

December 2020











Click on images and links throughout Point Break for extra information, weblinks and more!



President's Report with Alan Blackman

MERRY CHRISTMAS TO ALL

It's hard to believe that Christmas is almost here, 2020 has been such a busy year it has just flown by.

On behalf of all the Board members I want to wish everyone a very happy, safe and enjoyable Christmas. I hope everyone gets to spend some time with loved ones and also get a chance to enjoy our beautiful beach.

The last month has been a busy time for our Club with Nippers well underway, Patrols busy on the beach and competition activities happening. All these activities are happening under the umbrella of Covid Safe Plans which are in place to help keep us all safe and well. It has been most pleasing the way that everyone has cooperated and followed the Covid Safe rules. Well done to everyone!

EASING OF COVID RESTRICTIONS

The State Government has announced an easing of various Covid Health Regulations. The new regulations will give us an opportunity to review the operation of our clubhouse and bar. The Board will consider this, and make a decision, watch this space.

SUNDAY NIPPERS

Our Nipper program started late this season due to Covid 19 restrictions, but it has been great to see the Sunday morning activities being run so well and so many members stepping up to help coordinate the running of all the age groups. Many parents have commented on how well our Club has done in organising our Sunday Nippers. A big thank you to everyone who has been helping out.

PATROLS

Patrol members have been keeping things safe on the beach and mostly enjoying some good weather. As the holidays approach the beach will be getting very busy and all patrol members will be keeping a close eye on all our summer visitors. Remember to swim between the red and yellow flags!

If you can help out with the Christmas Day patrols please contact Peter Roden. The more people who can help the better.

Enjoy your Christmas, stay safe and be kind to each other!

Cheers, Alan - President



Last Sunday Nippers 20th December 2020

Volunteers for Christmas Day Patrols needed

The Barefoot Cafe is the ideal choice for members, locals and visitors



BAREFOOT CAFE

MACMASTERS BEACH

delicious menu | casual dining | great service | amazing views



CONTACT THE PRESIDENT

With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club.

CONTACT THE So if there is something you would like to talk to me about you can always drop me an email **PRESIDENT!** on president@macmastersbeachslsc.com or phone me on 0418 331 649.

This Christmas TRY LOBSTER!

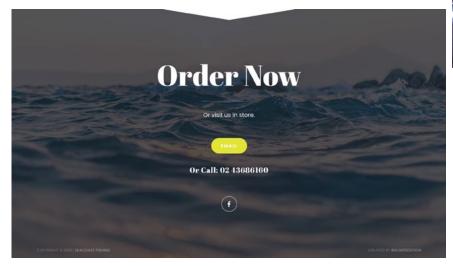
Many of you will know Pete and Sue Offner from <u>Seacoast Fishing</u>, who have been long-time club stalwarts and generous sponsors of our club, including the legendary Prawn and Oyster lunch and countless seafood raffles supporting the club's activities!

What you might not know is those crates of lobsters you might have seen sitting on a tarmac somewhere in China, with no-where to go, were Pete and Sue's. China's decision to refuse the entry of Australian lobsters have hit home to the Seacoast team.

Now Point Break will leave world politics to others but what we do know is that the club should help those who have helped us for so long.

So, this Christmas consider a beautiful Central Coast lobbie or two from Seacoast for your lunch platter. *Ham is over-rated anyway*.

Contact Seascoast Fishing and order your Christmas feast!





Hungry?

Call

(02) 4368 6160

Open Hours

THURS-FRI SAT-SUN 11 AM --- 6 PM 10 AM --- 3 PM

Membership Matters with Alison McNeill

We are nearly at the end of 2020...thankfully! It certainly has been a very different year. We are unable to have our usual Christmas Carols, Nipper Twilight Christmas, Volunteer drinks, BBQ night to celebrate Christmas. We have been assured that Santa will do a 'drive-by' in the IRB on Nippers morning of the 20th December. This is our last nippers until the New Year.

WELL DONE NIPPERS!

We have had so many comments about Nippers at MacMasters Beach and how well organised it is, how wonderful our Age Managers are and generally how welcoming we are at our club. Congratulations to everyone involved. A huge thank you to Julia, our new Nipper Manager, as well as Elaine and Lorna who haven't been allowed to leave just yet!

Our last nippers before Christmas will be the 20th of December - normal 9:30am starting time with a special visitor in a socially distanced boat!

Nippers resumes in the new year on the **10th of January 2021**. All Nippers **in January will start at 8:30am and conclue at 10:00am** to try and avoid the busy beach goers. Our Macs Club Champs will be held on the 7th of February 2021.

CHANGING RESTRICTIONS

The rules keep changing due to Covid and we are now able to start a plan to reopen the bar at the club in some form. This has been an extremely challenging time for all of us, and we have really tried to navigate our way through with the safety of our members our highest priority. Stay tuned for more.....

COMPETITION AND CARNIVALS

Carnivals for all our members are being run differently this year, but at least we have been able to proceed. Masters, Boaties, Nippers, Opens - we have competitors at all levels. *Well done to all!*

15-17s LEADERSHIP CAMP

Claire and Aisha represented MacMasters Beach SLSC at the 15-17s Leadership Camp. It is wonderful to see these girls putting themselves forward to take on extra challenges. *Congratulations girls*.

DUKE OF EDINBURGH

We have also managed to hold Duke of Edinburgh camps with Covid safe protocols in place. These were a lot of fun for all - thanks to the supervisors for giving up your time for our kids. The hardest part is actually getting the paperwork done!!!!

POINTSCORE BOARD AND SWIM

Don't forget all members are welcome to join us for the Pointscore Board & Swim on Sunday mornings at 8:15am for 8:30am start.

BOARD TRAINING

Slight changes to Board Training on Wednesday and Fridays with additional sessions for groups. Frank will have Nipper boards (foamies and fibreglass) and Trent will do longboard (mals) training both at 4:15pm on Wednesday and Fridays. Jan will take beginners in the lagoon from 4pm on a Wednesday.

It is really important that **members wear their pink vest to training**. We also **NEED water safety volunteers** or we cannot proceed with sessions - the ratio is 1 to 10 in calm surf and 1 to 5 in bigger surf). Please consider joining the water safety team - all you need is to complete your Surf Rescue Certificate and practical session.

PHOTO PERMISSIONS

You will often see our roving photographer, Suzie Morris on the beach camera in hand taking photos of our Nippers in action. We use these photos on our social media platforms and website (no names mentioned) and also for presentation and club promotion. If you DO NOT want photos of your child used for these purposes please contact Suzie at media@macmastersbeachslsc.com

Please stay in touch and if you have any questions please email me at memberservices@macmastersbeachslsc.com

Wishing you a very Merry Christmas, be safe and let's hope for a wonderful 2021

Alison McNeill, Director of Member Services

Population Changes, COVID and the impact on our Club

with Matt Hingerty

It might not be something we consider on a day to day basis, but population and demographics are critical for our club's future. Think about it - the pipeline of new members largely starts with Nippers and the recruitment of their parents into our club to fill countless voluntary roles - not to mention as patrolling members. In recent years, we've seen how changes in population have impacted clubs further up the coast.

2020 has been an extraordinary year. The media is full of articles about Sydneysiders buying property in the region, seeking a 'sea change' or a 'tree change'. Covid has meant that hard-pressed city workers have worked out they don't need to travel to the CBD to be productive.

So, what does that mean for our local area? And what might be the long-term impacts of changes to population driven by COVID? There's no one better to ask than the Club's major sponsor, Cathy Baker of Belle Property Central Coast - we caught up and had a chat ...

MH: So, Cathy, before Covid 19 struck us, were there any discernible changes in the 'new settlers' coming into our catchment area?

CB: Prior to COVID19 new settlers into the area were predominantly downsizes however, since the pandemic and as you mentioned organisations seeing an increase in productivity as they transitioned to home office's we are now seeing younger families relocating for better quality of life.

Due to travel restrictions we are also seeing an increase in holiday makers and investors picking up a holiday home for investment purposes that also serves them with great personal enjoyment. An additional key trend that we are seeing since lockdowns were enforced are families relocating to be closer to their loved ones which is really lovely to see and be a part of.

During COVID19 85% of our property purchasers have been holiday makers keeping their principal place of residence and utilising the additional home on the weekends. It has been wonderful for property prices although we are not expecting to loose our beautiful quaint character that we have in our area and community.

MH: During the height of Covid, it seemed like the beaches were swarming with families, and mostly fresh faces too, where did they come from?

CB: That's a really interesting question as we see people settling here from all areas, not only city dwellers, the purchasers of 2 South Pacific Drive, Macmasters Beach have come from the Blue Mountains.

They visited the area and fell in love, they had not stayed one night here prior to buying their new home and relocating and they are loving exploring the area and the coastal change.

MH: Has the renewed interest in 'holidaying at home' converted into people deciding to permanently settle in our area, and if so, what will be the net impact - more families or less?



CB: More families, I think we are going to see more Sydney siders enjoying the area and making new traditions for their family holidays, looking for an authentic tranquil environment that is only a short drive away. In time some will sell their city dwelling and relocate permanently as they're are required less in the city.

MH: Looking at the bigger picture, what do you think might be the long-term population trends for our area and what might be their impact on the club?

CB: Macmasters SLSC is the perfect way for anyone relocating to make new connections and friendships and be a part of the community. I think the future of the club is strong.

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Population Changes, COVID and the impact on our Club

continued with Matt Hingerty

MH: I see you recently launched a magazine - what is the thinking there?

CB: For the last 5 years Coastal Lifestyle magazine has been an interesting guide for tourists coming into the area along with a great read for the local community to find out about new businesses and activities to enjoy.

In 2020 I had the opportunity to merge the magazine with Coastal Chic that has been one of the largest influences on the Central Coast. The newly formed Central Coast LIFE and STYLE Magazine and media company was formed in June 2020 and boasts over 60,000 followers from the Central Coast, Sydney and interstate.

The aim of Central Coast LIFE and STYLE magazine is to change the perception of our region by promoting all the wonderful places people can enjoy, excellent restaurants, great activities and an abundance of things to enjoy while either visiting or living in the area.

The next issue of Central Coast LIFE and STYLE magazine will be released on the 15th December 2020 featuring Elyse Knowles who recently stayed on the Central Coast and provided us wth an exclusive interview.

There will also be a Central Coast LIFE and STYLE event running from the 1st - 8th January 2021 at the Killcare Surf Club. We invite you all to attend.

For more information please check out our instagram <u>@centralcoastlifeandstyle</u> or our website <u>centralcoastlifeandstyle.com.au</u>



MH: If people want to contact you, what's the best way?

CB: We are providing a complimentary update for all owners in the area that are interested to know the value of their property since the changes and growth in the market.

We have just sold 22 South Pacific Drive, Macmasters Beach for a record price.

To arrange an appointment I can be contacted on the details below:

E: cathy.baker@belleproperty.com

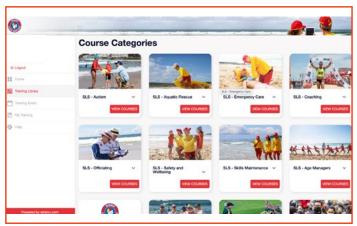
M: 0414 241 005 T: 02 4360 1717



Education and Training with Graham 'Jono' Johnston

The 2021 season brings plenty of new changes to training and education as we adhere to the Covid 19 protocols. Here is an update regarding courses, training and requals:





SURF RESCUE CERTIFICATE & SURF BRONZE MEDALLION:

Parents and members seeking to complete these awards need to be financial surf club members, and be registered on the SLSA Portal - click on the images to the right. The vast majority of this course can be conducted via eLearning found on the portal. The practical component can be completed whilst on surf patrol duty or during Nippers.

WATER SAFETY:

Please note that the basic requirement for completing voluntary water safety at club or competition level is completion of the Surf Rescue Certificate (see above).

REQUAL'S AND PROFICIENCIES:

These must be completed prior to the 30th December and for each award there is an online component on the SLSA portal that will require completion. Content Experts are allocated to each patrol to assess proficiency for each award - ask your Patrol Captain.

KEEN TO JOIN A PATROL?

Active members are always welcome to join our teams on the beach. The minimum requirement to join a rostered patrol is Radio Operations and or a current First Aid Certificate. Further training, if required can be completed on patrols.

ROOKIES ON PATROL!

Rookies are now rostered on patrols. Senior patrolling members are highly encouraged to be proactive with these junior members and actively engage in the teaching of surf and patrolling skills. All rookies require training in Radio Operations, a simple task, yet highly important in the case of an emergency.

TOURNIQUETS

Tourniquets, a life saving device in the case of major blood loss, are now included in the first aid kit. Training in the application of a tourniquet is compulsory during proficiencies and is included in the eLearning on the portal with a practical demonstration required.

ONLINE TRAINING Log on | Start your course now! New Courses and Requalifications Surf Life Saving Aus Member Portal

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Competition Corner with Kylie Dickinson

NEWCASTLE PERMANENT IRON PERSON - ROUND 1 | 14th November 2020 @ Wamberal

The first round of the NP Iron Person Series started with eight Macs competitors. We saw great results all round including:

FEMALE U10 years

Aymee E: 2nd

MALE U14 years

Jerome D: 2nd

Hamish T-M: 3rd







RESERVE MEN: 4th place **RESERVE WOMEN:** 2nd place

U23 MEN: 2nd place
U23 WOMEN: 2nd place
U19 MEN: 2nd place

See news reports and footage of our Macs crews in action: <u>Surf Boat Series organisers pumped, unlike the Umina waves - NBN News</u>.



NIPPER CARNIVAL - UNDER U9S, U10S AND U11S | 6th December 2020 @ Terrigal

What a great day on the beach for the U9s, U10s and U11s carnival - conditions were perfect. Calm with a bit of a wave made for a massive swim and board! The U9s started early and had a strong turn out with great results individually and in teams. The board teams with Sophia/Kirra/Lilliana and Isla/Amber/Miyako had some excellent moments, good skills and great determination. Both teams showed fantastic team spirit cheering on their final team mate through to the finish line.

U10s started at 10am with 11 competitors: Jacqueline, Charlotte, Lucy, Evie, Anita, Jimmy, Annikin, Josh, Nick, Charlie and Tom. Many made it all the way through to semi finals of individual and team events.

U11s were the last to start and with just 4 Macs competitors we finished strongly. The 'race of the day' was the Cameron where Aymee had a great swim putting us into secon placed. Then Noah's quick sprint gave Henry time to just get through before a set hit, and Summer kept us in second with her quick sprint! **Well done Macs!!**

UNDER 9s:

Miyako D: 6th Flags

Lilliana M: semi-final flags,

Amber G: Semi-final flags and Final sprint.

Milla/Isla/Lilliana/Amber: 5th Sprint Relay and 4th Swim Team.

UNDER 11s:

Aymee E: 2nd Swim, 2nd Board Race and 2nd Iron Person

Henry S: 4th Iron Person

Aymee/Noah/Henry/Summer: 2nd Cameron







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The Allen Dickinson Fund

The purpose of the Allen Dickinson Fund is to provide members financial assistance to help achieve a higher level of excellence in their chosen life saving field. This year we had 5 individual applicants all of which were more than suitable for the scholarship.

The Allen Dickinson Fund recipient for the 2020-21 season is CLAIRE HOGGER. Claire has been with MacMasters Beach as a nipper since she joined the U6's in Summer 2010/2011 and is now a cadet. Claire loves to train and compete. She has participated in almost every Nipper carnival throughout the years, as well as the NPBS JuniWWor Iron person and SLSCC Board and Ski series. She enters every event she can and enjoys both the individual and team events. Claire would like to continue with SLS in Opens now that she has finished her time as a Nipper, to continue to improve her skills, for her enjoyment of competing and for fitness.

At the last board meeting, we discussed the winner of the 2020/21 Allen Dickinson Scholarship and it was agreed that CLAIRE HOGGER would be a worthy recipient. We are all impressed by Claire's attitude and commitment to the club and to competition and we have no doubt that a new racing mal will be well used. **Congratulations Claire!** As a one off, the Board agreed that even though SPENCER MORRIS is not the recipient, we would also like to recognise his contribution to the club and competition and give him \$250.

Congratulations to both Claire and Spencer.



Water Safety for Adults - Practical Session

Macs is hosting two practical sessions for qualifying adults for water safety - you only need to attend one. Come and join us at **5:30pm on Friday 11th December or 5:30pm on Friday 18th December at Macs**. This is for parents and members who are financial and can help out with water safety at carnivals and Sunday Nippers.

Participants just need to complete will the online SRC course before they attend the practical session. Access the online course via the <u>SLS Members Portal</u> then:

eLearning -> SLS Skills Maintenance -> Skills Maintenance 2020/21 Surf Rescue Certificate Theory Nippers who have to have turned 13 will also get their SRC and will complete their practical sessions during patrols or on Sunday at Nippers.







Come and join the Water Safety team @ MacMasters Beach SLSC







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Our Life Members with Pat Roberts

From its humble beginnings in 1945, our Club has grown from one with a small handful of Life Savers who patrolled on Sundays and Public Holidays with a reel to perform rescues - to a Club with a current strength of 12 patrols. Patrols today are equipped with the latest equipment and technology - IRBs, rescue boards, oxy-vivas, defibrillators, ATVs, radios, iPads, mobile phones - patrolling every Saturday, Sunday and Public Holiday from September to May - we certainly have come a long way!

We should always remember our past and the contributions made by those who have made our Club what it is today - 'the best little Club on the Coast'. Our Life Members have all helped shape the course of our Club.

I have gathered information for these feature articles from trowelling through Annual Reports, hand written notes and talking to people. These bios will be placed on our website for generations to come, so accuracy is very important – if there are errors/omissions now is the time to email me (vinceroberts32@bigpond.com) with your information. We need to be vigilant about our record keeping; as today's records will soon become our only link to the past.

DOUGLAS WARING - LIFE MEMBER 1975

Douglas (Doug) Waring joined Macmasters Beach SLSC in 1950, his involvement included; administration, surf patrol, member training and competition. In 1975, Doug was the driving force behind the construction of the new Club House that replaced the small fibro 'shack' and allowed the Club to expand and grow it's facilities and services. He was awarded Life Membership 1975.

Doug Waring passed away in 2016 and his ashes were spread over the ocean at MacMasters Beach to ensure he will always be at the place he loved so much.

Involvement and Club Positions:

Gear Steward 1958-1964 Club Vice Captain 1961-1962 March Past Captain 1963-1966 Publicity Officer 1964-1965 Registrar (Hon) 1958-1959 Chief Instructor 1964-1965 Club President 1967-1977

Surf Life Saving Awards:

Bronze Medallion 1952 Instructors Certificate 1960 Advanced Resuscitation Certificate 1976 25 Year National Patrol Service Award 1977

Involvement Central Coast SLSC:

MacMasters Beach delegate 1959-1967

PETER GEORGE - LIFE MEMBER 2002

Peter joined MacMasters Beach SLSC in 1951 as a cadet; he has been involved in all aspects of the club - from administration to surf patrol and competition. Peter is recognised for his leadership and planning in fundraising and with the implementation of the Club's constitution and financial controls. He was awarded Life Membership in 2002.

Club Awards:

Club Captains Award 1958-1959 Wall of Fame Inductee 1997-1998 Club Worker 1994-1995 Bar Fly 1994-1995

Surf Life Saving Awards:

Bronze Medallion 1953

National Patrol Service Award 2019

Competition:

Senior R&R - 1st Branch 1962

Involvement and Club Positions:

Active Patrol Member 1953-1968 Club Boat Captain 1967-1968 Club Treasurer 1994-1998 Club President 2009-2012

Involvement Central Coast SLSC:

Director of Finance 2002

Remembering and celebrating the people who have made Macs the best little Club on the Coast!

In the Macs IRB with: Warren Watkins

Each month we catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick.

Let's chat with our Captain of Patrol 2, Warren Watkins.

How long have you been a member at Macs SLSC?

WW: I think it's about 32 years in total, but I did have a year or 2 break.

What first attracted you to Macs Beach SLSC?

WW: It was the closest beach to where I lived when I moved to the coast with Mum & Dad. The people also made you feel welcome.

What volunteer role/s have you been involved in at Macs?

WW: I've held a few different roles during my time, from gear steward, radio officer and patrol captain, through

to bronze training officer, IRB training officer, assisting with IRB water safety at local and state carnivals and a stint as Deputy President.

Strangest place you have swum?

WW: Abercrombie River - between Bathurst and Goulburn.

Favourite footy team?

WW: Don't really follow NRL. If we talk 'real' football - Manchester United in EPL and our own Mariners in A-League.

Favourite SLSC competition event?

WW: Definitely the thrills and spills of the surfboats.

Favourite menu item on the Barefoot Cafe menu?

WW: Hot chips - simple but hits the spot every time.

Preferred beverage from the Macs Beach Bar?

WW: Six String - keeping it local.

What do you enjoy most about Macs?

WW: Without a doubt it's the people, plus it's also my place of escape/

reflection.

Now you know a little bit more about Warren - have a chat next time you see him around!





Events & Competitions:

DECEMBER 2020:

11 Board Training: Nipper boards w Frank @ Macs 4:15pm

11 Board Training: Longboards w Trent @ Macs 4:15pm

11 Water Safety for Adults - Practical @ Macs 5:30pm

12 AM Patrol 11 | PM Patrol 2 @ Macs

12 NP Ironperson Series R2 @ Umina 9am

13 AM Patrol 7 | PM Patrol 4 @ Macs

13 Point Score Swim/Board @ Macs 8:15am

13 Nippers @ Macs 9:15am

16 Board Training: Beginners w Jan @ Lagoon 4:00pm

16 Board Training: Nipper boards w Frank @ Macs 4:15pm

16 Board Training: Longboards w Trent @ Macs 4:15pm

18 Board Training: Nipper boards w Frank @ Macs 4:15pm

18 Board Training: Longboards w Trent @ Macs 4:15pm

18 Water Safety for Adults - Practical @ Macs 5:30pm

*Extended Patrol Hrs AM: 8:45-1:30 PM: 1:15-6:00

19 AM Patrol 6 | PM Patrol 12 @ Macs

19 2020/21 SLS CC Board & Ski Series R2 @ Umina 12pm

20 AM Patrol 5 | PM Patrol 3 @ Macs

20 Point Score Swim/Board @ Macs 8:15am

20 Last Nippers for 2020 @ Macs 9:15am

23 Board Training: Beginners w Jan @ Lagoon 4:00pm

23 Board Training: Nipper boards w Frank @ Macs 4:15pm

23 Board Training: Longboards w Trent @ Macs 4:15pm

25 Christmas Day

25 AM Patrol Voluntary | PM Patrol Voluntary @ Macs

26 AM Patrol 7 | PM Patrol 8 @ Macs

27 AM Patrol 9 | PM Patrol 10 @ Macs

28 AM Patrol 4 | PM Patrol 5 @ Macs

31 New Year's Eve

JANUARY 2020:

1 New Years Day

1 AM Patrol 11 | PM Patrol 2 @ Macs

2 AM Patrol 1 | PM Patrol 12 @ Macs

2 Gardner Iron Person @ Wamberal

3 AM Patrol 3 | PM Patrol 6 @ Macs

9 AM Patrol 7 | PM Patrol 8 @ Macs

9 Streets Surf Boat Series Rnd 5 LC @ Nobbys Beach

9 17-Masters Carnival @ TBC

10 AM Patrol 5 | PM Patrol 4 @ Macs

10 First Nippers for 2021 @ Macs 8:15am

10 U8-15 Nipper Carnival @ Unima

16 AM Patrol 9 | PM Patrol 10 @ Macs

16 2020/21 CC Board & Ski Series R3 @ North Entrance

17 AM Patrol 1 | PM Patrol 12 @ Macs

23 AM Patrol 11 | PM Patrol 2 @ Macs

23 NP Ironperson Series R3 @ TBC

24 AM Patrol 5 | PM Patrol 6 @ Macs

26 Australia Day

26 AM Patrol 3 | PM Patrol 4 @ Macs

30 AM Patrol 6 | PM Patrol 7 @ Macs

30 Branch - First Aid Competition @ TBC

31 AM Patrol 2 | PM Patrol 11 @ Macs

31 Branch - NP U8-U14 Nipper Carnival @ Copa

FEBRUARY 2020:

6 Branch - Opens @ Shelly Beach

7 Branch - Masters @ Shelly Beach



Our Club

Lifesaving

Education

Activities

Competition

Membership

Club Hire



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Click on our sponsor's logos for more information and to connect with them





EXPERT DESIGN to get the most out of our club house

truenortharchitects.com.au







Australian Government

Beach Safety Equipment Fund

greenstonepartners

leading independent corporate advisory firm

our extraordinary surf boat sponsors



www.freewaterplumbing.com.au









our fuel providers for all occasions



LooLoo's **Coffee Shack** & Warehouse

making our Boat Crews and Masters look even better!

MacMasters & Kincumber









Central Coast always supporting our great little club

