

Point Break

MacMasters Beach SLSC

May
2018



Click on images and links throughout Point Break for more information, web pages and more!



President's Report with Alan Blackman

END OF PATROL SEASON

The 2017/18 Patrol Season has come to an end, and it has been another successful summer for all our patrol members who have kept our beach well watched and safe for everyone who has used our beach.

A huge thank you to every patrol member for the amazing contribution you make to our community and our Club. Your diligence and dedication is greatly appreciated.

I also want to thank all those Club members and supporters who help our Club 'off the beach', without your support and help we could not get our 12 patrols trained, equipped, ready and 'on the sand'.

The season Patrol Statistics are impressive and Peter Roden, our Director of Life Saving, has crunched the numbers, pulling together statistics from across the season - [check them out on page 12](#).

AUSSIE TITLES

A strong contingent of Macs competitors made their way over to Perth for the Aussie Titles. There were some very impressive results, congratulations to everyone who helped wave the MacMasters Beach flag in Perth.

[See the reports and photos in this edition.](#)

OSCAR CROWE, NSW JUNIOR LIFE SAVER OF THE YEAR!!!

Woo Hoo!!! All of our Club was so proud when Oscar Crowe was announced as the NSW Junior Life Saver of the Year (boy) in mid-April. This is an incredible achievement and continues the strong record our Club has in this most important Award. Oscar put in a huge amount of work to achieve this result and was supported all the way by his proud Mum and Dad, Valerie and Angus. *Congratulations!!*

ANZAC DAY

Our annual ANZAC Day sunset service was another splendid event and a truly moving remembrance of all those who served our country and of those who gave their lives. A very large crowd gathered to watch the service and pay their respects. Vince Roberts did another outstanding job in organising the event, the band, our guest speaker and singers which all contributed to deliver a very special occasion.

This year's ANZAC service was special for me, as this month marks the 100th anniversary of the death of my Great Uncle who was killed while fighting with the ANZACs on the Western Front in France.

Lest We Forget, Walter Blackman.



Senior Presentation 6pm Saturday 12th May

Oscar Crowe - NSW Junior Life Saver of the Year!

belle
PROPERTY

To view our current edition of the
Home Grown magazine
CLICK ON THE IMAGE



President's Report continued

SENIOR PRESENTATION: SATURDAY 12TH MAY 6PM

Our Senior Presentation Night is on Saturday 12th May at the Club House commencing at 6pm. Food and beverages will be available between 6 and 7pm with the presentations commencing from 7pm.

Come along and enjoy our Club's successes.

THE OFF SEASON

Patrols may have finished, but now the busy work starts behind the scenes. It is 'reporting season' with annual reports, financial statements, auditor's reports, branch reports, charitable authority reports and many others due. The administration of our Club gets greater every year!! If you feel you can help with any of these important functions please give me a call.

The 2018/19 Patrol Season starts on 29th September! *We are already planning for next season!!!!*

We also plan to undertake our internal renovations over the next three months, keep an eye out for the activity.

CONTACT THE PRESIDENT

With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club. So if there is something you would like to talk to me about you can always drop me an email on alanblackman@hotmail.com or phone me on 0418 331 649.

See you at Presentation!

Alan Blackman - Macs Beach SLSC President



**CONTACT THE
PRESIDENT!**

MACMASTERS



MacMasters Beach SLSC Senior Club Presentation
6pm | Saturday 12th May | MacMasters Club House
Awards | Celebrations | Bar Open | Champions

Duke of Edinburgh with Louise Duck

DUKE OF EDINBURGH GOLD PRACTICE/QUALIFYING CAMP 26-29 April 2018

A Duke of Edinburgh camp was held between 26-29 April. Andrew Duck supervised six participants: Sari Walker-Woods, Heidi Graham, Jayden Duck, Angus Dominguez, Harrison Petheram and Grant Offner. We headed to Spencer where we kayaked to Glenworth Valley for horse riding. The next day saw a 5 hour paddle against the tide to Mangrove Creek weir! After a quick bite, we hiked 10 kms to Ten Mile Hollow.

The next morning we visited the remote Buddhist temple before hiking 12 kms back to the weir where we set up camp. Our final day was spent paddling back to Spencer with the tide this time.

A great camp (except for the blisters!)



ANZAC Day

with Vince Roberts

Our 12th Anniversary Service was another great success with record numbers in attendance. This year's service was made even better with the involvement of [Coast Opera Australia](#). Their singing of the Recessional, National Anthem and finishing with I am Australian really added to the occasion.

Special thanks must go to;

John Peacock - delivering the ANZAC address.

[Brisbane Water Brass Band](#) - providing music

[Coast Opera Australia](#) - **Angela Brewer** and her team of emerging artists, especially **Adam Jansen** who performed a fantastic rendition of the National Anthem.

Alan Blackman - reciting the prayer

Brian Soundy - reciting the Ode

Sergeant Alex McMartin - who took the salute

Felicity Hull CUO - raising of the Flag

MacMasters Beach Barefoot Cafe - for their continued support and cooperation.

To the many, many **Club members** who assisted on the day with setting up, packing up and cleaning the club forecourt, especially **Jono, Steve O'Hara and Phil Boxsell**.

Wreaths were laid by;

Lucy Wicks - *MP Robertson*

Adam Crouch - *State Member Terrigal*

Anne Charlton - *Labor candidate Robertson*

Jane Smith - *Mayor Central Coast Council*

Danille McPherson, Oscar Crowe & Alec Walters

- *MacMasters Beach SLSC*

Josie Wood and Hannah Bloom

- *MacMasters Beach Ladies Club*

Jack Campbell and Ophia Baker

- *Kincumber Public School*

Barbara Wills - *MacMasters Beach Progress Association*

Craig Roberts - *Captain MacMasters Beach Rural Fire Brigade*

Helen Waterhouse - *MacMasters Beach Garden Club*

Thank you to all who attended this special ANZAC commemoration.



Competition Corner *with Craig Lee*

2018 AUSTRALIAN OPEN SURF LIFE SAVING CHAMPIONSHIPS @ Perth WA - 16 to 22 April 2018

On 16th and 17th April, our die hard 'Macs Masters' competed at their first Aussie Masters Carnival in Perth. Bill, Frank, Angus, Trent, Amanda, Val and Jan had a great couple of days on the beach, alongside many other inspiring competitors, doing Macs proud.

We had great support from, Michael and Tor Toranto (ex Macs members), Ellie Crowe, Elaine Hodgkinson, Emily Hodgkinson and Steve Sillato, who replaced Rhonda as our carnival photographer. Thanks to all of you 'Macs Masters' thrive on your support!

Thanks also goes to City of Perth SLSC, who extended their support and kindness to supply our Macs Masters with racing mals and tubes for their events. We were also welcomed by their competitors on the beach, providing us with shelter from the elements of Mother Nature. Much appreciated!

Everyone made finals and competed well, in some typical Scarborough Beach conditions. Flat water on Monday, followed by very windy swell on Tuesday. Then, the Board Relay course was set to the same length as the ski course, which made it seem like we were paddling to Rottnest Island and back!!

So, the exciting part was that we did have some great results too, as follows:

TRENT: 2km Ocean Swim 2nd (silver), Surf Race 3rd (bronze), Board Race 2nd (silver) and Rescue Tube Race 2nd (silver)! Trent also competed in the iron man, ski event, board relay with Frank and Bill, and taplin relay with Frank and Bill. Amazingly awesome effort Trent.

TRENT & FRANK: came 3rd (Bronze!!) in the 30-34 board rescue. Frank competing against guys 15 years his junior. Congrats and well done boys!!

FRANK: competed in the board race, rescue tube race, taplin relay with Trent and Bill, and board relay with Trent and Bill. Awesome effort Frank.

ANGUS: competed in the surf race, board race, rescue tube race, swim team with Trent and Bill (8th in the final), board relay with Bill and Frank, and board rescue with Bill. Awesome effort Angus.

BILL: competed in the surf race (11th in the final), board race (9th in the final), rescue tube race, swim team with Trent and Angus (8th in the final), board relay with Trent and Frank, taplin relay with Trent and Frank, and board rescue with Angus. Awesome effort Bill.



Competition Corner continued

VAL: competed in the surf race (11th in the final), board race (9th in the final), rescue tube race, swim team with Amanda and Jan (9th in the final), board relay with Amanda and Jan (8th in the final), and board rescue with Jan (8th in the final). Awesome effort Val.

JAN: competed in the surf race (17th in the final), board race (11th in the final), rescue tube race, swim team with Amanda and Val (9th in the final), board relay with Amanda and Val (8th in the final), and board rescue with Val (8th in the final). Awesome effort Jan.

AMANDA: competed in the surf race (12th in the final), board race (9th in the final), rescue tube race, swim team with Val and Jan (9th in the final), board relay with Val and Jan (8th in the final), and was our only representative in the flags. Awesome effort Amanda.

Our 'Macs Masters' team then celebrated with the Macs Boat Crews on the Tuesday night with a BBQ, sharing many of the stories from the two days of competition. Thanks to Alison, Paula and Nerida for organising the night.

Overall, well done to all our 'Macs Masters' who have trained, competed, and supported each other throughout the 2017/2018 season. Each one of you should be very proud for living life to the full and sharing your passion for surf life saving with other club members.

Remember, anybody over the age of 30 is welcome to join in next year to join in all the fun!!



Competition Corner continued

2018 AUSTRALIAN OPEN SURF LIFE SAVING CHAMPIONSHIPS @ Perth WA - 16 to 22 April 2018

Three of our boat crews competed at the Aussies which saw an excellent couple of days of competition in Perth - here is a wrap up of the results:

RESERVE MALE SURF BOAT:

Macs Misfits: Charlie Layton/Ben Mitchell/Karl Norman/Brad Norman - Rnd 1: Heat 1 34th

U19 MALE SURF BOAT:

Macs UFCs: Alex Halls/Harry Layton/Toby McNeill/Joel Vella - Semi-Final: Heat 1 4th

U19 FEMALE SURF BOAT:

Macs Diva's: Ella Buteux/Phoebe Harries/Teagan Powell/Millee Powell - Semi-Final: Heat 2 4th

A huge thank you to:

- Phil Boxsell and Toyota Fleet Management for getting us and the boat to and from Perth, WA
- WEX fuel cards for fuelling our trip



Our Under 19s
UFCs male crew
and our U19
Divas female
crew are now
ranked in the
Top 8 boat crews
in Australia!



NSW Junior Life Saver of the Year 2018

MASSIVE CONGRATULATIONS to our very own Oscar Crowe who on 19th April was announced as the male winner of the 2018 SLSNSW Junior Lifesaver of the Year (JLOTY).

Having been selected as the male Branch winner of the Junior Lifesaver award Oscar went on to attend a development camp at Collaroy with all the branch winners from around NSW. On arrival at camp each participant took part in an individual Interview with a panel of SLSNSW representatives.

This was followed by a three day camp which focussed on a combination of learning through experience and fun involving physical challenges, presentations and discussions, activities and scenarios that required leadership, teamwork and communication. The NSW male and female Junior Lifesaver winners were announced on the final morning of camp.



Luckily Les and Maree Cousins were at Collaroy for the announcement and able to text it to Val and Angus, who were enjoying a rest day in WA after competing at the Aussies at Scarborough Beach.

The news was greeted with tears, shock and delight and that was just Val! Whilst feeling very surprised and honoured, Oscar has yet to hear what the role will involve, and is a little nervous about the public speaking that might be involved.

Both Oscar and Jade Crook from Shelly Beach Surf Club who won the female JLOTY for the Central Coast, were congratulated for their wonderful dedication, enthusiasm and professional attitudes - awesome effort!

A huge thank you goes to all the dedicated people at Macs who coach, encourage and nurture our nippers and junior lifesavers, without your help and enthusiasm, this award would not have been possible - *this one's for you!*

MacMasters an ideal venue

Stunning beachfront location | Ocean views | Catering available
All Functions: Weddings | Engagements | Corporate | Family | Celebrations

LooLoos Continued Support for Macs!

We would like to give HUGE thanks to LooLoo and Inni of LooLoo's Coffee Shack and Warehouse.

LooLoo and Inni made a generous donation by supplying long sleeved shirts for our Macs Masters and Boat Crews to wear when they represent Macs at carnivals.

We are lucky to have LooLoo, Inni and the entire team that work at LooLoos as part of our community at Macs. LooLoo and Inni have been constant supporters of Macs SLSC taking part in various events, fundraisers and donations including our boat 'The LooLoo'.

All of our competitors love the shirts, including those who travelled to Perth for Aussies and have already worn them with pride.

Thank you both for the best coffee on the coast, continued support and making us look good!



ABOVE: Macs Masters competitors wearing their shirts proudly at Aussies in WA

LEFT: 'The Divas' Under 19 Boat Crew with their shirts at LooLoo's Coffee Shack



SATURDAY

23

JUNE '18

5 FREE FESTIVALS IN ONE!

MACMASTERS BEACH
COPACABANA
AVOCA BEACH
NORTH AVOCA
TERRIGAL



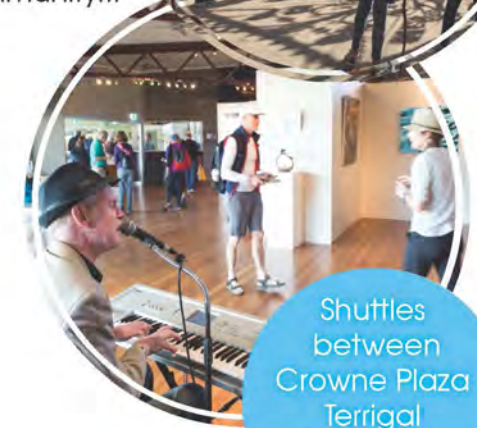
5 LANDS WALK

Walk along 10 kms of the Central Coast's spectacular coastline where you'll enjoy:

- Food, live music and dance from multi-cultural communities
- Art and photo exhibitions, sculptures on the beach and surf clubs
- Aboriginal ceremonies and whale watching

Hop on the **FREE shuttle buses** throughout the day. *To view bus timetables visit the website.*

The 5 Lands Walk is brought to you by the Central Coast community... *Connecting people to people and people to place.*



Shuttles between
Crowne Plaza
Terrigal
& MacMasters Beach



5landswalk.com.au

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instagram.com/5landswalk



CONTACT US:
enquiries@5landswalk.com.au

PROUDLY
SUPPORTED BY:



In the Macs IRB with: Trent Martin

Each month we will catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick.

This month, let's chat with our **Board Coach, Macs Masters competitor and patrol member Trent Martin.**

How long have you been a member at Macs SLSC?

TM: *Over 25 years*

What first attracted you to Macs Beach SLSC?

TM: *I didn't really have a choice. My family went to Macs, Killcare and Avoca as they all had great rock pools for youngsters. My parents signed our family up for Nippers in 1992 and then it became pretty much the only beach we frequented. It was a great place to spend your summers.*

What volunteer role/s have you been involved in at Macs?

TM: *I have been a competitor, patrol captain, patrol member, water safety, carnival official and surf sports coach.*

Strangest place you have swum?

TM: *The strangest place I have swam is Hell's Gate Rotorua, which is a unique Geothermal mud bath in New Zealand.*

Favourite footy team?

TM: *Go the mighty PARRAMATTA EELS!*

Favourite SLSC competition event?

TM: *Any of the team events in the water. I love it when the lead changes and there is teamwork involved. They are a blast to compete in as a competitor and watch as a spectator.*

Favourite menu item on the Barefoot Cafe menu?

TM: *There is nothing better than a piece of Rocky Road and a Cappuccino after a hard training session or surf.*

Preferred beverage from the Macs Beach Bar?

TM: *Its hard to go past a schooner of XXXX Gold.*

What do you enjoy most about Macs?

TM: *I just love everything about Macs. Its a great community to live in and be a part of. Nothing can compare to a good day at MacMasters Beach. I will regularly go down to the beach 4 or 5 times a day. It's a great experience to watch an early morning sunrise paddling my surf ski. Its always fun taking the kids for a play in the rockpool. I love getting out the point for a surf or three. It's an amazing spot to meet up with family and friends for a beverage or ten. The beers are particularly tasty after a successful day for the club at a Nipper carnival. Everyone is in a good mood celebrating all of the kids effort and achievements. What is not to enjoy about this place! I feel very lucky to call it home.*

Now you know a little bit more about Trent - have a chat next time you see him around!



MACQUARIE

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The 2018 Patrol Season: A Snapshot

BEACH ATTENDANCE

50031

7615

PATROL HOURS

BEACH
CLOSED

5 times

0 LIFE

5 SAVING

2 PREVENTATIVE

4 ACTIONS

161

FIRST AID
TREATMENTS

7

CALLS FOR
AMBULANCE

33 RESCUES

KEEPING MACS
SAFE FOR YOU



SURF RESCUE

MacMasters Beach SLSC 2017/18 Season

MacMasters: the place to be!

Your **local** professional plumbers providing emergency plumbing and general plumbing services @ Macs

 **freewater**
PLUMBING PTY LTD

4368 4872

plumbing • blocked drains
• hot water • gas fitting

Events & Competitions:

MAY 2018:

11 Toowoon Bay SLSC Charity Golf Day @ Shelly Bch

12 Macs Senior Presentation 6:00pm @ Macs

13 *Mother's Day*

13 Macs Maniacs 9:00am @ Macs

19-20 IRB Premierships Round 2 @ TBC

20 Macs Maniacs 9:00am @ Macs

27 Macs Maniacs 9:00am @ Macs

JUNE 2018:

2-3 IRB Premierships Round 3 @ Umina Beach

3 Macs Maniacs 9:00am @ Macs

10 Macs Maniacs 9:00am @ Macs

11 June Long Weekend

16-17 IRB Premierships Round 4 @ Umina Beach

17 Macs Maniacs 9:00am @ Macs

24 Macs Maniacs 9:00am @ Macs

30-1 IRB Championships @ Umina Beach

JULY 2018:

2 Macs Maniacs 9:00am @ Macs

7-8 NSW Pool Rescue Championships @ TBA

9 Macs Maniacs 9:00am @ Macs

The Barefoot Cafe is the ideal choice for members, locals and visitors



BAREFOOT CAFE

MACMASTERS BEACH

delicious menu | casual dining | great service | amazing views

Cafe: Tue-Sun 8:30am - 4:30pm
Barefoot Cafe - Collier and Shelly

Sun: 9am - 11am
Waterman Ave

Payments & Donations
Pay at MacMasters Beach SLSC & Barefoot Cafe



MacMasters Beach
SURF LIFE SAVING CLUB

Our Club
Contact

Lifesaving

Activities

Competition

Membership

Club Hall Hire

Check out Macs online: www.macmastersbeachslsc.com

Access information about all our Macs surf life saving activities and Club including: news | events | minutes

Become a Member Now!

MacMasters Beach SLSC.