

Point Break

MacMasters Beach SLSC

November
2017



Click on images and links
throughout Point Break
for more information,
web pages and more!



President's Report *with Alan Blackman*

THE CLUB'S CONSTITUTION: A DRAFT FOR MEMBERS TO CONSIDER

I flagged some months ago that our existing Constitution was being reviewed by the Board to bring it up to date with our current operational practices and to ensure it meets the requirements of both our Club and the requirements of various Government regulations.

A draft of the New Constitution and By-Laws is [now available](#) for review by members.

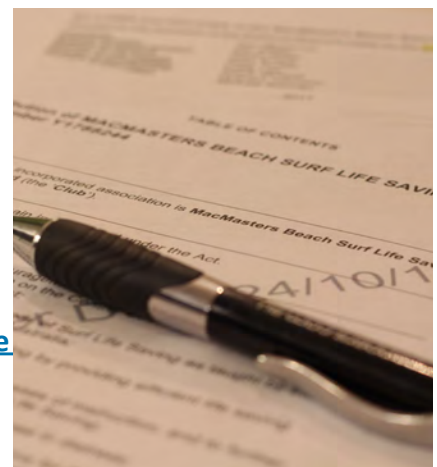
The current Constitution was adopted in 1993, many things have changed since then and our operations have become more complex.

SLS Australia encourages all surf clubs to utilise their model Constitution together with a separate set of By-Laws. This approach places the fundamental objects and powers of the Club in the Constitution and provides for day to day operational policies and protocols to be included in the By-Laws. The Constitution can only be modified by a special resolution of a general meeting of members with the Board of Directors able to adopt and modify By-Laws as needed by operational requirements.

Whilst the core function of the Club remains as it was when the club was formed it is now a more diverse and complex entity operating in a different legal, regulatory and social environment. The core purpose continues to be surf life saving and training our members in surf skills and life saving techniques. However our Club also operates as a focal point for our community, owns and manages our clubhouse, conducts hall hire, leases the café facility and operates the bar.

The on-beach functions must comply with requirements of Surf Life Saving NSW and Branch. The off-beach activities are required to operate in accordance with the applicable legislative and regulatory requirements including with regard to liquor, food and health, the incorporation of associations, charities, workplace and safety and public liability as well as member and child protection requirements.

The draft Constitution and By-Laws are available for members to view which may be done by requesting a copy from any board member or [going to the link on the club web site](#). I encourage as many members as possible to review them. Notice of an Extraordinary General Meeting will be given after Christmas for a meeting in February or March 2018 to consider the adoption of the new Constitution.



Macs SLSC draft Constitution and By-Laws

Christmas Day Patrols - Volunteers Needed! Contact Vince



To view our current edition of the
Home Grown magazine
CLICK ON THE IMAGE



President's Report continued

THERE IS A LOT HAPPENING

This edition of Point Break contains lots of news and highlights the many things that are happening around our Club. The Board of Directors and all our managers have been busy getting patrols on the beach, training members, running nippers, organising social functions, running the bar, looking after our clubhouse and many, many other things. Please enjoy Point Break and make sure you help out in any way you can.

CONTACT THE PRESIDENT

With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club.

So if there is something you would like to talk to me about you can always drop me an email on alanblackman@hotmail.com or phone me on 0418 331 649.

Alan Blackman - Macs Beach SLSC President



**CONTACT THE
PRESIDENT!**



Time to give back to your Club - how will you be involved?

MACMASTERS BEACH SURF LIFE SAVING CLUB

Aussie Titles

FUNDRAISER

COMING SOON: *details to be advised*

LET THE GAMES BEGIN!

The Ultimate Team Challenge

Join in on our head-to-head games night
where you can expect the unexpected!

-
- light-hearted competition • tournament of abilities •
 - raffles • entertainment • uncover hidden talents! •
 - dinner provided • drink on arrival • fake 'cash' •

Tickets just \$45

grab your friends | get your team ready

Tickets available 18th November online at:

macmastersbeachslsc.com

Membership Matters *with Alison McNeill*

What a great start to the season!

NIPPERS

The happy faces of the nipper kids each week really shows what a great job we are doing at MacMasters Beach SLSC. *Well done everyone involved!*

A huge welcome to our new age managers and thank you to those age managers who are back again too.

Parents, we need people to step up and help out – whether on the BBQ, water safety (a basic course is needed) or helping to set-up or pack up the beach - *many hands make light work!!*

SUNDAY MORNING BBQ

The Gundry family have taken on the role of BBQ co-ordinators again this year so please when it is your turn for your age group please lend a hand. Lynda has asked for helpers mostly from 10am. The money raised goes back in to the nipper program.

ROOKIES

We have some new members to our Rookie program also and these members have all been placed on patrols to really refine their lifesaving skills.

The Rookie disco was on last week where all the rookies (Under 13s and 14s) on the Central Coast all meet at one of the surf clubs to get to know each other.

Our rookies also raise the flags to signal the start of the surf season each year and participate in a range of fun activities throughout the season.

THE ULTIMATE TEAM CHALLENGE - FUNDRAISER

I'd like to extend an invitation to all adults, to join us for a fundraising evening of fun. The date will be advised shortly and tickets will be on sale from 18th November. There is [more information here](#) but as to what is involved on the night - expect the unexpected!

MACMASTERS BEACH SURF LIFE SAVING CLUB

Aussie Titles

FUNDRAISER

COMING SOON! *Let the games begin!*

The Ultimate Team Challenge

Tickets just \$45

Dinner + drink included | tickets online 18/11

macmastersbeachslsc.com



NIPPERS AND CARNIVALS

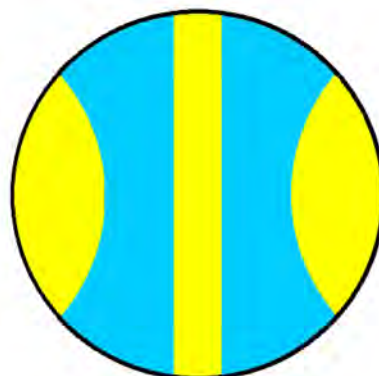
On nipper days when there is a carnival on, we still run nippers. Under 6 and Under 7 age groups run as usual. The other age groups combine depending on numbers and a modified version of nippers is run.

CONTACT ME

If there is anything else I can help with or if you have any suggestions of anything that needs to be done, please email me at macsmembership@gmail.com

Catch up with you at Macs!

Alison McNeill - Director of Membership



Competition Corner *with Craig Lee*

BOARD AND SKI SERIES @ Terrigal Beach 21st October 2017

Frank and Emily Hodgkinson both competed in the first round of the Board and Ski Series at Terrigal Beach. They each paddled a board in 3 separate races and had a great day!

CENTRAL COAST MASTERS CARNIVAL @ Toowoan Bay 28th October 2017

From ZERO competitors last season to HERO'S at our first Masters carnival this season! Congrats to Bill, Frank, Tony, Val and Jan in their first carnival of the season today.

Master of the Day goes to Tony Hall for joining Bill and Frank to make up a board relay team. Great paddling Tony!

Thanks to Amanda Queripel awesome official and photographer!

Congratulations to all our competitors on your efforts and a bag full of medals:

170 YRS (MINIMUM):

Frank/Bill/Tony: 1st Male Surf Board Relay

40-49 YRS:

Frank Hodgkinson: 1st 2km Beach Run, 4th Beach Sprint, 3rd Surf Board, 2nd Surf Board Rescue and 4th Surf Race

50-59 YRS:

Val Crowe: 1st Surf Board and 1st Surf Race

Jan Sillato: 2nd Surf Board and 3rd Surf Race

Val/Jan: 1st Surf Board Rescue

60-69 YRS:

Bill Queripel: 1st 1km Beach Run, 4th Beach Flags, 3rd Beach Sprint, 2nd Surf Board and 1st Surf Race

Tony Hall: 3rd 1km Beach Run, 2nd Beach Sprint and 2nd Beach Flags

A total of 86 points from 5 competitors! Go Macs!!



Macs Boat Crews: Ready to Row!

The new season for our boat crews started on Saturday 4th November with the Central Coast/Hunter Streets Series - Round 1 at Terrigal.

This year we have the following crews lining up for Macs, with another potentially on the way:

Open Women: *The Cazadores*

Reserve Men: *The Macs Debators*

Under 19 Men: *The UFC's*

Under 19 Women: *The Divas*

Under 19 Men: *The Duckies*

Under 19 Women: *The Mai Tais*

Good luck to all the crews for the start of the season!





MACQUARIE

Helping to keep our boat crews paddling!

Carnival Officials: Parents Needed

We desperately need parents to official at carnivals! The required ratio for carnivals is one official for every seven Nipper competitors. ***Without the required officials our children cannot compete!***

If you would like your children to compete at a carnival you need to commit to official at at least one or two carnivals this season. Each carnival is run purely by volunteers.

Join in the fun with Macs Officials 'team' - contact Suzanne Petrie on 0423 036 697.



THE FLAGS ARE UP

MACMASTERS PATROL SEASON
23 SEPTEMBER 2017 TO 29 APRIL 2018

SURF LIFE SAVING
MACMASTERS BEACH



The Barefoot Cafe is the ideal choice for
members, locals and visitors



BAREFOOT CAFE

MACMASTERS BEACH

delicious menu | casual dining | great service | amazing views

The Dickinson Fund: 30th November 2017

The Dickinson fund was set up in memory of the late Allen Dickinson, Life Member and former President of MacMasters Beach SLSC. The fund has been created to provide members with financial assistance to help achieve a higher level of excellence in their chosen field of Surf Life Saving.

Development and Education in many forms is crucial to the continued success of our club. Our success as a community group is shared across many platforms including Education, Training, Youth Development, Active Competition and Duke of Edinburgh programs amongst others.

All of these platforms provide our members with additional skills to perform their life saving duties at a high level for the club and the Dickinson fund is in place to recognise and assist with these efforts when applicable.

If you are an individual or team taking part in a program or event that meets the criteria, please consider applying for the Dickinson fund so that the club can help you achieve your goal.

In making an application please apply in writing to the Board.

The following steps need to be taken when processing an application:

Who can apply: An individual or team

Who receives the application: Your application should be submitted to the Board of Directors or the Director of Membership (macsmembership@gmail.com)

What do you need to include: Details of the event, program or training you are taking part in and how this is linked to the Club.

The following requirements must be met at the time of submission:

- each individual or team member must be a financial member of MacMasters Beach SLSC
- each individual or team must demonstrate a good record of continuous membership for MacMasters SLSC
- each individual or team must demonstrate a good record of club involvement
- each individual or team must state their future involvement at MacMasters Beach SLSC
- applicants must also show how this will benefit MacMasters Beach SLSC into the future.
- applicants record of patrols and/or training and/or service to the club is to be taken into consideration

Once the board has received the submission and an application has been approved, the Board will determine the amount of money to be granted in response to the applicant.

All applications for The Dickinson Fund must be submitted by the **30th November** of each year.

Rescue & Resuscitation: Training Coaches + Judges

The Central Coast Rescue and Resuscitation (R&R) Judges and Coaches Training Day was held on the 9th September, 2017 at Ocean Beach SLSC. Going ahead despite the blustery weather, big seas and no beach! SLSC clubs from across the coast attended including: MacMasters Beach judge and coach, Belinda Cohen.

The aim of the session was to provide training for judges, coaches and marshalls to help run our R&R events at this season's carnival.

At our 2017 State carnival, two of the Central Coast teams medalled:

Gold - MacMasters 2 Person U10/11 (Ben Sapsford and Spencer Morris)

Bronze - Ocean Beach 2 Person U12/13 team

MacMasters Beach SLSC currently have four 2-person R&R teams and one 5-person R&R team.



In the Macs IRB with: Alison McNeill

Each month we will catch up with different Macs SLSC identities to find out why they are involved in our great Club and what makes them tick. This month it is our **Director of Membership, Alison McNeill**.

Position on the Macs SLSC Board?

AMc: *I have been the Director of Membership since mid-2016.*

How long have you been a member at Macs SLSC?

AMc: *13 years*

What first attracted you to Macs Beach SLSC?

AMc: *It is such a special part of our community here in MacMasters and I wanted my family to be a part of it.*

My four kids have been or still are in Nippers, my son is in the boat crew and my husband, son and daughter are on patrols too.

Our kids are in the Duke of Edinburgh program run through the Club.

We are also regular users of the bar and the café. I love MacMasters Beach!

What volunteer role/s have you done at Macs before becoming a board member?

AMc: *I am an assessor for the Duke of Edinburgh program through the Club, I helped out with Nippers, clean-ups around the clubhouse, registration days for enrolling members and many fund-raising activities.*

Strangest place you have swum?

AMc: *In an underwater cave in Fiji.*

Favourite footy team?

AMc: *Newcastle Knights – yes I admit it!*

Favourite SLSC competition event?

AMc: *I love watching the boat crews compete.*

Favourite menu item on the Barefoot Cafe menu?

AMc: *Satay Chicken Skewers*

Preferred beverage from the Macs Beach Bar?

AMc: *Corona with lime, a Ruski or a Guava Cruiser – depending on my mood!*

What do you enjoy most about Macs?

AMc: *Our friendly community and our beautiful unspoilt beach.*

Now you know a little bit more about Alison - have a chat next time you see her around!



MACS CLUB MEMBERSHIP \$55

Senior | Active | Associate | Cadets | Patrolling Members | Helpers

Become a member | Get involved | Join in the fun | Bring the whole family!

NIPPERS FAMILY MEMBERSHIP



Christmas ^{at Macs}

You're invited to celebrate Christmas

Nippers style

at MacMasters Beach SLSC

Sunday 17th December 2017

3:30pm Twilight Nippers

5:00pm Volunteer drinks

5:30pm Nippers sausage sizzle

6:00pm Brass Band and Carols

Looking forward to

celebrating
with you!

ALL WELCOME!



Christmas Day PATROLS

*What better way to spend
Christmas Day than on the
beautiful MacMasters Beach!*

**Calling for volunteers to patrol
at Macs on Christmas Day.**

Three shifts available:

9:00am to 12:00pm

12:00pm to 3:00pm

3:00pm to 6:00pm

**Contact Vince Roberts on
0450 679 939.**

*Many hands make light
work to keep our beach
and swimmers safe!*

SIGNAL SPOT 📡 SIGNAL SPOT 📡 SIGNAL SPOT

Brush up on your signal skills or test your knowledge with our 'Signal Spot'. Thanks Matthew for modelling!



GO TO THE LEFT



GO TO THE RIGHT



INVESTIGATE SUBMERGED OBJECT

Marvellous Marlins *celebrating our achievements off the beach*

CLEAN4SHORE WINS AT LANDCARE AWARDS

Big win for [Clean4Shore](#) at the recent State Landcare Awards! Clean4shore won the 'Coastcare' section, and will now represent NSW at the National Landcare Awards.

The program was recognised for it's diversity of volunteer groups involved and the scale of rubbish removed from our local waterways.

Jono (Graham Johnston) leads this organisation by teaching kids and adults to keep our waterways and foreshores clean. Clean4Shore have created a winning formula for retaining taught knowledge in the community, by enabling participants to receive practical hands on experience through taking volunteers on excursions and removing tons of garbage via IRB's. These excursions target specific problem areas on the Central Coast and provide much sort after relief for our marine environment to thrive again. Clean4Shore is about educating whilst DOING the 'Clean Up and Clear Out' of pollution from our Central Coast foreshores and mangroves. [For more news and information click here.](#)

Well done and congratulations to Jono and the Clean4Shore team!

TRENT MARTIN - HAWKESBURY CANOE CLASSIC!

The [Hawkesbury Canoe Classic](#) is 111 kms in length, the fourth longest paddle race in Australia and paddled overnight. This year was the 41st time it has been run.

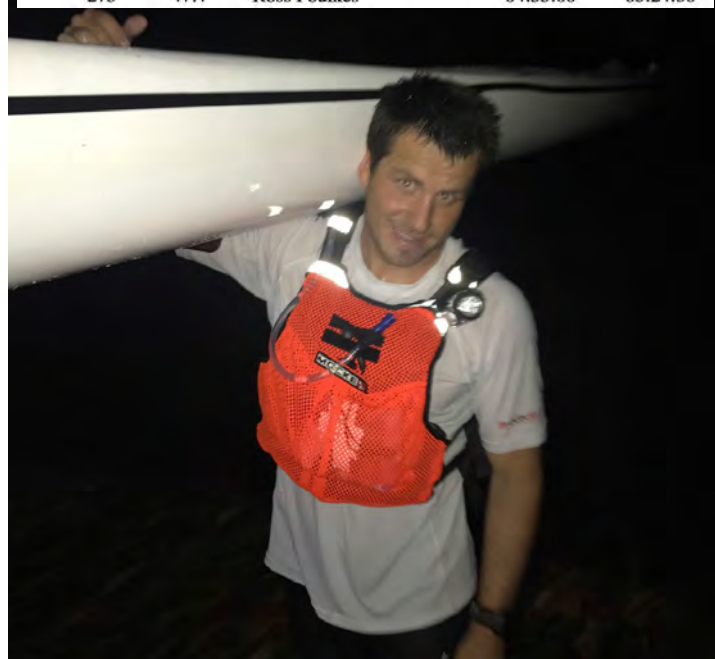
Paddlers raise money for Arrow, The Bone Marrow Transplant Foundation, and this year Trent Martin raised nearly \$1500 towards the foundation through the paddle and shaving his head at school.

He got down to sunny Windsor at 2.30pm in the afternoon for the scrutinizing of his ocean ski and a race briefing. Trent started his 111 km journey at 5pm and he finished at Brooklyn at 2.09am.

His paddle time may have been quicker if his land crew had found him at Wisemans Ferry, but in making such good a good pace in the middle part of the race he had arrived early. With a quick stretch of the legs he was off again and completed the last 53 kms without a top up of food or water. **Awesome effort Trent!**



Mens Open - ORSI					
198	111.0	Mitchell Coffey	08:46:57	09:39:38	
136	111.0	Trent Martin	09:09:39	10:04:36	
237	111.0	Seth Berrange	09:53:54	10:53:17	
173	111.0	Sandon Adams	10:16:23	11:18:01	
275	47.4	Ross Foulkes	04:55:00	05:24:30	





6pm-8pm New Years Eve 2017
Kids of all ages! All Welcome
MacMasters Beach SLS Club

Mothership LIVE @ MACS



8:30pm New Years Eve 2017 MacMaster Beach SLSC

Your **local** professional plumbers providing emergency plumbing and general plumbing services @ Macs



4368 4872

plumbing • blocked drains
• hot water • gas fitting



MacMasters an ideal venue

Stunning beachfront location | Ocean views | Catering available
All Functions: Weddings | Engagements | Corporate | Family | Celebrations



Sponsoring Macs to keep us going on the beach!

WORKING WITH CHILDREN CHECK
have you got yours? click here for more info!

Blast From the Past *what was happening back in November 2008*



www.macmastersbeachslsc.com

MacMasters Beach SLSC

November 2008

CLUB STATISTICS

It is great to see our membership growth; our total membership now stands at 421:

Junior Activities 221	Long Service 3
Cadet 14	Life Member 9
Probationary 9	Associate/General 62
Active/Award 103	

Total 421

We are always looking for new members or past members to rejoin our club. The cost of running a surf club is extensive approximate cost as follows:

Item	Cost	Quantity	Total	No of years in use	Cost per year
Awards	\$15	80	\$1200	1	\$1200
Defib	\$7000	1	\$7000	4	\$1750
Oxy viva	\$4500	1	\$4500	4	\$1125
Manikin	\$4800	3	\$14400	6	\$2400
Rescue Boards	\$1750	4	\$7000	4	\$1750
Rescue Tube	\$150	8	\$1200	6	\$200
Radio	\$750	8	\$6000	6	\$1000
IRB	\$16000	3	\$48000	4	\$12000
Uniforms	\$60	150	\$9000	2	\$4500
Sun shelter	\$3000	2	\$6000	3	\$2000
Flags	\$40	4	\$160	1	\$160
Fuel	\$4500	1	\$4500	1	\$4500
Utilities	\$3000	1	\$3000	1	\$3000
Bld Maintenance	\$15000	1	\$15000	1	\$15000
Insurance	\$8	500	\$4000	1	\$4000
Total equipment cost			\$54584.00		

The equipment cost does not include the cost of the volunteers on the beach. Should we include the cost of a lifesaver the costs are staggering!

Example as in our case with 103 active members @ \$18.00 per hour with 40 (minimum) hours patrol per season would be an additional \$74 160.00 per season.

Patrol \$74,160.00

Equipment \$54,584.00

Total per season \$128,744.00

MASTERS

Vince Roberts - took part in his first half ironman at Port Macquarie, 1.9k swim, 91k cycle followed by 21 run - there is life in the old bugger!

He finished with a smile on his face in a 6 hours and 27 minutes.

JUNIOR COMPETITION

It's been very busy on the junior carnival scene since the last Point Break. We have had competitor's contest 5 different events including a couple of Ironperson series.

We had the first of the branch carnivals at Copa and I would like to thank our officials. This is becoming an arduous task to arrange as the ratio of officials to competitors has increased. I would especially like to thank those who came down and did not even have children competing, Mick Morrison, Brian Soundy and Dave Flood.

Apart from the parents who officiated we also had a couple of U/15's Nathan Grennan and Alistaire Duell Ferguson who did water safety all day.

Thanks to everyone!

U/8's Sprints: 3rd Phoebe Sheaves, 3rd Dylan Trenholme

Flags: 1st Phoebe Sheaves, 2nd Dylan Trenholme
Wade: 2nd Phoebe Sheaves

U/9's Flags: 1st Aaron Holder

U/10's Sprints: 1st Georgia Lee, 3rd Brooke Pooley
Beach Relay: 1st Georgia, Brooke, Lauren & Kristy

U/11's Sprints: 2nd Jackson Watson

Sprint Relay: 1st Jackson, Eden, Thomas & Seamus, 3rd Emma, Caitlin, Courtney & Ellie

Surf Race: 2nd Libby Jones

Surf Team: 1st Libby, Nikki, Becky & Sienna

U/12's Sprints: 1st Sian George

Flags: 1st Sian George, 2nd Mia Bringolf

U/13's Surf Team: 2nd Bec, Maddie, Eleanor & Taya
3rd Ryan, Daniel, Ben & Matthew

Board Relay: 3rd Eleanor, Maddie & Bec

U/14's Surf Team: 2nd Caitlin, Vicky, Charlea & Nicky
Board Relay: 3rd Caitlin, Vicky & Charlea

All Age Board Relay: 3rd Solly Nic, Seamus, Grace, Bec & Caitlin

March Past: 1st Maddi, Maddie, Nicky, Nikki, Becky, Bridget, Grace, Libby, Janay, Sian, Emma & Eleanor

R & R: 1st Nikki & Maddi

2nd Nicky & Libby

3rd Emma & Sienna

Lisa O'Donoghue



Events & Competitions:

NOVEMBER 2017:

11 U13-U14 Development Camp @ Broken Bay
11 Nutty Masters @ Wamberal
11 Kracka Ironperson @ Swansea
12 Macs Nippers 9:30am @ Macs
12 Macs BBQ - U11s & U8s @ Macs
12 Board & Ski series Round 2 @ Avoca
15 Macs Board Meeting 6pm @ Macs
18 NP Junior Ironperson - Round 1 @ Wamberal
19 Macs Nippers 9:30am @ Macs
19 Macs BBQ - U10s @ Macs
19 Streets Boats Series Round 2 @ Swansea Belmont
25-26 Toowoona Bay Ocean Swim @ Toowoona Bay
26 Junior & Senior Club Champs 9:30am @ Macs
26 Macs BBQ - U9s @ Macs

DECEMBER 2017:

3 Macs Nippers 9:30am @ Macs
3 NP Junior U8-U15 Carnival @ Terrigal
9 Streets Boats Series Rnd 3 @ Tea Gardens/Hawks Nest
10 Macs Nippers 9:30am @ Macs
10 Macs BBQ - U14s @ Macs
10 Streets Boats Series Rd 4 @ Tea Gardens/Hawks Nest
16 NP Junior Ironperson - Round 2 @ Soldiers
17 Junior & Senior Club Champs [Back Up Date]

17 Macs Twilight Nippers 3:00pm @ Macs
17 Macs Christmas Carols & Party 6:00pm @ Macs
25 **Merry Christmas!**
26 Terrigal Twilight @ Terrigal
31 **New Year's Eve!**
31 Jitterbugs Disco for Kids 6:00-8:00pm @ Macs
31 LIVE MUSIC: Mothership 8:30pm @ Macs

JANUARY 2018:

6 Gardiner Ironperson @ Wamberal
7 **Macs Annual Doorknock Appeal** @ Macs
7 Board & Ski series Round 3 @ Umina
13 Masters Carnival @ Killcare
13 Rookie Challenge @ Terrigal
14 Macs Nippers 9:30am @ Macs
14 NP Junior U8-U15 Carnival @ Killcare
21 Streets Boats Series Rnd 5 @ Umina
21 Macs Nippers 9:30am @ Macs
21 Macs BBQ - U13s & U6s @ Macs
26 **Australia Day**
26 Ducks for Bucks (Rookies) @ The Entrance
27-28 Boat Carnival @ Manly
28 Macs Nippers 9:30am @ Macs
28 Macs BBQ - U12s & U7s @ Macs

check out our online calendar



Cafe: Tue-Sun 8:30am - 4:30pm
Barefoot Cafe - Coffee and Meals



Sun: 9am - 11am
Macs Maniacs



Payments & Donations
For Club Payments and Donations Click Here



MacMasters Beach
SURF LIFE SAVING CLUB

Our Club
Contact

Lifesaving

Activities

Competition

Membership

Club Hall Hire

Check out Macs online:

www.macmastersbeachslsc.com

Access information about all our Macs surf life saving activities and Club including: news | events | minutes

Become a Member Now!

MacMasters Beach SLSC.