

# Point Break

MacMasters Beach SLSC

January  
2022



Click on images and links throughout Point Break for extra information, weblinks and more!



## President's Report with Alan Blackman

### HAPPY NEW YEAR!

Happy new year to all our members and summer time visitors to MacMasters Beach.

I hope 2022 brings good news to everyone and many good times.

Unfortunately 2021 finished with Covid 19 again dominating our lives and the surf club continues to operate under various restrictions on our activities. Fortunately, most people are now double vaccinated and we should all get our booster shots as

soon as we are eligible.

QR codes, masks and limits on numbers at indoor venues are back in place, including our bar. Please do the right thing to help keep everyone safe.

### CHRISTMAS PATROLS

A big thanks you to those members who patrolled on Christmas Day. It is a great contribution to our community and greatly appreciated. The four day break over Christmas and Boxing Day kept our patrols busy and saw many members filling in for those who were away. **Thanks to everyone!**

### CHRISTMAS CELEBRATIONS

Twilight nippers, Santa, Christmas carols, a rip demonstration and patrol member drinks were all held on the 19th December and were well attended, despite some late showers and thunder.

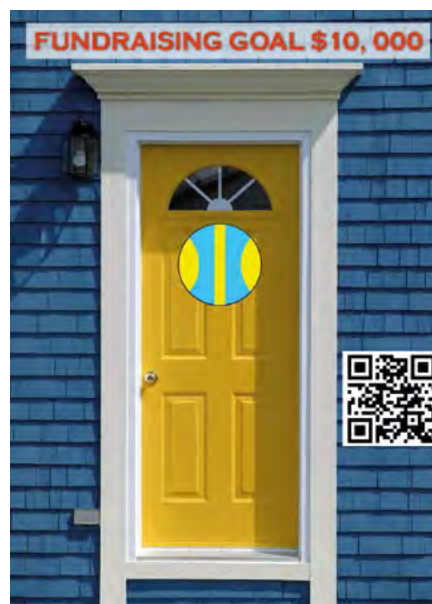
A big thank you to all who help organise these events - check out the photos on the next page.

### ANNUAL 'VIRTUAL' DOOR KNOCK

Our annual January door knock is about to kick off. The door knock will be again be a virtual event and extend over the month of January.

Please support this important event, it is a major source of funds for the Club.

*Happy New Year, stay safe & enjoy the ocean!*



## MACMASTERS BEACH SLSC 2022 ANNUAL DOORKNOCK APPEAL

Instead of us knocking on your door this year we are inviting YOU to knock on ours!

SCAN THE QR CODE or visit [macmastersbeachslsc.com](http://macmastersbeachslsc.com) to donate to our annual fundraiser. Simply set transaction type to 'donation'. All donations over \$2 are tax deductible and you will be emailed a receipt.



Supporting us to support our local community!



**Donate: Macs Annual Door Knock**  
**Bar Open Fridays and Sundays**

The Barefoot Cafe is the ideal choice for members, locals and visitors



**BAREFOOT CAFE**  
**MACMASTERS BEACH**

*delicious menu | casual dining | great service | amazing views*

## *Christmas Celebrations at Macs*



## Across the Bar with Di Brown and Michael Bambridge

### HAPPY NEW YEAR EVERYONE!

Thanks for all the support and understanding as we work our way through the Covid complying requirements whilst endeavouring to have the bar open and our community safe.

Keep an eye on our social media as opening times may possibly change.

### THANK YOU!!

To all our volunteers both on the beach, behind the scenes and on the bar - a huge thank you, we can't do it without you!

### CONGRATULATIONS!

Congratulations to George and his family who are the first winners in the Macs Mal Board Raffle. *Enjoy your gorgeous board!*

We are very grateful to our generous sponsors:

→ [Floormaster Kincumber](#) for donating this board for the raffle and

→ [dburge Surfboards](#) for making such a beautiful board.

Support our wonderful sponsors as they support our surf club. Buy local.



## Competition Corner with Kylie Dickinson, Director of Competition

### U17-MASTERS CARNIVAL | 4th December 2021 @ MacMasters Beach SLSC

We don't often host a carnival, but somehow the first Masters carnival for the 2021-22 surf season landed on our shores. We were a little apprehensive about taking it on but, honestly, we nailed it! A massive ask for our members, many of them competing for the first time, to set up, compete and then pack up.

There were a total of 106 competitors registered for the day and Macs made up about 15 of these. The surf conditions were as calm as they come at Macs - *massive high tide and no waves!* The first events were beach with our standout competitors on the beach being Joel D and Gabi. Many of us managed to place in our age group.

The water events quickly followed. Tough competition and bigger numbers in the male events - we warned our newbies that there can be a little jostling to gain position only to learn later that it was happening between our own club members. Slightly fewer numbers in the female events meant many were able to place again in their age groups. Overall, Macs placed 3rd on the day.

Massive thank you to our competitors, Pete Roden, all of Patrol 10, Pat and Vince Roberts, Julia Skinner and Simon Cusack for their help with signing in, setting up and packing up, BBQ, IRB duties, collecting results and feeding officials.

The next U17-Masters carnival is on 15/01 at Umina - please contact Val Crowe if interested in attending.



# Competition Corner cont' with Kylie Dickinson, Director of Competition

**U8-U15 NIPPER CARNIVAL | 5th December 2021 @ Terrigal SLSC**

The first Nipper carnival was held at Terrigal this year. Conditions were pretty good - small surf progressively getting bigger as you moved north with a little rain. Our numbers were solid, especially in the U8's and U10's. In their very first carnival, our U8's placed 2nd in the relay with Archer coming 2nd in the sprint and Harrison 2nd in the wade.

Our U10 boys swim team placed 6th and Will F placed 6th in the flags. Amber G (U10) was our standout competitor on the day. She placed 2nd in the sprint, 5th in the board and 4th in the swim.

Many of our other competitors made semis and finals. From all reports, everyone that attended had a great day.

The next U8-15 carnival is 09/01 at Kilcare. Please contact Kylie Dickinson ([competition@macmastersbeachslsc.com](mailto:competition@macmastersbeachslsc.com)) ASAP if you would like to attend but have not already completed a carnival entry form, e-mailed or spoken to your age manager.



## Boat Crews in Action

Macs' Mongels in action at Bennets Beach on 5th December 2021. Thanks for capturing the action Richard Black!



Richard G Black

# Education and Training *with Lyn Drummond, Director of Education*

Congratulations to all who have successfully completed their requalifications: Surf Rescue Certificate (SRC) Bronze Medallion, Advanced Resuscitation, Inflatable Rescue Boat (IRB) crew and driver, Radio Operations.

Our education team has assessed over 215 requalifications. A big thank you to our main trainers Rod Jordan and Graham (Jono) Johnston as well as our many endorsed delegates.

Congratulations to Patrol 12 who were the first to have all their Bronze Medallion requals completed →

There have also been 56 enrolments and successful completion of courses including Bronze Medallion, SRC, Provide First Aid, Silver Medallion Beach Management and Mental Health First Aid.

## EDUCATION ROOM UPGRADE

We've upgraded our Education Room with a Smart TV to show Surf Life Saving training videos including resuscitation, board/ tube rescues and spinal carry.

It has been a great resource to use with our up and coming nipper lifesavers on wet and windy Sundays. We've also used it for reviewing resuscitation and rescue scenarios as part of our Bronze & SRC requals.



## RIP AWARENESS DEMONSTRATION

Twilight nippers on Sunday 19 December was a great afternoon. The rip was really working well with Patrol 8 already performing a mass rescue at about 2pm. ↓ The rip demonstration with green dye was really effective!



# belle

## PROPERTY

### *In the Macs IRB with: Chloe Sapsford*

Each month we catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick. Let's chat with our past Nipper and now U7s Age Manager, Chloe Sapsford.

**How long have you been a member at Macs SLSC?**

**CS:** This is my 8th year.

**What first attracted you to Macs Beach SLSC?**

**CS:** I wanted to do Nippers with my friends.

**What volunteer role/s have you been involved in at Macs?**

**CS:** I was an U10-U14 Nipper, Rookie, competed in U15 and am now a Cadet lifesaver. I'm on Patrol 7 and have completed my Duke of Ed Bronze and Silver awards. Last season, I became an age manager and now I am the U7s age manager with Andrew.

**Strangest place you have swum?**

**CS:** In a cave on one of our Duke of Ed camps.

**Favourite footy team?**

**CS:** I play AFL for Saratoga Hawks so they're my favourite local team.

**Favourite SLSC competition event?**

**CS:** Board rescue.

**Favourite menu item on the Barefoot Cafe menu?**

**CS:** Dumplings.

**Preferred beverage from the Macs Beach Bar?**

**CS:** Lemon, lime and bitters.

**What do you enjoy most about Macs?**

**CS:** The people!

*Now you know a little bit more about Chloe -  
have a chat next time you see her around!*



# Duke of Edinburgh - Bronze Camp

In early December the Duke of Ed Bronze campers headed off to on their qualifying camp in Brisbane Water National Park. Maya, Bethan, Ella, Carys, Sophie, Spencer, Max, Ben, Dean and Ashton, led by Andrew and Mat, headed off from Woy Woy on the Rocky Ponds Loop through Brisbane Water National Park. For some Bronzies this was their first Duke of Ed camp.

Highlights of the trip included:

- swimming at Rocky Ponds - so refreshing and crisp in the water after walking
- the amazing view from Alison Point where we stopped for lunch - we could see all the way across the Hawksebury River
- the steep descent down to Patonga - nothing like a well executed 'butt-slide' with accompanying vocals!
- the stormy night - a good excuse to tuck in early
- the hot chips at the end - even the local kookaburras enjoyed them!

It was a big walk over the two days and awesome doing it with great company and friends.

A massive thank you to Andrew Duck and Mat Judd for organising and leading our intrepid campers as they begin their Duke of Edinburgh journey.



Proud to deliver



[Click here](#) for more information on the [Duke of Edinburgh program at Macs](#) or email [memberservices@macmastersbeachslsc.com](mailto:memberservices@macmastersbeachslsc.com)

## Boat Crews in Action

Macs' Whippets in action at Bennets Beach on 5th December 2021. Thanks for capturing the action Richard Black!



# Events & Competitions:

All dates/events are subject to current COVID restrictions

## JANUARY 2022:

- 7 Macs Bar Open 4pm-8pm @ Macs
- 8 [SLSCC Boat Series - Round 3](#) @ Ocean Beach
- 8 [NP Jun Iron Person \(U10-30+\) Round 2](#) @ The Lakes
- 9 No Nippers @ Macs
- 9 NP U8-U15 Junior Carnival @ Killcare
- 9 Macs Bar Open 5pm-10pm @ Macs
- 14 Macs Bar Open 4pm-8pm @ Macs
- 15 U17-Masters Carnival @ Umina
- 16 Nippers return *new January time 8:30am* @ Macs
- 16 Macs Bar Open 5pm-10pm @ Macs
- 21 Macs Bar Open 4pm-8pm @ Macs
- 22 [NP Jun Iron Person \(U10-30+\) Round 3](#) @ Wmberal
- 23 Nippers *new Jan time 8:30am* @ Macs
- 23 Nippers Club Champs Rnd 2 8:30am @ Macs
- 23 Macs Bar Open 5pm-10pm @ Macs
- 28 Macs Bar Open 4pm-8pm @ Macs
- 29 [SLSCC Streets Boat Series - Round 4](#) @ Redhead
- 29 Branch - First Aid Comp - Prac @ killcare
- 30 Nippers *new Jan time 8:30am* @ Macs
- 30 Macs Bar Open 5pm-10pm @ Macs

## FEBRUARY 2022:

- 6 Nippers 9:30am @ Macs
- 6 Branch - NP Junior @ Avoca
- 11 Branch - Patrol Comp + LS Theory @ Umina
- 12 [SLSCC Streets Boat Series - Rd 5 + Brnch](#) @ Soldiers
- 12 Branch - Patrol Comp + LS Prac @ Umina
- 13 Nippers 9:30am @ Macs
- 19 Branch - Masters @ Shelly

- 12 Branch - Open @ Shelly
- 20 Nippers 9:30am @ Macs
- 24-25 SLSNSW Juniors U9-U12 Champs @ Water events: Queenscliff | Beach events: North Steyne
- 24-27 SLSNSW Juniors/Youth U13-U15 incl Marchpast @ Queenscliff
- 25 SLSNSW Juniors R&R Champs @ Freshwater
- 26 SLSNSW Open R&R Champs @ Freshwater
- 26 SLSNSW Youth Champs @ Water events: Queenscliff | Beach events: North Steyne
- 27 Nippers 9:30am @ Macs
- 27 SLSNSW Lifesaving U15-Opens Champs @ Freshwater

## MARCH 2022:

- 2-3 SLSNSW Masters Champs @ Queenscliff
- 3 SLSNSW Lifesaving U17, U19 and Opens Champs @ Freshwater
- 4 SLSNSW Lifesaving U15 and Masters Champs @ Freshwater
- 4-6 SLSNSW Opens Champs @ Water events: Queenscliff | Beach events: North Steyne
- 5 SLSNSW Lifesaving First Aid U14, U15 + U17 Champs @ Queenscliff
- 5 SLSNSW Lifesaving First Aid U19 + Open Champs @ Queenscliff
- 6 SLSNSW Opens March Past @ Queenscliff
- 6 Last Nippers & U6-U7 Presentation 9:30am @ Macs
- 11-13 SLSNSW Surf Boats @ TBA
- 19 SLSCC Streets Boat Series - Rd 7 + Pres @ Macs
- 27 Junior Presentation TBC 2pm @ Macs

## APRIL 2022:

- 2-3 SLSNSW Aussies - Youth Champs @ TBA
- 4-5 SLSNSW Aussies - Masters Champs @ TBA
- 6-10 SLSNSW Aussies - Opens Champs @ TBA



[Our Club](#)

[Lifesaving](#)

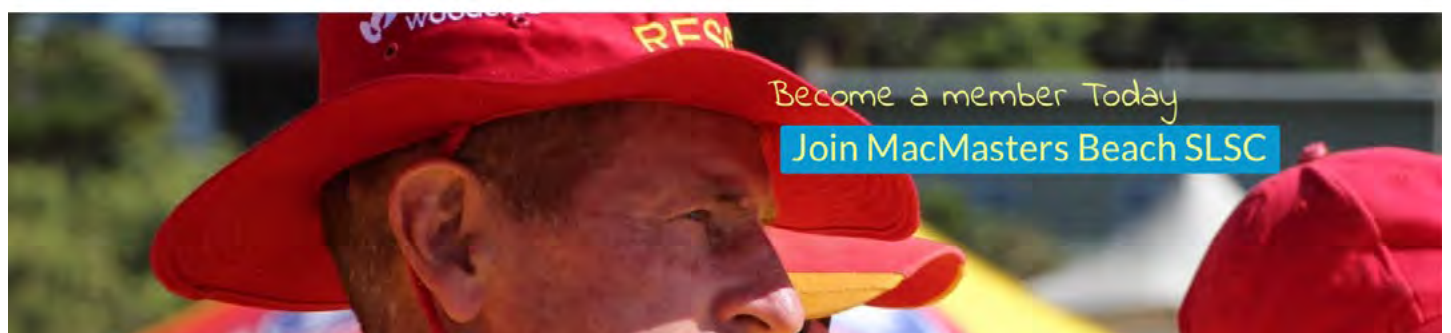
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