

# Point Break

MacMasters Beach SLSC

February  
2019



Click on images and links throughout Point Break for more information, web pages and more!



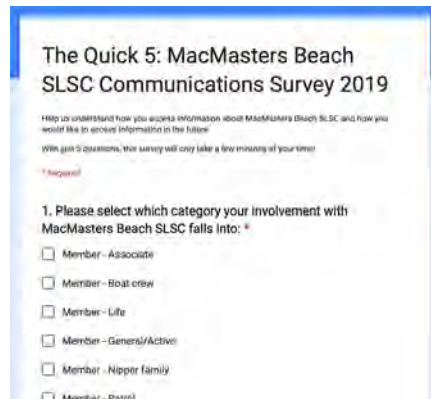
## President's Report with Alan Blackman

### COMMUNICATION SURVEY

The Board is keen to find the easiest way to communicate with our many members and you will have received an email asking you to complete a short survey on how you currently access information and news about the Club.

Suzie Morris, our wonderful *Point Break* editor, has done a great job putting the survey together which can be

done on your computer, mobile device or phone. [It only takes a minute or two to complete the survey so please take the time to tell us what works for you.](#)



### COMPETITION SEASON

Our Junior, Open and Master competitors are all busy getting ready for the Branch, State and National Titles which will be happening over the next few months.

Wish them all luck and keep an eye on Point Break for reports and results. **Go Macs !!!**

### SUCCESS WITH FUNDING GRANTS

Our Deputy President, Jan Sillato has been busy behind the scenes over recent months submitting several grant applications. We have recently been successful at Federal and State Government level in obtaining funding under the State Government's 'Community Building Partnership' scheme and the Federal Government's Stronger Communities Program. A big thank you to Lucy Wicks, Federal Member for Robertson and Adam Crouch, State Member for Terrigal, in supporting our applications.

The grant funding will be used to help us resurface the club house car park, install solar storage batteries for our roof top solar system and to upgrade our PA system to overcome the problems we currently experience with interference from mobile phones when we have a large crowd in the club house.

We have also received funding under the Beach Safety Equipment Fund. This is a fantastic scheme that has been run by the Federal Government for the last five years to help all Australian Surf Clubs purchase essential life saving equipment. This year's funding will be used to purchase new IRB motors.

Additional funds have been received from Surf Life Saving NSW who distribute money from their annual fundraising activities. Every club in NSW receives funds under this program - Thank you SLSNSW!



**Thanks to our volunteers - we appreciate YOU!**

**Good luck Macs @ Branch, State & Nationals!**

# belle PROPERTY

*Giving everyone a place to call home,  
as we call our club home!*

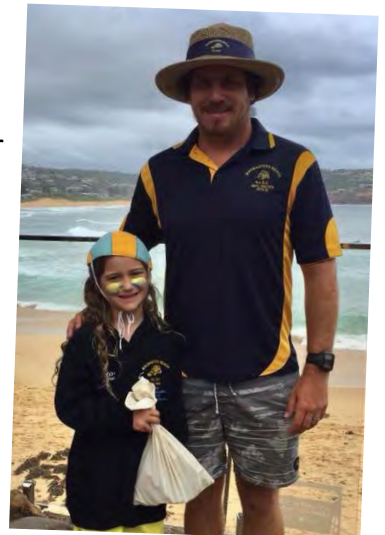
## President's Report continued

### ANNUAL DOOR KNOCK

Our annual Door Knock was held on Sunday 6th January, and thankfully the weather was kind to us this year, for the last two years its been over 40C!!

About 20 dedicated Club members, including one of our sponsors, thanks Baraka!, walked the hills and streets of MacMasters Beach and I want to thank them all for their wonderful assistance, especially the Nippers who did a great job.

The MacMasters community was very generous and we raised over \$6,800 on the day. A special thank you to a very generous resident in Tudibaring Parade, who asked to remain anonymous :)



**CONTACT THE PRESIDENT!**

### CONTACT THE PRESIDENT

With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club.

So if there is something you would like to talk to me about you can always drop me an email on [alanrblackman@hotmail.com](mailto:alanrblackman@hotmail.com) or phone me on 0418 331 649.

# The Quick 5 MACMASTERS BEACH SLSC COMMUNICATIONS SURVEY *have you answered yours?*



# **Membership Matters** with Alison McNeill - Director of Membership

What a busy summer holiday season we've had with all the Christmas and New Year activities!

## **FUNDRAISING FOR MACS**

A huge thank you to the families who showed up to help out with the Annual Door Knock for the club.

Another thank you to all the nippers, rookies, cadets, masters and boaties who helped sell raffle tickets for the Mal Surfboard and the seafood trays. *What a fantastic effort!*

## **NIPPERS**

Nippers is back in full swing with regular nippers, carnivals and our last Club Championships for the season on the 10th of February. If you are on holidays at another NSW beach on a Sunday and nippers is on, you are eligible to join in. Just wear your MacMasters Beach nipper cap and make sure you make yourself known first to the Nipper Manager.

## **ROOKIE CHALLENGE**

On the 12th of January, 6 of our rookies attended the Rookie Challenge at Terrigal. Congratulations on earning 4th place and winning some great bags.

## **STATE AGE NIPPERS - 1-3 MARCH**

State Nippers are on the 1st to 3rd March at Swansea/Belmont - good luck to all our competing Nippers!

## **U6S AND U7S PRESENTATION**

The last day of nippers for the season is on Sunday 10th March. We will finish at 10.30am and then have our Presentation Ceremony for the Under 6s and 7s, including those under 5s who have been involved in nippers!

We are planning it for the grassed area near the BBQ. Families come along and see your little ones receive their awards. We also want ALL nippers and rookies to attend to cheer on the little ones! Let's make them feel special! The 6s and 7s nippers will also receive a sausage sandwich and a drink. *Save the date!*

## **JUNIOR NIPPER PRESENTATION**

The Junior Presentation Ceremony will be on the afternoon of the 24th of March. *More details to follow!!*

Everyone is invited, the cafe will be open and the bar will open at 4pm. If any of our Under 6 or Under 7 families would like to attend, please come along - you are very welcome!

## **SENIOR MACS PRESENTATION**

Senior Presentation is on the 1st of June - so lock the date on your calendars now. More details soon.

## **DUKE OF EDINBURGH**

Duke of Edinburgh participants - you should be filling in your log books and getting ready for a fun-filled 2019!

Our Duke kids have been busy on patrols and selling seafood raffle tickets. They've raised a lot of money to be used for Duke of Education camps and equipment. A Gold camp was run in the holidays and we are working on dates for the Silvers and Bronzes.

If any members are around 14 years of age and would like to start their Duke of Edinburgh award - please find Geoff Dominguez, Jono or myself for more information.

## **ANNUAL PRAWN & OYSTER LUNCHEON**

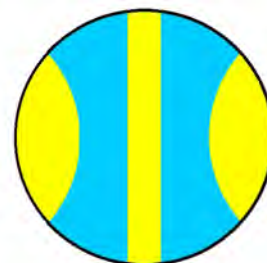
The annual Prawn & Oyster Luncheon was a huge success. We had over 80 attendees and raised a lot of money for the surf club on the day - but even more importantly - a great time was had by all. An enormous thank you must go to Ken Scriven who took charge of organising all the delicious food.

Thanks to Seacoast Fishing our local seafood store on the road to MacMasters Beach for the scrumptious prawns. Peter at Seacoast donates all our seafood trays for our raffles over the summer holidays. Thanks also to Deidre, Alison, Jade, Taylor, Ellie, Mick and the members of our Boat Crews who helped on the day. Thank you to the incredible powerhouse that is Jonno - thank you for your tireless work!

## **THANK YOU - WHAT A CLUB!**

A huge thank you to everyone involved with the bar and the band nights over the summer period.

As well as all our patrol members, water safety and anyone and everyone who works so hard to keep our beach safe and our club running.



# Membership Matters *with Alison McNeill - Director of Member Services*

## WE WELCOME YOU TO LEND A HAND

We are always on the lookout for more volunteers to help out with all sorts of things to do with our wonderful little club, so if you would like to do something to help, please see Elaine, Lorna, myself or any of the Directors.

**Social Committee:** We really need to get a social committee up and running - to organise a 'big event' in the winter and book some bands for next summer and anything else you would like to organise.

**Bar Staff:** volunteers to serve at our bar are always needed too.

If there's anything else, feel free to email me at [macsmembership@gmail.com](mailto:macsmembership@gmail.com)

## Time to give back to **YOUR** Club - how will **YOU** get involved?



## Competition Corner *with Craig Lee - Director of Competition*

### STREETS BOAT SERIES - ROUND 5 | 6 January 2019 @ Umina

Round 5 of the Streets Boat Series at Umina saw great results for our MacMasters crews:

**RESERVE MALE** *Fat Dads* - 2nd place

**UNDER 23 MALE** *Skins* - 3rd place

**UNDER 19 MALE** *UFCs* - 3rd place

**UNDER 19 MALE** *Mirage* - 5th place

**UNDER 19 FEMALE** *Mai Tais* - 2nd place

**UNDER 19 FEMALE** *Divas* - 3rd place



# Competition Corner continued

**NIPPERS CARNIVAL | 20 January 2019 @ Toowoon Bay**

The third carnival of the season saw MacMasters achieve 5th place overall - a huge result for our 'small' club competing next to the largest Clubs on the Central Coast! Once again our Macs competitors encouraged each other, swam, ran and paddled up for their age to make relay and team events and everyone gave it their best.

**Great results across all age groups with lots of personal bests!**

Results from the Toowoon Bay Carnival will be published next edition - waiting on updated results from Central Coast Surf Life Saving.



## Competition Corner continued

**2019 BEST OF THE BEST SURF BOAT INTERBRANCH CHAMPIONSHIPS | 20 January 2018 @ Queenscliff**

MacMasters Beach had 3 crews selected to represent Central Coast in the Best of the Best Interbranch Team. The crews included the Reserve Male *Fat Dads*, the Under 19s Male *UFCs* and the Under 19s Female *Mai Thais*. Central Coast finished 3rd overall with Northern Beaches in 1st place and Sydney Branch in 2nd place. Lots of good competition was had with the 8 crew boat relay being a highlight. Great camaraderie between all crews in the team. ***Well done Macs and well done Central Coast!***



# Needed

## BAR STAFF

assistance with  
RSA course

*bar cannot open  
without staff!*

see Carole & Steve

# **Macs Masters** with Jan Sillato - Deputy President and Macs Master!

Our 'Macs Masters' are it again in 2019 with two events in January!

## **MASTERS CARNIVAL | 12 January 2019 @ Shelly Beach**

Our first carnival for 2019 was held at Shelly Beach on 12/01/2019. Our usual crew of Bill, Frank, Anthony, Amanda, Sammy, Kylie and Jan competed. It was a very small local turnout, which meant that competition was pretty relaxed and, of course, fun!!

Great results across all events:

### **FEMALE BEACH SPRINT RELAY:**

*Kylie, Jan, Amanda and Sammy - 1st place*

### **FEMALE SWIM TEAM:**

*Kylie, Amanda and Jan - 1st place*

### **FEMALE BOARD RELAY:**

*Jan, Sammy & Kylie - 2nd place*

### **FEMALE BOARD RESCUE:**

*Kylie & Jan - 1st place*

### **MALE BOARD RESCUE:**

*Bill & Frank - 1st place*

### **MALE BEACH SPRINT:**

*Tony - 2nd place*

*Bill - 4th place*

### **FEMALE BEACH SPRINT:**

*Amanda - 4th place*

### **FEMALE FLAGS:**

*Sammy - 2nd place*

*Amanda - 3rd place*

*Jan - 4th place*

### **MALE 2KM BEACH RUN:**

*Bill - 2nd place*

### **MALE SURF RACE:**

*Bill - 2nd place*

*Frank - 5th place*

### **FEMALE SURF RACE:**

*Kylie - 3rd place*

*Jan - 3rd place*

*Amanda - 4th place*

### **MALE BOARD RACE:**

*Bill - 1st place*

*Frank - 3rd place*

### **FEMALE BOARD RACE:**

*Kylie - 2nd place*

*Sammy - 2nd place*

*Jan - 2nd place*

*Amanda - 5th place*



## **MASTERS CARNIVAL | 18-19 January 2019 @ Fingal Bay**

We backed that up the following weekend when a slightly bigger crew went touring up to Fingal Bay, to join the Hunter region at their masters carnival. Many Central Coast clubs attend this fun carnival each year, and our Macs Masters didn't disappoint. The highlight was the "Fingalman" event and Greg/Sammy in the double ski!! We had a total of eight competitors and came away with a very credible 3rd out of 15 clubs. Terrigal came 1st and the host club of Fingal Beach came 2nd.

Thanks to Anthony for organising a house for us all to stay for the weekend. Many fun stories and memories were made, including the "Fingal Roo"!!

# Competition Corner continued

## LAST JUNIOR CARNIVAL FOR U15s - END OF AN ERA!

The Toowoon Bay carnival was the last nipper carnival for the under 15's before moving onto seniors so we reflect on the many years these fantastic young athletes have been competing and the incredible job they have done wearing the Mac's cap with pride.

During their time at Nippers which has involved Sunday Nippers, Competition events, fundraising, Duke of Edinburgh, Patrols and education activities we can say that the Under 15's have achieved some remarkable results. We started with a very strong field over 9 years ago and finished with 5 competitors:

**OSCAR CROWE:** Oscar was always up to 'give it a go'! Our '2018 Central Coast Junior Surf Life Saver of the Year' - what an honour. Oscar developed his skills as an ocean swimmer and as much as he enjoyed the board he was a stand out at catching waves. He can turn the smallest ripple into the most incredible wave run.

Rugby is a big part of Oscars love of sport which keeps him fit in the off season.

**ALEC WALTERS:** 'Mister casual, no pressure'. Alec was a board paddler from the very beginning and could not wait to get onto a racing Mal. Whether he was competing in beach events or water Alec had his race face on, then back to the tent to chill.

AFL is Alec's love and I am sure it will play a big influence in his future sporting career. With Oscar's surf skills and Alec's board skills they became a great team in the board rescue events.

**MOLLY SHEPPARD:** Better known as the 'Pocket Rocket', if anyone can match her stroke rate on the board please come forward! This young lady has had amazing success throughout her Nipper career, from her ability to take on the big waves, to giving the beach events a 'red hot go' (not her desired events) through to motivating the Mac's team with such a positive attitude has been truly wonderful.

Those who know Molly, know her greatest love is surfing and she is currently in Hawaii chasing those waves. Look out for this young lady as she continues on the surfing circuit - there are big things to come from this talented Mac's girl.

**DANIELLE MACPHERSON:** 'How big is the surf?' This is the question we have heard for over 9 years, whether it be at training, competition, state titles and our answer was always the same, 'SMALL!' and then she would compete! Once on the start line, she would find that inner strength and race like her life depended on it.

We believe her ability to overcome her fear has been from the years of training and the discipline achieved from her Gymnastic career. Danielle has been competing at a National and International level for gymnastics since she was 5 years old and this discipline has helped her immensely in the sport of surf life saving.

She was destined to be a beach competitor winning a silver medal at state in flags when she was under 8, at that same state competition our girls won the bronze in the beach relay - then we had the 'Mac's Coaches' encouraging them to move to water - a great move they obviously could see the potential in the girls.





## Competition Corner continued

### LAST JUNIOR CARNIVAL FOR U15s - END OF AN ERA *continued*

**POPPI LEVER:** 'I think I can, I know I can!' Poppi over the last few years has trained with one goal in mind - to be on the ironwoman circuit. Poppi's personal outstanding nipper memory has been the girls relay team: 'Molly, Poppi and Danielle' and we hope Mac's can replicate the amazing success these girls have had. Poppi achieved some of her desired goals this year with selection in the Central Coast Interbranch team, winning the Newcastle Permanent Ironman series and selection for the interstate youth pathway team, NSW. It is clear this is Poppi's chosen sport and with continued dedication and focus we believe she will continue to be a dominant presence in this sport as she continues into seniors.



Special mention goes to **MEGHAN HAIGH:** Meghan was our under 15 'beachy', very hard when you're the only one. Meghan never let the team down, was happy to go in everything at carnivals but her biggest success and a stand out is her passion for Patrols, beach awareness, education and dedication to promoting MacMasters Beach Surf Club. Jono is extremely proud of young ladies like Meaghan and so is Macs!

In closing, the Under 15's have had an amazing journey over the last 9 years and we as parents are grateful for the friendships formed, the support we have received from Macs Surf Life Saving Club and to all Directors, coaches, support staff, volunteers and team mates (especially under 14's) - we say THANK YOU!



## Well done Under 15s and good luck!

# #Safeguarding Children and Young People

The role of the Code of Conduct - did you know that each year when you sign your membership form, you are agreeing to follow the [SLSA Codes of Conduct \(page 13\)](#)?

Our Club is committed to the safeguarding of children and young people in Surf Life Saving. One way we do this is by ensuring that our members behave in a way which creates a safe, positive and inclusive environment. Surf Life Saving's Codes of Conduct represent the minimum standards of member behaviour and must be complied with at all times. Both of these Codes can be found in the [SLSA Member Protection Policy](#).

Please take the time to remind yourself of what is included in the Codes of Conduct, especially the Code of Conduct for People in Positions of Authority when Dealing with Children or Young People, which has been developed recently by SLSA to support the Safeguarding Children and Young People Program being rolled-out this season.



## #Safeguarding - Child Safe Standard Number 2

**Children's participation and empowerment. Children participate in decisions affecting them and are taken seriously.**

- A) Children are able to express their views and are provided opportunities to participate in decisions that affect their lives.
- B) The importance of friendships is recognised by MacMasters Beach SLSC, and support from peers is encouraged, helping children feel safe and be less isolated.
- C) Children can access sexual abuse prevention programs and information.
- D) Members and volunteers of MacMasters Beach SLSC are attuned to signs of harm and facilitate child-friendly ways for children to communicate and raise their concerns.

# MACS CLUB MEMBERSHIP \$55

Senior | Active | Associate | Cadets | Patrolling Members | Helpers

**Become a member | Get involved | Join in the fun | Bring the whole family!**

# NIPPERS FAMILY MEMBERSHIP

## *In the Macs IRB with: Kylie Dickinson*

Each month we will catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick.

Let's chat with one of our **U9s Nipper Age Managers, Kylie Dickinson.**

**How long have you been a member at Macs SLSC?**

**KD:** I joined as a nipper for 6 years and patrolled for 4 years back in the 80's-90's then rejoined 3 years ago after a 20 year break.

**What first attracted you to Macs Beach SLSC?**

**KD:** My family moved to Macs from Lismore in 1980. A good friend convinced me to partner her in 2-person Rescue & Resuscitation, so I joined her at Macs.

**What volunteer role/s have you been involved in at Macs before becoming an age manager?**

**KD:** Nipper and patrolling member.

**Strangest place you have swum?**

**KD:** Lake Titicaca in Peru (4000 m above sea level).

**Favourite footy team?**

**KD:** By footy, you mean soccer right? Tottenham Hotspur - married into it!

**Favourite SLSC competition event?**

**KD:** Anything water based

**Favourite menu item on the Barefoot Cafe menu?**

**KD:** Coffee

**Preferred beverage from the Macs Beach Bar?**

**KD:** Red wine

**What do you enjoy most about Macs?**

**KD:** Love the community feel, the kids in the U9's and being involved in Macs Masters/Macs Maniacs

*Now you know a little bit more about Kylie - have a chat next time you see her around!*



**Stunning beachfront location | Ocean views | Catering available**  
**All Functions: Weddings | Engagements | Corporate | Family | Celebrations**



# 'MACS MASTERS' Training Saturdays from 8am @ Macs

It's all about having fun, staying fit, retaining surf skills and being proud to represent Macs!

The Barefoot Cafe is the ideal choice for members, locals and visitors



## BAREFOOT CAFE

### MACMASTERS BEACH

*delicious menu | casual dining | great service | amazing views*

## *UFO - Unidentified Floating Object @ Macs*

Patrol 3 responded quickly to a large blue object floating in the water just past the shark nets.

When contact was made a blue tender boat marked 'Whitsundays' was on the side.

Lifesaver, Corey returned the vessel to the beach, and with no CPR or first aid required the craft was carried to the Club.



# BOARD TRAINING

@ MacMasters

## Wednesdays

4:15pm Beginners @ LAGOON\*

\*depending on the water quality

4:15pm Foamies & Fibreglass @ BEACH

5:15pm Mals & Masters @ BEACH

## Fridays @ BEACH

4:15pm Foamies & Fibreglass

5:15pm Mals & Masters

Photo: Roslyn Donohoe Photography

## CHECK OUT:

All Nipper events, carnivals and activities on the MacMasters SLSC website.

Questions: chat to Elaine or Lorna for more information

September 2018	Oct 2018	Nov 2018	Dec 2018	Jan 2019	Feb 2019	March 2019
<p>Sat 21st Sept SLSC Pool Challenge - Kingsford U13-Masters Night 5-8pm</p> <p>Sun 14th Nippers Fun Day Start of Nippers R1</p> <p>Sun 6th - BBQ Group 3 U18 - U15 Carnival - U18a - Masters - Combined</p> <p>Sun 23rd GAP Day for U15a Streets Board &amp; Ski Rd 1 U14 - Masters - Terrigal</p> <p>Sat 5th Gardner Incorporated Wendover U9 - U15*</p>	<p>Fri 28th Oct Rookie Disco U13-14 at North Avoca SLSC 6pm</p> <p>Sun 13th U18 meet in clubhouse at 9.25am for nipper updates and roll call</p> <p>Sun 20th U12 to Open Beach Only - North Avoca*</p> <p>Sun 10th U18 meet in clubhouse at 9.25am for nipper updates and roll call</p> <p>Sun 17th Board and Ski TBC U14a - Masters - U18a*</p> <p>Sun 24th State Nippers U9 - 15 - Swansea Belmont Nippers - Combined</p>	<p>Sat 27th U12 to Open Carnival - Terrigal*</p> <p>Sun 18th Nippers R3</p> <p>Sun 16th Nippers R1</p> <p>Sun 22nd U18 meet in clubhouse at 9.25am for nipper updates and roll call</p> <p>Sun 29th Rookie Challenge U13-14a - Masters - Terrigal</p> <p>Fri 6th - Sun 10th State U14 - Open Swansea Belmont</p>	<p>Sun 30th Forster Carnival U10-Open</p> <p>Sun 23rd BBQ Group 2</p> <p>Sun 18th Nippers #1 Junior &amp; Senior Club Champs</p> <p>Sun 16th Nippers R2</p> <p>Sun 23rd Nippers R2 Calico Hill Challenge*</p> <p>Sun 10th - BBQ Group 13</p> <p>Sun 17th - BBQ Group 14</p> <p>Sun 24th Junior Presentation 2pm</p>	<p>BBQ 21 (Sun 23rd) and BBQ 22 (Sun 24th) - U12 to U15 - U15a - U15b - U15c - U15d - U15e - U15f - U15g - U15h - U15i - U15j - U15k - U15l - U15m - U15n - U15o - U15p - U15q - U15r - U15s - U15t - U15u - U15v - U15w - U15x - U15y - U15z</p> <p>Sunday Nippers runs on rotations (R1-R4) except Carnival days - Combined</p> <p>Sunday morning BBQ - an important fundraiser for Nippers. All families will have at least one parent allocated to help on the job at some point over the season. Group reminders will be sent out. If you cannot help during your allocated time please get someone to cover you.</p> <p>WATER SAFETY Please use your age manager about supervising your child at the start of the season to nipper year club in the water. Help is always required.</p> <p>If interested in competitions contact your age manager. If you require you to enter individually and not through the club. Please visit or check online if interested.</p> <p>CLUB VOLUNTEERS We are always looking for volunteers to help with the club. If you are interested in volunteering please contact Elaine or Lorna for more information. We are looking for volunteers to help with the club. If you are interested in volunteering please contact Elaine or Lorna for more information.</p>	<p>Sun 22nd BBQ Group 6 Nippers R4 Junior &amp; Senior Club Champs (Back up)</p> <p>Sun 20th - BBQ Group 10 Ducks for Bucks - Rookies for the Entrance</p>	<p>Sun 24th BBQ Group 15 Nippers R4 (Back up for club champs R2)</p>



# Emerald Press

Digital Printing • Offset Printing • Packaging

Keeping 'Point Break' in print and available to all members and our community

# Events & Competitions:

## FEBRUARY 2019:

- 9 Branch Open & Boats Carnival @ Avoca Beach
- 10 Nippers Club Champs #2 @ Macs [BBQ Gp 13]
- 10 Branch Masters Carnival @ Avoca Beach
- 17 Nippers 9:20am @ Macs [BBQ Gp 14]
- 17 Branch Patrol Competition @ Soldiers Beach
- 17 Branch Champion Lifesaver @ Soldiers Beach
- 17 Weetbix TRYathlon @ Woy Woy
- 24 Nippers 9:20am @ Macs [BBQ Gp 15]

## MARCH 2019:

- 1-3 State Age (Nipper) Champs @ Swansea-Belmont
- 3 Nippers Combined 9:20am @ Macs [BBQ Gp 16]
- 6-7 State Masters Champs @ Swansea-Belmont
- 8-10 State U14-Open Champs @ Swansea-Belmont
- 10 Last Nippers FUN DAY 9:20am @ Macs [BBQ Gp 17]
- 10 Presentation for U6 & U7 Nippers @ Macs
- 16 Street Boat Series Rnd 7 + PRES @ Soldiers
- 24 Macs Junior/Nipper Presentation 2pm @ Macs
- 30-31 Aussie Youth Champs @ Broadbeach/N.Burleigh

## APRIL 2019:

- 1-2 Aussie Master Champs @ Broadbeach/N.Burleigh
- 3-7 Aussie Open Champs @ Broadbeach/N.Burleigh
- 19 Good Friday - Public Holiday
- 21 Easter Sunday
- 22 Easter Monday - Public Holiday
- 25 ANZAC Day
- 28 Last Patrol of the Season @ Macs

## MAY 2019:

- 5 Macs Maniacs commences 9:00am @ Macs

## JUNE 2019:

- 1 Macs Senior Presentation @ Macs



# macmastersbeachslsc.com

Cafe: 7 days 8:30am - 4.30pm  
Barefoot Cafe - Coffee and  
Meals

Macs Maniacs  
Sunday 9am



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**Check out Macs online:** [www.macmastersbeachslsc.com](http://www.macmastersbeachslsc.com) Access information about all our Macs surf life saving activities and Club including: news | events | minutes

# MACS SPONSORS AND SUPPORTERS:

## Support those who support us!

Click on our sponsor's logos for more information and to connect with them



Supporting Macs by keeping  
our IRB motors  
running smoothly

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FAMILY  
AUTOMOTIVE**



TRUE NORTH  
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EXPERT DESIGN  
to get the most out of our club house

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helping our patrols  
achieve their best



always  
supporting  
our great  
little club

