

# Point Break

MacMasters Beach SLSC

December  
2019



Click on images and links throughout Point Break for more information, weblinks and more!



## President's Report with Alan Blackman

### MERRY CHRISTMAS TO ALL - MAY YOU ENJOY PEACE AND HAPPINESS

It's hard to believe that December has arrived and Christmas is almost here!

This year has certainly flown by and I am sure everyone is looking forward to a break over the Christmas period and some time to enjoy the beach and to relax.

On behalf of all the Board members I want to wish every member a very happy and safe Christmas as we celebrate this special time of year. A big thank you to all our patrol members who will be very busy over the holiday period as our beach becomes very busy with many visitors. Each member will be volunteering many hours to help keep our beach a safer place.

Please remember to swim between the flags.

**Our Christmas Carols, Twilight Nippers and Patrol member drinks are all happening on Sunday 15th. Come along and enjoy the celebrations.**

### BUSHFIRE APPEAL FUND RAISER

A great crowd of Club members and our local community came together on Friday 22nd November to raise funds for the Salvation Army Bushfire Appeal. A wonderful night of music, raffles and fun saw over \$12,000.00 raised to support those impacted by the fires.

What an amazing effort and a huge thank you to the great many people who helped organise the night, well done to everyone. The Club donated 50% of the bar takings from the night to help boost the total amount.

### ANNUAL DOOR KNOCK, SUNDAY 5TH JANUARY 2020

We need collectors for our annual door knock. Be at the clubhouse at 9am on the 5th of January, 2020 to help out. Wear your patrol or Club shirt. With enough people we will be done by midday.

**Many hands make light work - come along and lend a hand!**

**CONTACT THE PRESIDENT** With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club. So if there is something you would like to talk to me about you can always drop me an email on [president@macmastersbeachslsc.com](mailto:president@macmastersbeachslsc.com) or phone me on 0418 331 649.

**\$12,000**  
raised for  
the Salvation Army  
**BUSHFIRE**  
**APPEAL**



**Celebrate Christmas @ Macs on 15 December!**

**Twilight Nippers, Santa, drinks and Carols**

The Barefoot Cafe is the ideal choice for members, locals and visitors



# BAREFOOT CAFE

## MACMASTERS BEACH

*delicious menu | casual dining | great service | amazing views*

### MACS CLUB MEMBERSHIP \$55

Senior | Active | Associate | Cadets | Patrolling Members | Helpers

*Become a member | Get involved | Join in the fun | Bring the whole family!*

### NIPPERS FAMILY MEMBERSHIP

# BOARD TRAINING

@ MacMasters

WATER  
SAFETY  
NEEDED

TRAINING  
THROUGH  
THE HOLIDAYS  
EXCEPT PUBLIC  
HOLIDAYS!

## Wednesdays

4:15pm Beginners @ LAGOON\*

\*depending on the water quality

4:15pm Foamies & Fibreglass @ BEACH

5:15pm Mals & Masters @ BEACH

## Fridays @ BEACH

4:15pm Foamies & Fibreglass

5:15pm Mals & Masters

IF YOU CAN HELP OUT  
WITH WATER SAFETY  
PLEASE CHAT TO TRENT

\*CHECK MACS FACEBOOK FOR UPDATES!

Photo: Roslyn Donohoe Photography

# Competition Corner

**STREET BOAT SERIES ROUND 2 | 3rd November 2019 @ Terrigal**

Boaties results from Round 2 in the *Streets Boat Series* at Terrigal:

**RESERVE MEN:**

*Fat Dads* - 1st place

*Baby Cows* - 2nd place

**RESERVE WOMEN:**

*Bouyances* - 5th place

**U23 MEN:**

*UFCs* - 2nd place

*Blue* - 3rd place

**U23 WOMEN:**

*Martinies* - 2nd place

**U19 MEN:**

*Whippets* - 4th place



*Giving everyone a place to call home,  
as we call our club home!*



**Emerald Press**

Digital Printing • Offset Printing • Packaging

# Christmas *at Macs*

You're invited to celebrate Christmas

*Nippers style*

at MacMasters Beach SLSC

***Sunday 15th December 2019***

**3:30pm** Twilight Nippers

**4:45pm** Photos with Macs Santa

**5:00pm** Volunteer drinks

**5:00pm** Nippers sausage sizzle

**6:00pm** Carols with *Coast Community Church*

Looking forward to

*celebrating*

with you!

**ALL WELCOME!**



# Our Life Members *with Pat Roberts*

From its humble beginnings in 1945, our Club has grown from one with a small handful of Life Savers who patrolled on Sundays and Public Holidays with a reel to perform rescues - to a Club with a current strength of 12 patrols. Patrols today are equipped with the latest equipment and technology - IRBs, rescue boards, oxy-vivas, defibrillators, ATVs, radios, iPads, mobile phones - patrolling every Saturday, Sunday and Public Holidays from September to May - we certainly have come a long way!

We should always remember our past and the contributions made by those who have made our Club what it is today - *'the best little Club on the Coast'*. Our Life Members have all helped shape the course of our Club.

I have gathered information for these feature articles from trawling through Annual Reports, hand written notes and talking to people. These bios will be placed on our website for generations to come, so accuracy is very important – if there are errors/omissions now is the time to email me ([vinceroberts32@bigpond.com](mailto:vinceroberts32@bigpond.com)) with your information. We need to be vigilant about our record keeping; as today's records will soon become our only link to the past.

## **JIM MYERS - LIFE MEMBER 1999/2000**

James (Jim) Myers was awarded Life Membership in 1999/2000 in recognition of his involvement and contributions to MacMasters Beach SLSC over many years.

### **Surf Life Saving Awards:**

Bronze Medallion (BM) 1983  
Advanced Resuscitation Certificate (ARC) 1989  
Training Officers Certificate (TOC) 1990  
IRB Driver's Certificate 1990  
ARC-TOC 1992  
IRB-TOC 1993  
Level 1 Coach's Certificate 1993  
Level 2 Coach's Certificate 1994  
Examiners Certificate in BM, ARTC, IRB 1994

### **Other Awards:**

Sports' Medicine Certificate 1992  
Level 1 Sports Administration Certificate 1997

### **Competition:**

Surf Boats 1988-1997  
Beach and water events 1992-1998

### **Positions Held at MacMasters Beach SLSC:**

#### **- Junior Activities:**

Treasurer 1985-1987  
Secretary 1988-1990  
Chairman 1990-1997  
Coach 1990-1999

#### **- Senior Activities**

Active Patrol Member 1983-2019  
Patrol Captain 1994-2019  
Club Captain 1990-1995  
Chief Instructor 1996-1997  
Club President 1997-2007  
Cadet Coach 1997-1999

#### **Central Coast Branch:**

- member of Board of Life Saving and Competition  
Life Member

#### **MacMasters Beach Club involvement:**

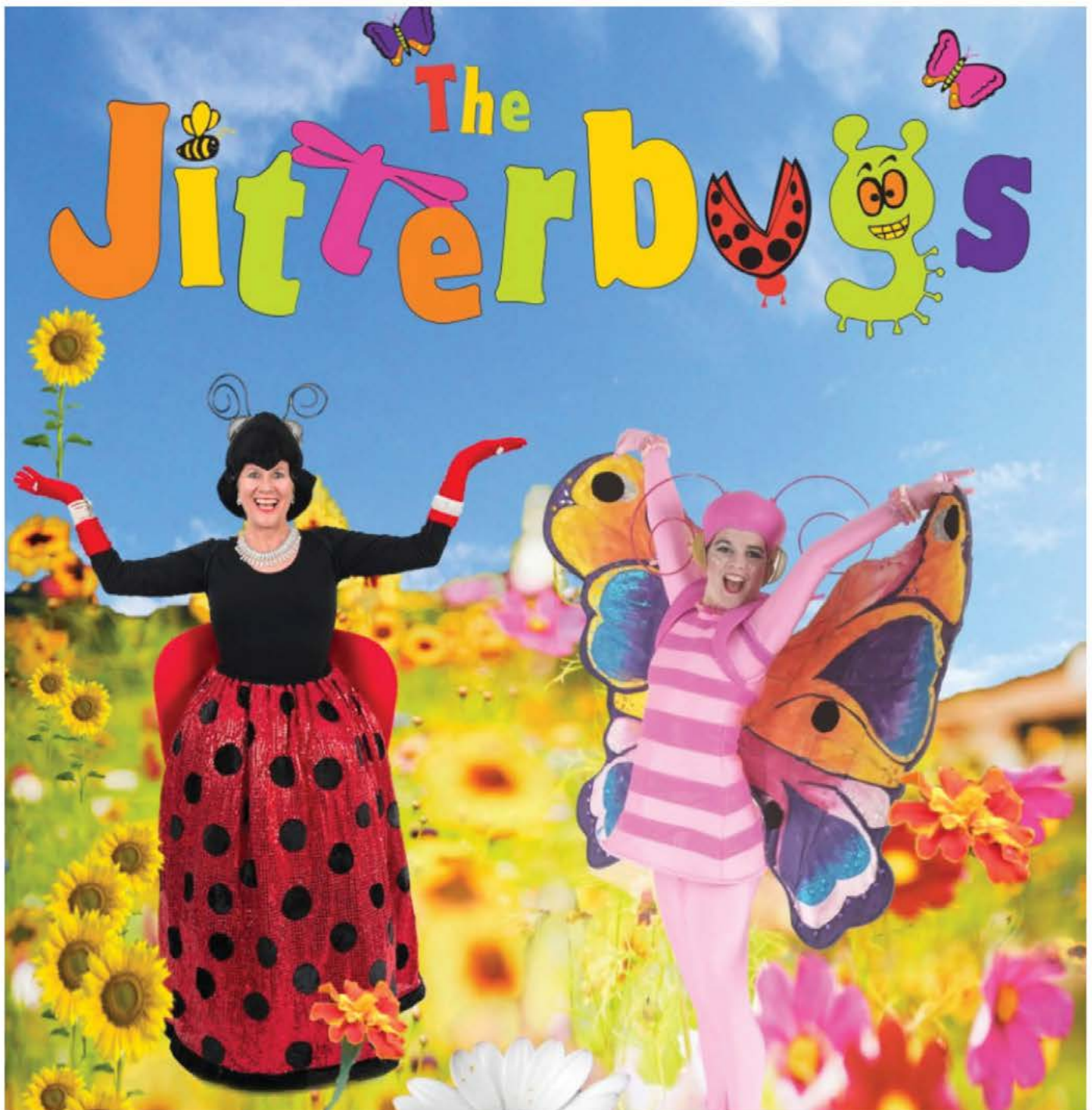
- instrumental in moving the club's executive structure in line with the SLSA and SLS NSW.  
- coached the club's first ever and only Australian SLS finalist in TAPLIN team, a major achievement for our small club.  
- organising, fundraising, fitness sessions, social activities and MC at numerous club events.  
- established the Winter Swim Group 'Mac's Maniacs'.

**Jim's commitment and involvement to MacMasters Beach SLSC is outstanding!**

**If we can't see you, we can't save you**

So please, be safe and always swim between the red and yellow flags. [beachsafe.org.au](http://beachsafe.org.au)





**6PM NEW YEARS EVE 2019**  
**FOLLOWED BY DJ 'TIL LATE**  
**KIDS OF ALL AGES!**  
**EVERYONE WELCOME!**  
**MACMASTERS BEACH SLS CLUB**

## *In the Macs IRB with: Jim Myers*

Each month we will catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick.

Let's chat with our Life Member, Patrol Captain Jim Myers.

**How long have you been a member at Macs SLSC?**

**JM:** A long time!

**What first attracted you to Macs Beach SLSC?**

**JM:** It's location.

**What volunteer role/s have you been involved in at Macs?**

**JM:** President, club captain, chief instructor, patrol captain, nipper chairperson, nipper secretary, boat sweep, club coach, bootcamp coordinator, Macs Maniacs coordinator.

**Strangest place you have swum?**

**JM:** Cinque terre in Italy.

**Favourite footy team?**

**JM:** It was West's *MAGPIES* but they are gone so now Melbourne Storm.

**Favourite SLSC competition event?**

**JM:** Relay events/boats.

**Favourite menu item on the Barefoot Cafe menu?**

**JM:** Coffee.

**Preferred beverage from the Macs Beach Bar?**

**JM:** Tooheys New beer.

**What do you enjoy most about Macs?**

**JM:** It's people.



*Now you know a little bit more about Jim - have a chat next time you see him around!*

**MACS BEACH  
BOOTCAMP**

FREE for Members @ Macs SLSC  
6pm Tuesday & Thursday | 8:15am Sunday

MacMasters  
Beach

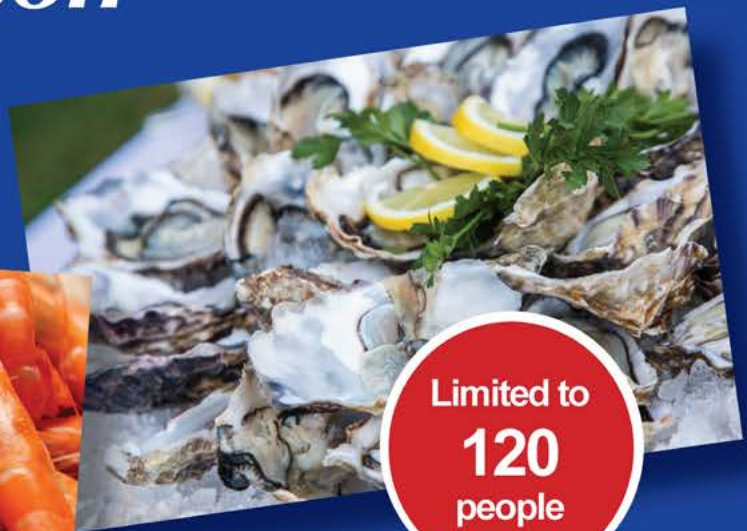
# **MacMasters Beach SLSC**

*Famous...*

## **Prawn & Oyster Function**

4th January 2020 - 12.30 pm

***\$60 per person***



Limited to  
**120**  
people

**Menu: Prawn & Oyster /Chicken and Salad**

*Bookings essential, book now via our website...*

**[www.macmastersbeachslsc.com](http://www.macmastersbeachslsc.com)**

**Highlighting: the international  
“prawn peeling” competition.**



# #Safeguarding - Child Safe Standard Number 10

## **Child Safe Policies and Procedures - Policies and Procedures Document how MacMasters Beach Surf Club is Child Safe**

- A) Policies and procedures address all Child Safe Standards.
- B) Policies and procedures are accessible and easy to understand.
- C) Best practice models and stakeholder consultation inform the development of policies and procedures.
- D) Leaders champion and model compliance with policies and procedures.
- E) Members understand and implement the policies and procedures



## #Safeguarding Online Training

As we continue to raise awareness of #Safeguarding our young members at MacMasters Beach SLSC, we are encouraging everyone in the club, particularly the executive, coaches, age managers, junior activities managers and trainers, to participate in a free online training course, to remind them of their responsibilities in looking out for our young members.

#Safeguarding has been a key topic since launched at the SLSNSW State Conference in July 2018. Our club has received information on safeguarding – focusing on making a commitment and following the Codes of Conduct. The next step in our implementation is a focus on raising awareness and educating members.

The more people who are aware of the signs of abuse and what to do if they notice them, the more able our organisation is to provide an environment which protects children and young people. Surf Life Saving has two key resources to assist with this:

1. [The Online Safeguarding Training course](#): This **free** online course takes around 20 minutes to complete and provides practical examples and scenario-based training. It aims to increase members' awareness of child abuse and child protection, and to improve their confidence to be able to take appropriate action when they become concerned for the safety of a child.
2. [The Safeguarding Guidelines](#) have been developed to complement this training by providing written information about abuse, indicators of abuse and how to report. These guidelines also include information from the SLS Codes of Conduct as promoted in Step 2 of the Safeguarding Children & Young People roll-out.

Thanks in advance for your interest and participation.

[Access the course here and follow links provided.](#)



NEWCASTLE PERMANENT



# DUCKS FOR BUCKS

Adopt a duck and help celebrate the annual Ducks for Bucks race

**\$5000 PRIZE MONEY**

**Sunday 26th January 2020**  
(Australia Day)

The Entrance Memorial Park. Race starts at 6.05 pm

**1ST PRIZE**  
**\$2500**

**2ND PRIZE**  
**\$1500**

**3RD PRIZE**  
**\$1000**



All Proceeds go to  
Surf Life Saving Central Coast  
and the 15 Surf Clubs  
ABN: 67048543118



***Adopt a duck today!***

<https://www.raffletix.com.au/ducksforbucks>

Prize Money is in the form of a Bank Account with Newcastle Permanent



# Events & Competitions:

## DECEMBER 2019:

- 14 On Patrol: 8:45am Patrol 7 | 12:45pm Patrol 7
- 14 Hunter Carnival @ Caves Beach
- 15 On Patrol: 8:45am Patrol 2 | 12:45pm Patrol 11
- 15 [NP Junior Ironperson #2](#) @ Avoca
- 15 **Twilight Nippers** 3:30pm @ Macs
- 15 **Macs Carols & Santa** 5:00pm @ Macs
- 20 LIVE MUSIC: 3 Aces 7:00pm @ Macs
- \*Extended Patrol Hours commences 9:00am-6:00pm\**
- 21 On Patrol: 8:45am Patrol 9 | 1:15pm Patrol 8
- 21 Board and Ski R2 @ Terrigal
- 22 On Patrol: 8:45am Patrol 1 | 1:15pm Patrol 12
- 25 **Christmas Day - Merry Christmas!**
- 25 On Patrol: 8:45am \*voluntary\* | 1:15pm \*voluntary\*
- 25 **Boxing Day**
- 26 On Patrol: 8:45am Patrol 3 | 1:15pm Patrol 10
- 26 Terrigal Twilight @ Terrigal
- 28 On Patrol: 8:45am Patrol 6 | 1:15pm Patrol 5
- 29 On Patrol: 8:45am Patrol 4 | 1:15pm Patrol 7
- 29 No Nippers
- 31 **New Years Eve**
- 31 **Jitterbugs Kids Disco** 6:00pm @ Macs
- 31 DJ Music **\*All Welcome\*** 8:00pm 'til late @ Macs

## JANUARY 2020:

- 1 **New Years Day**
- 1 On Patrol: 8:45am Patrol 9 | 1:15pm Patrol 8
- 4 On Patrol: 8:45am Patrol 2 | 1:15pm Patrol 11
- 4 **Prawn & Oyster Function** @ Macs
- 4 **Gardner Ironperson** @ Wamberal
- 5 **Macs Annual Doorknock - We NEED YOUR HELP!**
- 5 **Nippers to participate in Annual Doorknock :)**
- 5 On Patrol: 8:45am Patrol 1 | 1:15pm Patrol 12
- 5 **Streets Boat Series R4** @ Ocean Beach
- 11 On Patrol: 8:45am Patrol 3 | 1:15pm Patrol 10
- 12 On Patrol: 8:45am Patrol 5 | 1:15pm Patrol 4
- 11 **Opens/Masters Carnival** @ Terrigal Beach
- 11 **Rookie Challenge** @ Terrigal
- 12 **Pointscore Board and Swim** 8:45am @ Macs
- 12 **Nippers** 9:20am @ Macs | BBQ Gp 10
- 18 On Patrol: 8:45am Patrol 11 | 1:15pm Patrol 2
- 19 On Patrol: 8:45am Patrol 8 | 1:15pm Patrol 9
- 18 [NP Junior Ironperson #3](#) @ Soldiers Beach
- 19 **U8-U15 Carnival** @ Toowoona Bay
- 19 **Combined Nippers** 9:20am @ Macs | BBQ Gp 11
- 19 **Masters Carnival** @ Fingal Bay
- 25 On Patrol: 8:45am Patrol 7 | 1:15pm Patrol 6

26 On Patrol: 8:45am Patrol 1 | 1:15pm Patrol 12

## 26 Australia Day

26 **Duck for Bucks** @ The Entrance

26 **No Nippers**

27 On Patrol: 8:45am Patrol 11 | 1:15pm Patrol 2

## FEBRUARY 2020:

*\*Normal Patrol Hours re-commence 9:00am-5:00pm\**

- 1 On Patrol: 8:45am Patrol 3 | 12:45pm Patrol 10
- 1 **Streets Boat Series R5** @ Stockton Beach
- 1 **Board and Ski R3** @ Avoca Beach
- 2 **Central Coast Branch U8-U15 Carnival** @ Copa
- 2 **Combined Nippers** 9:20am @ Macs | BBQ Gp 12
- 2 On Patrol: 8:45am Patrol 5 | 12:45pm Patrol 4
- 8 On Patrol: 8:45am Patrol 7 | 12:45pm Patrol 6
- 8 **Central Coast Branch Opens/Boats** @ Umina
- 9 On Patrol: 8:45am Patrol 8 | 12:45pm Patrol 9
- 9 **Junior Club Champs** 2:00pm @ Macs | BBQ Gp 13
- 9 **Central Coast Branch Masters Carnival** @ Umina
- 15 On Patrol: 8:45am Patrol 10 | 12:45pm Patrol 3
- 16 On Patrol: 8:45am Patrol 12 | 12:45pm Patrol 1
- 16 **Nippers** 9:20am @ Macs | BBQ Gp 14
- 22 On Patrol: 8:45am Patrol 2 | 12:45pm Patrol 11
- 23 On Patrol: 8:45am Patrol 4 | 12:45pm Patrol 5
- 23 **Nippers** 9:20am @ Macs | BBQ Gp 15
- 23 [Junior Club Champs back up date] @ Macs
- 23 **Senior Club Champs** 2:00pm @ Macs
- 28-1 **State Nipper U9-U14 Champs** @ Swansea/Belmt
- 29 On Patrol: 8:45am Patrol 1 | 12:45pm Patrol 12

## MARCH 2020:

- 1 On Patrol: 8:45am Patrol 9 | 12:45pm Patrol 8
- 1 **State Nipper U9-U14 Champs** @ Swansea/Belmt
- 1 **Combined Nippers** 9:20am @ Macs | BBQ Gp 16
- 4-5 **State Masters Champs** @ Swansea/Belmt
- 6-8 **State U14-Opens Champs** @ Swansea/Belmt
- 7 On Patrol: 8:45am Patrol 3 | 12:45pm Patrol 10
- 8 On Patrol: 8:45am Patrol 6 | 12:45pm Patrol 7
- 8 **Last Nippers/Fun Day** 9:20am @ Macs | BBQ Gp 17
- 8 **U6-U7 Presentation** @ Macs
- 14 On Patrol: 8:45am Patrol 11 | 12:45pm Patrol 2
- 15 On Patrol: 8:45am Patrol 5 | 12:45pm Patrol 4
- 21 On Patrol: 8:45am Patrol 7 | 12:45pm Patrol 6
- 22 On Patrol: 8:45am Patrol 8 | 12:45pm Patrol 9
- 22 **Streets Boat Series R6** @ Caves Beach
- 28 On Patrol: 8:45am Patrol 10 | 12:45pm Patrol 3
- 28 **Streets Boat Series R7 + Pres** @ Soldiers Beach
- 29 On Patrol: 8:45am Patrol 2 | 12:45pm Patrol 11
- 29 **Junior/Nipper Presentation** 2:00pm @ Macs

# Competition Corner

**LIFESAVING WORLD CHAMPIONSHIPS 2020 | 18 September - 5 October 2020**

We would like to let everyone in the club know that Macs is sending a team over to Riccione, Italy in September 2020 to the Lifesaving World Championships!

We currently have about 12 Macs Masters planning to head over the Italy. These world championships. These world championships are for youth, opens, masters and boats. Masters are already jumping on board, so let's see other members join in too!!

Everyone is welcome to join our 'Macs Masters', so for more information visit the [Lifesaving World Championships 2020 website](#).



[Our Club](#)

[Lifesaving](#)

[Education](#)

[Activities](#)

[Competition](#)

[Membership](#)

[Club Hire](#)



**Check out Macs online:** [www.macmastersbeachslsc.com](http://www.macmastersbeachslsc.com) Access information about all our Macs surf life saving activities and Club including: news | events | minutes

## *In the Macs Clubhouse with: Loo Loo*

Welcome to our new series, where each month we will catch up with one of our valued Macs Sponsors to find out why they are involved in our great Club and what makes them tick.

This month we chat to Loo Loo, from Loo Loo's Coffee Warehouse, Kincumber and Coffee Shack, MacMasters Beach.

### **How long have you been a sponsor of Macs SLSC?**

**Loo Loo:** Nearly 5 years. Since we opened our little Coffee Shack.

### **What first attracted you to Macs Beach SLSC?**

**Loo Loo:** Noddy Norman, and her persuasive and infectious enthusiasm, in encouraging me to put some money towards a surfboat.

### **What does sponsoring Macs Beach SLSC mean for your business?**

**Loo Loo:** It's more about, 'What can WE do for Macs club?' than, 'What can Macs club do for us?'. *Is it time for new oars?*

### **Strangest place you have swum?**

**Loo Loo:** I guess the Dead Sea in Galilee - such a weird salty feeling to be able to sit in the water.

### **Favourite footy team?**

**Loo Loo:** Go the Giants! You nearly got there.

### **Favourite SLSC competition event?**

**Loo Loo:** Well, after the boat crews, it's gotta be the Annual Prawn Peeling Competition. I'm currently the reigning champion! Come and challenge me at this years Prawn and Oyster!! 4th Jan... that's a plug for John!

### **Preferred beverage from the Macs Beach Bar?**

**Loo Loo:** I've got expensive taste! Can't go past the Scarborough Chardonnay or a bottle of Jantz bubbles.

### **What do you enjoy most about Macs?**

**Loo Loo:** I love that Macs is community owned, and not a council run club. It reminds me of my Aussie childhood - surf and sandcastles. Uncomplicated, friendly, inclusive, generous. Men in Speedos and zinc cream. Beer and bubbles. Babies to grannies (hello Janet!). Thank you Macs for making me feel welcome!

*Now you know a little bit more about Loo Loo - have a chat next time you see her and pop into Loo Loo's Warehouse at Kincumber or the Coffee Shack at MacMasters Beach - supporting the people who support Macs!*



# MACS SPONSORS AND SUPPORTERS:

## Support those who support us!

Click on our sponsor's logos for more information and to connect with them



Supporting Macs by keeping  
our IRB motors  
running smoothly

**JD'S  
FAMILY  
AUTOMOTIVE**



**TRUE N<sup>o</sup>RTH  
ARCHITECTS**

**EXPERT DESIGN**  
to get the most out of our club house

[truenortharchitects.com.au](http://truenortharchitects.com.au)



**NSW  
GOVERNMENT**

enabling us to allow  
**inclusion**

**greenstonepartners**  
A leading independent corporate advisory firm

our extraordinary surf boat sponsors



**freewater**  
PLUMBING PTY LTD

Lic No. 161568C  
Plumbers - Drainers  
Gasfitters - Rainwater Tank Installation

**M: 0410 654 643**  
E: [info@freewaterplumbing.com.au](mailto:info@freewaterplumbing.com.au)  
[www.freewaterplumbing.com.au](http://www.freewaterplumbing.com.au)



**SEACOAST  
FISHING**  
CENTRAL COAST



**ABILITY  
LINKS**  
NEW SOUTH WALES



**Australian Government**  
**Beach Safety Equipment Fund**



**wex motorpass**

our fuel providers  
for all occasions



from  
**Looloo's**  
with love

**Looloo's  
Coffee Shack  
& Warehouse**  
making our  
Boat Crews  
and Masters  
look even better!

MacMasters & Kincumber

**FORTUNITY**  
CHARTERED ACCOUNTANTS • FINANCIAL PLANNERS



PENINSULA LAW



SOLICITORS



**MACQUARIE**

helping our patrols  
achieve their best



always  
supporting  
our great  
little club

