

## September 2018











Click on images and links throughout Point Break for more information, web pages and more!

> MACMASTERS BEACH S 73RD ANNUAL REPORT

## President's Report with Alan Blackman

#### **ANNUAL GENERAL MEETING**

The Club's Annual General Meeting was held on Sunday 19th August and many members attended to receive the Annual Report and listen to an overview of the Club activities in 2017/18.

The Annual Report was approved at the AGM and I encourage every member to have a look at the Report - it provides an excellent snapshot of the Club's activities and financial status. The Report is available at the clubhouse as a hard copy (limited numbers) or on the Club's website.

I want to thank everyone who contributed to the Report and especially David White for his excellent job as chief editor.



The most pleasing part of the AGM was the unanimous approval of Peter Roden as the Club's newest Life Member. Peter joins a very distinguished and select group of members who have made a longstanding and significant contribution to the growth and development of our Club.

Congratulations Peter Roden, Life Member! Peter will be formally inducted at the 2018/19 Presentation Night.

#### **CLUBHOUSE RENOVATIONS**

The clubhouse renovations are essentially finished (bar a few licks of paint) and I am happy to say that the finished product, has been well received by members. The new office, storage areas, front alcove, gym access, additional toilet and other improvements have made a big improvement to the functionality of the clubhouse.

A big thank you to Shelley Van Den Hooven for the great job she did restaining the outdoor tables on the terrace! An important element of the renovations has been improving the accessibility of our clubhouse with better ramp access around the building and entry into the accessible toilet.

The Board undertook a long period of consultation before finalising the design and the outcome is a credit to the input and hard work of many people.

Looking ahead, the Club will be seeking grant funding, at State and Federal level, for further improvements including battery storage for our solar roof panels and resurfacing the rear car park.



Patrol Registration: 5-8pm Friday 21 September

2018/19 Patrol Roster - online now!



To view our current edition of the **Home Grown magazine** CLICK ON THE IMAGE



## President's Report continued

#### **CLUBHOUSE RENOVATIONS CONTINUED**

Board members continue to liaise with Central Coast Council in regard to the proposed sea wall along the front of the outdoor terrace area. Council is progressing planning and design work and a significant funding allocation has been approved in Council's 2018/19 budget.

#### **NEW PATROL SEASON**

Now that the 'off season' has finished we can all get back to our Club's core business, patrolling the beach. The patrol season starts on **29th September** and the patrol roster is now available on our website.

Thanks to every patrol member who is returning for another season and welcome to our new patrol members. Enjoy your time on the beach, I know I am looking forward to being back on the sand!!

**CONTACT THE** 

PRFSIDENT!

#### **REGISTRATION EVENTS AND DATES**

There are lots of events and registration days to herald the new season. See the **Events and Competitions** section of this edition.

#### **CONTACT THE PRESIDENT**

With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club.

So if there is something you would like to talk to me about you can always drop me an email on <a href="mailto:alanmonto.alanm

Catch you on the beach between the flags!

Alan Blackman - President

## MacMasters Beach Surf Life Saving Club MacMasters Beach Surf Life Saving Club



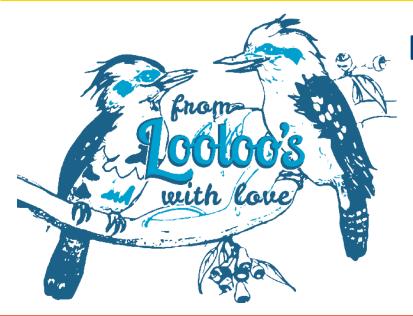
MACS OPEN DAY: Loads of fun activities Sunday 14th October 2018 Full details: macmastersbeachslsc.com

Under 6-7s focus on building confidence and water safety through fun activities on the sand and in the rock pool.

Under 8-12s focus on wading, surf swimming, board paddling, surf education, first aid and resuscitation.

13-14 years are welcome in our Rookie program - surf life saving skills, patrols and Duke of Edinburgh program.

MacMasters Beach Surf Life Saving Club - more than just a club! More info: macsmembership@gmail.com



## LooLoo's Coffee Shack & Warehouse

making our Boat Crews and Masters look even better!



### THE FLAGS ARE UP

MACMASTERS PATROL SEASON
29 SEPTEMBER 2018 TO 28 APRIL 2019

SURF LIFE SAVING MACMASTERS BEACH





## Membership Matters with Alison McNeill

**Here we go!** The start of the new season 2018/19 for MacMasters Beach Surf Life Saving Club.

#### **REGISTRATION @ MACS**

Our first Registration event is on **Friday 21st September 5-8pm** with *2 free drinks for each patrol member who registers on the night*.

This season, bonus points will be awarded to the teams who have all their members registered before the start of the season. These points help in determining the winner of the Patrol of the Year.

You can also register through the website to renew or join online our MacMasters Beach SLSC website.

We will host a second Registration event on **Friday 28th September** between **5-8pm**.

#### **MACS FUNDAY!**

**Sunday 14th October** is our *Funday* so bring the kids down for some fun with activities from 9am to 12pm.

#### **NIPPERS 2018/19**

Our Nippers season starts on 21st October at 9.30am.

#### **CLUB RENOVATIONS**

If you haven't seen the club renovations yet, come down and have

a look. We have a new office, storage room, new gym access and a larger room space. We are in the process of updating the nipper storage area with new shelving to replace a wall that we removed to allow the room to function better. We are also sorting the back storage area to house the carnival trailer and allow for better board storage. **Lots of changes!** 

#### **THANK YOU VOLUNTEERS!**

To all our volunteers, we couldn't function without you so welcome back for another season! Elaine and Lorna have been busy organising our nipper program with the Age Managers, Trainers and Coaches (*Trent, Jan, Jono and Rod*), Boaties (Pete, Mick, Brad and Karl), IRB (Matt, Warren, Greg and Mick), Water Safety, Officials, Uniform Co-ordinator (*Amanda*), R&R Team (*Hayley and Belinda*), March Past (*Hayley*), Carnival Co-ordinator (*Jo*), BBQ Co-ordinator (*Lynda*) and everyone else who keeps the program going. *Thank you, Thank you!* 

#### **ROOKIES (U13 & U14)**

Rookies are now able to patrol so Peter Roden (Director of Life Saving) and the temporary Rookie Co-ordinator Val Crowe, will get these sorted as soon as possible so you can all get to know your patrol members. You only need to do 20 hours of patrols over the season.

**U15s and above**, we are trying to get you all together to discuss options for the season. Keep an eye out for an email.

#### **DUKE OF EDINBURGH**

Duke of Edinburgh Award has still been going on in the off season with camps, hikes and log book completion......we need everyone to keep filling in their online logbooks and uploading camp reports. We will get a meeting organised soon in the training room so we can help you with this.

#### **NEW GYM FOB KEYS**

With the upgraded gym, we are tightening up on access so you will soon need a fob key to gain entry. Most of MacMasters knows the keycode so that will be changed and stopped soon. If you are a paid member of our club, you can use our gym. I'll let you know when fob keys are available.

#### **MACS CHRISTMAS PARTY**

Yes I'm saying Christmas already!!! Our Macs Christmas Party is on Sunday 16th December from about 3pm so put that in your diary now.

See you at one of our Registration events! Alison McNeill Director of Membership



The Barefoot Cafe is the ideal choice for members, locals and visitors



BAREFOOT CAFE

MACMASTERS BEACH

delicious menu | casual dining | great service | amazing views



# MACQUARIE helping our patrols to achieve their best!



## Education and Training with Graham 'Jono' Johnston

Congratulations to all our Club members on the awards completed in 2017/2018 season. MacMasters Beach finished third in completion numbers behind the 'heavy weights' Umina and Terrigal with a total of 88 total awards completed!

It's all about to start again!!

#### **SLS My Portal**

New members and current patrolling members, **PLEASE** log onto the SLS My Portal, as this has all important training and lifesaving details that you need!

#### **BRONZE/SRC TRAINING**

Commencing from 16th September 2018 - 9.30am Sunday mornings. Please check the portal page for optional 'Online eLearning' that you need to do.

#### **PROVIDE FIRST AID**

Saturday 22nd September 2018 - must be pre-booked with Jono due to the 'online' component that needs to be completed.

#### **BRONZE REQUALS**

9.30am on 23rd and 30th September 2018

9:30am on 14th and 28th October 2018

9:30am on 18th November 2018

#### **ARTC COURSE**

6th and 13th November with Rod Jordan

#### **ARTC REQUALS**

7:00pm on 25th September 2018 with Rod Jordan

7:00pm on 11th and 22nd October with Rod Jordan

#### **IRB Driver & IRB Crewman Requals**

8:00am on Sunday mornings with Matt Staples, Warren Watkins and Greg Ferguson, assessed by Mick Morrison.

#### **REMOTE AREA FIRST AID**

Our Duke Coordinators (*Geoff, Duckie, Ant, Jonsie, Jono, Val and Jan*) completed this course which was subsidised by the Club.

#### **ADVANCED FIRST AID**

Seeking skilled active members for this Club funded course - please see Jono.

## Catch you in the training room! Jono - Director of Education

## **CHECK OUT:**

All the education courses and training activities provided by MacMasters Beach SLSC on our website.

Questions: chat to Jono for more information

## Macmasters Beach Surf Club Education/Training Program 2018/2019 Season

Course	Training Date/Time	Trainer/Assessor
Surf Rescue Certificate	Sunday: Casual Training during Nipper Rotation	Jono, Rod, Lyn
Must be 13 years Surf Bronze Medallion	Online Training Options Available  Sundays: 9.30am - 11.30: 16 <sup>th</sup> Sept to 9th Dec 2018	Jono, Rod, Lyn
15 years and over Regual's:	Online Training Options 3thFeb to 24th March 2019  9.30am : General Regual's 2018 Online Training Option	Jono, Jim, Rod, Lyn
Surf Bronze & SRC	23 <sup>rd</sup> & 30th Sept, 14 <sup>th</sup> & 28th Oct, 18 <sup>th</sup> Nov, 9 <sup>th</sup> Dec Note: All requals must be completed by 31 <sup>st</sup> December	Warren, Fergie,
A.R.T.C. (AID)	Tuesday 7.00pm : 6 <sup>th</sup> & 13 <sup>th</sup> November 2018 5 <sup>th</sup> & 12 <sup>th</sup> March 2019	Rod Jordan 0402640092
A.R.T.C. Requal's	7 pm Tuesday: 25 <sup>th</sup> September, 11 <sup>th</sup> & 22 <sup>nd</sup> October	Rod Jordan 0402640092
IRB Drivers & IRB Crewman Course & Requal's	Sunday: 8am - 10am : 16 <sup>th</sup> Sept to 2nd Dec 2018 10 <sup>th</sup> February to 10 <sup>th</sup> March 2019	Mick Morrison: 0419486384 Warren , Matt Staples, Fergie
Radio Operators Certificate	Sundays: 10am (two hour course)	Jono: 0411184642 Rhonda Hall
Workcover Approved Provide First Aid HLTAID003	Saturday: 9am Sept 22 <sup>th</sup> , 10 <sup>th</sup> Nov 12 <sup>th</sup> Jan, 23 <sup>rd</sup> Feb Cost \$70 club members, \$90 general public	Graham Johnston: 0411184642
Basic Beach Management	15 <sup>th</sup> Sept (Umina) & 20 <sup>th</sup> October (TBA) 2018	Contact Jono: Branch Course admin@slscc.com.au
Silver Medallion Aquatic Rescue	13 <sup>th</sup> & 14 <sup>th</sup> April 2019 additional dates available	Contact Jono: Branch Course admin@slscc.com.au
Gold Medallion	11 <sup>th</sup> November (Wamberal)	Contact Jono: Branch Course admin@slscc.com.au
Spinal Management	13 <sup>th</sup> October	Contact Jono: Branch Course admin@slscc.com.au

## Macs Marchpast and R&R Teams with Hayley Hogger

We hope you're all as excited as we are that the new nipper season is here for 2018/2019!

Part of the reason we are excited is that there are two events that many people don't seem to know about so we thought we'd share the secret with you ... Marchpast and Rescue & Resuscitation (known as R&R)!

MacMasters Beach has a strong history of participation in both Marchpast and R&R. We are really lucky to have had the knowledge passed on, as well as many great volunteer helpers.

More Central Coast clubs have been realising the awesomeness of both events in recent years and are entering new teams. They are great events to watch at the beginning of each carnival, with Marchpast being the offical opening ceremony.

MARCHPAST has a team of 12 carrying the club flag and the rescue reel. Marching in unison, the team is judged on a variety of elements. Click here for more information or to see Marchpast in action (Northern Beaches).

**RESCUE & RESUSCITATION (R&R)** is a 5 person and 2 person team competition. The 5 person teams imitate an old fashioned water rescue, using a reel. Both 2 and 5 person R&R teams simulate a resuscitation with very technical components for judging. Click here for more information and video footage:

2-person Rescue & Resuscitation (R&R) Team
5-person Rescue & Resuscitation (R&R) Team

**JUDGING:** The aim in both events is to get as low a 'score' as possible with points given for errors made.

Both events are features at all Central Coast SLS carnivals as well as State Age in March.

If you would like more information or if your child is interested please let us know at our registration days or PM us via <a href="Facebook">Facebook</a> or text 0408197574.











### Macs Merchandise with Amanda Queripel

Welcome to the 2018/19 beach season at MacMasters Beach!

This season myself, along with help from my friend Penny Roden will look after clothing for our surf club.

We have a good range of swimwear and other club related apparel for sale.

I am excited to announce that we have a new display cabinet in the Clubhouse, so keep an eye out for it next time you are down there.

All club members, including nippers who enter the water for official events, nippers, point score and training MUST wear the mandatory pink vest.

All nippers, except 6s and 7s, participating on Sundays and other members competing for our club must wear the mandatory MacMasters Beach skull cap.

#### SPECIAL for this season: pink vest and Macs skull cap \$22.00.

All clothing can be paid with cash or the payment gateway via our MacMasters website.

I will be available most Sunday mornings in the club house from 9:00am to 11:30am - except when attending patrols and carnivals.

Alternatively I can be contacted on 0400 127 676 for pre-orders.

Looking forward to a great season in the blue and yellow ... and pink!



## **DAVISTOWN RSL** SUPPORTS MACS SLSC

Macs SLSC recently applied for a ClubNSW Grant, in the hope that our Nippers could use the funds towards a 'board rescue' board for competition.

We are pleased to announce that we were successful in our application!

A huge thanks to Davistown RSL Club, who were very generous in supporting us providing a cheque for \$500, to go towards the purchase of our 'board rescue' board.

Support from local clubs like Davistown RSL is very important to surf clubs such as ours.

Let's return the favour go and enjoy a night out at 'The Davo'!!

For more information on Mac's Commitment to Safeguarding Children and Young People click here

#### **Commitment to Safeguarding Children and Young People**

Safeguarding Children and Young People

MACMASTERS BEACH SLSC

- ☐ will strive to ensure that children and young people are protected from abuse and harm

- will strive to ensure that persons in a position of authority do not harm, abuse or exploit children or young people involved within our club
- may not ask for consent to disclose information to police or an external child protection agency in the exabout the safety or wellbeing of a child or young persor

- As part of our commitment to safeguarding children and young people, our club:

  is committed to supporting parents and carers to protect their children and young peop

  will offer assistance that builds on a family's strengths and make up, is sensitive to their cempowers them to meet the changing needs of their children and young people

  is committed to communicating honestly and opening with parents and carers about the

- endeavours to be transparent in our decision-making, with parents and care safety of a child/young person or breach the SLSA Privacy Policy.

This commitment was endorsed and approved by our club on:

ne Alan Blackman 6/09/18 SAN SILLATO - MPIO





### In the Macs IRB with: Mick Morrison

Each month we will catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick.

This month, let's chat with one of our Life Members, Mick Morrison.

How long have you been a member at Macs SLSC?

MM: About 32 years or so!

#### What first attracted you to Macs Beach SLSC?

MM: Used to come from Narara to Macs almost every other weekend for the beach and surf, before we moved here with young kids in 1986. Knowing we needed to be safe in the surf, we joined the Surf Club and ... here we are 32 years on.



#### What volunteer role/s have you been involved in at Macs?

MM: I have been an active member since joining. I was also a Junior Swim Coach, coordinated Junior club registration, patrol member, Surf Club Carnival 'gopher', IRB trainer and IRB Assessor.

#### Strangest place you have swum?

MM: The thermal pools at Moree - one April morning when it was about 10C, I shared the hot pools with all the other grey nomads.

#### Favourite footy team?

MM: (Shhhhh!) Manly Warringah - I even have one of their white with maroon striped footy jerseys from the late 1970s, although it does seem to have shrunk over the years!

#### **Favourite SLSC competition event?**

MM: The Board Relay.

Favourite menu item on the Barefoot Cafe menu?

MM: Anything spicy.

Preferred beverage from the Macs Beach Bar?

MM: One-Fifty Lashes beer.

#### What do you enjoy most about Macs?

MM: The beautiful beach and great surf. It is great for families and friends and is an awesome surf club!!

Now you know a little bit more about Mick - have a chat next time you see him around!







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## Events & Competitions:

#### **SEPTEMBER 2018:**

12 Board Training 4:15pm @ Macs Beach

14 Board Training 4:15pm @ Macs Beach

19 Board Training 4:15pm @ Macs Beach

21 SLSCC Pool Challenge @ Mingara

21 Board Training 4:15pm @ Macs Beach

21 Macs Registration night #1 5-8pm @ Macs

26 Board Training 4:15pm @ Macs Beach

28 Board Training 4:15pm @ Macs Beach

28 Macs Registration night #2 5-8pm @ Macs

29 2018-19 Life Saving Patrol Season commences

29 School Holidays start

29-30 Forster Carnival @ Main Beach Forster

30 Beachletics @ Shelly Beach

#### **OCTOBER 2018:**

1 Labour Day Public Holiday

3 Board Training 4:15pm @ Macs Beach

5 Board Training 4:15pm @ Macs Beach

**10 Board Training** 4:15pm | 5:15pm @ Macs Beach

**12 Board Training** 4:15pm | 5:15pm @ Macs Beach

14 Macs Fun Day and Registration 9-12pm @ Macs

**14** School Holidays finish

17 Board Training [Wed] 4:15pm @ Lagoon

**17 Board Training** *4:15pm* | *5:15pm* @ Macs Beach

**19 Board Training** 4:15pm | 5:15pm @ Macs Beach

20 Street Boat Series Rnd 1 @ Terrigal

21 Macs Nippers starts 9:30am @ Macs

24 Board Training [Wed] 4:15pm @ Lagoon

**24 Board Training** 4:15pm | 5:15pm @ Macs Beach

**26 Board Training** 4:15pm | 5:15pm @ Macs Beach

27 U12-Open BEACH Carnival @ North Avoca

27 Masters Carnival @ TBA

28 U12-Open Carnival @ Terrigal

**31 Board Training [Wed]** 4:15pm @ Lagoon

**31 Board Training** 4:15pm | 5:15pm @ Macs Beach

#### **NOVEMBER 2018:**

4 Kracka Board Challenge @ Blacksmiths Beach

4 U8-U15 Nippers Carnival @ Umina

4 Street Boat Series Rnd 2 @ TGHN

**10 Nutty Masters** @ Wamberal

24 NP Junior Iron Person Rnd 1 @ TBC

24 Ocean Swim @ Toowoon

#### **DECEMBER 2018:**

1 Streets Board and Ski Rnd 1 @ TBC

2 U8-U15 Nippers Carnival @ Terrigal

8-9 InterBranch Championships @ Blackhead

8 Street Boat Series Rnd 3 @ Macksville/Scottsd Hd

9 Street Boat Series Rnd 4 @ Macksville/Scottsd Hd

15 NP Junior Iron Person Rnd 2 @ Soldiers Beach

16 Macs Christmas Celebrations 3:00pm @ Macs

22 Streets Board and Ski Rnd 2 @ TBC

**26 Terrigal Twilight** @ Terrigal



Cafe: 7 days 8:30am - 4.30pm Barefoot Cafe - Coffee and Meals









Our Club

Lifesaving

Education

Activities

Competition

Membership

Club Hire

