

#### How long have you been a member at Macs SLSC?

CW: I have been around Macs before I can remember but I believe officially a member from 1995.

#### What first attracted you to Macs Beach SLSC?

CW: My family have been involved forever in the club and I also enjoy the culture around the surf club and the competitiveness of the sports SLS promote.

#### What volunteer role/s have you been involved in at Macs?

CW: My volunteer roles have been limited as I had carried out patrols for over 15 years then went on 'long service' but enjoyed helping people when needed around the club in various positions. I have competed since 1996 with a couple of years out of competition in early 2000's.

#### Strangest place you have swum?

CW: In front of the Bellagio Casino!

#### Favourite footy team?

**CW:** When I was a kid I liked the Tigers but not a huge fan of the footy. Recently I did however, commit to following the Bulldogs but I was under the influence of both alcohol and customer pressure at the time!

#### **Favourite SLSC competition event?**

CW: Has to be surf boats (as long as there's waves!).

#### Favourite menu item on the Barefoot Cafe menu?

CW: Anything with chilli!

#### Preferred beverage from the Macs Beach Bar?

CW: Bring back Tooheys Old on tap.

#### What do you enjoy most about Macs?

CW: Having spent some time on the club board I learnt rather quickly there are a lot people behind the scenes who help out to make the club work all year round which helps create the friendliest little club on the coast!

Now you know a little bit more about Craiq - have a chat next time you see him around!





### Events & Competitions:

All dates/events are subject to current COVID restrictions

#### **JUNE 2022:**

10 Macs Bar Open 4pm @ Macs

12 Macs Maniacs 9am @ Macs

12 Macs Bar Open 5pm @ Macs

#### 13 June Long Weekend

17 Macs Bar Open 4pm @ Macs

19 Macs Maniacs 9am @ Macs

19 Macs Bar Open 5pm @ Macs

24 Macs Bar Open 4pm @ Macs

**26 Macs Maniacs** 9am @ Macs

26 Macs Bar Open 5pm @ Macs

#### **JULY 2022:**

1 Macs Bar Open 4pm @ Macs

3 Macs Maniacs 9am @ Macs

3 Macs Bar Open 5pm @ Macs

8 Macs Bar Open 4pm @ Macs

10 Macs Maniacs 9am @ Macs





Our Club

Lifesaving

Education

Activities

Competition

Membership

Club Hire







# Support those who support us!

Click on our sponsor's logos for more information and to connect with them





# EXPERT DESIGN to get the most out of our club house

truenortharchitects.com.au







Beach Safety Equipment Fund

#### greenstonepartners leading independent corporate advisory firm

our extraordinary surf boat sponsors













our fuel providers for all occasions



LooLoo's **Coffee Shack** & Warehouse

making our Boat Crews and Masters look even better!

MacMasters & Kincumber













always supporting our great little club

