

# Point Break

MacMasters Beach SLSC

August  
2016



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## President's Report with Alan Blackman

SEASON 2016/17

**Get Ready Now!** It may be the middle of winter but the start of the 2016/17 season is not far away. So get the patrol uniform, nipper gear, beach towels and sun cream ready.

Here are the dates you need to put in your diary:

**Annual General Meeting:** Sunday 11th September, 4pm @ Macs Clubhouse

**Start of Patrols:** Saturday 24th September

**Raising the Flag Ceremony:** Saturday 24th September, 9.15am, Killcare SLSC Rookies to attend

**Registration Day 1 @ Macs SLSC:** Saturday 24th September 9am to noon - head to the Clubhouse

**Registration Day 2 @ Macs SLSC:** Sunday 9th October 9am to noon - head to the Clubhouse

**Start of Nippers:** Sunday 9th October 2016, 9.30am @ Macs

### PATROL CAPTAINS

Patrol Captains for 2016/17 had their first pre-season meeting on the 22nd July. Patrol lists and rosters are being prepared and each patrol member should contact your Patrol Captain to get the latest info.

### ALEC LEE: MACMASTERS SLSC FOUNDING MEMBER AND LIFE MEMBER

With a heavy heart we offer condolences from all members of MacMasters Beach SLSC to Janet Lee and the Lee Family after the passing of Alec Lee this week. Alec was a Life and Foundation member of MacMasters Beach Surf Club where he has been an inspiration and mentor while coaching many successful R & R and March Past teams. He guided many to not only the essentials of life saving but he also taught the importance of club and team spirit.

A fixture at MacMasters Beach, Alec was a true gentleman that gave his time and friendship so generously to the club and all those who met him over the many years.

Always involved in club life, he has been part of many club projects over the years from building the first club house with his father to being part of the rock pool construction and later building the polished wood tables and benches outside the club.

Mac Masters Beach Surf Club has been enriched by Alec's support over the years. His personality and presence will be greatly missed. **Rest In Peace mate.**



**Macs Annual General Meeting**

**4:00pm Sunday 11 September**

**Major Sponsor of MacMasters Beach SLSC**

# Belle Property Killcare are now the proud major sponsors of the Macmasters Beach SLSC

Cathy Baker, Pete McInerney and the team at Belle Property Killcare, look forward to being a part of the local community and showing their support to Macmasters Beach SLSC.



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## Thinking of Selling?

Mention this ad and Belle Property Killcare will donate \$200 to Macmasters Beach SLSC when you list your property for sale with Pete McInerney.

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**AUSTRALIAN  
BOUTIQUE  
NETWORK  
OF THE YEAR  
2015-14-13**



# President's Report continued

## NIPPERS, SIGN UP AND BRING A FRIEND



Nippers are the future of our club and we hope to make the 2016/17 season fun, interesting and exciting for all our nippers and their parents. But we can only do this with the help of each Nipper family. We need to grow our nipper numbers and here are a few simple things you can do to help:

- put the starting date of Nippers in your diary NOW, and make sure you come along for the first day
- bring a friend to Nippers, talk to you friends NOW, get them ready. If each current nipper brings a friend, everyone will have more fun!
- parents, get involved. Don't just sit on the beach and watch, with some simple training you can learn new skills and help out in many ways: as an Age Manager, Water Safety, Carnival Coordination, fundraising, all sorts of things! Think about doing a bronze medallion, radio operator or first aid course and joining a Patrol, *it's a great way to spend time on the beach with your family.*

## AROUND THE CLUB

The Board has been busy over recent months with number of things keeping us busy, including:

- End of Year financials and reporting
- Preparation of the Annual Report
- Club Quality Programme
- Internal club house refurbishment, new bar, updating our internal display of club history and general repairs
- Sponsorship discussions
- New patrol equipment (IRB motor, patrol trailer, patrol room repairs)
- Completing the installation of the sail structure
- On-going grant applications
- Discussion with Central Coast Council in regard to the erosion caused by the June storms.

## GYM USER

*Please look after our gym!* Some members have been leaving the gym in a mess after they use it. Please ensure you put the weights away and tidy up when you finish. Your cooperation with this is greatly appreciated.

## YOUR CLUB NEEDS YOU!!

**Duke of Edinburgh Coordinator:** The role is an administrative one involving coordination of the documentation that supports the Duke of Edinburgh programme. It is not time sensitive and can be done at your computer. The role can also be shared amongst two or three people across the Bronze, Silver and Gold programmes.

**Director of Membership:** This role is available and we are looking for someone who can help in this capacity. Please see me to get an overview of the role and the responsibilities.

## CONTACT THE PRESIDENT

With over 500 members it is a big task for me to get to know every member, and like most of us I have a busy schedule away from the Surf Club.

So if there is something you would like to talk to me about you can always drop me an email at [alanblackman@hotmail.com](mailto:alanblackman@hotmail.com) or phone me on 0418 331 649.

*Catch you around the Club! Alan Blackman - President*



# Education and Training *with Jono*

Well it's all started, new training and upgraded courses for all patrolling members. These courses are highly recommended, with trainers and assessors volunteering their time to upskill the quality of each patrol.

## **BASIC BEACH MANAGEMENT COURSE: 7TH AND 14TH SEPTEMBER 2016**

Firstly, we need qualified Patrol Captains, and experience members prepared to undertake this course, to be mentored by our existing Patrol Captains. This will generate depth within our Patrols, and ensure sound management of the team on the beach.

The *Basic Beach Management Course* will be conducted over two Wednesday evenings at Avoca Surf Club from 6.30pm, on the 7th and 14th September. Enquiries must be endorsed by the Director of Education, Jono.

## **EDUCATION FIELD DAY: 10TH SEPTEMBER 2016**

All trainers and assessors will complete their Education Field Day on the 10th September. A full program of Club training, and proficiency re-qualifications will be advertised following this field day.

Patrol Captains will be fully informed of all courses that are available, for their teams, and will actively encourage participation.

## **BEACH PATROL INSPECTIONS**

The dreaded Branch Patrol Inspections, will become an easier task, with a proposed 'inter-patrol competition' being proposed, on the same guidelines as that of the Branch. A focus on Education will be placed on these inspections.

First Aid, Advanced Resuscitation, Spinal Management, radio operations, IRB Crew and Drivers are all skills that are achievable for all current members.

## **NIPPER PARENTS: SURF RESCUE CERTIFICATE**

Nipper parents interested in competition for their child, need a Surf Rescue Certificate to complete water safety. The Surf Bronze Award, can be completed in stages, for all new members.

A current First Aid, or Radio Operations Certificate is the Basic requirement for all new members wishing to join the ranks of our current surf patrolling members.

***Don't sit back and wait, enquire now, we need bodies in yellow and red on the beach!***

Contact Jono on 0411 184 642 or at [jonomacs@bigpond.com](mailto:jonomacs@bigpond.com)



The graphic features the SLSCC logo on the left, a photo of a surfer on a wave in the center, and the text 'SLSCC 2016/2017 COURSE CALENDAR' in large red letters on the right.

Course	Date	Venue	Facilitator
Silver Medallion Basic Beach Management	7th & 14th September 2016	Avoca Beach SLSC	Garry Clarke
SLSCC Education Field Day	10th September 2016	Copacabana SLSC	Jane Davis
Spinal Management	17th September 2016	Wamberal SLSC	Ross Blowers & Suzanne Gerrish
Level 1 Officials Course	19th & 20th September 2016	SLSCC	Toni Jennar
SM Aquatic Rescue	24th 25th September 2016	Nth Avoca SLSC	Glenn Clarke & Ramzy Fawzy
Assessors Course	8th & 9th October 2016	SLSCC	Rick Walker
Spinal Management	15th October 2016	The Entrance SLSC	Ramzy Fawzy
Level 1 Officials Course	17th & 18th October 2016	Soldiers Beach SLSC	Toni Jennar
Gold Medallion	5th November 2016	Ocean Beach SLSC	Ramzy Fawzy, Mark Davis, Richard Grimmond
Spinal Management	19th November 2016	Ocean Beach SLSC	Paul Duignan
Level 1 Officials Course	21st & 22nd November 2016	Toowoona Bay SLSC	Toni Jennar
Training Officer	3rd December 2016	SLSCC	Rick Walker
Level 1 Officials Course	5th & 6th December 2016	TBC	Toni Jennar



# Competition Report *with Craig Lee*

## COMPETITION CALENDAR

The competition is still being put together and details being finalised - here is a sneak peek:

### Newcastle Permanent Under 8-14 Carnivals:

Sunday 6 November 2016  
Sunday 27 November 2016  
Sunday 15 January 2017

### Newcastle Perm Jnr Ironperson Series - Interbranch:

Round 1 - Saturday 15 October 2016  
Round 2 - Saturday 19 November 2016  
Round 3 - Sunday 3 December 2016

### Under 9 - Open Carnival:

Saturday 22 October 2016

### Under 12 - Open Beach Only Carnival:

Saturday 29 October 2016 Masters Carnivals  
Saturday 29 October 2015  
Saturday 14 January 2016

### Branch Championships Patrol Competition:

Saturday 4 February 2017 Junior Championships  
Sunday 5 February 2017 Masters Championships  
Saturday 11 February 2017 Opens Championships  
Saturday 11 February 2017 Boats Championships  
Sunday 12 February 2017 First Aid Championships  
Saturday 18 February 2017 Champion Lifesaver

### Boat Carnival Competition:

Rnd 1 - Saturday November 5 (Short) @ Ocean Beach  
Rnd 2 - Sunday November 20 (Long) @ Stockton  
Rnd 3 - Saturday December 10 (Long) @ Tea Gardens  
Rnd 4 - Sunday December 11 (Short) @ Tea Gardens  
Rnd 5 - Saturday January 14 (long) @ Kilcare  
Rnd 6 - FINAL Saturday Feb 4 (long) @ Soldiers Beach

Please note that these dates are to be confirmed and subject to either date/beach changes. We will advise confirmations as we receive them.

*let the games begin...*

# MACS CLUB MEMBERSHIP \$55

Active | Associate | Cadets | Patrolling Members | Helpers

*Nippers: Junior membership and family packages available*

Visit: <http://www.macmastersbeachslsc.com/article/club-registration-and-nipper-start-date>

Gold Sponsor of MacMasters Beach SLSC

## The Barefoot Cafe is the ideal choice for members, locals and visitors



# BAREFOOT CAFE

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# MACMASTERS BEACH

*delicious menu | casual dining | great service | amazing views*

MacMasters Beach SLSC | Point Break Newsletter | July 2016 | [www.macmastersbeachslsc.com.au](http://www.macmastersbeachslsc.com.au)

# COACH NEEDED!

Sprint &  
Flag  
Training



**Applications to Craig Lee Dir of Competition @ Macs SLSC  
M: 0409 916 308 - E: [macscompetition@gmail.com](mailto:macscompetition@gmail.com)**

## Education and Training continued *with Jono*

Nikoi Island received a bit of 'Macs' surf culture, with Jono delivering CPR and Water Rescue skills to the 161 staff on this remote Indonesian Island, part owned by Club supporters, the Dixon family.



With a holiday for two, donated in the 100 club raffle, by Nikoi Island, this form of training builds a strong bond between Macs, Surf Life Saving and the operators of the Island, together with delivering potential 'life saving' skills to the staff.

With a second resort Island nearing completion, ongoing support to our club, from Nikoi is assured.



## Blast From the Past *what was happening back in August 2007*

### FROM THE PRESIDENT

Our AGM went off without a hitch, and thanks to the 20 members who attended and took part in the proceedings.

### THE NEW CLUBHOUSE

The final drawings up to DA level are completed and the comments we have had from members who have sighted the plans are all positive. That's the easy part - now we have to work out a plan to fund the alterations and additions!

Stage 1 will be the flooring over of the gym area to create the multi-function room. This will give us a much needed training area for the instruction of the surf life saving awards. This will also provide the necessary wall space to display our club history.

Tony Hall has organized materials for this work at a very good price and he will need help in the construction of the flooring. If you can assist, please contact me on my mobile as soon as possible.

**Jim Myers, President**

### COMPETITION CORNER

**Mingara Pool Challenge:** is on Friday 28th Sept commencing at about 6.00pm. Members interested in representing the club please notify Dave Flood by mid September at least. It is a fun night with a mix of serious swimming and novelties, very good prizes of rescue equipment can be won.

**Competition Mals & Skis:** There are a number of racing boards and skis available for hire for the season at varying cost depending on the age and condition of the equipment. There are conditions attached to the hire of the equipment that include you must be a competitive member and pay for any repairs during the period of the agreement. Any member interested please contact Dave Flood.

**Point Score Swim & Board:** I am seeking a volunteer to run this event each Sunday morning from about mid October to the end of patrol season. It's not a hard job and if you cannot make it one Sunday let me know and I will arrange for myself or

*Lisa O'Donoghue - Jnr Carnival Co-Ordinator [August 2007]*

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Visit: <http://www.macmastersbeachslsc.com/article/club-registration-and-nipper-start-date>

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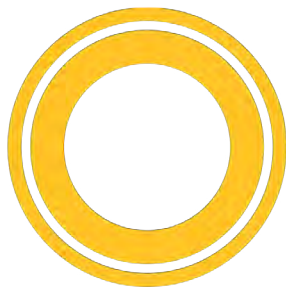
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with the fuel to  
keep us going!*

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*have you got yours? click here for more info!*



# Competitions & Events:

## AUGUST 2016:

- 6 Macs Maniacs 9:00am @ Macs
- 13 Macs Maniacs 9:00am @ Macs
- 17 Macs Board of Directors meeting @ Macs
- 20 Macs Maniacs 9:00am @ Macs
- 27 Macs Maniacs 9:00am @ Macs

## SEPTEMBER 2016:

- 4 Father's Day
- 11 Macs Annual General Meeting (AGM) 4pm @ Macs

**\*\* new date for the AGM - ALL WELCOME! \*\***

- 24 Start of the 2016/2017 Patrol Season @ Macs
- 24 Raising the Flag Ceremony 9:15am @ Killcare
- 24 Nippers Registration 9:00am-12:00pm @ Macs

## OCTOBER 2016:

- 9 Nippers Registration 9:00am-12:00pm @ Macs
- 9 Start of Nippers 2016/17 9:00am @ Macs
- 15 Newcastle Perm Jnr Ironperson Series Rnd 1 @ TBA
- 22 Newcastle Perm U9-Open Carnival @ TBA
- 29 Newcastle Perm U12-Open Beach Carnival @ TBA
- 29 Newcastle Perm Masters Carnival @ TBA

Check it out: [www.macmastersbeachslsc.com](http://www.macmastersbeachslsc.com)  
Access information about all our Macs surf life saving activities and Club including: news | events | minutes

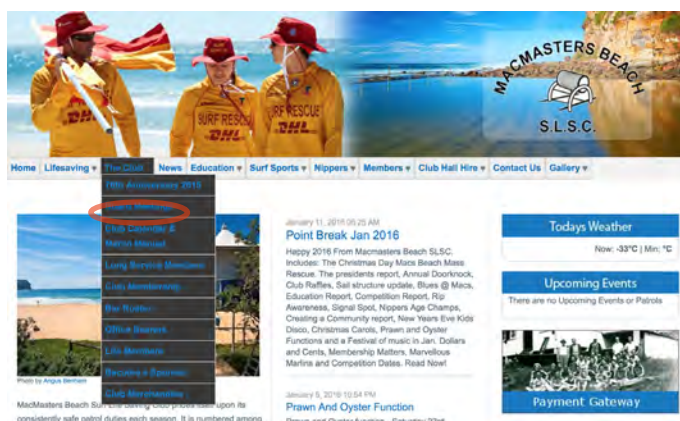


## NOVEMBER 2016:

- 5 Boat Series Round 1 (short course) @ Ocean Beach
- 6 Newcastle Permanent Ironperson U8-14 @ TBA
- 19 Newcastle Perm Jnr Ironperson Series Rnd 2 @ TBA
- 20 Boat Series Round 2 (long course) @ Stockton
- 27 Newcastle Permanent Ironperson U8-14 @ TBA

## DECEMBER 2016:

- 3 Newcastle Perm Jnr Ironperson Series Rnd 3 @ TBA
- 10 Boat Series Round 3 (long course) @ Tea Gardens
- 11 Boat Series Round 4 (short course) @ Tea Gardens



## Club Mail

Catch up on all your Surf Life Saving news from across NSW  
[Click here](#) for the latest edition

or simply [subscribe here](#)

**keeping you in the loop**



# Level 1 Surf Sports Official Course



## YOUR CAREER IN SURF SPORTS STARTS HERE...

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Anyone with an interest in surf sports can enrol in one of Surf Life Saving Australia's accredited Surf Sports Official Courses.

No prior experience is necessary!

Under the supervision of a qualified and experienced Surf Sports Official you will experience both knowledge and practical training and assessment.

Armed with the theory your participation in a real surf sports event will have you on the way to achieving full accreditation as an SLSA Level 1 Surf Sports Official!

## ENROL NOW IN THE NEXT COURSE

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When:	Monday 19 <sup>th</sup> & Tuesday 20 <sup>th</sup> September 2016 Monday 17 <sup>th</sup> & Tuesday 18 <sup>th</sup> October 2016 Monday 21 <sup>st</sup> & Tuesday 22 <sup>nd</sup> November 2016 Monday 5 <sup>th</sup> & Tuesday 6 <sup>th</sup> December 2016
Time:	6.15 Pm to 9.30 PM approx.
Where:	TBA

## FOR MORE INFORMATION

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Contact: Samantha on 43530299 or [support@slscc.com.au](mailto:support@slscc.com.au)