

# Point Break

MacMasters Beach SLSC

October  
2020



Click on images and links throughout Point Break for more information, weblinks and more!



## President's Report with Alan Blackman

### SEASON 2020/21 UNDERWAY

The 2020/21 Patrol Season is underway with our first Patrol hitting the beach on Saturday 26th September. We will have 12 patrols on the beach this season and I want to thank every Patrol member for stepping up to help keep our Patrol members safe.

There is always a lot of work behind the scenes to get everything ready for the start of Patrols. There is a long list of members who help get things ready, but I want to especially thank Peter Roden and Phil Boxsell for the collating the Patrol Roster, it a big and complicated task!

### PATROL COVID SAFE PLAN

All our Patrol will be operating under a Covid Safe Plan to ensure we do everything possible to keep our Patrol Members beach goes as safe as possible. When you come to the beach please make sure you follow the social distancing rules, its up to everyone to do the right thing.



### 2020/21 SEASON REGISTRATION

If you have not renewed your membership, please go on-line and do so. If you have not registered you are not covered by insurance.

### NIPPERS STARTING SOON

Preparations are well underway for the start of our Nipper program, see details elsewhere in this edition.

### BAR/FUNCTIONS MANAGER IN TRAINING

Our Bar Manager and Functions Manager will be unavailable for the beginning of 2021 and we are looking for an individual/s to take the reins in their absence. If you are interested or would like more information please contact David White, Director of Administration at [admin@macmastersbeachslsc.com](mailto:admin@macmastersbeachslsc.com)

*Stay safe, enjoy the beach and stay well.*



**CONTACT THE PRESIDENT!**

### CONTACT THE PRESIDENT

With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club.

So if there is something you would like to talk to me about you can always drop me an email on [president@macmastersbeachslsc.com](mailto:president@macmastersbeachslsc.com) or phone me on 0418 331 649.



**First Competition Event 17/10 see calendar!**

**Covid Safe Nippers starts 25th October 2020**

The Barefoot Cafe is the ideal choice for members, locals and visitors



# BAREFOOT CAFE

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## MACMASTERS BEACH

*delicious menu | casual dining | great service | amazing views*

### MACS UNIFORM SHOP

SURF RESCUE

DHL

OPEN @ the Macs Clubhouse:  
9am-12pm | Sunday 11th + 18th Oct  
CARD ONLY | NO CASH



### MACS UNIFORM SHOP

MACMASTERS

OPEN @ the Macs Clubhouse:  
9am-12pm | Sunday 11th + 18th Oct  
CARD ONLY | NO CASH



Join us at Macs!

MacMasters Beach SLSC  
[macmastersbeachslsc.com](http://macmastersbeachslsc.com)



### MACS CLUB MEMBERSHIP \$55

Senior | Active | Associate | Cadets  
Patrolling Members | Helpers

*- Become a member - Get involved -  
Join in the fun - Bring the whole family!*

**REGISTRATION ONLINE | RENEW | JOIN**

More information visit: [macmastersbeachslsc.com](http://macmastersbeachslsc.com)

# REGISTER ONLINE NOW!

Senior Members | Patrol Members | Nippers



# BOARD HIRE 2020

Contact KYLIE [competition@macmastersbeachslsc.com](mailto:competition@macmastersbeachslsc.com)



Foamies  
Fibreglass  
& Mals

## Board Hire with Kylie Dickinson

### ACCESS TO BOARDS FOR THE 2020/21 SEASON

With current Covid restrictions, the Club has to ensure that any shared equipment is cleaned properly after use. When it comes to board hire please note the following:

- the **NIPPER EQUIPMENT CAGE** will be unlocked for nippers and board training only. There is no access to nipper boards stored in the shed at any other time. It is recommended that any nipper wanting extra practice to hire a board and take it home with them - only hired boards can be taken home.
- the **BACK EQUIPMENT SHED** will be unlocked during board training, masters training and for point score board on Sunday mornings. Members that store their personal or hired boards/ski in the back shed because they are unable to transport them home can access the back shed outside these times provided they register their access to the back shed using the QR code or sign-in sheet that is kept inside the shed. Boards that have not been hired or belong to any other member are not to be taken out of the back shed except during training as they can be cleaned after use.

For more information or to hire boards contact Kylie Dickinson at [competition@macmastersbeachslsc.com](mailto:competition@macmastersbeachslsc.com)

**BOARD Hire**  
MacMasters

**POINT SCORE: SWIM & BOARD**  
@ MacMasters

8:15am Assemble | Sign on  
8:30am Start

Ulls to Masters | Proficiency

WE'RE COVID SAFE



# Membership Matters *with Alison McNeill*

Busy, busy behind the scenes organising Covid Safe Plans and formulating a plan for our members to get the season underway!

## **NIPPER SEASON STARTS 25TH OCTOBER 2020**

Just a couple of weeks until our Nipper season starts and we will communicate with families soon regarding how Nippers will run and meet with requirements to be COVID safe. All age groups will gather on the beach at 9:15am around their age group flag and start at 9:30am. U6-U7 will finish at 10:30am with U8-U14 finishing at 11:00am - this will allow for movement of people off the beach.

## **POINTSCORE BOARD AND SWIM**

All members are invited to participate in the Point Score Board and Swim event every Sunday morning - sign on at 8:15am for an 8:30am start.

## **NOT REGISTERED?**

If you haven't registered for the season please do so ASAP - you cannot participate in Club events unless you are a registered member. If you need assistance with registering please email [registrar@macmastersbeachslsc.com](mailto:registrar@macmastersbeachslsc.com)

## **BAR AND FUNCTIONS**

Our Bar Manager and Functions Manager will be unavailable for the beginning of 2021 and we are looking for an individual/s to take the reins in their absence. If you are interested or would like more information please let us know.

Please stay in touch and if you have any questions please email me at [memberservices@macmastersbeachslsc.com](mailto:memberservices@macmastersbeachslsc.com)

***Register now, stay safe and see you on the beach for a Covid Safe season!***

***Alison McNeill, Director of Member Services***

## **We Need Officials**

Carnivals, at least until the end of December, will be run separately for different age groups. This hopefully means carnivals will not be an all-day event BUT this also means we need officials for each age group. As parents will be encouraged not to stay and watch, becoming an official may be a great way to see your child compete.

To become an official you must be a financial member of the club and you must complete an online course. The course cost \$60 but the Club will refund the cost if you official at two different carnivals.

If you would like to become an official for carnivals or would like more details please contact Kylie Dickinson via email at [competition@macmastersbeachslsc.com](mailto:competition@macmastersbeachslsc.com)



**Time to give back to your Club | How will you be involved?**

# **Nippers** with outgoing Nipper Coordinators Elaine and Lorna

Hello to all our Nipper families, new and returning - *what a year it's been!*

## **CONGRATULATIONS ON 2019/20**

As the end of last season finished so abruptly we had to forego the last day of nippers, presentation and just having fun at beach before patrols stopped. This meant missing out on celebrating with all those who were nominated for awards, did well at state as well as congratulating Judah and Jessica, our Club Boy and Girl. Well done to everyone.

## **2020/21 NIPPERS SEASON**

We hope everyone has stayed safe these past eight months. After much waiting with bated breath we are happy to announce that as of the start of October and per Government recommendations we can proceed with Nippers for season 2020/21. Many hours have been spent over the last two months firstly creating a very stringent Sunday morning nipper covid safe plan then redesigning it every time restrictions are eased.

As outgoing Nipper Coordinators, we have to say a huge thank you to Kylie Dickinson, Alison McNeill and the new coordinator Julia Skinner for their time, patience and persistence. We would also like to thank Julia for taking on this role in the most unusual of times and wish her all the best. Anyone wishing to be her 2IC please let her know!

As everything has to be covid safe and social distancing is of the utmost importance, these ladies have had to redesign the wheel so to speak so MacMasters Beach can have a Nipper season and this season of Nippers will be fluid to say the least.

A new morning roster and beach layout has been designed to minimise the number of people passing or being in one area at one time. This may change weekly depending on what is decided by higher powers and weather. Please listen to your Age Manager, any Covid Marshalls or club members when information is being given out. The guidelines allow for one parent per child only and we would ask that everyone do their bit to help out on the morning. We are all responsible for making our little bit of paradise as covid safe as possible.



## **NIPPERS RETURNS: SUNDAY 25TH OCTOBER**

The first change is that Nippers will start on Sunday 25th October, on the beach at 9.15am for a 9.30am start. There will be no meeting in the clubhouse but rather all Nippers will meet on the beach at their allocated event. Each age groups flag will be on display. As always there will be a calendar posted on the Facebook page, website and paper copies will be available. The calendar will only run until December allowing for any changes over the next few months. All important dates will be announced but there will be big changes to carnivals (see below) and our club championship. Further details will be provided as information comes to hand.

## **THE SHED AND BOARD HIRE**

The shed has had a big clean up and we want it to stay as organised as possible. If you would like to hire a board please speak to Kylie Dickinson (Director of Competition). You will also notice that sanitising will be a priority. More information will be provided closer to the time.

## **NIPPER CARNIVAL ENTRY**

Please refer to our calendar on page 9 for carnival dates until the end of the year. ALL carnival entries need to be communicated to Suzanne by 2pm on Saturday THE WEEK BEFORE the carnival. No late entries this season!

## **FUNDRAISING AND EVENTS**

Unfortunately fundraising events such as the BBQ and Christmas Carols will not proceed this year and this will have a huge impact on club funds. We would like to give a big shout out to Lynda Gundry for her efforts every Sunday morning to provide much needed sustenance. We will certainly miss this and you!

## **STAY COVID-SAFE**

As everyone volunteers their time to the club, we ask that everyone abide by the regulations no matter how unfair, ridiculous or extreme they might seem. If we can get through the first month safely, who knows how the rest of the season might proceed.

***We look forward to seeing you on the beach!***



# Board Training

## BOARD TRAINING - WEDNESDAYS AND FRIDAYS @ MACS

Board training is on Wednesday and Fridays for registered members. Through October Board Training will be held at Macs beach from 4:15pm for members on foamies, fibreglass and Mals including competent U10s to Masters.

Each member must have completed their proficiency in 2019/20 season and is required to sign in each session using the QR code.

## BOARD TRAINING - WEDNESDAYS @ LAGOON

From the beginning of the school term, Wednesday 14th board training will comment at the Lagoon from 4:00pm to 5:00pm. Members can collect boards from the shed at 3:45pm and sign them out via Kylie. Boards not hired will need to be cleaned properly on their return to shed.

Each member must have completed their proficiency and parents will need to register their child for each session using a QR code provided or sign in sheet at the lagoon.

# BOARD TRAINING

## @ MacMasters

WE'RE  
COVID  
SAFE

## Wednesdays

4:00pm Beginners @ LAGOON\* from 14th Oct

\*depending on the water quality

4:15pm Foamies, Fibreglass, Mals  
& Masters @ BEACH

## Fridays @ BEACH

4:15pm Foamies, Fibreglass,  
Mals & Masters

BOARDS: SIGN OUT OF SHED WITH KYLIE!

\*CHECK MACS FACEBOOK FOR UPDATES!

Photo: Roslyn Donohoe Photography

## THE FLAGS ARE UP

MACMASTERS PATROL SEASON  
26 SEPTEMBER 2020 TO 25 APRIL 2021

SURF LIFE SAVING  
MACMASTERS BEACH





# Education and Training *with Graham 'Jono' Johnston*

The 2021 season brings plenty of new changes to training and education as we adhere to the Covid 19 protocols.

## SLSA MEMBER PORTAL

Most importantly **ALL MEMBERS** need to be registered on the SLSA Member Portal to complete new training and compulsory proficiencies. This must be done as there are modules in the "Etrain You" (eLearning) section of the portal for easy online training.

## SURF LIFE SAVING TRAINING MANUAL

The Portal also has a copy of the latest edition of the **Surf Life Saving Training Manual**, you will need to purchase this for \$10 to access information needed for new courses.

## BRONZE MEDALLION

The Bronze Medallion now includes the important module of 'Spinal Management'. The training team have prioritised spinal management to a high standard for many season now, resulting in an easy transition for the upgrade during proficiencies.

Training for your Bronze Medallion can also be completed on 'Patrol' with our already approved delegates and Patrol Captains able to assist and provide comment through the online training portal.

## SURF RESCUE CERTIFICATE

Our Surf Rescue Certificate now includes the 'Radio Operators Certificate', again this can be completed on patrol. There is more emphasis on Radio documentation and maintenance than in previous years. Our current Radio Operators on patrol can provide the guidance for completion of this module.

## ADVANCE RESUSCITATION

Advance Resuscitation has not changed, however the online portal e-Learning must be completed prior to course attendance.

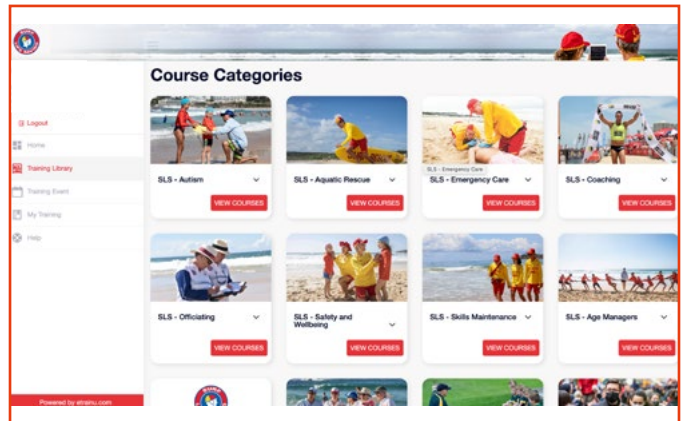
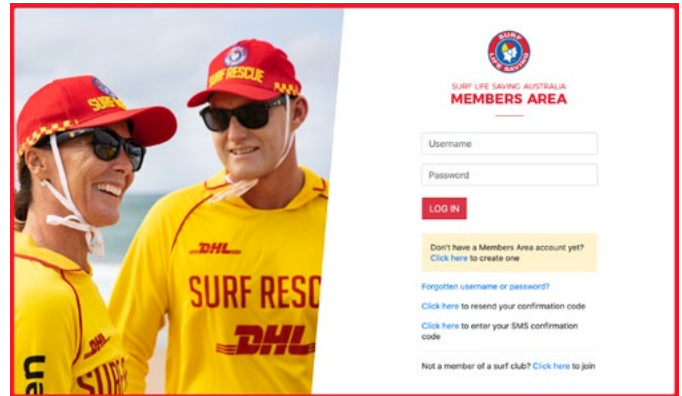
## IRB DRIVER AND CREW

Advice is still to be received on IRB Driver and Crew training and proficiency.

## COVID SAFETY

Covid Safety is paramount and the training room is limited to 8 participants with social distancing to be marshalled.

We are about to commence training and there is a large group of young members ready to commence training. Our competency based approach is still preferred with e-Learning assisting assessments.



# ONLINE TRAINING

## Log on | Start your course now!

### New Courses and Requalifications

### Surf Life Saving Aus Member Portal

# belle PROPERTY

*Giving everyone a place to call home,  
as we call our club home!*

## *In the Macs IRB with: Frank Hodgkinson*

Each month we catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick.

Let's chat with our 2019/20 Club Person of the Year, Frank Hodgkinson.

### **How long have you been a member at Macs SLSC?**

**FH:** At least 12 years or more, cant be 100% sure.. it's just gone so fast ...

### **What first attracted you to Macs Beach SLSC?**

**FH:** I guess it's the location and the people...I always remember meeting Pete Roden on the first day at Nippers and he was doing non stop water safety swims back then too.

### **What volunteer role/s have you been involved in at Macs?**

**FH:** I did water safety, and water safety co-ordinator with Leigh Walter's for a few years. Then the club needed officials and I helped out there at local and state comps for juniors and seniors. *[Ed: Frank is very modest - he pops up everywhere and helps out at every opportunity!]*

### **Strangest place you have swum?**

**FH:** Queen Mary Reservoir in winter in West London under the flight path to Heathrow, I think with wind chill the air temp was -3C! The best swim I did was the Cole Classic from Shelly Beach to Manly!!

### **Favourite footy team?**

**FH:** Sea Eagles .. as Manly was the first place we lived in Oz.

### **Favourite SLSC competition event?**

**FH:** Board'n'ski ... it's a fast and quick ...with up to 4 board races, you just get on the line and go, it's all done in 2hrs and heaps fun, definitely worth a go.

### **Favourite menu item on the Barefoot Cafe menu?**

**FH:** Pad Thai.

### **Preferred beverage from the Macs Beach Bar?**

**FH:** Ice cold schooner after a swim on hot day.

### **What do you enjoy most about Macs?**

**FH:** I think it's just a great place to chill out, enjoy the ocean and have fun.



*Now you know a little bit more about Frank - have a chat next time you see him around!*



# Events & Competitions:

## OCTOBER 2020:

- 11 Point Score Swim/Board @ Macs 8:15am
- 11 Macs Uniform Shop OPEN @ Macs 9am-12pm
- 14 Board Training: Beginners @ Logoon 4:15pm
- 14 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 16 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 17 U14-Masters Carnival @ Terrigal
- 18 Point Score Swim/Board @ Macs 8:15am
- 18 Macs Uniform Shop OPEN @ Macs 9am-12pm
- 21 Board Training: Beginners @ Logoon 4:15pm
- 21 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 23 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 24 U12-Open Carnival @ Shelly Beach
- 24 Streets Surf Boat Series LC @ Catherine Hill Bay
- 25 Point Score Swim/Board @ Macs 8:15am
- 25 **2020/21 Nippers season STARTS!**
- 28 Board Training: Beginners @ Logoon 4:15pm
- 28 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 30 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 31 SLSCC 13-14s Youth Development Day @ The Lakes

## NOVEMBER 2020:

- 1 Point Score Swim/Board @ Macs 8:15am

- 1 Nippers @ Macs
- 1 NP U12-U13 Nipper Carnival @ Killcare
- 4 Board Training: Beginners @ Logoon 4:15pm
- 4 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 6 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 8 Point Score Swim/Board @ Macs 8:15am
- 8 Nippers @ Macs
- 11 Board Training: Beginners @ Logoon 4:15pm
- 11 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 13 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 14 Streets Surf Boat Series LC @ TBA
- 15 Point Score Swim/Board @ Macs 8:15am
- 15 Nippers @ Macs
- 18 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 20 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 22 Point Score Swim/Board @ Macs 8:15am
- 22 Nippers @ Macs
- 25 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 27 Board Training: U10-14/Sen/Masters @ Macs 4:15pm
- 29 Point Score Swim/Board @ Macs 8:15am
- 29 Nippers @ Macs
- 29 NP U9-U10 Nipper Carnival @ Terrigal - Morning
- 29 NP U11 Nipper Carnival @ Terrigal - Afternoon



[Our Club](#)

[Lifesaving](#)

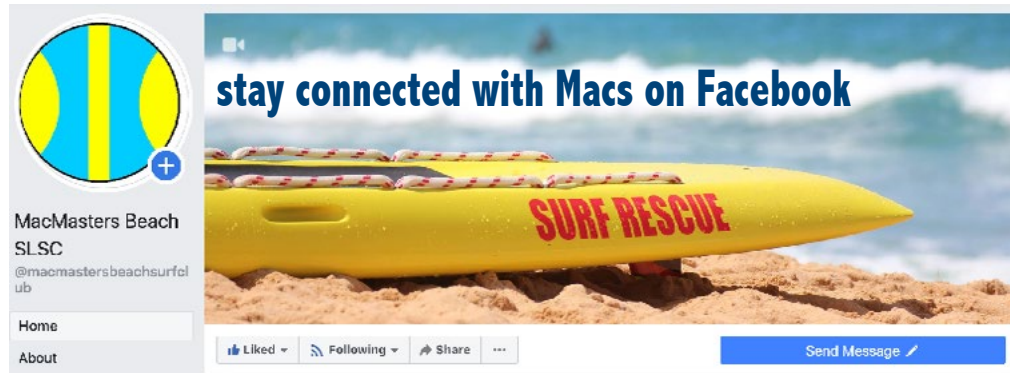
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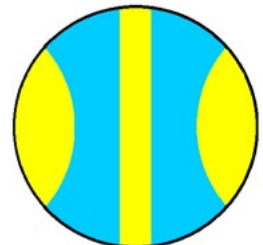
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# Instagram



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Click on our sponsor's logos for more information and to connect with them



Supporting Macs by keeping  
our IRB motors  
running smoothly

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FAMILY  
AUTOMOTIVE**



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to get the most out of our club house

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NSW  
GOVERNMENT  
enabling us to allow  
inclusion



ABILITY  
LINKS  
NEW SOUTH WALES



Australian Government

Beach Safety Equipment Fund

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A leading independent corporate advisory firm

our extraordinary surf boat sponsors



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with love

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& Warehouse  
making our  
Boat Crews  
and Masters  
look even better!

MacMasters & Kincumber



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always  
supporting  
our great  
little club

