

Point Break

MacMasters Beach SLSC

April
2018



Click on images and links throughout Point Break for more information, web pages and more!



President's Report with Alan Blackman

THE CLUB HOUSE GOES SOLAR

You may have noticed the roof top solar panels that have recently been installed on the club house. The 10kw system is expected to supply approximately half of our electricity need and reduce our carbon footprint.

A big thank you to Lucy Wicks, the Member for Robertson, who organised a \$14,000 grant for all the surf clubs in the electorate to help fund part of the cost of solar panels.

The system has been set up to be 'battery ready'. With battery technology changing so rapidly the Board decided it was best to defer the installation of storage batteries for some time so that we can utilise the latest technology when we eventually expand the system.

ANZAC DAY

Our unique ANZAC DAY sunset service is being held at the club house at 5pm on Wednesday 25th April. Come along and remember those who have served our Country.

AUSSIE TITLES IN PERTH

Good luck to all our competitors who will be representing our Club in Perth. We wish them every success, GO MACS !!!

SENIOR PRESENTATION

Remember to put Saturday the 12th May in your diaries for our annual Senior Presentation. The event commences from 6pm.

CONTACT THE PRESIDENT

With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club. So if there is something you would like to talk to me about you can always drop me an email on alanblackman@hotmail.com or phone me on 0418 331 649.

ANZAC DAY

Wednesday 25 April



ANZAC DAY

Wednesday 25 April
5pm under the flag pole
@ MacMasters Beach SLSC



ANZAC Day service 5pm Wednesday 25 April

Senior Presentation 6pm Saturday 12th May

belle
PROPERTY

To view our current edition of the
Home Grown magazine
CLICK ON THE IMAGE



Membership Matters with Alison McNeill

SENIOR PRESENTATION: SATURDAY 12TH MAY 6PM

Our Senior Presentation is on Saturday 12th May from 6pm. All invited to attend including the U14s who will receive their Surf Rescue Certificates. Food will be provided followed by the presentation and awards. *Will be a great night celebrating a successful season!*

JUNIOR PRESENTATION

The end of last month saw a well attended presentation for our Junior members. So many individuals recognised for their efforts, enthusiasm and achievements at Nippers and carnivals. Check out all the award recipients on the following pages and thank you everyone for another wonderful season in 2017-18!

See you at Senior Presentation on the 12th! Alison McNeill

ANZAC DAY

Wednesday 25 April
5pm under the flag pole

@ MacMasters Beach SLSC

Special Guest Speakers
Live Music | Bar Open



Macs Beach Junior Nippers Presentation:



BEACH SPORTS ENCOURAGEMENT AWARD:

A non-competitor who has displayed excellent effort consistently throughout the season, particularly at Sunday Nippers and has demonstrated improvement in beach skills.

Lola-Mae Marcangelo



BEACH SPORTS ACHIEVEMENT AWARD:

A competitor who has displayed excellent effort consistently throughout the season and has demonstrated improvement in beach sports.

Conor Hodgkinson



WATER SPORTS ENCOURAGEMENT AWARD:

A non-competitor who has displayed excellent effort consistently throughout the season and has demonstrated improvement in water sports.

Hamish Mark



WATER SPORTS ACHIEVEMENT AWARD:

A competitor who has displayed excellent effort consistently throughout the season and has demonstrated improvement in water sports.

Nina Boije af Gennas



CONSISTENT EFFORT AWARD:

An individual who consistently gives 100% effort at Sunday morning activities.

Ruby Aitchison



MOST IMPROVED AWARD:

An individual who has demonstrated general improvement in beach and/or surf skills but more importantly through life saving skills.

***Lacey Trigg &
Ellie Trigg***

Macs Beach Junior Nippers Presentation:



MARK SHERRING FUTURE ACHIEVER AWARD:

An individual who has shown effort and improvement throughout the season and is likely to achieve even more in the future.

Marcus Aitchison



SPORTS PERSON AWARD:

An individual who achieves across all disciplines of the sports involved in Surf Life Saving and whose attitude demonstrates the best qualities of good sportsmanship.

Molly Sheppard



ALEC LEE MARCH PAST AWARD:

A team member who shows consistent dedication, enthusiasm and attendance at March Past training and carnivals.

Zoe Vella & Spencer Morris



RESCUE & RESUSCITATION AWARD:

A team that shows consistent dedication, enthusiasm, skill and attendance at training and carnivals.

Charlotte Morris & Emma Fannelley



RESCUE & RESUSCITATION ENCOURAGEMENT AWARD:

An individual that demonstrates consistent effort and skill at training and carnivals.

Claire Hogger



BOARD AND SWIM POINTSCORE AWARDS:

Individual with the highest score for the Sunday morning board race and swim race.

Conor Hodgkinson

Mac's Beach Junior Nippers Presentation:



CARNIVAL COMPETITOR AWARD: The individual with the most carnival performance achievements.

Hamish Taylor-Martin

*Celebrating
a great
season
and
recognising
our
achievements*



TEAM OF THE YEAR AWARD: The team that achieves something special during the season.

**Ben Sapsford &
Hamish Taylor-Martin**



CLUB GIRL AWARD:

One of the top awards for Junior Nippers, Club Girl Award recognises the recipient's outstanding qualities of leadership, attitude, commitment and citizenship. This individual has assisted different age groups and demonstrated exceptional role model qualities for younger children within the Club.

Danielle MacPherson



CLUB BOY AWARD:

One of the top awards for Junior Nippers, Club Boy Award recognises the recipient's outstanding qualities of leadership, attitude, commitment and citizenship. These individuals have assisted different age groups and demonstrated exceptional role model qualities for younger children within the Club.

Alec Walters and Oscar Crowe

Mac's Beach Junior Nippers Presentation:

GIRL SPECIAL ACHIEVEMENT AWARDS - NOMINATIONS:

A girl who has achieved or undertaken something really special connected to Surf Life Saving - in the water or on the beach during Nippers or at another time.

U8s Summer Boesen: Despite being a novice at Nippers, Summer is the first to volunteer for any team at a carnival that needs extra people to compete - for example, she competed with the U8's boys so they could compete in the wade relay and she stepped in as a runner for the U9's girls beach relay team. Summer is competitive - she loves to win a ribbon or three at carnivals - but that didn't matter to her when a competitor from North Avoca who also has a hearing impairment stood next to her. Summer, who quite easily placed in most events, made sure her competitor started and completed the course correctly. Admirable for someone her age.

U11s Skye Hackshall: Skye works extremely hard which showed in her great achievement at state coming 6th in the swim final and 8th in Ironperson final. She made 5 finals in total – a huge achievement when there are hundreds of kids competing.

U13s Chloe Sapsford: Chloe helped out a senior club member when two young nippers were caught in a rip before Nippers one Sunday morning. She responded without hesitation, acting quickly to rescue the kids - like all rookies should!

U14s Poppi Lever: This competitor needs no motivating and has focused herself on achieving at the highest level in her competition this year. She was selected to represent the Central Coast in the inter-branch competition and competed in many non-SLSC carnivals as well as choosing to compete in under-15 events. She trains hard at board training and does independent training on other days. She has completely changed her approach to nutrition, especially prior to events and even goes to bed early prior to carnivals!!

BOY SPECIAL ACHIEVEMENT AWARDS - NOMINATIONS:

A boy who has achieved or undertaken something really special connected to Surf Life Saving - in the water or on the beach during Nippers or at another time.

U12s Calum Walters & Patrick Sheppard: Both of these boys have shown dedication and maturity in both life-saving and competition. On separate occasions both Calum and Patrick have rescued younger Nippers on their nipper boards unbeknown to myself but told about later not by themselves but by other age managers.

They have over the years always stepped up where they can to form teams with U13s, with this year being no exception - putting absolutely everything on the line against the U13s at state titles to scrape into the final so Conor could also get a state finalist prize.

All the time they wear big smiles and have a great attitude! Well done boys - your efforts are to be congratulated.

U11s Drew Stone: Suffered a very nasty gash while doing the board one Sunday and attended nippers the very next week after seeing his doctor to get a water proof dressing, just so he could do the swim.

U11s Hamish Taylor-Martin: Not only is Hamish an extraordinary competitor and sports person, he has time and time again stepped up to the U12s often competing against the toughest paddlers in board relays as first paddler. With Hamish the U12s were able to form a team at most carnivals, win medals and get through to the finals at state.

U14s Alec Walters: Alec broke his arm early in the season doing some extra-curricular balance training on a skate board and was unable to compete for six weeks. He worked his way back to full strength to return to Oscar, his team partner and give him a run for his money in the age champs (only one point difference!).



Mac's Beach Junior Nippers Presentation:



2016/17 STATE MEDALISTS:

BRONZE MEDAL

U12 Line Throw Relay

**Jade Day &
Chloe Sapsford**



2016/17 STATE MEDALISTS:

GOLD MEDAL

U13 Surfing

Molly Sheppard

2016/17 STATE MEDALISTS:

BRONZE MEDAL

U14 Surfing

Emily Hodgkinson

CLUB CHAMPIONS 2017/18

UNDER 8 GIRLS:

1. **Aymee Ellis**
2. Summer Boesen
3. Georgia Ho

UNDER 8 BOYS:

1. **Samuel Perkins**
2. Thomas Josling
3. Henry Brettell

UNDER 9 GIRLS:

1. **Marli McFadden**
2. Ava Moller
3. Maddison Oswald

UNDER 9 BOYS:

1. **Will Josling + Asher Armstrong**
2. Anton Mitchell
3. David Soliman

UNDER 10 GIRLS:

1. **Ariella Perkins**
2. Ruby Aitchison
3. Maizi Finlay

UNDER 10 BOYS:

1. **Charlie McKee**
2. Isaac Ho
3. Ben Ho + Caius White

UNDER 11 GIRLS:

1. **Bree Josling**
2. Skye Hackshall
3. Nina Boije af Gennas

UNDER 11 BOYS:

1. **Hamish Taylor-Martin**
2. Ben Sapsford
3. Spencer Morris

UNDER 12 GIRLS:

1. **Jessica Hourn**
2. Charlotte Armstrong
3. Ellie Trigg

UNDER 12 BOYS:

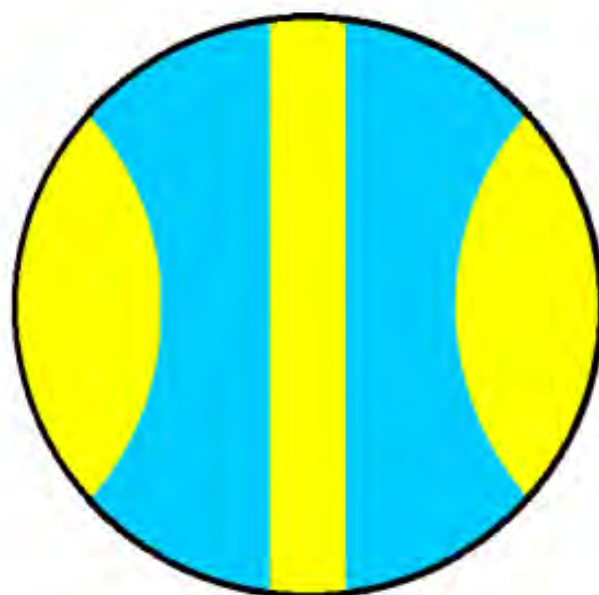
1. **Marcus Aitchison**
2. Calum Walters
3. Patrick Sheppard

UNDER 13 GIRLS:

1. **Chloe Sapsford**
2. Marlee Przybyla
3. Zoe Vella

UNDER 13 BOYS:

1. **Conor Hodgkinson**



Mac's Beach Junior Nippers Presentation:



2017/18 STATE MEDALISTS: *Ben Sapsford:* U11 Board Rescue **BRONZE**, Board Relay, R&R, March Past | *Bree Josling:* U11 Sprint **BRONZE**, Board Rescue, Board Relay, March Past | *Calum Walters:* U12/13 Board Relay | *Charlotte Morris:* R&R, March Past | *Chloe Sapsford:* U13 Board Relay, R&R, March Past | *Claire Hogger:* R&R, March Past | *Conor Hodgkinson:* U13 Board Relay | *Danielle MacPherson:* U14 Board Relay | *Dean Hogger:* March Past | *Emma Fannelley:* R&R, March Past | *Evie Przybyla:* U11 Board Relay, March Past | *Hamish Taylor-Martin:* U11 Ironperson, Board, Swim, Board Rescue **BRONZE**, Board Relay, U12 Board Relay | *Marlee Przybyla:* U13 Board Relay, R&R, March Past | *Molly Sheppard:* U14 Board Relay, Board Rescue | *Patrick Sheppard:* U12 & 13 Board Relay | *Poppi Lever:* U14 Ironperson, Board, Board Relay | *Skye Hackshall:* U11 Ironperson, Swim, Board Relay, March Past | *Spencer Morris:* U11 Board Relay, R&R, March Past | *Will Josling:* U9 Swim | *Zoe Vella:* U13 Board Relay, R&R, March Past |

Board Return/Re-hire

ALL boards hired this season need to be returned to the Club on
Sunday 6th May from 10:00am-11:00am.
Once sighted and checked you can re-hire for the following season.



Competition Corner *with Craig Lee*

MASTERS STATE TITLES @ Swansea Belmont - Wednesday 7th to Thursday 8th March

Last month, we had a team of 7 'Macs Masters' compete at Blacksmiths Beach, Swansea-Belmont, for the 2018 State Carnival. We welcomed Ian Mackay for his first ever masters carnival, and congratulate Ian and the rest of the team, Trent, Frank, Bill, Val, Amanda and Jan on a great effort.

Thanks goes to Mick Norman, Simon Cusack and Karl Norman for officiating for Macs during the two day event. Conditions were quite challenging on the Wednesday, with a gusty southerly blowing across the competition area, creating very choppy water, along with a 2m swell and large dumping waves on the sand bank. Each of our masters should be extremely proud to have competed and survived those tricky conditions on the day.

Trent collected a swag of medals in his individual events on the first day. Then on the second day of teams events, Amanda, Val and Jan grabbed a couple of 6ths in the board relay and board rescue.

We now have a team of 7 'Macs Masters' training hard to compete in Perth on 16th and 17th April in the Aussie Championships. Good luck to everyone and remember, **"... the older we get, the better we are ..."**



Boat Carnivals *with Nadine Norman*

The first few months of 2018 have been action packed for our boat crews. We have had a tonne of carnivals, some huge results and with only one month of training left only two crews left in the training arena!

THE STREETS SERIES

The Streets Series has wrapped up for the season with the last carnival held at Soldiers Beach on 18th March. With seven rounds between the Newcastle and Central Coast Branches our Macs crews finished in the following positions:

The Cazadores (Open Women): 5th

The MacsDebaters (Reserve Men): 1st and Series Champions

The Divas (Under 19 Women): 1st and Series Champions

The UFCs (Under 19 Men): 1st and Series Champions

The Mai Tais (Under 19 Women): 2nd

The Mirage (Under 19 Men): 6th

The Skins (Under 23 Men): 5th

MacMasters Beach finished in THIRD position on the overall club tally!

BRANCH TITLES

It's always an honour to be rowing at our home beach and to have the club and supporters behind you!

On 11 February Macs had a fun little wave for the day and our crews carried home some great results, close finishes and a bit of action for the crowds.

The Cazadores: Bronze Medal

The MacsDebaters: Silver Medal

The Divas: Silver Medal

The UFCs: Bronze Medal

The Mai Tais: Gold Medal

The Mirage: 6th Position

The Skins: 4th Position

Boat Relay: MacsDebaters/Cazadores/UFCs - Silver Medal



AUSTRALIAN SURF ROWERS LEAGUE:

The Australian Surf Rowers League (ASRL) includes crews from all over Australia and even a couple from NZ thrown in the mix also.

A big carnival held at Elouera this year, the surf was big, conditions suited to the Macs crews and a tonne of fun for our rowers and sweeps.

Carnivals like this prove we are one of the luckiest clubs in the country to have the skilled sweeps in Peter, Michael, Brad and Craig that we do. These guys can handle the surf!

The Cazadores: Top 6: Great surf skills and some good luck saw the girls make the top 6 and into the final - with a wipe out on the way to the cans to finish up!

The MacsDebaters: These boys love a surf, had some great results on Friday and unfortunately were one of the only crews to not touch a wave on the Sunday to help get them across the line.

The Divas: Beautiful rowing all weekend by the girls to make the final and finish with the **SILVER MEDAL!** Huge congratulations on a big result girls well deserved.

The UFCs: A solid effort and great skill saw the UFCs take on the finals day and reach the Top 12 for their division.

The Mai Tais & Mirage: Both had their first big wave carnival and put in a solid effort to move through the round robin. Big effort by both crews and stoked you got to experience racing in these conditions. The Mai Tais took a solid hit with a couple of the girls out injured for the third race, but were back into it at State. The Skins also gave it a good shot and had a hit out on the Saturday in the rounds.

Boat Carnivals *with Nadine Norman*

STATE TITLES

A mission of a carnival but we ended up with some great results and having 2 x Under 19 crews in the one final a brilliant effort, well done girls!

Cazadores: Semi Finals

MacsDebaters: Semi Finals

Divas: Huge effort and couldn't put a stroke wrong on the weekend, the girls ended up with a berth in the final and 5th position.

Mai Tais: Producing some great rows for their first season the Mai Tais also made the final making it 2 out of 6 for Macs and the girls finished in 6th position.

UFCs: Semi Final

Mirage: Semi Final

Skins: Quarter Final

We have now had the majority of our crews finish up for the season and thanks to all for a great time along the way, The Cazadores, MacsDebaters, Mai Tais, Mirages and Skins have all taken an early break to enjoy the winter!

AUSSIE TITLES IN WA!

Best of luck to the UFC's and Divas who are heading over to Perth for Aussies, fingers crossed for some good results on the West Coast!





MacMasters Beach SLSC Senior Club Presentation
6pm | Saturday 12th May | MacMasters Club House
Awards | Celebrations | Bar Open | Champions



THE FLAGS ARE UP

MACMASTERS PATROL SEASON
23 SEPTEMBER 2017 TO 29 APRIL 2018

SURF LIFE SAVING
MACMASTERS BEACH



SWIM BETWEEN THEM



MACQUARIE

*Helping to keep our
boat crews paddling!*

In the Macs IRB with: Graeme Johnston

Each month we will catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick.

This month, let's chat with our **Director of Education, Jono.**

Position on the Macs SLSC Board?

GJ: *Director of Education.*

How long have you been a member at Macs SLSC?

GJ: *Since 1997 – 20 years.*

What first attracted you to Macs Beach SLSC?

GJ: *I was employed by the Department of Juvenile Justice to teach and supervise young men with behaviour management issues in the skills of surf life saving.*

What volunteer role/s have you been involved in at Macs before becoming a board member?

GJ: *Training Officer, Assessor, Chief Training Officer, Duke of Edinburgh Coordinator, Patrol Captain and now the Director of Education.*

Strangest place you have swum?

GJ: *'Buckets of fun' in the Blue Mountains canyoning with Duke of Edinburgh Award participants!*

Favourite footy team?

GJ: *Parramatta Eels.*

Favourite SLSC competition event?

GJ: *Beach flags.*

Favourite menu item on the Barefoot Cafe menu?

GJ: *Satay chicken and rice with veges.*

Preferred beverage from the Macs Beach Bar?

GJ: *Tooheys New.*

What do you enjoy most about Macs?

GJ: *Watching members both young and senior develop their skills to become proficient surf patrol members.*

Now you know a little bit more about Jono - have a chat next time you see him around!



The Barefoot Cafe is the ideal choice for members, locals and visitors



BAREFOOT CAFE

MACMASTERS BEACH

delicious menu | casual dining | great service | amazing views

Your *local* professional plumbers providing emergency plumbing and general plumbing services @ Macs



4368 4872

plumbing • blocked drains
• hot water • gas fitting



MacMasters an ideal venue

Stunning beachfront location | Ocean views | Catering available
All Functions: Weddings | Engagements | Corporate | Family | Celebrations

*Sponsoring Macs
to keep us going
on the beach!*



WORKING WITH CHILDREN CHECK
have you got yours? click here for more info!

MacMasters Beach SLSC | Point Break Newsletter | April 2018 | www.macmastersbeachslsc.com.au



Events & Competitions:

APRIL 2018:

- 16-20 Aust Board Riding Champs @ Scarborough WA
- 16-17 Aust Masters Champs @ Scarborough WA
- 18-20 Aust Opens Champs @ Scarborough WA
- 18-22 Aust Boat Titles @ Perth WA
- 25 **ANZAC Day**
- 29 Last Day of Patrols @ Macs
- 28-29 IRB Premierships Rnd 1 @ TBC

MAY 2018:

- 6 Macs Maniacs @ Macs
- 6 Macs Board Check & Re-hire 10-11am @ Macs
- 11 Toowoyn Bay SLSC Charity Golf Day @ Shelley Bch
- 12 Macs Senior Presentation 6:00pm @ Macs
- 13 **Mother's Day**
- 13 Macs Maniacs @ Macs
- 19-20 IRB Premierships Rnd 2 @ TBC

Time to give back to your Club - how will you be involved?



Cafe: Tue-Sun 8:30am - 4:30pm
Breakfast Cafe - Coffee and snacks

Sun: 9am - 11am
Master's lounge

Payments & Donations
Use Cash, Money Order, Cheque or Card & More

MacMasters Beach
SURF LIFE SAVING CLUB

Our Club
Contact

Lifesaving

Activities

Competition

Membership

Club Hall Hire

Check out Macs online:
www.macmastersbeachslsc.com

Access information about all our Macs surf life saving activities and Club including: news | events | minutes

Become a Member Now!
MacMasters Beach SLSC.

