

Point Break

MacMasters Beach SLSC

February
2018



Click on images and links throughout Point Break for more information, web pages and more!



President's Report with Alan Blackman

We are now well into 2018 and it is shaping up as another busy year for our Club with lots of activity on the beach, in competitions and around the Clubhouse.

CARNIVAL AT MACS - WE NEED LOTS OF HELPERS!

Sunday February 11th sees the Branch Carnival,

for Boats and Open Surf Sports, being held at MacMasters for the first time in many years. This is a big occasion for our Club and we need lots of helpers both on Saturday 10th and Sunday 11th.

Craig Lee and some key Club members have prepared a detailed plan to make the day run smoothly, but now need members to put their hand up to help.

[PLEASE contact Craig to help out.](#)

We need people to help prepare for the day, help run the day and help pack up on the day. We need at least 30 volunteers to help out.

See further details in this edition of Point Break. **PLEASE PUT YOUR HAND UP TO HELP NOW !!!!!**

NEW CONSTITUTION

draft Constitution and By-Laws
seeking your comment and input
visit macmastersbeachslsc.com.au



Our new draft Constitution has been on [exhibition on the website](#) for some months now - feedback has been positive.

The **Extraordinary General Meeting** to consider adoption of the Constitution is scheduled for **Sunday 18th March 2018 at 4pm**. Please come along and support the meeting.

This is an important document to help direct the future of our Club!

CENTRAL COAST SURF LIFE SAVING BRANCH TITLES OPENS & BOATS

Sunday 11th Feb 2018 @ MacMasters Beach Surf Life Saving Club

NOTE: Traffic will be guided at Gerda Road to assist residents and visitor parking. The MacMasters Beach carpark will be used for patrols and surf boat trailer parking only.

MORE INFO: Please contact Macs Beach SLSC via maccscompetition@gmail.com

Come and check out all the action on the sand and in the water!

8am Boats start | 8am R&R on beach | 10am Opens start



Branch Titles @ Macs 11th February

Extraordinary General Meeting: 4pm 18th March

MACMASTERS BEACH SURF LIFE SAVING CLUB INCORPORATED

(Affiliated with the Central Coast Branch SLSA of Australia)

NOTICE of EXTRAORDINARY GENERAL MEETING

An Extraordinary General Meeting of the members of the Club will be held on

Sunday 18 March 2018 at 4.00pm

At the clubhouse

BACKGROUND

1. The Club was incorporated under the *Associations Incorporation Act 2009* (NSW) on 30 August 1993 No: Y1788244.
2. The Club Constitution (rules, regulations and by-laws) have been varied from time to time.
3. The Board of Directors considers that the interests of the Club are best served by adopting a new Constitution based the Surf Life Saving New South Wales model constitution.
4. Following any adoption of the Constitution the Board proposes to exercise its function under Rule 25 to implement By-Laws and Policies (*By-Laws*) for the operation of the Club.
5. The proposed Constitution and By-Laws have been on exhibition since November 2017.
6. Not less than 21 days notice of this Extraordinary General Meeting has been given to members:
 - through the Club newsletter Point Break;
 - placement and maintenance on the Club web site;
 - notices at the Club premises; and
 - by email.
7. Hard copies of the proposed Constitution and By-Laws are available from the Director of Administration on request.
8. The Board recommends the carrying of the Special Resolution for which a two thirds majority of current financial members attending personally is required.

SPECIAL RESOLUTION

That the constitution of the Club be and is hereby replaced by the tabled document identified as "MacMasters Beach Surf Life Saving Club Inc."

30 January 2018

David White

Director of Administration.

(p) 0408 687 981

(e) macmastersslsc@gmail.com

DZWDZWM62231810\1

belle
PROPERTY

To view our current edition of the
Home Grown magazine
CLICK ON THE IMAGE



President's Report continued

BAR STAFF - WE NEED YOU!!!!!!!

The bar operation is our major source of income and is essential to our Club's financial viability. The bar is totally run by volunteers and we desperately need more members to help out. *If we cannot get more people to help we will have to make some significant changes to the operation of the bar.*

The Board has considered some options to help spread the workload associated with both operating the Bar and looking after the maintenance of our building.

We have created several new positions to support the existing roles and we need people to fill these roles:

BAR OPERATIONS MANAGER - BACK OF HOUSE: This is a new role, responsible for ensuring all the necessary stock and supplies are ordered and available to support the bar. Steve O'Hara and Carole Thompson have kindly agreed to continue to share this role.

BAR ROSTER MANAGER: This is a new role, responsible for preparing the bar staffing roster and ensuring adequate bar staff are available when we are open. Lisa O'Donohue has kindly offered to undertake this role.

BAR DUTY MANAGERS: Currently existing role, Duty Managers are responsible for opening the bar, ensuring its smooth operation and closing the bar. We have a small number of existing duty managers, but **we need at least 5 more. *This is our most critical need!!!***

GENERAL BAR STAFF: Currently existing role, general Bar Staff are responsible for serving customers and keeping things tidy and clean. We have around 20 existing bar staff but **we need at least another 20.** You need to have your RSA qualification and the Club will help you achieve this. ***This is also a critical need!!!***

HOUSE MANAGER: An existing role responsible for managing the maintenance of our building. This role has been done by Steve O'Hara for several years and it's time he had a well earned break. Steve has established a sound maintenance schedule and regular list of trades people, so it's an easy transition for someone to step into this role. You don't need to have a building background, just have good communication and organising skills.

PLEASE CONTACT [ALAN BLACKMAN](#) OR [STEVE O'HARA](#) IF YOU CAN HELP - *don't be shy !!!*



MACMASTERS BEACH SURF LIFE SAVING CLUB

Aussie Titles

FUNDRAISER

6pm Saturday 10 February '18

LET THE GAMES BEGIN!

The Ultimate Team Challenge

Join in on our head-to-head games night
where you can expect the unexpected!

- light-hearted competition • tournament of abilities •
- raffles • entertainment • uncover hidden talents! •
- dinner provided • drink on arrival • fake 'cash' •

Tickets just \$45

grab your friends | get your team ready

Tickets available online at:
macmastersbeachslsc.com

More info: Nadine - nadinenorman@hotmail.com | 0403 590 718

President's Report continued

ANNUAL DOOR KNOCK

Thank you to those who helped! The annual door knock was held on Sunday 7th January - a big, big thank you to the 34 members (junior and senior) who helped out. Unfortunately it was over 40 Celsius on the day which made it very, very hard work for our collectors. **Thanks heaps - awesome effort!**

CLUB ROUSE RENOVATIONS

We are currently seeking tenders for the proposed internal renovations to our Clubhouse. Tenders close soon and the Board will then consider the next steps. We hope to undertake works in the off-season.

ACTIVE KIDS PROGRAMME - \$100 REBATE FOR FAMILIES

The State Government's Active Kids Programme, which provides a \$100 voucher to support the participation of school aged children in active physical sport and exercise programmes will commence in February 2018. Parents will soon be able to register with the Office of Sport to obtain a voucher for each eligible child. The vouchers can be obtained any time this calendar year and must be used in 2018. The programme is currently planned to run for four years, with a new voucher each year.

You will be able to use your voucher for your registration fee and some other costs when you sign up for our 2018/19 season. The Club will be putting together a package comprising registration fee and surf-specific clothing/equipment that will enable you to use the full \$100 voucher to support your kid's participation in our Surf Club activities. We will make more details available in due course.

Parents are able to use the voucher for a wide range of activities, but I certainly encourage you to use your voucher to support involvement in Macs Surf Club. It is important to note that the voucher can only be used for one organisation, you cannot split the use of your voucher over multiple sporting organisations.

More information: go to the [Office of Sport website](#) to see the details, search for 'Recipient Guidelines'.

CONTACT THE PRESIDENT

With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club.

So if there is something you would like to talk to me about you can always drop me an email on alanblackman@hotmail.com or phone me on 0418 331 649.

Enjoy the beach and swim safe!

Alan Blackman - Macs Beach SLSC President



CONTACT THE PRESIDENT!

**CENTRAL COAST SURF LIFE SAVING
BRANCH TITLES OPENS &
BOATS**

**Sunday 11th Feb 2018 @ MacMasters Beach
Surf Life Saving Club**

NOTE: Traffic will be guided at Gerda Road to assist residents and visitor parking.
The MacMasters Beach carpark will be used for patrols and surf boat trailer parking only.

MORE INFO: Please contact Macs Beach SLSC via macscompetition@gmail.com

Club Members and their Roles with Jan Sillato

What a great surf club we have at MacMasters Beach! There are many fantastic people who spend so much of their own time to make our club run and thrive.

A huge **THANK YOU** goes out to each and every one of you who volunteer many hours. Get to know who these wonderful people are, and what their role is within our club.

BOARD MEMBERS:

President: *Alan Blackman*
Deputy President: *Jan Sillato*
Dir of Administration: *David White*
Director of Finance: *John Evans*
Dir of Education: *Graham Johnston*
Director of Competition: *Craig Lee*
Dir of Membership: *Alison McNeill*
Director of Life Saving: *Peter Roden*
Life Member Rep: *Michael Norman*

LIFE MEMBERS:

Alan Dickinson (deceased)
Ken Dimmock
William Dunlop (deceased)
David Flood
Peter George
Paul Graham
Jack Hancock (deceased)
Tony Hollis
Graham Johnston
Harry Lee (deceased)
Alec Lee (deceased)
Janet Lee
Michael Morrison
Jim Myers
Michael Norman
Peter Norman
Rex Norman (deceased)
Frank Quinlan (deceased)
Vince Roberts
Gregg Simon (deceased)
Colin Smith
Lance Wall
Douglass Waring (deceased)
George Waring (deceased)
Alan Whelpton
Stewart White

CLUB COMMITTEE:

House Manager: *Steve O'Hara*
Functions: *Carole Thompson*
Bar Managers: *Steve O'Hara and Carole Thompson*
Bar and Club Duties: *Ken Dimmock*
Boat Manager: *Peter Norman*
Assistant to Deputy President: *Nadine Norman*
Assistant to Director of Finance: *Denise Sherring*
Merchandise: *Amanda Queripel*
Bookkeeper: *Steve Sillato*
First Aid Officers: *Rod Jordan and Jan Sillato*
Duke Of Edinburgh Coordinators: *Geoff Dominguez, Graham Jones and Alison McNeill*
Board Hire: *Jan Sillato*

Board Repairs: *Bill Queripel*
General Club Work: *Janet Lee*
Member Protection Officer: *Jan Sillato*
Social Coordinator: *Nadine Norman*
Club Registrars: *Denise Sherring, Paula Vella and Pauline Josling*
Point Break Editor: *Suzie Morris*
Website Manager: *Tim Morris*
Club Photographer: *Suzie Morris*
Mac's Maniacs Coordinator: *Jim Myers*
Patrol Rosters: *Phillip Boxsell*
Handicap Swim/Board Coordinators: *Steve Kleppen and Tracey Przybyla*
Anzac Day Coordinator: *Vince Roberts*
Risk Manager: *Lyn Drummond*

TRAINERS AND COACHES:

Board Coach: *Trent Martin*
Assistant Board Coach: *Jan Sillato*
R&R Coaches: *Belinda Cohen and Hayley Hogger*
March Past Coach: *Hayley Hogger*
Boat Coaches: *Michael Norman, Peter Norman and Brad Norman*
Boot Camp Coach: *Jim Myers*
Head Trainer: *Graham Johnston*
Trainers: *Graham Judd, Rhonda Hall, Rod Jordan, Greg Ferguson and Jim Myers*
IRB Trainers: *Michael Morrison, Warren Watkins and Matt Staples*

NIPPERS:

Junior Activities Co-ordinator: *Lorna Walters and Elaine Hodgkinson*
Assistant Junior Activities Co-ord: *Mathew Douglass*
Rookie Co-ordinator: *Valerie Crowe*
Carnival Registrar: *Jo Finnelley*
Sunday BBQ Coordinators: *Lyn and Jim Gundry*
Age Manager U6s: *Andrew Vartan*
Age Manager U7s: *John Russell*
Age Manager U8s: *Kylie Dickinson*
Age Manager U9s: *Beth Armstrong*
Age Manager U10s: *Adam White*
Age Manager U11s: *Chris Josling and Tim Morris*
Age Manager U12s: *Anna McCall and Bridget O'Donoghue*
Age Manager U13s: *Jason Vella*
Age Manager U14s: *Angus Crowe*

CARNIVAL OFFICIALS & WATER SAFETY:

Les Cousins
Simon Cusack
Greg Ferguson
Melissa Hackshall

Frank Hodgkinson
Hayley Hogger
Matt Lever
Hamish & Malcolm MacPherson
Trent Martin
Tim Morris
Lisa O'Donoghue
Simon and Tracey Przybyla
Amanda and Bill Queripel
Grant and Suzanne Sapsford
Jason and Paula Vella
Leigh Walters
Warren Watkins
Adam White

CLUB BAR VOLUNTEERS

Alison Austin
Craig Barry
Chris Broome
Di Brown
Maree Brown
Les Cousins
Valerie Crowe
Geoff Dominguez
Julie Dominguez
Vicky Elliott
Darryl Fry
Matt Hingerty
Elaine Hodgkinson
Rod Jordan
Craig Lee
Baraka Leporte
Jim Myers
Karl Norman
Michael Norman
Bridget O'Donoghue
Lisa O'Donoghue
Maddie O'Donoghue
Steve O'Hara
Peter Roden
Matt Ryan
Denise Sherring
Carole Thompson
Tania Wilson

PATROL CAPTAINS

Patrol 1: *Graham Johnston*
Patrol 2: *Warren Watkins*
Patrol 3: *Jim Myers*
Patrol 4: *Amy Lawrence*
Patrol 5: *Bruce Staples*
Patrol 6: *Matt Ryan*
Patrol 7: *Vince Roberts*
Patrol 8: *Clancy Beckers*
Patrol 9: *Peter Roden*
Patrol 10: *Hamish MacPherson*
Patrol 11: *Brad Norman*
Patrol 12: *Alan Blackman*

Membership Matters *with Alison McNeill*

What a busy summer holiday season we've had with all the Christmas and New Year activities. A huge thank you to the families who showed up to help out with the Annual Door Knock for the club. Another thank you to all the nippers, rookies, cadets, masters and boaties who helped sell raffle tickets for the Mal Surfboards and the seafood trays. **What a fantastic effort!**

NIPPERS

Nippers is back in full swing with regular nippers, carnivals and our last Club Championships for the season on the 18th of February. If you are on holidays at another NSW beach on a Sunday and nippers is on, you are eligible to join in. Just wear your MacMasters Beach nipper cap and make sure you make yourself known first to the Nipper Manager.

ROOKIE CHALLENGE

On the 13th of January, 6 of our rookies attended the [Rookie Challenge at Terrigal](#). Congratulations on earning equal 4th place and winning some great hooded towels.

ROOKIES AND CADETS

[A fun night](#) was organised by Elaine, Lorna and Val for the Rookies (13s & 14s) and Cadets (15s and up) at the club early in January. They had an old-fashioned games night followed by pizza.

THE ULTIMATE TEAM CHALLENGE

On the night of the 10th of February, we are hosting [THE ULTIMATE TEAM CHALLENGE](#). It is a fundraiser for competitors - Masters and Boat Crews - who are attending the Australian Titles in Perth in April. Everyone is invited so get your table together and [book it in](#).

SUNDAY 11TH FEBRUARY - NO NIPPERS

There will be NO Nippers on the 11th of February as MacMasters Beach SLSC is hosting the [Boat and Opens Branch Competition](#). Branch is all of the Central Coast. The fun starts at 8am so come down and watch everyone in action. Or better still, come and volunteer your services as we will need **all hands on deck**.

If you are coming down, please park down near the lake or at Copacabana and walk up the beach.

It will be a huge day!!!

STATE NIPPERS CARNIVAL

State Nippers are on the 2nd to 4th of March at Swansea/Belmont. If you are going please get your forms in to Jo Finnelley (0415 279 168) urgently.

U6S AND U7S NIPPERS PRESENTATION: 11TH MARCH 2018

The last day of Nippers for the season is on **Sunday 11th March**. We will finish at 10.30am and then do our presentation ceremony for the Under 6s and 7s (and those 5s who have been coming along to nippers too!). We are planning it for the grassed area near the BBQ.

Families come along and see your little ones receive their awards. We also want ALL nippers and rookies to attend to cheer on the little ones! *Let's make them feel really special!* The 6s and 7s nippers will also receive a sausage sandwich and a drink. So save the date!

JUNIOR NIPPERS PRESENTATION: 25TH MARCH 2018

The Junior Presentation Ceremony will be on the afternoon of the **25th of March from 2-4pm** followed by an early dinner for the Nippers and Rookies. Everyone is invited, bar will open at 4pm and the café will be open also. If any of our Under 6 or Under 7 families would like to attend, please come along - **you are very welcome!**

SENIOR PRESENTATION: 12TH MAY 2018

Senior Presentation is the 12th May so lock the date on your calendars now.

DUKE OF EDINBURGH

Duke of Edinburgh participants - you should be filling in your log books and getting ready for a fun-filled 2018! Duke kids have been busy on patrols and selling seafood raffle tickets. They've raised a lot of money to be used for Duke of Education camps and equipment.

If any members are around 14 years of age and would like to start their Duke of Edinburgh award – please find Geoff Dominguez, Jono or myself for more information.

Membership Matters continued

PRAWN & OYSTER LUNCHEON

The annual Prawn & Oyster Luncheon was a huge success. We had over 80 attendees and raised a lot of money for the Club but more importantly, a great time was had by all. An enormous thank you must go to:

- **Ken Scriven** who took charge of organising all the delicious food.
- **Seacoast Fishing** our local seafood store on the road to MacMasters Beach for the scrumptious prawns. Peter at Seacoast donates all our seafood trays for our raffles over the summer holidays.
- **Deidre and Alison and the members of our Boat Crews** who helped on the day.
- **Jim Myers** did a wonderful job as our Master of Ceremonies - thanks Jim!
- the incredible powerhouse that is **Jonno** - thank you for your tireless work behind the scenes.

THANK YOU THANK YOU THANK YOU

A huge thank you to everyone involved with the bar and the band nights over the summer period. As well as all our patrol members, water safety and anyone and everyone who works so hard to keep our beach safe and our club running. **THANK YOU!**

VOLUNTEERS

We are always on the lookout for more volunteers to help out with all sorts of things to do with our wonderful little club, so if you would like to do something to help, please see Elaine, Lorna, myself or any of the Directors. We really need to get a **social committee** up and running - to run a big event in the winter and book some bands in for the summer and anything else you can think of.

Bar Staff are always needed too - [see details on page 2](#).

If there's anything else, feel free to email me at macsmembership@gmail.com

That's all for now! Alison McNeill

Central Coast SLS Ducks for Bucks with Val Crowe

An annual event for our Rookies has been Ducks for Bucks, where they help sell raffle tickets for SLS Central Coast's Duck Race - their biggest annual fundraiser. The race takes place at The Entrance, when up to 10,000 plastic yellow ducks are tipped into the water to race up the channel on the incoming tide.

Seven Macs Rookies helped out and thanks go to Conor, Oscar, Claire, Zoe, Lily, Charlotte and Marlee, as well as parents - Jason, Tim and Hayley who arrived bright and early to sell ducks to the crowds gathering for the Australia Day event in Memorial Park.

Sadly we can't claim to know the winner of the \$2,500 cash prize, but everyone enjoyed the morning, with significant funds being raised for the Branch and 15 clubs who all participated.



Competition Corner *with Craig Lee*

MASTERS CARNIVAL @ Soldiers Beach - Saturday 13th January

Our 'Macs Masters' have been busy during January training and competing, building towards the Branch carnival to be held in February at Toowoon Bay.

On Saturday, 13 January, our team headed to a small [masters carnival at Soldiers Beach](#). We welcomed Amanda Queripel and Tim Andrews to the team of regulars including Frank, Bill, Dan and Val. Conditions were quite challenging, although they were able to receive some awesome individual results as follows:

Frank Hodgkinson: 2km Run 4th, Sprint 6th and Board 3rd.

Dan Ho: Flags 4th and Board 4th.

Bill Queripel: Swim 2nd and Board 1st.

Tim Andrews: Swim 8th.

Val Crowe: Sprint 1st, Flags 2nd, Swim 1st and Board 2nd.

Amanda Queripel: Swim 2nd.

Team event results were:

Bill Queripel, Dan Ho and Frank Hodgkinson: Swim Team 2nd and Board Relay 3rd

Val Crowe, Amanda Queripel and Gai (from Copa): Board Relay 1st



MASTERS CARNIVAL @ Fingal Bay - Saturday 20th January

Then, on 20 January, another group headed up to Fingal Bay for the weekend to compete in their [Masters Carnival](#). Bill, Tony, Frank, Amanda and Jan all competed and scored some more awesome results, culminating in an overall placing of 6th out of 12 clubs!

Highlights were from the Queripels. Amanda competing for her first time in the surf swim, beach sprints and beach flags. *Such a great all-rounder!* Then Bill performed so well in the water that many of the younger 30+ year olds were left in his wake. He achieved first place in the 'Fingal Ironman' event, against all ages.

This weekend was a great 'Macs Masters' get away, and we thank Tony for organising the accommodation for us. Also thanks to Steve and Rhonda for their great support and photography.



JOIN THE MACS MASTERS TEAM

Remember, if anyone over the age of 30 wants to join this legendary group of masters, contact Craig on 0409 916 308 or Jan on 0408 967 969. Masters training sessions continue to be every Saturday morning from 8am. Come along and have fun whilst working on your fitness and skills too!

Competition Corner continued

JUNIOR NIPPER CARNIVAL @ Killcare Beach - Sunday 21st January

Postponed a week due to huge swell and dangerous conditions, Macs Nippers were raring to go at the recent carnival at Killcare. Finishing 5th overall it was a day of individual and team achievements, personal bests and medals across the board for our MacMasters competitors - *such a great team of kids and parents!*

U12-13 RESCUE & RESUSCITATION:

Lily/Emma/Claire/Charlotte/Zoe: *1st 5 person R&R*

Claire/Chloe: *1st 2 person R&R*

Lily/Zoe: *2nd 2 person R&R*

Emma/Charlotte: *2nd 2 person R&R*

U9-11 RESCUE & RESUSCITATION:

Spencer/Ben: *1st 2 person R&R*

MARCH PAST:

MacMasters Team A: *2nd March Past*

UNDER 9s:

Will Josling: *4th Surf Race*

UNDER 11s:

Bree Josling: *1st Beach Sprint*

Skye Hackshall: *2nd Iron Woman and 2nd Surf Race*

Skye/Bree/Shakyla: *5th Surf Board Relay*

Bree/Skye: *1st Surf Board Rescue*

Skye/Bree/Evie/Shakyla: *5th Surf Team*

Hamish Taylor: *1st Iron Man, 2nd Surf Board Race and 1st Surf Race*

Ben Sapsford: *4th Iron Man, 4th Surf Board Race and 6th Surf Race*

Spencer/Ben/Hamish: *1st Surf Board Relay*

Ben/Hamish: *1st Board Rescue*

Ollie/Spencer/Ben/Hamish: *1st Surf Team*

UNDER 12s:

Imogen Ryan: *5th Beach Flags and 3rd Beach Sprint*

Patrick Sheppard: *4th Surf Board Race*

Charlie/Hamish/Callum: *2nd Surf Board Relay*

Hamish/Callum: *2nd Surf Board Rescue*

UNDER 13s:

Chloe Sapsford: *4th Iron Woman, 5th Surf Board Race, 3rd Surf Race*

Zoe/Marlee/Chloe: *2nd Surf Board Relay,*

Imogen/Claire/Jade: *6th Surf Board Relay,*

Marlee/Chloe: *2nd Surf Board Rescue*

Zoe/Claire: *5th Surf Board Rescue*

Jade/Zoe/Marlee/Chloe: *2nd Surf Team*

Conor Hodgkinson: *6th Surf Board Race, 6th Surf Race*

Bryn/Conor: *6th Surf Board Relay*

UNDER 14s:

Danielle MacPherson: *4th Beach Flags*

Molly Sheppard: *6th Beach Flags and 1st Surf Board Race*

Poppi/Molly: *4th Surf Board Rescue*

Luke/Alec: *5th Surf Board Rescue*

Oscar/Luke/Poppi/Alec: *5th Mixed Cameron*



Go Team Macs!

Competition Corner continued

MACMASTERS BOAT CREWS with Nadine Norman

Our Boat Crews are back from the Chrissy break and have started putting in some solid hours training and ready to head into the pointy end of the season.

Since the break we have had the Young Guns Carnival and Round 5 of the Streets Series.

YOUNG GUNS CARNIVAL @ Collaroy Beach - 14th January 2018

The Young Guns carnival was held at Collaroy on 14th January with three boat crews from MacMasters competing: our Under 19s Mens crew and both of our Under 19s Womens crews.

Strong wind conditions proved a force to be reckoned with and a tougher elimination process implemented to move through the event in good time. Our under 19s Mens finished in 9th position overall, just missing a berth in the finals. In a great result for our Under 19s Women we had the *Macs Divas* finish in 3rd position and the *Macs Mai Tais* in a very close 4th.

STREET BOATS SERIES - ROUND 5 @ Umina Beach - 21st January 2018

Round 5 of the Street Series was held at Umina Beach on Sunday 21st January with small surf conditions and a heavy row for all of our crews.

This was the first carnival for two of our crews the *Macs Skins* and the *Mirages* who both did very well.

Representing Macs for the day were the following seven crews with some great results throughout all divisions:

- Open Women: *Cazadores*
- Reserve Men: *MacsDebaters*
- Under 19s Women: *Divas* and *Mai Tais*
- Under 19s Men: *UFC's*, *Skins* and *Mirages*

Macs has had a strong reputation in the boat section for many, many years and it is great to see this number of Junior crews back in the ranks.

COMING UP...

The 26/27th January saw our crews take on boat crews from around Australia at the Manly carnival - report in next month's edition of Point Break.

February proves a busy month with the 6th Round of the Streets Series held at Stockton on 3rd February, Branch Championships held at our home beach on 11th February and the Australian Surf Rowers League (ASRL) held at Elouera on 16th-18th February.

Good luck to all of the crews throughout the next few weeks of competition!



2018 Macs Boat Crews

The Ultimate Team Challenge!

Less than two weeks until the Ultimate Team Challenge!

The Ultimate Team Challenge delivers an evening of fun and games through mixed events and challenges. It is planned to be light hearted and inclusive - we are aiming for maximum involvement with all tables included throughout the evening. Up to 12 competitors will take on a mix of challenges (don't be scared they are a tonne of fun!) and will thrive on encouragement from the crowd.

Everyone is welcome and we thank our sponsors for their support and involvement, not only at Macs SLSC but also for hosting and officiating the individual challenges - here are a few details to get started:

- **"Pace and create"**: a timed prawn peeling challenge where the competitor will need to create a delicious prawn cocktail! Challenge hosts and industry judges, Pete & Sue Offner from Seacoast Fishing.

- **"Be the Barista"**: watch as competitors pour the best cup of coffee for our judges with the guidance from the team at Loo Loos Coffee Shack.

- Ever wanted to be on the Price is Right? Here is your chance with the **"Belle Property Price Challenge"**. Correctly match the price to the image and description of 6 local properties courtesy of the team at Belle Property.

- **"Create your own model"**: clothing and accessories will be supplied as each table designs an outfit and dresses their model. Points to be shared between competitors and tables!

- **"The Macs Lip Sync Battle"** will see 12 competitors paired up to sync through some classics!

A Hint for all tables - brush up on your car knowledge ready for the **"JD Quiz"** from JD's Family Auto.

It is all about participation and having a go - *wonder which one will be your favourite?*

Each table will be involved throughout the night as you put your support behind the competitors in the variety of challenges. Points for both competitors and tables will be tallied throughout the night on the **Macquarie Bank** Point Tally Centre. Who will be the new Tournament Champion and which table will win?

We will kick the night off with a welcome drink on arrival and nibbles, mains and desserts will be served throughout the evening.

Tickets are on sale now via the [Macs Online Shop](#) - simply select the number of tickets you require and 'Add to Cart'. If you are looking to book a table please contact Nadine on 0403 590 718.

So gather a table of friends together, select your 'competitor' and get ready to watch our 'athletes' test their skills and knowledge. ***Are you up for the challenge?***



MACQUARIE

*Helping to keep our
boat crews paddling!*

Branch Titles - right here @ Macs Beach!

Big weekend coming up and you can catch all the action right here at Macs Beach!

Sunday 11th February from 8am Macs Beach will be packed with boats and boat crews from across the Central Coast for the annual Branch Titles. Macs has the perfect waves and the boat crews are sure to put on a show.

Branch Titles for Opens and Seniors will also take place on the Sunday so you can see first hand what the Central Coast has to offer as our local men and women compete to be the best on the Coast in the water and on the sand. Action starts at 8am with Rescue & Resuscitation and Beach/Water events from 10am.

Please note: Parking will be limited as the beach carpark will be used for boat and trailer parking. Traffic will be guided from Gerda Road to assist resident and visitor parking.

For more information please contact MacMasters Beach SLSC via macscompetition@gmail.com

CENTRAL COAST SURF LIFE SAVING BRANCH TITLES OPENS & BOATS

Sunday 11th Feb 2018 @ MacMasters Beach
Surf Life Saving Club

NOTE: Traffic will be guided at Gerda Road to assist residents and visitor parking. The MacMasters Beach carpark will be used for patrols and surf boat trailer parking only.

MORE INFO: Please contact Macs Beach SLSC via macscompetition@gmail.com

Come and check out all the action on the sand and in the water!

8am Boats start | 8am R&R on beach | 10am Opens start

OPEN MIC
NIGHT@ MACS

FRIDAY - FEB 16 - 7:30pm

Hosted Monthly By

MOTHERSHIP

MacMasters Beach SLSC

OPEN MIC
NIGHT@ MACS

FRIDAY - FEB 16 - 7:30pm

Hosted Monthly By

MOTHERSHIP

MacMasters Beach SLSC

OPEN MIC
NIGHT@ MACS

FRIDAY - FEB 16 - 7:30pm

Hosted Monthly By

MOTHERSHIP

MacMasters Beach SLSC

In the Macs IRB with: Peter Roden

Each month we catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick.

This month it is our **Director of Life Saving, Peter Roden.**

Position on the Macs SLSC Board?

PR: *Director of Life Saving.*

How long have you been a member at Macs SLSC?

PR: *18 years!*

What first attracted you to Macs Beach SLSC?

PR: *The great surf, relaxed atmosphere and the surf, great people and the surf..*

What volunteer role/s have you been involved in at Macs before becoming a board member?

PR: *Carnival and Weekend Water Safety, JAC (Junior Activities Co-Ordinator).*

Strangest place you have swum?

PR: *An abandoned Open Cut mine in the desert in WA.*

Favourite footy team?

PR: *Mariners ... sorry I follow the real FOOTball.*

Best patrol memory?

PR: *Tag Team surfing with Dave Ryan and Mark Webster on my first patrol - 4 foot Offshore Point and no one else out there!*

Favourite SLSC competition event?

PR: *Relay or the Cameron - you are only as good as your weakest link. A great team sport.*

Favourite menu item on the Barefoot Cafe menu?

PR: *Hot Chips.*

Preferred beverage from the Macs Beach Bar?

PR: *Tooheys Old now its back!!!! Definitely an acquired taste!*

What do you enjoy most about Macs?

PR: *The people - they are an amazingly diverse group of individuals that give an incredible amount of time and effort back to developing our youth and protecting the community.*

Now you know a little bit more about Pete - have a chat next time you see him around!



The Barefoot Cafe is the ideal choice for members, locals and visitors



BAREFOOT CAFE

MACMASTERS BEACH

delicious menu | casual dining | great service | amazing views

MacMasters Beach SLSC | Point Break Newsletter | February 2018 | www.macmastersbeachslsc.com.au

Time to give back to your Club - how will you be involved?



Member Protection Information Officer - 2017/18

As a proud club, we encourage fair and inclusive behaviour at all times. This includes enforcing code of conduct for all members, coaches, athletes and parents of children who participate in activities within our surf club.

To ensure our club and its members all feel safe, positively involved and know there is someone to turn to if necessary, we would like to introduce MacMasters Beach SLSC's Member Protection Officer **Jan Sillato**. If there is any reason for a club member to make a report or complaint against another member, adult or group, contact can be made with Jan on 0408 967 969 or via email macsdeputyres@gmail.com

A report or complaint may be about an act, behaviour, observation, incident, conduct, omission, situation or decision that is in breach of Surf Life Saving Australia's (SLSA's) Member Protection Policy.

All reports/complaints are guaranteed to be dealt with in a completely confidential and unbiased manner. If, in the event that our MPO believes there is a personal conflict which would inhibit a positive outcome for the situation, a referral will be offered to the complainant. Most complaints will be dealt with at Club or Branch level.

The first step would be to arrange a meeting between the club's MPO and the complainant, where the following principles will be applied by our MPO:

- Treat complaint seriously
- Act promptly
- Treat people fairly and listen to all sides of the story
- Stay neutral
- Keep parties to the complaint informed
- Maintain confidentiality
- Protect against victimisation
- Keep accurate records
- Make decisions based only on information gathered, not personal views
- Disciplinary action should be relative to the breach

We truly believe this MPO service is just that - a service, available only if needed. Hopefully, we never have to use this service in our great little surf club!

THE FLAGS ARE UP

MACMASTERS PATROL SEASON
23 SEPTEMBER 2017 TO 29 APRIL 2018

SURF LIFE SAVING
MACMASTERS BEACH



Your *local* professional plumbers providing emergency plumbing and general plumbing services @ Macs



4368 4872

plumbing • blocked drains
• hot water • gas fitting

MacMasters an ideal venue



Stunning beachfront location | Ocean views | Catering available
All Functions: Weddings | Engagements | Corporate | Family | Celebrations

*Sponsoring Macs
to keep us going
on the beach!*



WORKING WITH CHILDREN CHECK
have you got yours? click here for more info!



Events & Competitions:

FEBRUARY 2018:

- 3 Streets Boats Series Rnd 6 @ Stockton
- 3 Branch Champs - First Aid @ The Entrance
- 4 Macs Nippers 9:30am @ Macs
- 4 Branch Titles - Juniors @ Shelley Beach
- 10 Branch Titles - Masters @ Toowoomb Bay
- 10 [Aussies Ultimate Team Challenge](#) 6pm @ Macs
- 11 Macs Sponsors Breakfast @ Macs
- 11 **NO NIPPERS** @ Macs [in lieu of Branch Titles]
- 11 Branch Titles - Boats 8am @ MacMasters
- 11 Branch Titles - R&R 8am @ MacMasters
- 11 Branch Titles - Opens 10am @ MacMasters
- 16-18 Navy ARSL Boat Carnival @ Cronulla
- 16 Open Mic Night 7:30pm @ Macs
- 17 NP Junior Ironperson - Round 3 @ North Avoca
- 18 Junior Club Champs - Round 2 @ Macs
- 18 Macs BBQ - U11s & U8s @ Macs
- 18 Branch Titles - Lifesaving @ Soldiers
- 24 Battle of the Boats @ Pacific Palms
- 25 Macs Nippers 9:30am @ Macs
- 25 Macs BBQ - U10s @ Macs
- 25 Junior Club Champs 2 [Back Up Date]

MARCH 2018:

- 2-4 SLSNSW State Age Champs @ Swansea Belmont
- 4 Macs Nippers 9:30am @ Macs
- 7-8 SLSNSW Masters Champs @ Swansea Belmont
- 9-11 SLSNSW Open & Boats Champs @ Swansea
- 11 Macs Finals Nippers - **Fun Day!** 9:30am @ Macs
- 11 Macs Nipper U6 & U7 Presentation @ Macs
- 17 Streets Boats Series Rnd 7 & Pres @ Soldiers Bch
- 18 Extraordinary Meeting-Constitution 4pm @ Macs
- 24 Open Carnival @ TBC
- 25 Best of the Best Boat Challenge @ TBC
- 25 Macs Nipper Junior Presentation 2-4pm @ Macs
- 30 **Good Friday**
- 31 **Easter Saturday**

APRIL 2018:

- 1 **Easter Sunday**
- 2 **Easter Monday**
- 16-20 Aust Board Riding Champs @ Scarborough WA
- 16-18 Aust Masters Champs @ Scarborough WA
- 18-20 Aust Opens Champs @ Scarborough WA

MAY 2018:

- 12 Macs Senior Presentation 6:30pm @ Macs



Cafe: Tue-Sun 8:30am - 4:30pm
Breakfast, Coffee, Cakes and drinks



Surf: Sun 9am - 11am
Mac's train out



Payments & Donations
Use QR Code or Scan Barcode to pay



MacMasters Beach
SURF LIFE SAVING CLUB

Our Club
Contact

Lifesaving

Activities

Competition

Membership

Club Hall Hire

Check out Macs online:

www.macmastersbeachslsc.com

Access information about all our Macs surf life saving activities and Club including: news | events | minutes

Become a Member Now!

[MacMasters Beach SLSC.](#)