

# Point Break

MacMasters Beach SLSC

October  
2018



Click on images and links throughout Point Break for more information, web pages and more!



## President's Report with Alan Blackman

### WELCOME TO SEASON 2018/19

The new season has started and everyone is back on the beach. Patrols hit the sand on 29th September and our season will run to the end of April 2019. Thanks to all the Patrol members who will be looking after our beach in 2018/19.

Remember to [pay your membership registration as soon as possible](#) and also undertake your [requelification for your various patrol skills](#).

Sunday activities will start soon with Nippers and the famous Point Score Swim and Board paddle attracting a big field every Sunday morning - check out the [calendar](#) and [Facebook](#) for dates and times.

The Club House will see lots of activity and I encourage everyone to come down and enjoy the bar, café, beach and great atmosphere here at Macs!

### VALE TIM ANDREWS

We were saddened to hear the news of the passing of long serving member Tim Andrews on Sunday 23rd September after a lengthy battle with cancer. The Club sends its deepest condolences to Tim's wife and family.

**Rest in Peace, Tim.**

### WELCOME TO SUMMER PARTY AND MACS MANIACS BALL

A good crowd of members and guests enjoyed a great night with lots of fun and laughter. The *Country and Western* theme saw lots of Akubras, check shirts and riding boots on display as members showed their support for our rural communities who are struggling with the drought.

The funds raised by the members on the night, throwing money at a bottle of bubbly, has been matched by the Club, so a bit of help has been sent to the Bush!

*A big thank you to Jim Myers for a great job organising the night - so much fun!!*

### GRANTS, GRANTS AND MORE GRANTS

Our Deputy President, Jan Sillato and other Board members have been busy submitting a swag of State and Federal Government grant applications over the past weeks and months. We are very hopeful of receiving funding from the following submissions:

- Beach Safety Equipment Fund (BSEF) - Federal Government: applied for \$5,000 for life saving equipment
- Community Partnership Building (CPB) Fund - State Govt: applied for \$12,000 towards solar storage batteries

*continued over page*



**Nipper Rego & Fun Day: 9-12pm Sun 14 October**

**2018/19 Patrol Roster - access online now!**

**belle**  
PROPERTY

To view our current edition of the  
**Home Grown** magazine  
CLICK ON THE IMAGE



## *President's Report continued*

*Grants, Grants and More Grants continued from page 1*

- Vocational Education Training (VET) Grant - State Govt: applied for \$4,000 for the latest training mannequins
- Stronger Communities Programme (SCP) - Federal Govt: applied for \$6,000 towards resurfacing our car park
- Community Support Grant (CSG) - Federal Government: applied for \$5,000 for two new IRB motors.

Watch this space for the news on the BSEF, CPB, VET, SCP and CSG!!!

# If you OPEN IT UP

*it's your responsibility to*

# CLOSE IT UP!



### **IF YOU OPEN IT UP, CLOSE IT UP!!**

To those members who have keys to the club house and the Patrol Room please make sure you lock up when you have finished. **If you Open it UP, its your responsibility to Close it UP!**

### **CONTACT THE PRESIDENT**

With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club.

So if there is something you would like to talk to me about you can always drop me an email on [alanrblackman@hotmail.com](mailto:alanrblackman@hotmail.com) or phone me on 0418 331 649.



**CONTACT THE PRESIDENT!**

*Catch you on the beach between the flags!*

*Alan Blackman - President*



# THE FLAGS ARE UP

MACMASTERS PATROL SEASON  
29 SEPTEMBER 2018 TO 28 APRIL 2019

SURF LIFE SAVING  
MACMASTERS BEACH



**Looloo's Coffee Shack  
& Warehouse**  
*making our  
Boat Crews  
and Masters  
look even better!*

# Mac's Nippers jump on in!

MacMasters Beach Surf Life Saving Club

## REGISTRATIONS:

5-8pm FRIDAY  
28th September 2018

9-12pm SUNDAY  
14th October 2018

**Mac's Fun Day!**

*New members please bring birth certificate  
or drivers licence*

## SEASON STARTS:

9:30am Sunday  
21st October 2018



**MACS OPEN DAY:** Loads of fun activities **Sunday 14th October 2018** Full details: [macmastersbeachslsc.com](http://macmastersbeachslsc.com)

Under 6-7s focus on building confidence and water safety through fun activities on the sand and in the rock pool.

Under 8-12s focus on wading, surf swimming, board paddling, surf education, first aid and resuscitation.

13-14 years are welcome in our Rookie program - surf life saving skills, patrols and Duke of Edinburgh program.

**MacMasters Beach Surf Life Saving Club - more than just a club!** More info: [macsmembership@gmail.com](mailto:macsmembership@gmail.com)

## Raising of the Flags with Claire Hogger

On Saturday the 29th of September Central Coast Rookies, from The Lakes down to Umina, came to North Avoca beach for the 'Raising of the Flags'. Over 100 Rookies, sponsored by the Newcastle Permanent Building Society, attended the ceremony.

The Raising of the Flags is where the Rookies, spectators and officials all take part in or watch the official opening of the 2018/2019 Surf Life Saving season. There are around 10,000 members in the Central Coast Surf Life Saving Association (CCSL) that, along with the Council lifeguards, help keep the 1.5 million locals and tourists safe on Central Coast beaches each year.

A Butchulla member from Fraser Island did the smoking ceremony and there were speeches by members of Government and the Surf Life Saving Association. We ended with photos on the beach.

As a Rookie, I remind you and encourage you to remind others to swim between the flags as conditions in the water can change very quickly. I encourage all Rookies to join in the Raising of the Flags ceremony next year because it is a fun and interesting morning.



The Barefoot Cafe is the ideal choice for members, locals and visitors



# BAREFOOT CAFE

## MACMASTERS BEACH

*delicious menu | casual dining | great service | amazing views*



# MacMasters Beach Surf Life Saving Club

## NIPPER FUN DAY *Sunday 14th October*

9:00am Nipper Registrations

9:30am Nipper Fun on the beach: various activities including:  
*water relay, dodgeball, beach relay, volley ball,  
musical towels, hot potato etc*

10:00am BBQ Fundraiser

11:00am Board Training *(feel free to join in)*

12:00pm Boat Training and Demonstration

All Day: Barefoot Cafe open

Surf Patrols *(feel free to ask Life Savers questions)*



Join in  
the  
Nipper  
fun!

Photo: Roslyn Donohoe Photography

[www.macmastersbeachslsc.com](http://www.macmastersbeachslsc.com) | [www.facebook.com/macmastersbeachsurfclub/](https://www.facebook.com/macmastersbeachsurfclub/)

MacMasters Beach SLSC | Point Break Newsletter | October 2018 | [www.macmastersbeachslsc.com.au](http://www.macmastersbeachslsc.com.au)

# Mac's Masters with Craig Lee and Jan Sillato

## "MAC'S MASTERS" 2018/2019

Here we are at the beginning of another surf season at MacMasters Beach!

We would like to welcome all active members, who are 30 years of age and over (doesn't matter how far over!), to join in our "Mac's Masters" group for the upcoming season.

Some of our "Mac's Masters" have already been training, with pool swim sessions, and board training with Trent.

Our Saturday morning "Mac's Masters" training will start on Saturday, 6th October, 8am at Macs Beach. Trent also runs sessions at 5.15pm every Wednesday and Friday.

"Mac's Masters" is all about having fun, staying fit, having fun, retaining surf skills, having fun, and being proud to represent our great Macs Beach Surf Club. **So come and give it a go. Have some fun!!**

This season's "Mac's Masters" carnival calendar is as follows:

### OCTOBER:

27th October - North Avoca

### NOVEMBER:

10th November - Nutty Masters @ Wamberal

19-21 November - Worlds in Adelaide

24th November - Ocean Swim @ Toowoomb Bay

### JANUARY:

12th January - Shelly Beach

19th January - Fingal Bay (*this is a weekend away!!*)

### FEBRUARY:

10th February - Branch Champs @ Avoca

### MARCH:

6-7 March - State Champs @ Swansea

### APRIL:

1-2 April - Aussie Champs @ Broadbeach QLD

If you need any further information, please call either Craig Lee on 0409 916 308 or Jan Sillato on 0408 967 969.



## State Board Riding Championships *with Anna McCall*

On Saturday 8th September Molly Sheppard and Poppi Lever braved the early morning start and headed down to North Narrabeen for the state board riding championships. Competing in both the U14s and U15s the girls headed out in sloppy small conditions on the southern bank for their round 1 heat for the U14s. Both surfed well with Poppi catching some great rights and they both progressed straight through to the U14 final.

Next up was the U15s heats with the girls competing up an age group. With inconsistent waves it was anyone's day, Molly scraped through to the semi's in a heat of 5 however Pop came an unlucky third so didn't get to progress through to the next round.

With the waves becoming non existent on the south bank they moved the girls to the northern point. Although there was a bit of rain the conditions became cleaner with some nice waves coming through. Molly surfed a great U15s semi and progressed through to the U15s final.

With back to back finals Molly started out with the U15s and managed to be patient and get a couple of great waves under her belt and ended up with a silver. Staying in the water Molly was met by Poppi who paddled out for the final of the U14s. With two MacMasters girls in the finals a medal was in sight for the girls.

With mainly lefts coming through Poppi waited patiently for some rights, her preferred wave and her patience was rewarded with a nice long right, but needed another to secure a top 3 position. Molly surfed the lefts securing a couple of good turns on each wave and trying to find a barrel (didn't really pull that off) and came away with another silver.

Despite the odd drizzle of rain it was a great day on the beach and in the cafes making new friends with competitors from Thirroul, Kingscliff, Cudgen and the Northern Beaches.

***Well done girls, two MacMasters Beach state finalists!***



Poppy (far left - State Finalist) and Molly (middle left - Silver Medalist) at the recent State Board Riding Champs

# BOARD TRAINING @ Macs!

Wednesdays \*beach\*

[lagoon session start 17/10]

4:15pm foamies & fibreglass

5:15pm mals & masters

Fridays \*at beach\*

4:15pm foamies & fibreglass

5:15pm mals & masters

# Education and Training with Graham 'Jono' Johnston

Don't forget to chat to Jono and make sure you have your requalifications for this season!

## SLS MY PORTAL

New members and current patrolling members, **PLEASE** log onto the SLS My Portal, as this has all important training and lifesaving details that you need!

## BRONZE/SRC TRAINING

9.30am Sunday mornings - please check the portal page for optional 'Online eLearning' that you need to do.

## BRONZE REQUALS

9:30am on 14th and 28th October 2018

9:30am on 18th November 2018

## ARTC COURSE

6th and 13th November with Rod Jordan

## ARTC REQUALS

7:00pm on 11th and 22nd October with Rod Jordan

## IRB DRIVER & IRB CREWMAN REQUALS

8:00am on Sunday mornings with Matt Staples, Warren Watkins and Greg Ferguson, assessed by Mick Morrison.

## REMOTE AREA FIRST AID

Our Duke Coordinators (*Geoff, Duckie, Ant, Jonsie, Jono, Val and Jan*) completed this course which was subsidised by the Club.

## ADVANCED FIRST AID

Seeking skilled active members for this Club funded course - please see Jono.

*Catch you in the training room! Jono - Director of Education*

## CHECK OUT:

All the education courses and training activities provided by MacMasters Beach SLSC on our website.

Questions: chat to Jono for more information

Macmasters Beach Surf Club Education/Training Program  
2018/2019 Season

Course	Training Date/Time	Trainer/Assessor
Surf Rescue Certificate Must be 13 years	Sunday: Casual Training during Nipper Rotation Online Training Options Available	Jono, Rod, Lyn Content Experts Utilised
Surf Bronze Medallion 15 years and over	Sundays: 9.30am - 11.30: 16 <sup>th</sup> Sept to 9 <sup>th</sup> Dec 2018 Online Training Options 3 <sup>rd</sup> Feb to 24 <sup>th</sup> March 2019	Jono, Rod, Lyn Content Experts Utilised
Requal's: Surf Bronze & SRC	9.30am : General Requal's 2018 Online Training Option 23 <sup>rd</sup> & 30 <sup>th</sup> Sept, 14 <sup>th</sup> & 28 <sup>th</sup> Oct, 18 <sup>th</sup> Nov, 9 <sup>th</sup> Dec Note: All requals must be completed by 31 <sup>st</sup> December	Jono, Jim, Rod, Lyn Warren, Fergie,
A.R.T.C. (AID)	Tuesday 7.00pm : 6 <sup>th</sup> & 13 <sup>th</sup> November 2018 5 <sup>th</sup> & 12 <sup>th</sup> March 2019	Rod Jordan 0402640092
A.R.T.C. Requal's	7 pm Tuesday : 25 <sup>th</sup> September, 11 <sup>th</sup> & 22 <sup>nd</sup> October	Rod Jordan 0402640092
IRB Drivers & IRB Crewman Course & Requal's	Sunday: 8am - 10am : 16 <sup>th</sup> Sept to 2 <sup>nd</sup> Dec 2018 10 <sup>th</sup> February to 10 <sup>th</sup> March 2019	Mick Morrison: 0419486384 Warren, Matt Staples, Fergie
Radio Operators Certificate	Sundays: 10am (two hour course)	Jono: 0411184642 Rhonda Hall
Workcover Approved Provide First Aid HLTAID003	Saturday 9am - Sept 22 <sup>nd</sup> , 10 <sup>th</sup> Nov, 12 <sup>th</sup> Jan, 23 <sup>rd</sup> Feb Cost \$70 club members, \$90 general public	Graham Johnston: 0411184642
Basic Beach Management	15 <sup>th</sup> Sept (Umina) & 20 <sup>th</sup> October (TBA) 2018	Contact Jono: Branch Course admin@slscc.com.au
Silver Medallion Aquatic Rescue	13 <sup>th</sup> & 14 <sup>th</sup> April 2019 additional dates available	Contact Jono: Branch Course admin@slscc.com.au
Gold Medallion	11 <sup>th</sup> November (Wamberal)	Contact Jono: Branch Course admin@slscc.com.au
Spinal Management	13 <sup>th</sup> October	Contact Jono: Branch Course admin@slscc.com.au



# MACQUARIE

helping our patrols to achieve their best!





*always  
supporting  
our great  
little club*



## *In the Macs IRB with: Janet Lee*

Each month we will catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick.

This month, let's chat with one of our **Life Members, Janet Lee.**

**How long have you been a member at Macs SLSC?**

**JL:** Over 50 years!

**What first attracted you to Macs Beach SLSC?**

**JL:** My husband Alex. When we got engaged in Canada, I was told that I would have to live in Australia and we would get married in England. Marrying Alex meant being part of the surf club!

**What volunteer role/s have you been involved in at Macs?**

**JL:** Nippers Age Manager for a few years, Nipperettes Age Manager, Ladies Auxillary member and Treasurer.

**Strangest place you have swum?**

**JL:** I don't swim! Especially in the Ocean!! I have always been scared of the foam on the waves as dad always told me it was soap - and Pommy's don't wash! LOL.

**Favourite footy team?**

**JL:** Souths

**Favourite SLSC competition event?**

**JL:** Anything that Alex (husband) and/or the kids where involved in.

**Favourite menu item on the Barefoot Cafe menu?**

**JL:** 'She doesn't have time to eat as she talks too much to everyone!!'

**Preferred beverage from the Macs Beach Bar?**

**JL:** Water - I don't drink.

**What do you enjoy most about Macs?**

**JL:** Best spot in the world!

*Now you know a little bit more about Janet - have a chat next time you see her around!*



# Emerald Press

Digital Printing • Offset Printing • Packaging

*Keeping 'Point Break' in print and  
available to all members and our community*

# R&R



**MORE INFO:** for more information or if your child is interested please let us know at our registration days or PM us via [FB](#) or text Hayley on 0408 197 574 .



2018 SLSCC & 101.3 SEA FM GOLF DAY



# CHARITY GOLF DAY

FRIDAY NOVEMBER 9TH  
SHELLY BEACH GOLF CLUB

ALL PROCEEDS GO TO PROTECTING THE COMMUNITY AT OUR LOCAL BEACHES

## \$550 HOLE SPONSORSHIP \$320 PER TEAM

(4 PEOPLE - \$80 PER PLAYER INCL. GST)



Register your team by clicking [here](#) or contact 02 4353 0299

Limited carts available on first in first served basis  
\$50 donation and must be pre-booked via the Golf Shop

INCLUDES: BBQ Breakfast, player pack, novelty holes, raffle, on course drinks, after game presentation and lunch, best dressed team prizes + a heap of fun!

Hole Sponsorship includes signage on a hole, team of 4 and two carts  
Sign in and breakfast at 6.30am. Shotgun start at 7.30am

FOR MORE INFORMATION CONTACT  
CHRIS OR SAM ON 4353 0299



# greenstonepartners

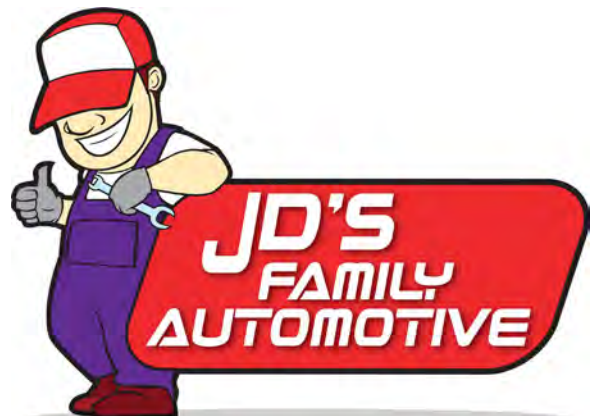
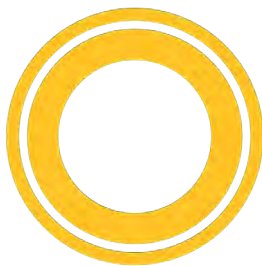
*our extraordinary surf boat sponsors*

## MACS CLUB MEMBERSHIP \$55

Senior | Active | Associate | Cadets | Patrolling Members | Helpers

*Become a member | Get involved | Join in the fun | Bring the whole family!*

## NIPPERS FAMILY MEMBERSHIP



## Mac's Merchandise with Amanda Queripel

All club members, including nippers who enter the water for official events, nippers, point score and training MUST wear the mandatory pink vest.

All nippers, except 6s and 7s, participating on Sundays and other members competing for our club must wear the mandatory MacMasters Beach skull cap.

**SPECIAL for this season: pink vest and Macs skull cap \$22.00.**

All clothing can be paid with cash or the payment gateway via our MacMasters website.

I will be available most Sunday mornings in the club house from 9:00am to 11:30am - except when attending patrols and carnivals.

Alternatively contact Amanda on 0400 127 676 for pre-orders.



# Mac's Marchpast Team



**MORE INFO:** for more information or if your child is interested please let us know at our registration days or PM us via [Facebook](#) or text Hayley on 0408 197 574 .

 **freewater**  
PLUMBING PTY LTD  
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[www.freewaterplumbing.com.au](http://www.freewaterplumbing.com.au)



# MacMasters an ideal venue



Stunning beachfront location | Ocean views | Catering available  
All Functions: Weddings | Engagements | Corporate | Family | Celebrations

Join in the fun  
become a  
**Nipper**



St Vincent de Paul Society  
*good works*

# Events & Competitions:

## OCTOBER 2018:

- 5 Board Training 4:15pm | 5:15pm @ Macs Beach
- 6 Macs Masters training 8:00am @ Macs Beach
- 10 Board Training 4:15pm | 5:15pm @ Macs Beach
- 12 Board Training 4:15pm | 5:15pm @ Macs Beach
- 13 Macs Masters training 8:00am @ Macs Beach
- 14 **Macs Fun Day and Registration** 9-12pm @ Macs
- 14 School Holidays finish
- 17 Board Training [Wed] 4:15pm @ Lagoon
- 17 Board Training 4:15pm | 5:15pm @ Macs Beach
- 19 Board Training 4:15pm | 5:15pm @ Macs Beach
- 20 Macs Masters training 8:00am @ Macs Beach
- 20 Street Boat Series Rnd 1 @ Terrigal
- 21 **Macs Nippers starts** 9:30am @ Macs
- 24 Board Training [Wed] 4:15pm @ Lagoon
- 24 Board Training 4:15pm | 5:15pm @ Macs Beach
- 26 Board Training 4:15pm | 5:15pm @ Macs Beach
- 27 Macs Masters training 8:00am @ Macs Beach
- 27 U12-Open BEACH Carnival @ North Avoca
- 27 Masters Carnival @ North Avoca
- 28 U12-Open Carnival @ Terrigal
- 31 Board Training [Wed] 4:15pm @ Lagoon
- 31 Board Training 4:15pm | 5:15pm @ Macs Beach

## NOVEMBER 2018:

- 2 Board Training 4:15pm | 5:15pm @ Macs Beach

- 3 Macs Masters training 8:00am @ Macs Beach
- 4 Kracka Board Challenge @ Blacksmiths Beach
- 4 U8-U15 Nippers Carnival @ Umina
- 4 Street Boat Series Rnd 2 @ TGHN
- 7 Board Training [Wed] 4:15pm @ Lagoon
- 7 Board Training 4:15pm | 5:15pm @ Macs Beach
- 9 SLSCC Charity Golf Day @ Shelley Beach
- 9 Board Training 4:15pm | 5:15pm @ Macs Beach
- 10 Nutty Masters @ Wamberal
- 14 Board Training [Wed] 4:15pm @ Lagoon
- 14 Board Training 4:15pm | 5:15pm @ Macs Beach
- 16 Board Training 4:15pm | 5:15pm @ Macs Beach
- 17 Macs Masters training 8:00am @ Macs Beach
- 21 Board Training [Wed] 4:15pm @ Lagoon
- 21 Board Training 4:15pm | 5:15pm @ Macs Beach
- 23 Board Training 4:15pm | 5:15pm @ Macs Beach
- 24 Macs Masters training 8:00am @ Macs Beach
- 24 NP Junior Iron Person Rnd 1 @ TBC
- 24 Ocean Swim @ Toowoan
- 28 Board Training [Wed] 4:15pm @ Lagoon
- 28 Board Training 4:15pm | 5:15pm @ Macs Beach
- 30 Board Training 4:15pm | 5:15pm @ Macs Beach

## DECEMBER 2018:

- 1 Macs Masters training 8:00am @ Macs Beach
- 1 Streets Board and Ski Rnd 1 @ TBC
- 2 U8-U15 Nippers Carnival @ Terrigal
- 8-9 InterBranch Championships @ Blackhead



Cafe: 7 days 8:30am - 4:30pm  
Barefoot Cafe - Coffee and  
Meals



Macs Maniacs  
Sunday 9am



Donation or Payment  
Make a donation or Payment  
to MacMasters Beach SLSC



Become a Member or  
Renew Membership  
Click here now!



Our Club

Lifesaving

Education

Activities

Competition

Membership

Club Hire

Become a member Today

Join MacMasters Beach SLSC

Check out Macs online:

[www.macmastersbeachslsc.com](http://www.macmastersbeachslsc.com)

Access information about all our Macs surf life saving  
activities and Club including: news | events | minutes